



BRING DREAMS
HOME



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TOGETHER, BUILDING PEOPLE®

2015: Your Year to Transform

“Don’t let anything stop you from transforming your life in 2015!”

As we enter the 10th year of 4Life Philippines, I’m excited for the opportunities for growth that every new year brings. In 2014, 4Life enjoyed an overwhelmingly successful year. I’m confident that as you commit to your business and your dreams, you can transform your life during 2015.

The word transform is defined as making a thorough or dramatic change in one’s form, appearance, or character. I can’t wait to witness transformations in each of your lives. This is your year to transform!

During the Philippine National Convention 2015: Bring Dreams Home, we will introduce products that will help transform your life in entirely new ways. These products will help you transform the look of your body.* They will help transform your business, open new doors, and offer opportunities to reach out to new people and new markets. And what’s more, these products are patented, exclusive, certified, and only available to 4Life distributors!

As you and your team members work together to realize your dreams and goals,



you can also transform your personal life in 2015.

If all that weren’t enough, you will see your life and the lives of your family members transformed financially as your business grows through the unmatched benefits of programs like Club 250™, daily Rapid Rewards payments, and the Life Rewards Plan™.

Don’t let anything stop you from transforming your life in 2015! Experience the benefits of new products. Learn from others who have achieved success. Realize the financial rewards that 4Life can provide for you and your family. This is your year to transform!

Sincerely,

Steve Tew
President & CEO

▶ Get to know Steve even better by reading his executive bio online at 4life.com. Simply follow the Company link to Executives. And, follow Steve Tew on Facebook for ongoing news and updates.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



Ray & Barbara Meurer
Florida, USA



Dr. Herminio Nevárez
Puerto Rico



Yadira Olivo
Puerto Rico



Bonnie Taylor
California, USA



Juan & Damaris Rosado
Florida, USA



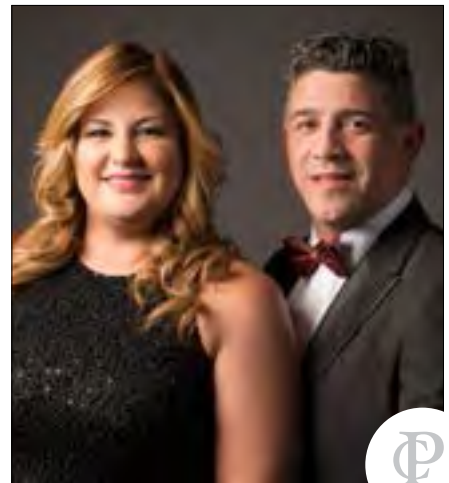
Jeff & Michelle Altgilbers
Tennessee, USA



Dave & Gabriela Daughtrey
California, USA



Sadik Din & Hasnimah
Singapore



Ángel Molina & Ivelisse López
Puerto Rico



Ileana & Hugo Johnson
California, USA



Miguel Bermúdez Marín & William Soto
Puerto Rico



Dr. Jase & Dr. Jinsun Khyeam
South Korea



Sheri Din
Singapore



Dr. Eduard Hutabarat & Katharina Sihombing
Indonesia



Iván Rodríguez & Marie Márquez
Texas, USA

“We can’t be successful by ourselves. Achieving success is all about building leaders and nurturing relationships. It’s about looking to see who has potential, and who needs help, and then encouraging them with the message that they can achieve their dreams.”

Jeff & Michelle Altgilbers
Platinum International Diamonds
Tennessee, USA

President’s Club legend

President’s Club qualifier at
Platinum International Diamond rank

President’s Club qualifier at
Gold International Diamond rank



*“If you really want to be successful in 4Life,
there should be a change within you,
good leadership combined with good attitude.*

*Networking is leadership,
you cannot be a great leader without a positive attitude.”*

Manuel Koh

Gold International Diamond, Philippines



Frank Uy Tesy
San Juan City



Evelyn Tactac
La Union



Mantana Development Program Inc.
Cotabato City



Ramon Mendoza
Quezon City



Geraldine & Romer Alumno
Laguna



Ronilda Amurao
Cavite



Moises & Amelia Abuan
Quezon City



Cynthia & Jun Orellana
Taguig City



Gari Gabrinao
Bacoor, Cavite



TGM Prime Estate Leasing Development Corp.
Cainta, Rizal



Mikhail Jan Jan Koh
Taguig City



Mae Benita Nicolas & Henry Quiazon
Bacoor, Cavite



Cristina & David Wang
Mandalutong City



Jose Rionilo & Mary Christine Torres
Quezon City



Dionisia Cleofe-Ibarra
Antipolo City



Alfredo Cotejo
Panabo City



Kahren Obnamia & Carla Urgino
Quezon City



Rudy & Lotis Sanchez
Butuan City



Ernesto Sosmeña
Tacloban City



Eduardo David
Tarlac City



Danilo & Priscila Cura
Tarlac City



Adoracion Salvador
Tarlac City



Marilyn & Anthony Santos
Cavite City



Jocelyn & Arnold Alberto
Rizal



Carlos & Marie Pet Urgino
Quezon City



Rebecca Encinas
Makati City



Misty & Joff Escobal
Cebu City



Roel Buban
Pasig City



Jocelyn & Arnold Alberto

International Diamonds, Rizal

“If you can dream it, you can achieve it.”

“If you can dream it, you can achieve it” - A motivational quote from Zig Ziglar that encapsulates the 4Life journey of Jocelyn and Arnold Alberto.

Arnold is an accountant who put up his own contracting business while Jocelyn manages their water refilling station. Although financially stable, they both dream of more time freedom, better life for their family, and possibly, early retirement.

In April 2013, 4Life was introduced to them by International Diamonds Rio and Christine Torres. “Networking may not be new to us, but it is not our line. But then again, contracting is not my line because I am an Accounting graduate. So I said to myself --- if we were able to do it before, then we can do it again”. With persistence and hard work, AA and Jho

started to build their organization. “In the beginning, it was a challenge to convince our relatives and friends to try the products and much more to be part of our organization because they do not believe in the MLM system. However, when they experienced the benefits of the products and became inspired by what we have achieved, things became smoother. “

AA and Jho became Presidential Diamond after 3 months and International Diamond in 2014. They qualified to the Kota Kinabalu Great Escape. AA is also one of the pioneers of 4Life Philippines Speakers Bureau.

This parent of 3 children are now reaping the fruits of their hard work --- a 3-storey house that is nearing completion and being able to send their children to an International School.



Carlos & Marie Pet Urgino

International Diamonds, Quezon City

Tito Cary and Tita Mapette, as they are fondly called, were seasoned businessmen and networkers. They were initially invited by International Diamonds Rio and Christine Torres, and then later on sponsored by International Diamonds Arnold and Jho Alberto.

Mapette tried and personally experienced the benefits of the products. She started sharing her story with family and friends, including her husband Cary.

“There were a lot of discouragements in the beginning, but when we began to fully understand the compensation

plan, that was the turning point for us to pursue the 4Life business.”

With perseverance, dedication and personal sacrifices, Cary and Mapette were able to develop 1 International Diamond, 7 Presidential Diamonds, and 14 Qualified Diamonds within 6 months which they consider their greatest achievement with 4Life.

A famous line by John F. Kennedy --- Ask not what your country can do for you, but what you can do for your country --- is what inspires this couple to strive and build their 4Life organization, “This is the reason why 4Life has become a mission for us.

“In spite of several work offers from abroad, we decided to stay to help improve our countrymen’s lives through an amazing international opportunity where they do not have to leave our country and still be able to earn, even better than those who work abroad.”



Rebecca Encinas

International Diamond, Makati City

Reby is a familiar figure in the 4Life Philippines office. Her name is also frequently mentioned in training and meetings by her fellow 4Life distributors. What makes her so popular among her peers?

Tita Reby, as she is referred to by everybody, is an 81-year old woman who was introduced to 4Life by Gold International Diamond Manuel Koh, 5 years ago. With an energy belying her age, she zealously built her organization, mentoring and supporting them to reach higher ranks.

She, herself, has qualified and joined Great Escape trips, year end camps, and International Conventions. She is also consistently part of the TOP 10 distributors in the Philippines for 5 consecutive years! In 2012, she was one of

the recipients of the Silver Dollar award for her exceptional 4Life story. In fact, Reby was on her annual vacation in the US with her family when she achieved the rank of International Diamond in December 2014. Truly, the epitome of what every networker aspire to be.

I started with the 4Life opportunity when I was in my mid seventies. Since then the joy of helping others has been one of the greatest rewards of doing this business. If I can do it, so can you!

Misty & Joff Escobal

International Diamonds, Cebu City

Cebu is considered the most difficult market in the Philippines. Yet, this did not become a hindrance to Misty and Joff Escobal. Not only were they able to build their 4Life organization in the city, they were also able to win over medical practitioners and turned them into staunch transfer factor advocates.

Back in 2009, Joff was a Strategic Facilitator in a private company when 4Life was introduced to them by International Diamond Ramon Mendoza. While the Escobal couple were convinced that they have a bright future with 4Life, their biggest challenge in doing the business “was how to overcome the negative image of networking in the Philippines.”

Through hard work and motivation, Misty and Joff were able to build a stable and solid organization composed of loyal and passionate transferceutical science advocates.

“They were also able to win over medical practitioners and turned them into staunch transfer factor advocates.”





Roel Buban

International Diamond, Pasig City

Roel is known to most 4Life distributors as “cotton candy man” as he used to sell cotton candy in the streets of his hometown using his old, manually operated machine. Having only finished 6th grade, his income from being a cotton candy vendor was not enough to support his family’s basic needs and children’s education.

In December 2009, his church pastor gave him a ticket to 4Life Philippines’ annual Year End Recognition. Seeing it as an opportunity to avail of a free sumptuous meal, he attended the event. It was there that he heard of testimonials from distributors on how the 4Life opportunity uplifted their lives. Inspired by this and convinced that he too can improve his life through 4Life, he immediately signed up as a distributor.

“In the next 3 months, after selling cotton candy in the morning, I would spend the afternoon attending product presentations at 4Life Manila office.

I tried to grasp and absorb as much as I can about 4Life products and complan. I also started sharing it with my relatives and friends but was turned down by more than 700 of them, yet I persisted. That was my biggest challenge in the start.”

Finally, his persistence and hardwork paid off. His income was able to turn his life around --- he moved his family to a decent home, sent his children back to school, and recently, he purchased a brand new car. Aside from providing a better life for his family, Roel has also traveled to Kuala Lumpur, Bangkok, Singapore, Bali and Miami, Florida. “Through 4Life I was able to realize my childhood dream --- that of riding a plane.”

In 2014, Roel was one of the recipients of Silver Dollar Award. His success shows that no matter what one’s background is, with hard work and determination anyone can change their destiny through the 4Life opportunity.



Silver Dollar Award Winners

The Silver Dollar award honors distributors who celebrate the value and satisfaction of hard work, the spirit of idealism, the entrepreneurial spark that ignites the desire for success, and opportunities to build others.

2010

2012

2013

2015



Dr. Samuel Pahn
Presidential Diamond



Rebecca Encinas
International Diamond



Roel Buban
International Diamond



Gari Gabriniao
International Diamond



Dr. Gabriel Juan Heredia
Muntinlupa City



Dr. Ahmad Falmi Usman
Zamboanga City



Emeline Uy Tesy
San Juan City



Dr. Maciste Young
Quezon City



Dr. Samuel Pahm
Cotabato City



Salvador Vibal Jr.
Antipolo City



Ramon Angelo Mendoza
Quezon City



Randy Tamayo
Cotabato City



Dr. Alex Tan
Davao City



Isidro Engracia Jr.
Cebu City



Jorita Bedayo
Cainta, Rizal



Rogelio Bernas
Batangas City



Felicitas Awa
Las Piñas City



Josefina Tactac
Cainta, Rizal



Dr. Rhodora Jayme
Cebu City



Adnan Zaid Juanday
Maguindanao



Gloria Esquivel
Davao City



Emma Timario
Benguet



Josephine Mislal
Benguet



Rebecca Balaong
Las Piñas City



May Kalalang
Bacolod City



Albert Amurao
Cavite



**Orlando &
Cherry Amor Valenzuela**
Laguna



Normita Galeng
Benguet



Hazel Gatchalian
Davao City



Ronaldo Tolentino
Valenzuela



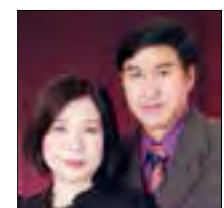
Marvin Tabora
Navotas



Ramil Nacional
Makati City



**Aliana Eunice &
Ofelia Cotejo**
Panabo City



**Dr. Rosalind &
Renato Quinto**
Malabon



Rosalinda Ramirez
Cavite City



Rosita Chua
Davao City



Jimmy Diaz
Makati City



Joel Pepito
Mandaluyong City



Clemencia &
George Maravillosa
Parañaque City



Marinel Villanueva
South Cotabato



Shiela Uy
Tagbilaran



Ma. Dolores Dizon
Zamboanga City



Imelda Manilag
Taguig City



Reynaldo Gagap
Quezon City



Danilo & Nellie Cellano
Quezon City



Consolacion Rubio &
Rony Metica
Malolos, Bulacan



Dr. Randie Sanchez
Taytayan City



Neri Mae &
Nenita Bunda
Sagay City



Vera Joy Ban-eg
Baguio City



Fe Edroso
Sagay City



Alma &
Armando Macaraeg
Tarlac



Sheny Tacusalme Salvador
Tarlac City



Luzviminda Bernardino
Taytay, Rizal



Stanley Mankin
Zamboanga City



Nelida Abella
Rizal



Norizelle Abaya
Quezon City



Dr. Maria Luisa Ordoño
La Union



Virginia Tan
Manila



Victor Chua
Quezon City



Jojen & Alona Cipriano
Mandaluyong City



Myra & Orville Santos
Cavite City



Farida Barandino
Zamboanga City



Rodelin Agbulos
Zamboanga City



Dr. Renan Dungog
Cebu City



Rosemarie Ambay
Davao City



Alicia Ong
Quezon City



Expedita Bernal
Tacloban City



Manuelito Acabal
Cagayan



Felicidad Mata
Cainta, Rizal



John Erwin Rementilla
Cavite



Ricardo Bunda
Sagay City



Brian Daniel Cura
Tarlac City



Leah Verano
Bacolod City



Wilvida Decenon
Sta. Rosa, Laguna



Rolando Dorio
Negros Occidental



Francisco Jotojot
Bohol



Maria Cecelia Mejares
Tagbilaran



Pauline Ortea
Cavite



Rexone & Marife Calucin
Cainta, Rizal



Isdra Merced
Tarlac City



Rubinita Tanael
Taytay, Rizal



Mercedes & Doroteo Garcia Jr.
South Cotabato



Samuel Dorio
Negros Occidental



Sheila Paredes
Tagbilaran



John Michael Orellana
Taguig City



Pacifico Timbas Jr.
Quezon City



Lourdes Inso
Benguet



Ma. May Theresa Caldo
Bacolod City



Jennifer Therese & Jose Luis Kilayko
Bacolod City



Renante Rodriguez
Quezon City



Maria Anunciación & Zaldy Vivar
Cabu City



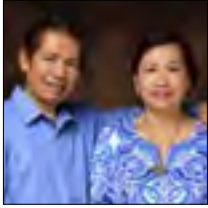
Eden Tecson
Umingan, Pangasinan



Vergel Valleser
Pampanga



Leticia & Herman Apawan
Bulacan



Rosalina & Marciano Inso
Baguio City



Rolando & Alnora Almanzor
Marikina City



Hazel & Edward Nell Landicho
Sta. Rosa City



Erwin Depillo
Taguig City



Geraldine & Florentino Gabrinao
Cavite



Norman & Ana Liza Gabrinao
Cavite



Renato & Marife L. Pesino
Pili



Gemalyn B. Cabanos
Naga City



Domingo Jr. & Immaculada Belza
Rizal



Marlyn Dela Paz
Rizal



Jerry Malabad
Zamboanga



Ines Asia Ramos
Baguio City



Milagros & Mae Anne N. Lavandero
Camarines Sur



Flaviano Maratas Jr.
Bohol



Susan B. Cotillo
Pasay City



Antonio Felix Magnaye
Mandaluyong City



Nenita Dorio
Negros Occidental



Salve Uy Tarrobago
Naga City





Qualified Diamonds from May 2014 - May 2015

MAY 2014

Divina Vera Cruz Basilio MD | Vigan City
 Matahom Redelosa | Cebu
 Marivic Abedin | Zamboanga del Sur
 Virgilio Espanol | Koronadal City
 Dianne Marie Espanol | Koronadal City
 Marichu Pacabis | Navotas City
 Grace Avila | Cebu City
 Jay & Dolores Fontanilla Legaria | Carmona
 Genalyn Bartolome & Michael Reyes Mostar | Sta. Rosa
 Maria Rebecca & Manuel Delloro | Cavite
 Christian Gaboco | Cavite
 Leonila Gomez | Tagbilaran City
 Cecilia Maniquez | Davao City
 Teofila Labayos | Talisay City
 Esperanza Garcia | Cebu
 Ronel & Irene Calucin | Rizal
 Ronnie & Maricris Calucin | Antipolo City

JUNE 2014

Gloria Mojares | San Juan City
 Ma. Nemia Villar | Isulan
 Aida Valencia | Isulan
 Germana Ortiz-Luis | Cebu City
 Rommel Robert Handumon | Opol
 Cecilio Merced Jr. | Tarlac
 Carmelita Porras | San Juan
 Ricky Joy Tacaldo | Cebu City
 Alma Mae C. Ungab | Tagbilaran
 Ronaldo & Maritess R. Calucin | Antipolo City
 Leodivico Calucin | Laguna
 Eleanor Lopez | Sultan Kudarat
 Lucia Rockwell | South Cotabato

JULY 2014

Ruchille Arroccena, MD | Tagum City
 Lalaine Maynes | La Union
 John Rick Tanael | Quezon City
 Benildo Peralta Jr. | Makati
 Lalen Tabugoc | Davao del Norte
 Roby Jane Gabion | Dasmariñas
 Sharon Tingson | Cebu City
 Zulieta & Princess Joanna L. Pagaduan | Caloocan City
 Perlo & Rosario Ocdol | Quezon City
 Emilia Ong | Caloocan City
 Blesilda Corpuz | Laguna
 Danah Grace Farrales | Pagadian City
 Visminda Serrato | Pagadian City
 Banie Tingson | Cebu City

Dr. Lanyfe Biadora | Koronadal City

AUGUST 2014

Villar Nestor | Bagumbayan
 Doroteo Iren Garcia | Koronadal City
 Julmario Cabrera | Laguna
 Monica & Ronaldo L. Agustin | Laguna
 Meriam Cordero | Negros Occidental
 Lorica Marie K. Ledesma | Bacolod City
 Leonida Mercolita | Parañaque City
 Antonio Abletes | Parañaque City
 Leonardo Morales | Parañaque City
 Teresita Marte | Ilo-ilo City
 Rosario Estologa | Rizal
 Purificacion Quidato | Tagum City
 Adela Villamor | Pasig
 Floramae Debolgado | Davao City
 Abigail May Garcia | Koronadal City
 Adelaida Fernandez | Ilo-ilo City
 June Mauro | Nueva Ecija
 Rosemarie Granada | Ilo-ilo City

SEPTEMBER 2014

Eden & Santiago D. Almodiel | Quezon City
 Adelaida Curayag | Bohol
 Fortunato L. Paja | Quezon
 Salvador Villasis | Cebu City
 Bryan Duhaylongsod | Tacurong
 Roberto & Editha Atanacio Manahan | Rizal
 Divina Naliza | Bohol
 Teresita Sagucio | Tuba
 Fortunata Bernadez & Jessica B. Lavilla | Pasig
 Rizalina Balot | Tarlac
 Ma. Donna P. Maraya | Las Piñas
 Lucia Conde | Cagayan de Oro
 Joseph Eming | Apayao
 Edrilyn Baquilabat | Kabankalan City
 Sandro S. Salazar | Ormoc City
 Narciso Jr. Bernales | Mandaue
 Germanita Datoy Luminarias | Tagbilaran City
 Raul & Eugelyn Marquez | Laguna
 Nellie Llanzana | Palawan
 Sarah Marie Amurao | Cavite
 Paul David Amurao | Cavite

OCTOBER 2014

Sylvia Carpio | Mandaluyong
 Susan Comahig | Davao del Norte
 Oliver Orellana | Taguig



Qualified Diamonds from May 2014 - May 2015

Oliver & Christine S. Chiong | Laguna
 Rosales D Samson | Quezon
 Ladylyn Arsaga | Talisay City
 Leonida Tinio | Rizal
 Catherine Chua | Cagayan de Oro
 Mary Anne Fernando | Cavite
 Leoncio A. Ramirez Jr. & Teresita O. Ramirez | Quezon City
 Rolando Achas | Quezon City
 Mark Daniel Flores | Bacolod City, Negros Occ.
 Ma. Gaudiosa Guevara | Antipolo City
 Gaspar S. Alba | Naga City
 Marilyn Wanky & Florencia W. Macli Ing | Baguio City
 Monica Marie Aguilar | Bacolod City
 Henson & Monica M. Lee | La Trinidad
 Rubirose Banasen | Baguio City
 Arlyn Bongcasan | Negros Oriental
 Jean Tanoy | Negros Oriental
 Rommel Jong | Bacolod City
 Gemma Ong
 Glynis Amor Caduhada | Talisay City, Negros Occ.
 Jennifer & Conrado T. Simbulan Jr. | Camarines Sur
 Leila Lyn Tupas | Bacolod City
 Janice Klinefelter | San Pedro
 Federico & Cyrus Dominic M. Torres | Batangas
 Perry Fernandez | San Pedro
 Lorna Apolinario | Cavite

NOVEMBER 2014

Gilda & Roel G. Calingasan | Cavite
 Wilfreda Gallego | Bohol
 Marilo Coto | Tagbilaran City
 Letecia M. Cipriano | Quezon City
 Rafael Jaime Tan | Pasig
 Susan Cabalan | Tarlac
 Marilou Mamba | Pasig City
 Ryan & Jenny Mislal | Baguio City
 Oliver De Jesus | Parañaque
 Bayani & Pacita O. Tecson | San Nicholas, Pangasinan
 Sonia Cenon B. Bermel | Rizal
 Silveria & Alvin G. Anib | Surigao del Norte
 Armilyn Castillon | Sultan Kudarat
 Samson Y. Forto Jr. | Angeles City, Pampanga
 Maribeth Sobrevilla | Bulacan
 Benjamina & Emigdio Versoza | Bulacan
 Sybil Salazar | Cavite
 April Fandialan | Cebu
 Radenio Maravillas | Cavite
 Serina Darunday Lumantao | Tagbilaran
 Rodel Baydal | Laguna

Edilberto Maceda | Brgy. San Miguel
 Fortunato Matabang Jr. | Manila
 Benedicto Luna | San Pedro
 Ruthchelmar Manipon | Gen. Santos City
 Jocelyn Fernandez | San Pedro
 Levi Jose Rubia | Palawan
 Dell Minerva & Macquin D. Parungao | Marikina City
 Concepcion Bergania | Bulacan
 Salvacion Jose | Marikina City
 Dominador & Editha Ignacio | San Manuel
 Yolie Darunday Israel | Tagbilaran
 Elvira Cruz | Bohol City

DECEMBER 2014

Edelita Mojica Sidamon | Cavite
 Alfredo M. Villamor | Taytay, Rizal
 Lorna V. Dabucol | Cainta, Rizal
 George Punasen | Rizal
 Edgardo D. Caoile | Naga City
 Natividad Jala | Davao City
 Bart Joseph Domingo | Parañaque
 Clarice Panilag | Pagadian

JANUARY 2015

Myrna Viduya | Cavite
 Catherine & Michael Aguilar | Parañaque City
 Frederick Inso & Remmalyn Farinas | Baguio City
 Nenita Yu | Rizal
 Felicitas Bruno | Bulacan
 Carlos & Lilian De Ocampo | Quezon City
 Bayani Jose Rodriguez | Antipolo City
 Mar Carlo Gutierrez | Bulgarin
 Cecilia Fe & Francisco B. Gangan | San Pedro
 Emmie Cawa | Baguio City
 Cynthia Fruel | San Pedro City
 Maricel Fernando | La Trinidad
 Wilma Casillan | Rizal
 Jovelyn Cipriano | Quezon City
 Sylvia Jotojot | Bohol
 Alexander Ipac Jr. | Pampanga
 Kemy & Jason C. Biray | La Trinidad

FEBRUARY 2015

Marie Ann Luisa & Jerryfel G. Jasareno | Makati City
 Cesar Villanueva | Quezon City
 Nino Arron B. Chua | Davao
 Ima V. Retes | Makati City
 Leo C. Rodriguez | Davao
 Orlando Aquino | Pampanga



Qualified Diamonds from May 2014 - May 2015

Cecilia Garcia Domingo | Laguna
 Sandra Peñero | Laguna
 Marilou Gerona | Cavite
 Franco Alvior | Villamonte St
 Clarissa Haw Tay | Davao
 Marietta De Guia | Davao
 Catherine Fernandez | Rizal
 Mercedes Encarnacion & Edgardo Sabio Malazarte | Iriga City, Cam. Sur

MARCH 2015

Orlando & Jennifer I. Camilon | Bacoor City
 Jerry Tan | Tustin, California, USA
 Francisco Salem | Sta. Rosa, Laguna
 Zandro Rugeria | Makati City
 Arlene Elumbaring | Zamboanga del Sur
 Ronald M. Mabunga Jr. | Rizal
 Omar & Victoria Flordeliz | Calabanga
 Badegunda C. Ang | Las Piñas City
 Marifi Dacillo | Mandaluyong City
 Josefina Ramirez | Mandaluyong City
 Raul Realubit Sadullo | San Juan City
 Ador & Teodora P. Bajar | Cavite
 Janine Pajemolin | Laguna
 Neil & Jhaneil V. Escano | Biñan
 Noralyn & Nenita V. Barbuco | Cavite
 Eduardo Taba | Sta. Rosa City
 Jennylyn Enon | Lagonoy
 Maria Victoria & Gualberto R. Morco | Marikina
 Cherry Saloma | Quezon City
 Marissa Garcia | Pampanga
 Delia & Gerardo C. Pineda | Rizal
 Librada Alajar | Antipolo City
 Vic Gallego | Quezon City
 Julieta Guanzon | Imus, Cavite
 Rosemarie Yumang | Antipolo City
 Maria Ana Lourdes Lansangan | Rizal
 Noralyn Bartolaba Tape | Negros Oriental
 Jared Lim | Makati
 Maribel & Geoffrey Bolesa Torres | Rizal
 Juliet Malabad | Zamboanga
 Marivic & Ace Vergel O. Jose | Makati
 Aileen Vecino | Bacolod City
 Janette Cordero | Marikina City
 Frenchie Tromata | Naga City
 Rex & Weljohn T. Ygay | Tanjay City
 Lourdes Villegas | Negros Oriental
 Primo Elcamel | Pagadian
 Cynthia Lago | Canlubang
 Jasmin & Mario Valentino M. Victa | Laguna

Nerlisa Plastina | Malaybalay City
 Annie Dacoco | Baguio City
 Remedios Delina | Cainta, Rizal

APRIL 2015

Leny Beth Asenjo | Pasig City
 Mariciel Buslon | Quezon City
 Emelio Jr Guia | Dumaguete City
 Minviluz Vera Cruz | Parañaque
 Johny Mar & Fukuta Kyoko Denajeba | Mandaluyong City
 Michelle Gelido | Bulacan
 Josephine & Leila Jean S. Bucol | Dumaguete City
 Juvan Vencer Beloria & Charmie P. Villadelgado | Roxas City, Capiz
 Lolita Hodreal | Muntinlupa City
 Honorata & Felipe S. Bueno | Taguig City
 Shelah Dorio | Negros Occidental
 Monica Gamo | Quezon City
 Arlie June & Aileen B. Vecino | Bacolod City
 John Asegurado | Cotabato
 Ivan Dorio | Bayawan City

MAY 2015

Omar S. Del Castillo | Bocaue
 Jocelyn & Nestro S. Murcia | Tagbilaran, Bohol
 Ronaldo Cenita | Bohol
 Rommel Caneda | San Juan
 Tessie & Rodolfo Samson Flores | Caloocan City
 Benito Carlos | Caloocan City
 Mark Romuald Rico | Zamboanga City
 Danilo Concepcion | Bulacan
 Allain Paragas | Zamboanga City
 Leticia Isunza | Valenzuela City
 Mercedes Cornito | Bohol
 Nila Maratas | Bohol
 Ain Galdo | Davao City
 Ma. Regina Arcenas | Mandaluyong
 Danemark Duhaylungsod | Sta. Rosa City, Laguna
 Buena Razal Marilyn | Quezon City
 Antonio Tan & Bielyndee Wong | Rizal
 Aladin P Banguid Jr. | Pasay City
 Rowena Paguntalan | Ilo-ilo
 Luz & Nestor Perez | Davao City
 Laila Dee Ilao | Binan City
 Rhoda Bulatao & Carlito Luncio | Baguio City
 Marilyn Juelar | Pasay
 Cordelia Oliaku Onuigbo | Naga City, Camarines Sur
 Joanne R. Tarrobago | Naga City
 Cristina Nora Fuertes | Quezon City



EXPERIENCE A GRAND VACATION!

PROMO PERIOD

JANUARY 2015 - DECEMBER 2015

TO QUALIFY, YOU MUST :

- Be a Club 250 member.
- Sign up one (1) NEW Club 250 member on the months of qualification.

DISTRIBUTORS

1 SLOT Break rank to QD and maintain 2 more times as QD within first 6 months

2 SLOTS Break rank to QD and maintain 3 more times as QD within first 6 months

EXISTING QUALIFIED DIAMONDS*

2 SLOTS Maintain QD 3 times within 6 month period + Must have 4,500 LP in 2 qualifying months + Must have 7,000 LP in at least 1 of the qualifying months

EXISTING PRESIDENTIAL DIAMONDS*

2 SLOTS Maintain PD 3 times within 6 month period

- * Distributors and Existing qualified diamonds who directly break rank to Presidential Diamond or International Diamond within the promo period may still participate, however they may not use qualifying months for the great escape to qualify for the Leader in You Diamond HOLIDAY.
- ** Only distributors who were unable to qualify for the great escape will be qualified to go on the trip.

Fine Print :

- The 3days/2nights trip may only be availed by a qualified distributor during the pre-determined dates of 4Life Research Philippines.
Failure to avail of this promo during said time period would mean forfeiture of the trip.
- Rooms will be based on twin sharing. Airfare will be from Province of Residence-Destination-Province of Residence.
- No request for replacement in cash, products or other forms will be entertained in the event that a distributor is not able to join the trip.
- The individual under who the 4Life distributorship is named after should be able to come to the trip. Only the additional slot may be transferred to a non-4Life distributor or any of the qualifying distributor's spouse/de facto or immediate family member.
- Attendance to the 2day Leader In You Academy is a must to avail of the Diamond Holiday trip.
- Distributors who have participated in past Leader in You Camps, may attend the 2 day Leader In You Academy at their own expense, but are disqualified from the Diamond Holiday trip.
- In case of disputes, 4Life Research Philippine Management shall settle the matter and all decision shall be deemed final.
- 4Life reserves the right to change the mechanics, rewards, and dates without prior notice.

WATCH OUT FOR OTHER POSTERS FOR MORE DETAILS!



Leader in You Diamond Holiday

May 24-26, 2015

Estacio Uno, Boracay

Forty seven distributors and their guests comprised the first batch of qualifiers to the Leader in You Diamond Holiday. The 3-day all-expense paid holiday saw these leaders enjoying the sun, sand and sea of Boracay.

Designed to reward these hard working leaders with a respite from their everyday life, the trip included a stay in a beachfront resort, island hopping, paraw sailing, and buffet meals.

But more than the fun, the distributors were able to interact, share experiences, and motivate one another to aspire for higher ranks.

Indeed, it was a grand vacation! You too can be the next qualifier to the Diamond Holiday!



LIVE CLUB 250

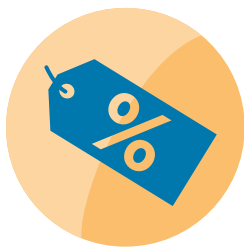
Since Club 250 launched in June 2014, thousands of 4Life® distributors all over the world have taken the challenge issued by President and CEO Steve Tew to increase their purchasing every month from 100 LP to 250 LP. And the results that people have experienced for their businesses and lifestyle? Nothing short of amazing!

CLUB DETAILS

You know how it works. Purchase 250 LP and you're an official Club 250 member for that month. To maximize your savings, buy one of our Club 250 product packs—which offer a great selection of products to consume and share. Purchase pack 1 or pack 5 and you'll always have 4Life Philippines best selling products to consume and share! And remember—the Club 250 program is open to Leaders, Diamonds, and Presidential Diamonds.



WITH BENEFITS LIKE THESE, YOU'D BE CRAZY NOT TO QUALIFY FOR CLUB 250 EVERY MONTH!



BIG PRODUCT DISCOUNTS

Save up to Php 5,830 on Club 250 product packs.



EXTRA INCOME POTENTIAL

Re-sell individual products at a profit.



FASTER RANK ADVANCEMENTS

Share Club 250 benefits with team members and watch your business soar.



RAPID REWARDS ENHANCEMENTS

Enjoy next-business-day payments on personal purchases above 100 LP, or Php 2,100 on a 250 LP order.*



CASH PRIZES

Earn entries for monthly and quarterly drawings for cash prizes up to Php 215,000.

*Rapid Rewards are available for all distributors ranked at Leader and above. Distributors must submit necessary documents to receive daily rapid rewards. Rapid rewards are deposited within 2 to 3 banking days.

CLUB LIFESTYLE

The Club 250™ lifestyle is about more than just purchasing 250 LP of products every month. It means you're taking your business to the next level and reaping the rewards that follow. One truly exciting benefit is that you have more products on-hand for you and your family to enjoy, and to share at your next 4Life home meeting.

Plus, the Club 250 lifestyle is about encouraging your team members to get involved as well. When you're all members, everyone benefits! For example, when you're a Club 250 member, you only need to recruit 12 team members to reach the Diamond rank, compared with recruiting 30 team members if you were to stay at the 100 LP mark every month. That's a big difference!

HOW DO YOU LIVE CLUB 250?



"I've been a certified fitness trainer for over 22 years and I train many amazing 4Life leaders at my gym. We all love and consume 4Life products. After applying the Club 250 concept and teaching others to do the same, my business has grown significantly. Your business can, too!"

Samy Santos
Presidential Diamond
California, USA



"What a program! It has so many benefits. We get paid every day through Rapid Rewards* and we participate in drawings every single month and quarter. Club 250 has made a big difference in my organization. I'm using more products and experiencing greater growth!"

Patricia Sosa
Presidential Diamond
Washington, USA

"Club 250 is about taking things to the next level. When people ask me what they can do to build their businesses, I immediately think of Club 250. Distributors from all over the United States and the world are just as excited as I am about this program. Club 250 is a lifestyle!"

Nathan Larsen
Vice President,
Field Development



Bottom line? The Club 250 lifestyle is a dream-achieving lifestyle. When you qualify every month, you have more money in your pocket. You achieve rank advancement goals faster. You take real steps toward accomplishing every dream on your list. And if you duplicate this system with your downline distributors, you'll have scores of 4Life family members achieving dreams with you.

What are you waiting for?
Join Club 250 today!

THE FAST TRACK CLUB 250 TO SUCCESS



GET TO THE DIAMOND RANK FASTER

WORK SMARTER. NOT HARDER.



VS



Huge discounts
Save up to Php 5,830 on Club 250 product packs.



Extra income potential
Earn up to Php 11,162 in retail profit when you re-sell the products to others.



Cash prizes
Earn entries for monthly and quarterly drawings to win up to Php 215,000!



Rapid Rewards
Get next-day payments on personal purchases above 100 LP, or Php 2,100 on a 250 LP order.*

It's not just your business. It's your lifestyle. Make it great. | MAKE IT CLUB 250 JOIN TODAY

JOINING IS SIMPLE!
ORDER 250 LP EACH MONTH.*

FOR FULL

PROGRAM DETAILS, VISIT



WWW.4LIFE.COM/CLUB250

*Rapid Rewards are available for all distributors ranked at Leader and above. Distributors must submit necessary documents to receive daily rapid rewards. Rapid rewards are deposited within 2 to 3 banking days.

JULY 2014

Presidential Diamond - Felicitas Awa
Qualified Diamond - Menandro Baronia
Qualified Diamond - Roldan Dimaano

AUGUST 2014

Qualified Diamond - Priscilla Mae Animas

DECEMBER 2014

Qualified Diamond - Marisol Carurucan

2nd QUARTER (OCTOBER - DECEMBER 2014)

Presidential Diamond - Wilvida Decenon

JANUARY 2015

Qualified Diamond - Dranessa Precious Claire Ledesma

FEBRUARY 2015

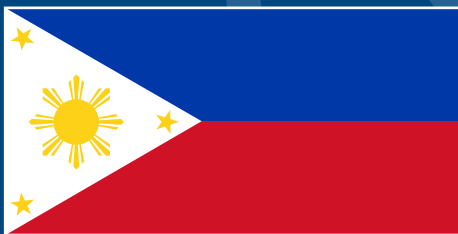
Qualified Diamond - Jimmy Dojino
Qualified Diamond - Yolanda Cac

3rd QUARTER (JANUARY - MARCH 2015)

Presidential Diamond - Emelyne Uy Tesy
Qualified Diamond - Roberto Manahan

APRIL 2015

Qualified Diamond - Gildo Crisologo
Qualified Diamond - Susana Ramos Maceda



WINNERS
JULY 2014 - APRIL 2015

Bring Dreams Home

April 15-18, 2015

Salt Lake City, Utah

April 19-23, 2015

Gatunburg, Tennessee

Nothing can be more apt than this year's International Convention theme, Bring Dreams Home. After close to 5 years, Utah, 4Life's home state, once again played host to 4Life International Convention.

More than 30 leaders from 4Life Philippines had a private audience with Bianca Lisonbee, 4Life executives and Platinum International Diamonds. They were also recognized on stage with more than 7000 4Life leaders from 70 countries in attendance.

These leaders were inspired by messages from keynote speakers who shared the trials and challenges they've faced before they achieved their dreams. And just like them, 4Life Philippine leaders also worked hard to live their dreams, and now, it is time to Bring them Home.

After the International Convention in Utah, 4Life leaders headed out to the hometown of Platinum International Diamond - Jeff Altgilbers. Jeff hosted the group for more rest and recreation, a perfect opportunity to bond with the leaders.

"The Filipino leaders have put the Philippines as one of the fastest growing countries in 4Life! The reason? They are securing a financial future because they are making a difference in the lives of so many there! I love you leaders!"

JEFF ALTGILBERS
Platinum International Diamond







4Life Transfer Factor® Vista™

Support for Eye Health

- Supports visual acuity and sharpness
- Includes ingredients to help shield the macula of the eyes from excessive blue light and oxidative effects of the sun
- Promotes healthy eye function
- Supports the eyes' ability to adapt to varying light conditions

What is 4Life Transfer Factor Vista?

4Life Transfer Factor Vista provides targeted support to benefit visual performance and eye health. It contains the #1 doctor recommended lutein brand,¹ as well as ingredients that support healthy visual acuity and the health and function of the macula of the eye. It also features Targeted Transfer Factor[®], specifically 4Life Transfer Factor[®] Tri-Factor[®] Formula, to support the immune system.



PRIMARY SUPPORT:

Vision
Eyes

SECONDARY SUPPORT:

Immune
Antioxidant
Skin

Key features

- Targeted Transfer Factor combines the benefits of 4Life's Transfereceutical[®] ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.
- Carotenoids such as lutein from marigold and zeaxanthin provide critical shielding and antioxidant benefits for the macula region of the eye.
- Bilberry and black currant extracts provide powerful antioxidant support for the eyes.
- Vitamins A, C, and E supply critical nutrients for the cells of the eyes and act as antioxidants to neutralize free radical activity in the eyes.



Did you know?

The macula is an oval-shaped highly pigmented yellow spot near the center of the retina of the human eye. The macula gets its yellow color from carotenoids such as lutein and zeaxanthin. It absorbs excess blue and ultraviolet light that enter the eye. Images viewed are focused within the macula, and it is bombarded with high amounts of light exposure.

To support eye health, wear sunglasses and hats when you're outside, limit alcohol intake, don't smoke, eat a nutritious diet, and get an eye exam at least every two years.

Many studies suggest taking Omega-3 and Omega-6 essential fatty acids to support the eyes.² In fact, lutein and zeaxanthin require the presence of fat to be absorbed into the body.³ 4Life's reformulated BioEFA[®] with CLA is a great companion product for 4Life Transfer Factor Vista.



Can I get enough lutein and zeaxanthin in my diet?

Nearly one in two Americans don't have optimal levels of lutein in their eyes as they age. Most Americans only consume 1–2 mg of lutein per day, even though 10 mg is recommended.⁴⁵ To get the same amount of lutein and zeaxanthin in your diet as 4Life Transfer Factor Vista provides, you would need to consume:

Lutein

2 ½ cups raw spinach,
½ cups canned green peas,
6 ¼ cups cooked broccoli,
7 ½ cups raw romaine lettuce,
or 12 ½ cups cooked green beans

4

Zeaxanthin

10 medium oranges,
12 eggs,
over 2 cups romaine lettuce,
or 2 ½ cups cooked green beans

How is the immune system associated with eye health?

Because your eyes are constantly exposed to the outside world, they are vulnerable to a wide range of invaders. The eyes also have a rapid immune cell turnaround, so a well-functioning immune system is the first step in supporting healthy eyes.

Why are lutein and zeaxanthin important for eye health?

Lutein and zeaxanthin belong to a group of antioxidants called carotenoids. They provide powerful support for the focal point of the eyes, the macula. These ingredients help shield the macula of the eyes from excessive blue light and oxidative effects of the sun. Since the body does not make lutein and zeaxanthin on its own, we must get them through our diet.

Lutein helps eyes see fine details in low light conditions and distinguish between different objects. It increases the ability to tolerate and recover more quickly from glaring bright light, such as head-on car headlights at night. Although all of us are born with protective lutein pigment in our eyes, the levels begin to slowly decrease as we age.⁴⁷

Carotenoids, lutein and zeaxanthin, act as a filter that helps shield the eye from blue light, acting like sunglasses.



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

A nighttime aerial photograph of Atlanta, Georgia, featuring the Georgia World Congress Center and the city skyline. The scene is illuminated by city lights and the warm glow of palm trees in the foreground. The text is overlaid on the top left and bottom left of the image.

EXPERIENCE
SOUTHERN CHARM
WITH THE 4LIFE FAMILY

**JOIN US FOR CONVENTION 2016
IN ATLANTA, GEORGIA!
GEORGIA WORLD CONGRESS CENTER
OCTOBER 12-15, 2016**

4LIFETRANSFORM™

A brand-new product line to help you reach your transformation goals and enjoy optimal health.*

PRO-TF™

Transform your body with PRO-TF™ and live a youthful vibrant life!*

4Life Transfer Factor Renuvo®

Formulated to support total body recovery, mental acuity, sexual vitality, energy, mood, and metabolism.*



TOGETHER, BUILDING PEOPLE®



Balancing Your Natural Inflammatory Response*

University testing shows a reduction of the natural inflammatory response to an unhealthy diet*

Life is a balancing act full of challenges. We are constantly faced with multiple stressors that can tilt the scales in the wrong direction. Aging, poor diet, sedentary lifestyle, lack of sleep, environment, and a whole host of other factors can significantly reduce your body’s ability to quickly and effectively overcome daily stressors. Your body’s first, essential response to these stresses is characterized by inflammation at the cellular level.

What is inflammation?

Inflammation is your body’s way of calling attention to an area needing support. Or more technically, inflammation is an immune system defense that starts with an increase in blood flow to the affected area(s) within the body. To emphasize that need, inflammatory-promoting chemicals are released to cells to perpetuate a response, with one of the most widely accepted primary inflammatory mediators being TNF-alpha.

What causes inflammation?

Normal inflammation is absolutely essential to life and is an entirely healthy response to daily lifestyle stressors, as well as the more recognizable causes of inflammation, such as infection or injury. In other words, one of your body’s first lines of defense when it encounters something new or foreign

is to mount an inflammatory response. Without it, your body would never adapt and overcome new challenges.

Why should you control inflammation?

Inflammatory response is essential to adapting to life and its various effects. Research has suggested that inflammation that isn’t quickly and constantly returned to normal is a major culprit in accelerated aging, fat gain, muscle loss, and even sexual decline.

How 4Life Transfer Factor Renuvo® can help

Patent-pending 4Life Transfer Factor Renuvo was formulated to help improve your body’s response to daily stress and bring it back into balance.* The secret is in its ability to help increase the body’s defenses against physiological stress.* Like a rubber band that gets stretched too far, if you don’t return the rubber band to



“Patent-pending 4Life Transfer Factor Renuvo acts like an adaptogen. Formulated as a foundational product for everyone, it should be consumed daily to help target healthy aging. As you age, there are certain body systems and functions that are more affected than others, including brain function and mood, cellular energy and metabolism, muscle support and strength, adrenal function and recovery, and sexual health and vitality.”*

CHRIS LOCKWOOD, PHD, CSCS
4Life Chief Scientific Officer



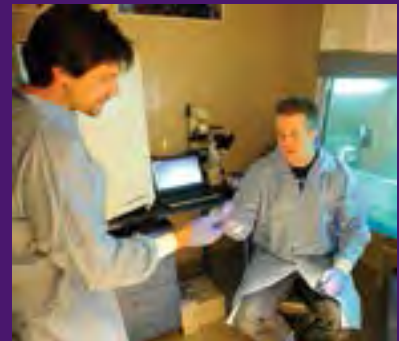
its normal resting state, it will eventually break. 4Life Transfer Factor Renuvo® is formulated to help you return to that normal, healthy state—faster and more effectively.*

Backed by research

In a fully randomized, placebo-controlled, 30-day safety and efficacy study, conducted at the University of Missouri and in association with Auburn University, 4Life Transfer Factor Renuvo outperformed expectations with its ability

to help reduce the pro-inflammatory response to help an unhealthy diet.*

Study results showed that consuming just two servings per day for 30 days resulted in a significant 64% reduction in the pro-inflammatory marker TNF-alpha.* Additionally, 4Life Transfer Factor Renuvo significantly increased the body’s ability to address the negative effects of an unhealthy diet, and similarly reduced the amount of damage caused to tissues in response to a poor diet.*¹



University testing shows a reduction to the natural inflammatory response in individuals with an unhealthy diet.*¹

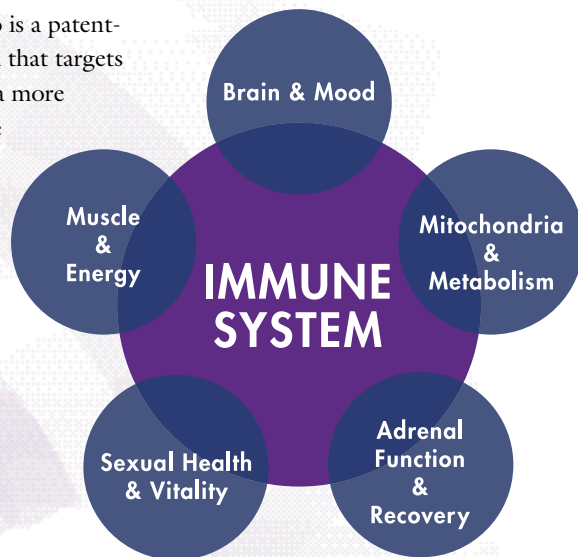
These amazing results with 4Life Transfer Factor Renuvo were even presented at the 2014 Annual Meeting of the American College of Sports Medicine in Orlando, Florida.

- ✔ Reduced the amount of added central or visceral fat mass by 6% and body mass by 95%
- ✔ Decreased inflammatory response by 64%
- ✔ Improved detoxifying effect by 43%
- ✔ Decreased oxidative damage by 42%



4Life Transfer Factor Renuvo is a patent-pending adaptogenic formula that targets healthy aging by supporting a more youthful response to daily life stressors that may push your body out of balance.* 4Life Transfer Factor Renuvo is formulated to support:

- Total body recovery*
- Mental acuity*
- Sexual vitality*
- Energy*
- Mood*
- Metabolism*



The secret to 4Life Transfer Factor Renuvo is in its ability to help bring the natural inflammatory response back into balance.*

4Life Transfer Factor Renuvo has been formulated as a foundational product for everyone over the age of 18. It is recommended for daily consumption to help target healthy aging and promote improved physiological recovery.*

PRO-TF™ *YOUR TOTAL PROTEIN INFUSION*



PRO-TF™ is a great-tasting way for you to safely and effectively burn fat, build muscle, and support your immune system. Optimize your body and embrace a vibrant life!*

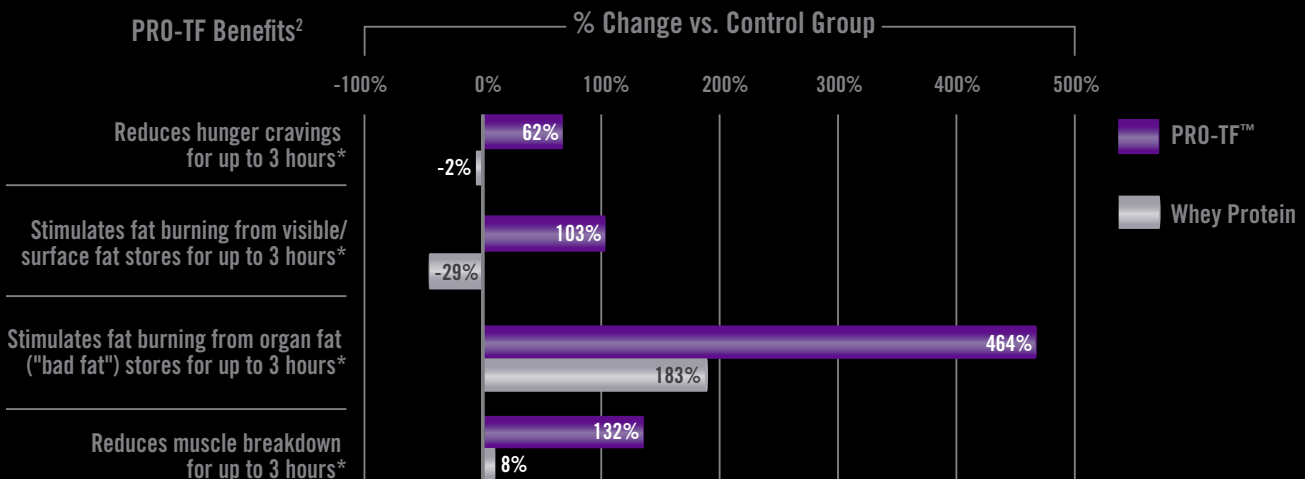
PRO-TF™:

- ✓ Provides 20 grams of patent-pending PRO-TF™ Protein Blend in every two-scoop serving, the most effective protein available to help you transform your body
- ✓ Reduces hunger cravings for up to 3 hours*
- ✓ Stimulates fat burning from

visible/surface fat stores for up to 3 hours*

- ✓ Stimulates fat burning from organ fat ("bad fat") stores for up to 3 hours*
- ✓ Reduces muscle breakdown for up to 3 hours*
- ✓ Significantly increases muscle growth by 74%.
- ✓ PRO-TF™ contains zero grams of lactose and no case in protein, the allergenic component of milk.
- ✓ Gluten-free
- ✓ Contains calorie-free sweeteners

PRO-TF was tested in an independent, university study and shown to significantly increase muscle protein synthesis (muscle growth) by 74%, and was more effective than the leading whey protein in the following areas:¹



¹ 4Life Research, Chris Lockwood, PhD, CSCS, and Auburn University's Molecular and Applied Sciences Laboratory in the College of Education, School of Kinesiology, conducted research to demonstrate the safety and efficacy of PRO-TF™, a patent-pending product [FASEB J 2014;28(1):LB440; FASEB J 2014;28(1):LB439]. To learn more, visit 4Life.com.
² Results, as observed under fasted and controlled conditions, and as occurred directly within the samples. Actual results may vary.

PRO-TF is powered by a patent-pending blend that contains low molecular weight, extensively hydrolyzed (high DH), and ultra-fast absorption whey and egg protein. High DH proteins are absorbed faster, more easily digested, and more effectively utilized by the body than any other form of protein. In addition, PRO-TF™ provides a superior protein source, containing over 4,900 mg of critically-essential amino acids (EAAs) and over 2,350 mg of branched-chain amino acids. Plus, it provides 600 mg of 4Life Transfer Factor® in every two-scoop serving.



TOP FIVE REASONS EVERYONE NEEDS QUALITY PROTEIN

Do you dream of a day when you wake up feeling your best? Not only would you feel healthy and ready to go experience life, but you'd also be proud of your reflection as you look in the mirror. Protein can help you get there! Transform your body with quality protein to help you burn fat, gain muscle, and achieve the optimal health needed to live a vibrant life.

There's a good chance you're already consuming some protein in your diet every day—but are you consuming enough of the right kind of protein to help you meet your goals? Learn how supplementing your diet with high-quality protein such as PRO-TF™ can help you transform your body and your life.

HERE'S A LOOK AT FIVE REASONS YOU NEED QUALITY PROTEIN:

1. FAT BURNING

Protein supports fat burning in healthy adults of all ages. It's a great addition to any healthy eating and exercise program. Not only can protein help you achieve your ideal weight, it can also help you **feel fuller between meals** and **reduce cravings** for unhealthy junk food that can derail your efforts.

2. HEALTHY MUSCLE MASS

Protein can help **protect healthy muscle in people of all ages**, by **increasing muscle growth** and **reducing muscle breakdown**. A diet higher in protein than carbohydrates has been reported to provide the greatest benefit for reducing the adverse effects associated with age-related muscle and strength loss—the two factors most highly correlated with quality of life in later years.¹ **This makes protein an essential supplement for older adults who want to age well.**

3. ACTIVE LIFESTYLE GOALS

Embrace an active and healthy lifestyle. Whey protein can be a powerful and effective tool to transform both your body and your health. Whether you want to **support healthy blood glucose levels and appetite, improve sports performance and recovery** or **just look and feel better**, protein can help you achieve your goals.

4. IMMUNE SYSTEM HEALTH

Protein supports healthy muscle mass and a **healthy immune system**. Because muscles release signaling molecules that communicate with the brain, liver, pancreas, bones, fat tissue, and many other organs, the healthier and more active your muscles, the healthier your overall immune system response will be.²

5. OPTIMAL BODY COMPOSITION

Ever dream of the day when you were truly happy with your body—not just for a few weeks of strict calorie deprivation and beating yourself up at the gym—but for the rest of your life? No matter your body transformation goals—**to lose body fat or to gain muscle**—protein can play a significant role in helping you **achieve and maintain your ideal body composition**. Even people who consider themselves to be “too skinny” can add more quality muscle (in combination with a healthy diet and exercise) versus those who primarily eat high glycemic carbohydrates or fat.³



FOR BEST RESULTS:

Combine one serving with cold water. Shake vigorously in a shaker or you can also blend with yogurt, fruits and vegetables for a total meal on the go.

4LIFETRANSFORM™

A brand-new product line to help you reach your transformation goals and enjoy optimal health.*

PRO-TF™

Transform your body with PRO-TF™ and live a youthful vibrant life!*

4Life Transfer Factor Renuvo®

Formulated to support total body recovery, mental acuity, sexual vitality, energy, mood, and metabolism.*





Kota Kinabalu

November 12-16, 2014
Shangri-la's Tanjung Aru Resort & Spa

From the 12th to the 16th of November 2014, a total of 28 distributors and their guests from the Philippines joined other Gold International Diamonds, International Diamonds, Presidential Diamonds, and 4Life executives in the fort city of Kota Kinabalu.

The 5-day all-expense paid trip provided an opportunity for 4Life distributors from 10 Asian countries to bond together and enjoy the company of 4Life executives in a more relaxed venue.

The participants were treated to sightseeing, shopping and gastronomical delights. Truly, it was a memorable experience that further inspired them in their 4Life business.



Bali, Indonesia

March 11-15, 2015

The Laguna Resort & Spa

Fourteen Philippine distributors and their guests were treated to an all-expense paid vacation to the tropical island of Bali from March 11 to 15, 2015.

Together with Gold International Diamonds, International Diamonds, Presidential Diamonds from 10 Asian countries, and 4Life executives, they spent 5 days visiting temples, sampling Balinese cuisine, and shopping for souvenirs. The trip proved to be an opportunity to rest, relax and unwind.

For most who had their first taste of Great Escape, it was indeed an experience worth repeating. They look forward to qualifying in the next one.



5 WAYS TO WIN IN OUR GREAT ESCAPE+ 4Life®



Experience the Sweet Escape!
Learn the ways to qualify
for our fabulous Great Escape Trip!

QUALIFYING RANK	NEW PRESIDENTIAL DIAMOND & NEW INTERNATIONAL DIAMOND	EXISTING INTERNATIONAL DIAMONDS	
		TOTAL ORGANIZATIONAL QUALIFICATIONS VOLUME AND DISTRIBUTOR LEGS	
Presidential Diamond*	Get paid as PD (3) three times in (6) months period		
International Diamond*	Get paid as ID (2) two times in (6) months period		
International Diamond*		Get paid as an ID & achieve 100,000 LP (OLP)*	
International Diamond*		Get paid as an ID & achieve 150,000 - 199,999 LP (OLP)*	Three separate legs with a minimum of 15,000 LP (OLP) each
International Diamond*		Get paid as an ID & achieve 200,000 - 250,000 LP (OLP)*	Three separate legs with a minimum of 30,000 LP (OLP) each

*Must be meeting this qualification for the first time.

We Did It!

5 million- done!



4 million-
done!

3 million-
done!

2 million-
done!

1 million-
done!



With your help, we exceeded our goal!

In honor of the fifth anniversary of 4Life Fortify®, President and CEO Steve Tew challenged 4Life® distributors and employees to Fortify a Life™ and help donate five million meals in time for Convention 2015: Bring Dreams Home.

Because of the generosity of the 4Life family, we exceeded our donation goal!

With your support, we will continue to fight malnutrition around the world. Children and families in 11 countries currently receive high-quality 4Life Fortify meals that include the immune system support of 4Life Transfer Factor®.

Visit [youtube.com/4life](https://www.youtube.com/4life) and search "5.1 million meals" for a video celebrating this milestone!



Fortify a Life today!



4Life Philippines Training Center Opening

The year 2014 marked another milestone in 4Life Philippines history. The Manila office expanded its operations to the 16th floor of its current office building. A training room with 450 seating capacity, additional product counters, distributor lounge, and additional meeting rooms were opened to service the growing number of distributors.

“4Life is committed to supporting distributors as they work to achieve their goals and realize their dreams. The success of our business builders is our executive team’s primary responsibility and pride.”

EILEEN LORELEI TAN-DARIO
4Life Philippines General Manager





Dreams Begin at Home

Is there anything better than coming home? Home means warmth, security, and family. Home is where your story begins and where you imagine the dreams you'll accomplish someday. Right now, I'm definitely missing my home! However, it's always so nice to know that I have a wonderful home to which I can return.

The 4Life® story began in our home. We built this company from the ground up, welcoming people into our house to share with them the power of 4Life

Transfer Factor® and the Life Rewards Plan™. In those days, we had plenty of hopes and dreams for 4Life... and challenges, that's for sure! We never imagined that one day, 4Life would span the globe, with distributors sharing our science, success, and service message in more than 50 countries. You have fulfilled our dreams!

Your dreams with 4Life began in your home as well, and you can share this same message for financial freedom and personal development with the people in

your neighborhood, country, and even those thousands of miles away. Greatness is within your reach, with the help of the 4Life business opportunity.

With the support of 4Life and your team members, there's no limit to what you can accomplish. You can bring dreams home to people all over the world!

Bianca P. Casombua

Co-Founder and Vice Chairwoman of the Board

*Start Your
Transformation Today!*



**NOW AVAILABLE
IN THE PHILIPPINES!**