



**JULY 26 7:00 PM**  
**LEHIGH PARKWAY • ALLENTOWN**  
*starting near the Road Runners Club House*

**run this way**

# RUN LV@

**7mi. at 7pm**

**RACEDAY REGISTRATION/  
PACKET PICKUP: 5:30PM~6:45PM**

**FEES:** \$25 if registered by July 1, \$30 After



**THE GOODS:** Custom Beer Stein and we are cooking out after the race!  
(Beer Steins are guaranteed if registered by July 1 1th.)

**THE RUN:** The race begins and ends near the Road Runners Clubhouse  
in the Lehigh Parkway. The course will be rolling with a couple  
decent hills in the mix and will be held entirely within the park.  
There will be a mix of gravel and paved path/road.  
(Runners must be able to finish in 2 hours - approx. 17 minute mile)

**PRIZES:** Awards to top male & female and age group awards 3-deep.  
Everyone has a shot at the raffle prizes! Must be present at awards ceremony to win.  
The awards ceremony will take place as soon as possible following the last finisher.

**SERIES POINTS:** Top 10% of male & female finishers, Top 3 in each age group.  
1 Point for each school supply donation up to 10 points.  
Donations benefit area elementary schools in Allentown and Bethlehem.

LEARN MORE & REGISTER @

**[www.runlehighvalley.com](http://www.runlehighvalley.com)**