## Psychotherapy & Counseling Services



The choice to seek professional help is a brave one. At Integrative Counseling & Psychological Services (ICAPS), you will find a safe and welcoming environment to address everyday or more serious challenges. We have three licensed and credentialed clinicians with more than 25 years of combined experience.

ICAPS' mission is to provide a comprehensive approach to counseling. We provide services to all individuals in a respectful and compassionate manner. Using a variety of innovative approaches tailored to your needs, we strive to provide you with the resources to move forward.

## Talk to someone who can help.









## We assist children, teens, adults, couples and families dealing with:

- Attention Deficit/ Hyperactivity Disorder (ADHD)
- Adolescent Issues
- Adoption Issues
- Anxiety and Fears
- Bipolar
- Depression

- Domestic Violence
- Grief and Loss
- Impulse Control
- Infertility Support
- Learning Disabilities
- Obsessive Compulsive
- Disorder (OCD)
- Parenting

- Parenting Special
   Needs Children
- Personality Disorders
- Post Traumatic Stress
   Disorder (PTSD)
- Relationship Issues
- Sexual Orientation
- Spirituality



## Integrative Counseling & Psychological Services, PC

Your source for counseling needs.

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