## Meet Our Therapists

Dr. Jane Houghtaling Walker, PhD Licensed Clinical Psychologist



Dr. Walker received her PhD in Clinical Psychology in 1996, and serves as ICAPS' Clinical Director and mentor to our other clinicians. She founded ICAPS in 2002, and has practiced in the Naperville area since 2003. Dr. Walker offers

psychotherapy to individuals, couples, and families, helping many people change their thinking and feelings about themselves and the world. She specializes in depression, anxiety, and trauma. She has a passion for helping parents of children with special needs. Dr. Walker's ability to provide compassion and understanding has proven successful in the establishment of therapeutic relationships with clients.

Jeff Burns, MSW, LCSW Licensed Clinical Social Worker



Jeff takes an eclectic approach to therapy, working in collaboration with his clients. He provides a warm and supportive environment for clients to feel safe and comfortable when addressing life obstacles. Jeff enjoys working with early teens through adult-

hood, specializing in adolescent males and families dealing with issues related to communication, depression, anxiety, anger, sexuality, relationships, parenting, adoption, spirituality, legal problems, and crisis. "I feel it is important to find balance in life, and I am committed to helping you attain the well-being you desire."

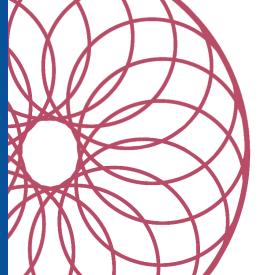


Jenni Ford; MA, LPC Licensed Professional Counselor Art Therapist



Jenni is a versatile therapist, working to help her clients engage their own creativity as a means of ex-

pression. She provides a comfortable and collaborative environment for clients to address issues, using art materials as a part of the process of therapy. Jenni also utilizes an eclectic approach (including Cognitive Behavioral Therapy) when engaging in talk therapy, depending on the needs of the client or family. She has experience with a wide range of populations, from early childhood to older adults with dementia. It is her aim to help clients achieve an open and creative dialogue in therapy, enabling them to resolve problematic life circumstances.



Integrative Counseling &

Psychological Services, PC



Integrative Counseling § Psychological Services, PC

616 West 5th Ave. Ste. B Naperville, IL 60563 630.717.7771 630.206.2003 fax www.integrativecps.com Your source for counseling needs.

