

# LAFORCE FOCUS



stay safe



be well



give back

QUARTER 4 • September 2016 to November 2016

The Focus newsletter combines Safety, Wellness, and Volunteer topics. Our goal with this quarterly publication is to keep employees informed and involved. If you have questions, ideas, feedback, or are interested in contributing an article or picture for a future issue, please reach out to Marketing.

## Upcoming Events

### SEPTEMBER

- September 6 (ALL) - HRA Challenge
- September 1-14 (GB) - Fruit Cup Drive + Competition
- September 12 (GB) - Punt, Pass, Kick Competition
- September 14 (GB) - Veteran Help (more dates to come)
- September 19 (GB) - Flag Football, date TBD
- September - May (GB) - Blessings in a Backpack
- September (ALL) - Jeans Day for Charity
- September (CIN) - Matthew 25 Ministries
- September/October (GB) - Lunchtime Learning Session
- September-October 1 (WB) - School Supply Drive

### OCTOBER

- October 1 (GB) - Pink Pumpkin 5K
- October 1 (APP) - Snowdrop 5K
- October 3-7 (ALL) - Community Campaign
- October 13 (ALL) - Q3 Ideas at Work Drawing
- October (ALL) - Jeans Day for Charity
- October (GB) - Bean Bag Tournament
- October (APP) - St. Joe's Food Pantry
- October (GB) - Halloween Scavenger Hunt
- October (ALL) - Fire Drill
- October/November (MAD) - Second Harvest Food Bank
- October/November (COL) - Mid-Ohio Food Bank

### NOVEMBER

- November 1-4 (ALL) - Health Risk Assessments
- November 11 (MIL) - Hunger Task Force
- November 30 (ALL) - "Healthy Wealthy Wise" ends for 2016
- November (ALL) - Jeans Day for Charity
- November (VH) - Diabetes Research Foundation
- November (ALL) - Movember Challenge

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# LAFORCE SAFETY

Avoid the worst. Put safety first.

## SAFETY TIP:

### USE EXTRA CAUTION WHEN SCHOOL IS IN SESSION

As summer winds down, kids will be heading back to school. Remember to safely share the roads with buses, pedestrians, and bicyclists, and be sure your children know the proper safety precautions to take on their way to and from school. For more information, visit [www.nsc.org/learn/Pages/keep-children-safe-at-school.aspx](http://www.nsc.org/learn/Pages/keep-children-safe-at-school.aspx) and [www.channel3000.com/news/education/new-school-bus-law-to-take-effect-tuesday/41217346](http://www.channel3000.com/news/education/new-school-bus-law-to-take-effect-tuesday/41217346).

## QUARTER 4

### Safety Calendar of Events

#### OCTOBER

October (ALL) - Fire Drill

October 13 (ALL) - Q3 Ideas at Work Drawing

If you have any safety questions, please contact

Danielle Sorensen - Safety Coordinator Ext. 2986 or  
[dsorensen@laforceinc.com](mailto:dsorensen@laforceinc.com)

## LAFORCE'S SAFETY INCENTIVE PROGRAM: A SAFETY SUCCESS!

by: Danielle Sorensen (GB)



Ideas at Work, LaForce's safety incentive program designed to reward employees for reporting safety concerns and working to implement solutions, has been in full swing since the start of 2016. By the end of the second quarter, 26 different employees submitted 37 ideas and we have given away a total of \$1,575 in cash prizes!

There are too many ideas submitted to cover in one article, but here is a sample of some of the outstanding safety improvements we made recently as a result of the program:

- We added a light above one of the spot welders in the Green Bay shop to brighten the area. The spot welder was recently relocated, and **Rene Cortez** identified a need for additional lighting in order to work safely in the new location.

- The addition of the new paint booth resulted in some other items in the Green Bay shop being relocated or added, such as racking. **Steve Fabry** discovered that one of the new racks had not been bolted down. He also found a 220 volt power cord that was exposed to forklift traffic and was at risk of being damaged. This was attached to a piece of equipment that had been recently moved. A cut to this cord would have been a big concern. We fixed both of these items.

- **Karen Deffner** noticed that the cleaning crew in Green Bay used garbage bags in one of the office kitchens that were far too large for the bin. She found herself tucking the bag in on a regular basis, until

one day when she saw someone almost trip over it. Because she reported it, we were able to address it with the cleaning crew and prevent an accident from happening.

These are just a few of the great ideas employees have submitted so far this year. Remember, no safety concern is too small to report! The drawing for the third quarter will be held on October 13, so there's plenty of time to get your ideas in. Thanks again to all of the employees who have participated!



## SAFETY INCENTIVE PROGRAM

# CELEBRATING "SAFETY DAYS"

by: Emily Schutte (GB)

Inspired by the National Safety Council's National Safety Month, LaForce's Safety Committee organized the Company's first annual "Safety Days" celebration, June 13-17. The group aimed to engage their colleagues, raise awareness about various safety topics, and have some fun along the way. The week's events enjoyed high engagement numbers and positive feedback from those involved.

## MONDAY, JUNE 13

To kick off the week, employees took a short safety awareness quiz that covered topics such as OSHA, fire classifications, and safety accountability, with the chance to win a prize for participation.

Did you know that cell phones are one of the leading causes of car crashes caused by distracted drivers? To combat this frightening trend, LaForce asked its employees to take the "No Texting Pledge." This activity carried throughout the week, with employees posting their pledges on doors and cubicles.

## TUESDAY, JUNE 14

Food and teamwork combined in a lunch hour "PB&J Challenge", which asked small groups to deal with simulated, preventable injuries as they made peanut butter and jelly sandwiches. Employees in several offices across the company participated in this activity.



(GB) PB & J Challenge



## WEDNESDAY, JUNE 15

LaForce team members completed Safety Word Searches that featured common safety-related terms, such as prevention, training, accident, and health. Participants also had a chance to win a prize.



(GB) Car Seat Installation

## THURSDAY, JUNE 16

Sixteen Green Bay employees attended a car seat installation and safety demonstration, lead by Lt. Cody Johnson of the Green Bay Fire Department. Whether they had kids or just transported kids on a regular basis, everyone learned something from the presentation.



(GB) Car Seat Installation

## FRIDAY, JUNE 17

Wrapping up the week, LaForce's safety committee is already making plans for next year's "Safety Days."



(GB) PB & J Challenge



(GB) PB & J Challenge



(IND) PB & J Challenge



(GB) PB & J Challenge

# SAFETY DAYS



# LAFORCE WELLNESS

*Opening Doors to Good Health.*

Continuous Improvement

Employee Development

Core Values

State of Being  
**HEALTHY**

## WE BELIEVE IN...

by: Bruce Massey (GB)

At one time or another, most LaForce employees have passed through the lower conference room in the Green Bay office. You may have noticed two framed posters on the left side of the large white board or have seen it located on our website. One is LaForce's Mission Statement. The other consists of our core values, lists what "We Believe In..."

One of those core values is Employee Development and Wellness. "We sincerely care about employee well-being, since you are the backbone of our business." Do you wonder if LaForce really cares about your well-being? If you said no, you should really pay closer attention to the wellness options offered to you. In 2015 alone, LaForce offered over 40 Wellness events. These ranged from sponsoring blood drives and skin screenings to multiple sporting events, team challenges, branch challenges, food challenges, lunchtime learning events, on-site sponsored workouts...the list goes on and on. LaForce even offers a "Healthy Wealthy Wise" (HWW) program that pays employees for doing normal, wellness-related activities.

Some of our other core values also incorporate facets of wellness. We believe in "Continuous Improvement because we are driven to be the best." One definition of wellness is "the quality or state of being healthy in body and mind, especially as a result of deliberate effort." Improvement in our own wellness takes effort, and LaForce has shown to be committed to aiding and encouraging employees to that end. A great example of our wellness improvements is the continual increase in the company's HRA scores. As an example, we have a group of 162 individuals that have taken HRA's continually from 2009 to 2015, and that same group has had a 3% increase in scores. That doesn't just happen by chance.

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## QUARTER 4

### Wellness Calendar of Events

#### SEPTEMBER

**September 6 (ALL)** - Health Risk Assessments are only eight weeks away. Find the **ACE YOUR HRA** workbook on Ascentis, from Wellness or from Nurse Sabrina. This 8-week challenge will help you get on track for your upcoming HRA. (30 HWW)

**September (GB)** - Punt, Pass, Kick Competition. Show off your football skills with this fun and easy competition. Participants will earn points for Wellness Quarter 4. (10 HWW)

**September (GB)** - Flag Football. Get your team of four ready for LaForce's 1st Annual Flag Football Tournament. (10 HWW)

**September/October (GB)** - Lunchtime Learning Session, Date TBD. (20 HWW)

#### OCTOBER

**October 1 (GB)** - Pink Pumpkin 5K. Find a registration form in the kitchenettes and return to Wellness. LaForce Wellness is paying for some of your registration fee and you get a Team LaForce t-shirt. (30 HWW)

**October 1 (APP)** - Snowdrop 5K. Sign up yourself and family members with Sara Wittman. It's a great way to start your Saturday morning! (30 HWW)

**October (GB)** - Bean Bag Tournament. The annual indoor tournament will be coming back again this year. Continue to work on your bean bag skills so you can bring home the trophy this year. (10 HWW)

**October (GB)** - Halloween Scavenger Hunt. Find a teammate and scavenger around town finding spooky things and doing frightening activities. It'll be spooktacular! (HWW points TBD)

#### NOVEMBER

**November 1-4 (ALL)** - Health Risk Assessments. HRA testing will be on-site at all locations sometime during this week.

**November (ALL)** - Movember Challenge. Start planning now for the month-long mustache challenge. (10 HWW)

**November 30 (ALL)** - Healthy Wealthy Wise ends for 2016. Upload all your points to Ascentis by December 2.

## LESSONS LEARNED

Do you have something Health and Wellness related that you would like to share with your co-workers? "Lessons Learned" is a new concept to encourage employees to talk to other employees in a Lunchtime Learning setting.

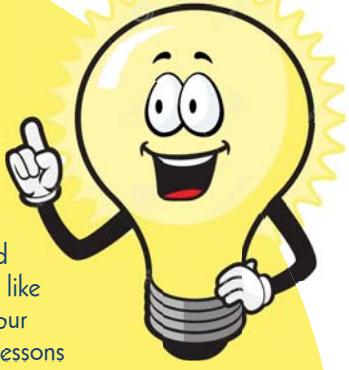
If you have a topic you think would interest your co-workers, email Wellness the topic you would like to present.

You will earn **40 HWW points** for your efforts!

### NOT A PRESENTER?

Do you have a story you would like to share about your journey to better health? If so, submit a story for The Focus to Wellness and you can earn **30 HWW points**.

Not a writer? No need to worry, we can help you write the story.



## NURSE'S CORNER ACE YOUR HRA FOR 2017!

by: Nurse Sabrina (GB)

**It's HRA time again!** Hard to believe another year has come and gone. HRA means Health Risk Assessment. This assessment quantifies your health status by measuring your current health behaviors. It will identify possible risk factors for disease and other health conditions you may have.

This year you will fill out a new questionnaire that will ask you about your actions, behaviors and psychosocial health. The questionnaire will be four pages vs two pages due to formatting changes. Medical condition letters still must be attached to the questionnaire on the morning of your assessment.

This year, the HRA vendor Healics has changed the scoring system in four different areas on the HRA. These changes were advised by Healic's Medical Director based on current medical findings and medical health trends.

All HRA participants' points and scores will be adjusted historically by Healics to "ensure consistency in comparison of past data to a new scoring method." This means when you view your HRA history included in your HRA report this year, your previous score may be different than what was shown on your HRA report mailed in the past.

The 8-week ACE YOUR HRA Challenge starts on September 6. Participation and completion will earn you **30 HWW points** for Wellness Quarter 4! Be sure to get your workbook from me, Wellness or on Ascentis.

A final note, my door is always open to anyone. If you have questions/concerns or want to make health changes for a better HRA, stop by and let's talk.

**HRA'S**

Nurse Sabrina, BSN RN OHN IC • Ext. 2951 or [RNLaforce@Bellin.org](mailto:RNLaforce@Bellin.org)

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Another value we believe in is our Strong Work Ethic, which is at the core of our company's success. This is a term that is often used to describe Baby Boomers, but we believe this characteristic describes all LaForce generations, including Generation X and Millennials. Healthy employees, strong in mind and body, are proven to be better decision makers and more productive workers.

Two final core values that also incorporate wellness are "Community Responsibility" and "Protecting our Legacy and Reputation." LaForce has gained a strong reputation within the community as a leader in health and wellness. Members of our Human Resources department attend HR group seminars and are often asked for advice from other companies as to how they can improve wellness in their businesses. LaForce is also one of the sponsors of the local Green Bay Bellin 10K run which encourages fitness, routine exercise, and healthy living. We also have consistently sponsored a MS walk in Cincinnati and Pat's Run in Phoenix, just to name a couple others.

So, as you can see, LaForce is committed to offering wellness in our workplace. It is just another one of the features of LaForce that allow us to continue to grow and be a very successful company.

Community  
Responsibility

Encouraging  
Employees

Strong  
Work Ethic

Wellness  
Takes Effort

## GREEN BAY LAFORCE OLYMPICS

Green Bay had fun celebrating our own version of the 2016 Summer Olympics with this lunch hour obstacle course! Congrats to all the employees who participated, completed the course, and took home prizes! Checkout this YouTube video capturing the event: [www.youtube.com/watch?v=Jh8wkluGmuY](http://www.youtube.com/watch?v=Jh8wkluGmuY)



Target Shooting



Gymnastics

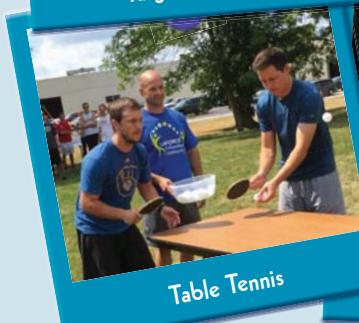


Table Tennis



Equestrian

## COMMITTEE MEMBERS

### GREEN BAY

Amanda Cornelissen Amy Ulrich  
Mark Williams Carra Janssen  
Bruce Massey Susie LaCrosse  
Clay Allen

APPLETON - Sara Wittman

AUSTIN - Jenna Dworak

CINCINNATI - Dave Mullen & Blair Walsh

COLUMBUS - Tim Sizer

DETROIT - Kristen Fulgenzi & Todd Gregory

INDIANAPOLIS - Lindsay Blink

MADISON - Ashley Speth

MILWAUKEE - Bryan Huffman, Sean Ripley,  
Jay Mantei

PHOENIX - Lori Hadley

VERNON HILLS - Ben Nantell

WILLOWBROOK - Bridget Jelonek

## CINCINNATI LAFORCE OLYMPICS

by: Dave Mullen & Blair Walsh (CIN)

The official Olympic Flame was lit in Cincinnati, which was actually a citronella candle to ward off mosquitoes carrying the Zika Virus, and thankfully none were spotted in the LaForce Olympic Village (aka the Wood Door Department).

21 employees formed 5 teams and some fine countries were represented well by their Olympic athletes:

"No way" (Norway)  
"Oh Man" (Oman)  
"Hungry" (Hungary)  
"Chad" (Chad Dulle's team)  
"India" (na)



(CIN) Olympics

### SOME OF THE EVENTS:

**Javelin Throw** - Pool Noodles thrown through the Olympic Rings

**Balance Beam** - a 2 x 4 wood stud laying flat on the floor for safety reasons. This event looked like a sobriety test gone bad.

**Diskcus** - Throwing a floppy disk into a PVC Pipe Elbow (tight fit - precision marksmanship required here).

All fought hard for the coveted gold medal!  
No one was injured and a good time was had by all.

# We caught you being well!!!



(GB) Ride Your Bike to Work



(GB) Blood Drive



(GB) Whiffleball Champions



(GB) Volleyball Champions



(CIN) Family Reunion Games



(GB) Kickball Champions



(GB) Bellin Run



(WB) Walk/Run



(GB) Bellin Run





# LAFORCE VOLUNTEER

Volunteer Today. Improve Tomorrow.

## CHARITY SPOTLIGHT HABITAT FOR HUMANITY

by: Brooke Baumgarten (GB)

On July 13, myself and several other employees from Green Bay used our volunteer hours to help build a house with Habitat for Humanity. Some of our braver employees took to the roof to put up plywood sheathing, while the rest of us kept our feet on the ground to hang wall sheathing. Though it felt like we moved at a rather average pace, I could not believe how much we accomplished by the end of the day — and each of us still had all limbs intact. While there, we even had the opportunity to meet one of the family members for whom the house is being built.



There were four parts to this experience which made it great. The first was that we had an excellent crew leader from Habitat who had a great attitude. The second was that I had the opportunity to meet and interact with other employees from different departments who I most likely would not have had the opportunity to get to know otherwise. The third was that I learned things which were outside the norm from what I would learn in a typical day at the office or in my personal life. And last but most certainly not least, the fourth was knowing that I got to be a part of something so much bigger than myself. At the end of the day, as much as our time spent volunteering helped a family in need, I felt like the experience made an even bigger difference in my life, which is why I chose to continue volunteering with Habitat on my own time.

Since that very hot day in July, I have signed up for several other build dates, and hope to volunteer on many more projects with Habitat in the future. If you're looking to volunteer your time and enjoy working with your hands, the location we volunteered at has several more Saturday "build" dates between now and September. Absolutely no experience is necessary! I would love to see some friendly faces out there. If you're interested in signing up, please contact Jennifer Maier at (920) 593-5785 or [volunteer@greenbayhabitat.org](mailto:volunteer@greenbayhabitat.org).

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## QUARTER 4 Volunteer Calendar of Events

### SEPTEMBER

**September 1-14 (GB) - Fruit Cup Collection Drive + Competition.** To supplement our "Blessings in a Backpack" volunteering, we add fruit cups to each child's bag. Just buy fruit cups, label with your team number (see page 12 for team breakdowns), and drop them off with Deb Coenen or Tiffany Baudhuin. The team that donates the most fruit cups will win an ice cream treat.

**September 14 (GB) - Veteran Help.** Plus more dates as requested

**September 15 (GB) - Blessings in a Backpack.** This will be offered several times a month, starting September 15. This quick activity takes place right after work at one of four area elementary schools. Contact Deb Coenen or Tiffany Baudhuin to sign up for a date. Hurry, spots are filling quickly for the 2016-2017 school year!

**September (ALL) - Jeans Day for Charity.** Milwaukee will choose the charity to support in September.

**September (CIN) - Matthew 25 Ministries.**

**September to October 1 (WB) - School Supply Drive.** We are collecting school supplies in the office to benefit kids in need.

### OCTOBER

**October (ALL) - Jeans Day for Charity.** Phoenix will choose our monthly charity for October.

**October (APP) - St. Joe's Food Pantry - Date TBD**

### NOVEMBER

**November 11 (MIL) - Hunger Task Force.** We will pack food boxes for the elderly.

**November (ALL) - Jeans Day for Charity.** Vernon Hills will select the non-profit for November.

**November (VH) - Diabetes Research Foundation - Date TBD**

### DATES TBD

**(MAD) - Second Harvest Food Bank**

**(COL) - Mid-Ohio Food Bank**

# THANK YOU TO THE FOLLOWING PEOPLE WHO VOLUNTEERED JUNE • JULY • AUGUST 2016

## Loaves and Fishes (WB)

John Beaty  
Daryl Linnert  
Manny Lopez  
Danny Sanchez  
Mike Harrawood  
Bridget Jelonek



## Matthew 25 Ministries (CIN)

Blair Walsh  
Donna Kyler  
Eric Heidel  
Dave Mullen

## Einstein Project Clean-up (GB)

Lauren Martin  
Vince Belmont  
Ben Hallett  
Laurie Kluth

## Veteran Help (GB)

Glenn Obry  
Mark Van Den Elzen  
Steve Fabry  
Danielle Sorensen  
Danielle Dale  
Bonnie Holl  
Susan D'Aoust

## Habitat for Humanity (GB)

Dave Woelfel  
Steve Amenson  
Jamie Hunter  
Brooke Baumgarten  
Matt Bourke  
Rick Patenaude

## YWCA Key Cutting Demonstration (GB)

Dave Blom  
Amy Vanderloop

## Jeans Day for Charity June 24 (ALL)

Green Bay chose "Re-Building Together" and the company raised \$243.00 to donate.

## Jeans Day for Charity July 29 (ALL)

Indianapolis chose "Happy Hollow Children's Camp" and we raised \$263.00, company-wide.

## Jeans Day for Charity August 26 (ALL)

Madison chose "Dane County Walk to End Alzheimer's." Results are pending!

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A little background info for those who may not have heard of this organization:

Habitat for Humanity is a non-profit organization which operates around the globe and has helped build, renovate and repair more than 600,000 houses sheltering more than 3 million people worldwide. Greater Green Bay Habitat for Humanity is a part of this global organization, dedicated to eliminating substandard housing through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions.



Nicole is a passionate volunteer in the Appleton office, though she also helps out at Green Bay office events. She is very passionate about hunger-alleviating causes, in particular. Read on for more about Nicole and her volunteering spirit! Thanks for all you do!

## LEADING BY EXAMPLE Volunteer Spotlight:

### Nicole Kreisman

#### What is your favorite volunteer activity through LaForce, and why?

"Blessings in a Backpack" is my favorite because it provides meals for children over the weekend. No child should ever be hungry; it is not their fault or doing that put them in the situation. Most of the children that receive these meals share with their siblings and it may be the only food they receive all weekend until breakfast is provided at school on Monday morning.

We always talk about how the food we pack in the bags is not much food (typically only six items such as two cans of soup, cereal bar, oatmeal, easy mac, fruit snack), but at least it is something and hopefully helps. I also love how LaForce employees chip in to provide extra fruit cups; the kids really enjoy seeing these.

#### What would you say to your fellow employees to encourage them to get involved in volunteer events?

The Volunteer Committee plans multiple events every year focusing on different basic human needs that we take for granted. Take a few hours out of your day every once in a while, using the company-provided six hours of volunteer time, to take part in one of these events. Your day will be brighter by helping others!

#### What type(s) of events would you like to see us offer in the future?

Events centered on food tend to be my focus and my favorite, and I hope they continue. Many of us don't have to worry about where our next meal will come from. But there are thousands of people and families in our communities that struggle with being able to put any food on the table.



Thanks for all your volunteerism, Nicole!

# BRANCH SPOTLIGHT: WILLOWBROOK

## DO GOOD...FEEL GOOD...by: Bridget Jelonek (GB)

This year, Willowbrook was looking for a new volunteer opportunity. Daryl Linnert mentioned a community service organization where his family donates their time called Loaves and Fishes.

The Volunteer Coordinator at Loaves and Fishes was able to work with our flexible schedules and set up a couple dates for us to volunteer. The first group was Manny Lopez, Dan Sanchez and myself. The second group included Daryl Linnert, Michael Harrawood and John Beaty. During our sessions, we assisted the clients through various sections of the store and restocked the shelves as needed. We were all amazed with the amount of food and volunteers. They have it set up like a grocery store, complete with aisles and a fresh produce section.

Loaves and Fishes started in 1984, helping only eight families that year with pre-bagged donations ready for the clients. Since then, they have grown into this well run "store"

allowing clients to be able to select items that they need or use in a familiar store setting. They are currently distributing 60,000 pounds of food to 600 families a week to the community. The store set up seems to make the people feel more at ease and give them a choice in the foods that will best suit their family.

Unlike the larger cities in neighboring counties who receive large donations from the Northern Illinois Food bank, Loaves and Fishes rely on local grocery stores and community donation drives. It is amazing how much food came



in and went out that one day! In addition, they also assist in helping with job search and other vital human services. We have made new contacts for our future food and supply drives that we do through the year and hope to continue supporting this great organization.

### Loaves and Fishes Mission Statement:

#### WE BELIEVE

- ...in the power of community to change lives.
- ...that by working together we can accomplish great things.
- ...that each person possesses inherent dignity.
- ...in the nobility of the human spirit.
- ...the opportunity to serve is a gift.
- ...food is a right and not a privilege.



## COMMITTEE MEMBERS

### GREEN BAY

Chad Mehlberg  
David Blom

Deb Coenen

Derek Bley

Emily Schutte

Mary Hein

Glenn Obry

Kathy Miller

Lee Van Pay

Tiffany Baudhuin

### APPLETON - Nicole Kreisman

### AUSTIN - Abby Finger

### CINCINNATI - Blair Walsh

### COLUMBUS - Tim Sizer & Charles Cundiff

### DETROIT - Kristen Fulgenzi

### INDIANAPOLIS - Bobby Woods

### MADISON - Ashley Speth

### MILWAUKEE - Bryan Huffman & Dylan Watkins

### PHOENIX - Jerry Shown

### VERNON HILLS - Travis Walters & Rick Hartke

### WILLOWBROOK - Bridget Jelonek

## FALL CHARITY SPOTLIGHT THANK YOU, BACKPACK VOLUNTEERS

By: Emily Schutte

During the 2015-2016 school year, 41 LaForce volunteers took time to pack meal bags for kids at area elementary schools, as part of the YMCA Blessings in a Backpack program. In addition, 25 of those volunteers went multiple times. This resulted in over 85 hours of work. In addition 671 bagels were donated and 1,885 fruit cups were added to the meal bags. Wow! Thank you so much for your strong dedication to this program, with both time and items donated!

LaForce received "thank you" cards from both Howe Elementary and Lincoln Elementary. In addition, the YMCA sent over this nice note:

*"Thank you for supporting our 21 Century Community Learning Center with the Backpacks Program. As you are now, unfortunately, aware many families in our community struggle to provide the basic needs for their children, such as a healthy meal or adequate nutrition. While in school, these students are provided with free or subsidized meals, but some families may not have the resources to provide the quantity or quality of food for their children over the weekend. Through generous financial support within our community as well as the volunteering efforts of each of you, the families of our 21C at-risk after school program at Eisenhower, Doty, Howe, and Sullivan Elementary Schools are able to take home a backpack full of food each weekend to help relieve this challenge."*

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Our hope with this program is that each student can hopefully stay happy and healthy over the weekend and come back each Monday ready to succeed at school!

Last week was our final week of packing as our students are finishing up the school year, but your efforts are by no means forgotten or unnoticed. An estimated 156 volunteers served the program for the 2015-2016 school year and donated over 180 hours packing food bags each week. The smiles and excitement the 21C staff witnessed from their students as volunteers arrived each week proves that this is a program that works and is helpful and appreciated by the youth and families we serve."

For the 2016-2017 school year, LaForce is committed to four area schools: Eisenhower, Howe, Doty, and Lincoln. Deb Coenen and Tiffany Baudhuin are now accepting volunteers for various dates, starting September 15. The typical time commitment is half an hour. Get together a group of co-workers and pick a date; these always fill up fast!"

In addition, to supplement our "Blessings in a Backpack" volunteering, we add fruit cups to each child's bag. Approximately 2,863 fruit cups would cover all of our commitments. To kick-off the school year, we will have a competition between teams, to see who can collect the most. The drive will be held September 1-14. Just buy fruit cups, label with your team number, and drop them off with Deb Coenen or Tiffany Baudhuin.

The team that donates the most fruit cups will win an ice cream treat.

#### Team 1

Accounting

Computer

Aftermarket

Shop

Wood Doors

Installation

Marketing

Security Integration

Hardware Purchasing



#### Team 2

Customer Service

Keying

Hollow Metal

Engineering

Contract

Human Resources

Architectural Services

Administrative Support



## FRUIT CUPS COMPETITION

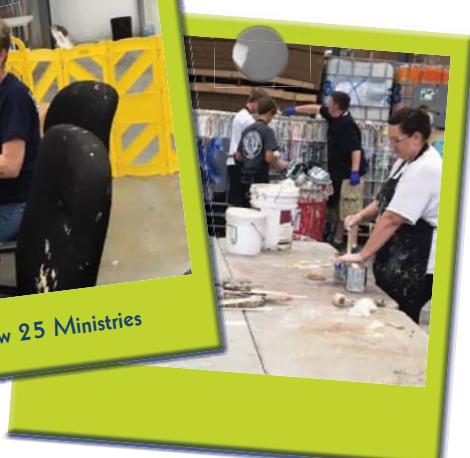
We caught you lending a hand!



(APP) Feeding America



(GB) Einstein Cleaning



(CIN) Matthew 25 Ministries

# We caught you lending a hand!



(GB) School Supply Drive



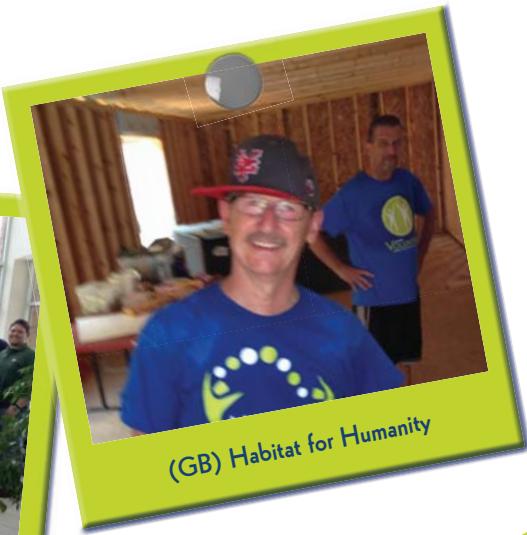
(GB) Veteran Help



(VH) Food Bank



(GB) Bucket Brigade Winners



(GB) Habitat for Humanity