

Solid Gold Gods

Two months till Rio! American Olympic hopefuls let *Us* preview their hard-earned hard bodies



ASHTON EATON
TRACK & FIELD, 28

"I don't have many friends, don't see my family that often," says the Oregon native, wed to heptathlete Brienne Theisen-Eaton. "But when you win, all that was worth it."

JAKE DALTON
GYMNASTICS, 24

The Reno, Nevada, native says his wife, gymnast Kayla, "understands what it takes to go through training. Your sport has to be first for a little while."



JOHN OROZCO
GYMNASTICS, 23

"I'm such a night owl," says the NYC-raised athlete. "That's where I really have to sacrifice because I want to do the best, so I need to be smarter. I need to go to bed."

DARYL HOMER
FENCING, 25

"People think fencing's a sport that's superflimsy," the single St. Thomas native says. "I'm happy that I can change the perception and show that fit people do it."



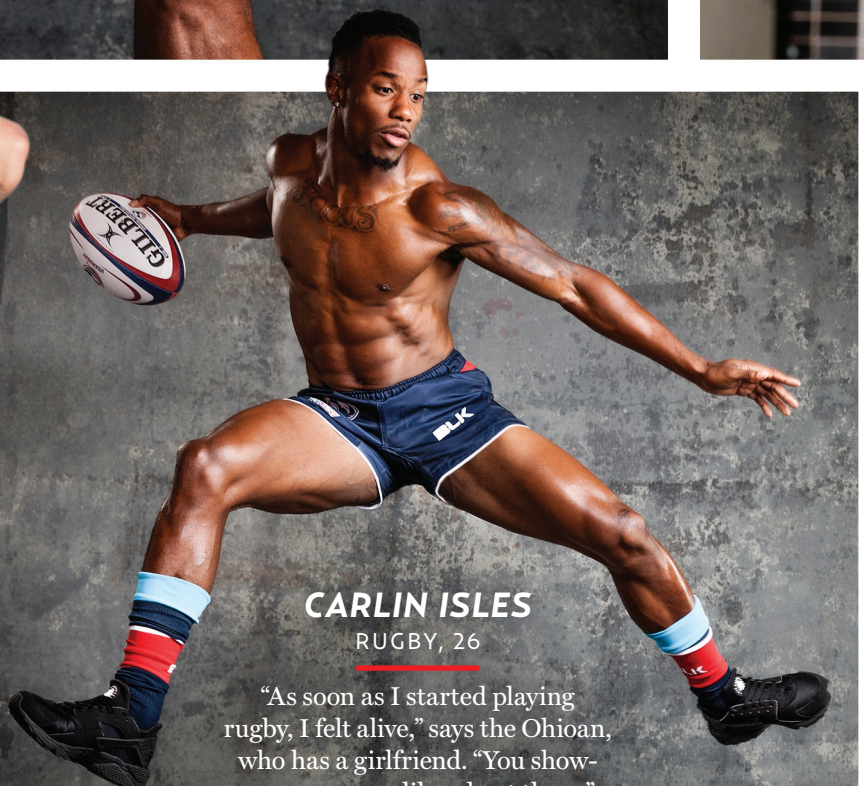
RYAN LOCHTE
SWIMMING, 31

In past Olympics, "I was more of a party boy," says the Rochester, New York, native, dating model Kayla Rae Reid. "Now I'm settling down and taking care of my body."



MATT GREVERS
SWIMMING, 31

"I like dancing!" says the Illinois native, married to former swimmer Annie Chandler Grevers. "No swimmers are that athletic on land, so I just have these goofy moves."



CARLIN ISLES
RUGBY, 26

"As soon as I started playing rugby, I felt alive," says the Ohioan, who has a girlfriend. "You showcase your manlihood out there."