

MARY

25 years old
Full Time Barista
Assistant Manager

The **repetitive** action of **tamping**, compacting shots of espresso grinds, has paid a toll on Mary. She recently has noticed a **chronic pain** in her right shoulder since starting her job at Mattea's Cafe 1 year ago. She is looking for an ergonomic tamp that will eliminate the pain and **evenly** distribute the 30 pounds needed to properly compact espresso for *the perfect shot.*

"Similar to music, there are some things you just have to do. You will have repetitive tasks, and if you train to make sure that technique is there, in some ways it's all you can do."

