

SUMMIT

4LIFE® DISTRIBUTOR MAGAZINE • QUARTER ONE • 2016

4Life
TOGETHER, BUILDING PEOPLE

4LIFE LOYALTY PROGRAM
CONVENTION 2016
PRICELESS REWARDS

enummi® Products for the Whole Family





enummi
all the good hair™
NATURAL BODY CARE
4oz
enummi

SHAMPOO
enummi
100% natural
all day moisture
4oz
enummi

BODY WASH
enummi
4oz
enummi

CONDITIONER
enummi
4oz
enummi

enummi
all hair care
4oz
enummi

enummi
all hair care
4oz
enummi

enummi
all hair care
4oz
enummi

enummi
all hair care
4oz
enummi

enummi
all hair care
4oz
enummi

CONTENTS

CORPORATE MESSAGE	6
PRO-TF® CHOCOLATE—AVAILABLE NOW!	7
RECOGNITION	8
4LIFE LOYALTY PROGRAM	26
PRICELESS REWARDS	30
OUR INVESTMENT IN YOUR SUCCESS	38
CONVENTION 2016: UNITED	40
FEEL GREAT AND ACCOMPLISH MORE	42
PROACTIVE HEALTHY AGING	46
THE ART OF LISTENING	49

ON THE WEB:

 [facebook.com/4life](https://www.facebook.com/4life)

 twitter.com/4life

 [youtube.com/4life](https://www.youtube.com/4life)

 [pinterest.com/4life](https://www.pinterest.com/4life)

 [instagram.com/4life](https://www.instagram.com/4life)



SUMMIT
4LIFE DISTRIBUTOR MAGAZINE
QUARTER ONE • 2016

DANNY LEE
Chief Operating Officer

JASON GOUGH
Vice President of Marketing

JAKE BURBY
Senior Director, Creative

ADAM LISONBEE
Creative Director

JEFF BURNS
NATHAN FIRTH
TRENT JAMESON
JUAN MARTINEZ
KEN MCENTIRE
PAT PATNO
Graphic Designers

MIKE KEMP
DAVID STOKER
Photographers

RACHEL THOMAE
Editorial Director

ESTHER HAYDEN
Managing Editor

TENNILLE LISONBEE
Senior Editor

AMANDA CARAWAY
Lead Writer


MONICA TUCKER
Spanish Editorial Supervisor

PAOLA VAUGHAN
Latin Copywriter

4Life • 9850 South 300 West • Sandy, UT 84070
summit@4life.com

Summit is published quarterly by 4Life Research USA, LLC, 4life.com. © 2016 4Life Trademarks, LLC

No part of this publication may be used or copied without the written consent of 4Life Research USA, LLC. The information listed in this publication has not been evaluated by the Food and Drug Administration and is not intended to diagnose, treat, cure, or prevent any disease. Advice on personal health matters should be obtained directly from a healthcare professional.



“... sharing products and developing meaningful relationships with others truly offer rewards that money can’t buy.”

Design Your Life with 4Life®

CORPORATE MESSAGE

We hear a lot these days about what it means to enjoy a great lifestyle. Most often, a “great lifestyle” is associated with simple luxuries or monetary worth, but what 4Life really offers is the freedom to pursue life on your own terms. Beyond the financial benefits of building a 4Life business, sharing products and developing meaningful relationships with others truly offer rewards that money can’t buy. This is the essence of Together, Building People®!

It’s wonderful to enjoy phenomenal health support through 4Life products and share those products with others. And sharing 4Life products just got better with the new 4Life Loyalty Program. (Read about the program on pages 26–29.)

Through my involvement with 4Life, I have learned more about the importance of emotional well-being. (Read the great article on pages 42–45 for strategies to keep yourself feeling great as you work toward your lifestyle goals.)

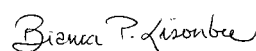
Because of 4Life, I have strengthened ties with family members who are also involved with the company. Like so

many of you, 4Life is a family affair for us! (Turn to pages 30–37 for a great article about the ways 4Life can positively impact your entire family.)

I truly believe that one of the crowning aspects of 4Life is the opportunity to enrich our lives through serving people in need all over the world.

I am so grateful for the intangible life rewards that each of us can experience through 4Life, and it brings me great joy to see thousands of you living the life you desire. So many people throughout the world are desperate to improve their lives. I know that offering them the chance to change their lives with 4Life products and the business opportunity will bless them in countless ways.

Sincerely,

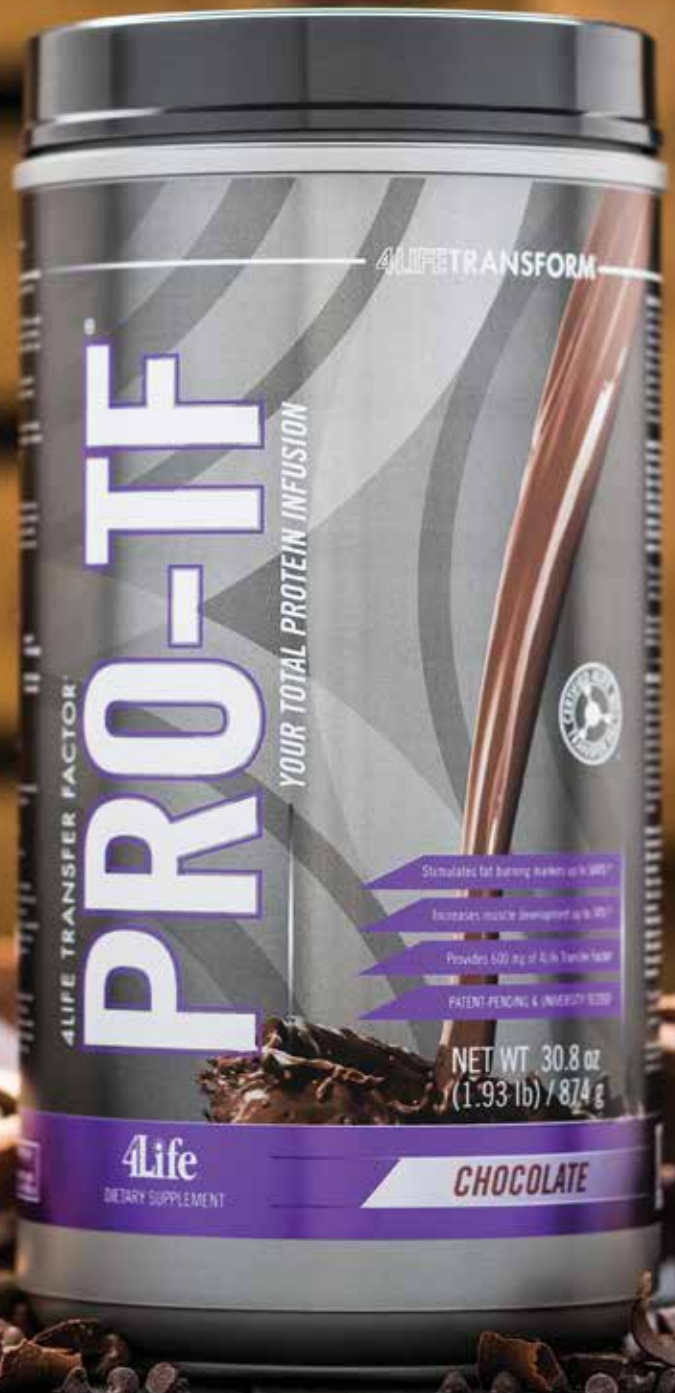


Bianca Lisonbee
Founder

SUPERIOR CHOCOLATE TASTE

Your total protein infusion is now available in a delicious new flavor!

90% of people choose PRO-TF® Chocolate over the leading brand on the market.*



TRY PRO-TF® CHOCOLATE TODAY!

*Results obtained during an in-house, double-blind pilot study.

Platinum International Diamonds



Ray & Barbara Meurer
Florida, USA



Dr. Herminio Nevárez
Puerto Rico



Yadira Olivo
Puerto Rico



Bonnie Taylor
California, USA



Juan & Damaris Rosado
Florida, USA



Jeff & Michelle Altgilbers
Tennessee, USA



Dave & Gabriela Daughtrey
California, USA



Sadik Din & Hasnimah
Singapore



Ángel Molina & Ivelisse López
Puerto Rico



Ileana & Hugo Johnson
California, USA



Miguel Bermúdez Marín & William Soto
Puerto Rico



Dr. Jase & Dr. Jinsun Khyeam
South Korea



Sheri Din
Singapore



Dr. Eduard Hutabarat & Katharina Sihombing
Indonesia



Iván Rodríguez & Marie Márquez
Texas, USA



Grace Chun & Lee Sun Woo
South Korea



*President's Club qualifier at
Platinum International Diamond rank*



*President's Club qualifier at
Gold International Diamond rank*

Gold International Diamonds



Robert W. Robertson, Jr., MD
Kentucky, USA



Sandra Davis
Kentucky, USA



Manami Uemura
Japan



Mike & Marsha Akins
Kansas, USA



Rob Robertson, III
Tennessee, USA



Tadashi & Saeko Shinjo
Japan



Elizabeth Krakowiak
Connecticut, USA



Lourdes García
Puerto Rico



Barbara Wagner
California, USA



Kurt & Melanie Kuhn
California, USA



Ranny Marrero & Ivelysse Robles Nieves
Puerto Rico



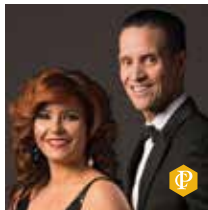
Rolando Sánchez & Zaida Morales
Puerto Rico



Indra Virasinghe
Australia



Rafaela Santiago
Florida, USA



Hernán J. Santiago & Yaceska Robles
Puerto Rico



Edgar Mojica
Florida, USA



Michael & Betty Ng
Australia



Akram Din
Malaysia



Enrique & Angeles Balboa
Mexico



Dr. Ricaurte Samaniego & Joanna Martino
Panama



Esdras Cabrera Alberto & Rosa Nelía Vargas
Dominican Republic



David Phillips
Washington, USA



Norma Rocha
Colombia



José Alberto & Sandra Rivera Nova
Mexico



Kim Ferguson
California, USA



Lyubov Alimova & Mikhail Alimov
Russia



Nidia Pinzón López
Spain



Fadzli Salim & Siti Zuraidah
Singapore



Richard & Nancy Quek
Malaysia



Carlos Rocha
Colombia



Dr. S.S. Tamilselvan & R. Shamala
Malaysia



José Martín & Zoraida Rosado
Florida, USA



Lilly & José Ángel Sánchez
Florida, USA



Giovanni & Sandra Perotti
Colombia



Jesús & Itala Rivera Nova
Mexico



Rasid Kamisan & Hasrunita
Malaysia



Salim Raghavan & Noor Azlina
Singapore



Lorena Daza Castillo & Dr. Armando Segovia
Ecuador



Esthela Carpio Rodas & Galo Celi
Ecuador



Jeanny Serra & Manny López
Puerto Rico



Renaldo & Lymari Sánchez
California, USA



Son Jae Min
South Korea



Aleksey Egorov
Russia



Dionny Recio
Dominican Republic



Jhonny Aguilar Pinto & Betzaida Cova de Aguilar
Emerging Market



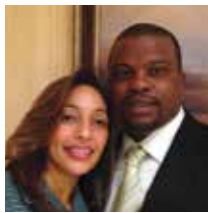
Juan Vargas & Heidi Rosado
Florida, USA



Oyunmaa Banzragch & Narankhuu Rinchinsangi
Mongolia



Byron & Analía López
California, USA



José & Odalis Cuevas
New York, USA



Carme Solà Xalabardé
Spain



Eduardo León Marín Aristizábal
Panama



Noel Albelo & Sandra Jiménez
Florida, USA



Maris Dreimanis
Latvia



Tatiana Yachnaya
Bulgaria



Àngels Muñoz Estape
Spain



Antonio González
Puerto Rico



Javier Santana & Menchy Oquendo
Puerto Rico



José Luis & María Martínez
Dominican Republic



Julio Cesar Rodríguez
California, USA



Ramos Sahala Sihombing
Indonesia



President's Club qualifier at
Gold International Diamond rank

Gold International Diamonds



George Fei
California, USA



Larisa Isakova &
Dmitriy Isakov
Russia



Mas Ryandi &
Kenny Kanita
Indonesia



Natalya Davydyuk &
Odissey Andronikidi
Russia



Tatyana Kulagina &
Yuriy Kulagin
Russia



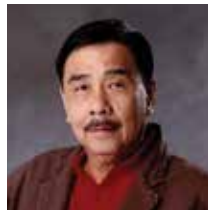
Nadzrul Salim &
Nadirah Ahmad
Singapore



Dr. Sani Ashari &
Norazizah Ruslan
Malaysia



Arlette De J. Molina &
Osmel Farak
Colombia



Manuel Koh
Philippines



Alfonso Acero &
Lina María Orrego
Colombia



José B. Pérez
Puerto Rico



Kang Ok Nye
South Korea



Martha Fajardo &
Jairo Beltrán
Rhode Island, USA



Nelly Alfaro Morales
Mexico



Ruth Flórez
De Bermúdez
Puerto Rico



Hong Suk Eui &
Kim Mee Joung
South Korea



José Vargas &
Nelmarys Camacho
Puerto Rico



Christin &
Agus Soemarsono
Indonesia



Joel Rivera &
Jennifer Martínez
Florida, USA



Shawn Alford
California, USA



Antonio Núñez &
Joana Clunie
Panama



Edgardo Negrete &
Milena Cerpa
Colombia



Franklin Enríquez &
Mónica Martínez
Ecuador



Nathaniel Lowe &
Jamileth De Lowe
Panama



Ms. Bak Mi Ae
South Korea



Choi Ki A
South Korea



Leo Gito Simbara
Ujung & Desiree
Hellene
Indonesia



Agung Dwija Saputra
Indonesia



Mustafa Debu
Indonesia



Kevin & Courtney
Moore
Utah, USA



Kwon Han Sung
South Korea



Ok M. Kim
South Korea



Ahmad Kurnia Wibawa & Ratu Kotrunnada
Indonesia



Diana Ramos
California, USA



Guillermo Rodríguez & Patricia Ferrer
Panama



Juan & Elsa Tamayo
Oregon, USA



Leo & Jordanna Espinosa
Florida, USA



Leslie Daughtrey
California, USA



Ridwan Sadik & Nur Atiqah Suhaimi
Singapore



Gustavo Adolfo Moreira & Flor De Liz Hidalgo
Costa Rica



Seo Jeong Sook & Jun Moon Ki
South Korea



Choi Suk Yoon & Park Im Ja
South Korea



Yuet-Sheung Cheung
California, USA



Wendy & Samuel Young
California, USA



Dr. (H) Tham Yeow Kong & Dr. (H) Kareena Ooi
Malaysia



Park Jung Hyun
South Korea



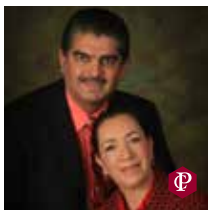
Seo Ji Seon
South Korea



Tan Khai Shin
South Korea



Yeo Soo Jeong & Choi Yong Seok
South Korea



Luis Mario & Guadalupe Nevárez
Mexico



President's Club qualifier at Gold International Diamond rank



President's Club qualifier at International Diamond rank

New Gold International Diamonds

SEPTEMBER • OCTOBER • NOVEMBER 2015

Dr. (H) Tham Yeow Kong & Dr. (H) Kareena Ooi

GOLD INTERNATIONAL DIAMONDS | MALAYSIA



“With a 4Life® business, you have the power to achieve your dreams and help others do the same. Sharing 4Life has become second nature to me, and I tell people about our wonderful products wherever I go. By working diligently, my income has increased, and I have more free time to travel internationally. I love that 4Life products are enjoyed by people around the world.”

“Dr. Tham and Dr. Ooi are dedicated leaders who are fully focused on helping others achieve their goals and reach higher ranks. They lead a superb group of people who are poised to become great leaders in the future.”

—Tan Cher Lyn
Malaysia General Manager

Park Jung Hyun

GOLD INTERNATIONAL DIAMOND | SOUTH KOREA



“With 4Life, everyone has the opportunity to become exceptional! You can help others transform their ordinary lives into something extraordinary by sharing our amazing products and offering them a great business opportunity. Even when I face challenges, I remember to never give up! Commit to your dreams and focus on helping your partners succeed, rather than focusing on your own success. Teamwork is an essential element within 4Life.”

“Ms. Park is a caring leader who loves to support her team members. Her leadership style combines patience and sincerity.”

—Tony Lee
South Korea General Manager

Seo Ji Seon

GOLD INTERNATIONAL DIAMOND | SOUTH KOREA



“Once my family and friends began enjoying 4Life® products, my business grew steadily. When you work hard, you can change your life for the better and enjoy the satisfaction that comes from sharing the products and opportunity with others. I am grateful to be a member of the 4Life family where I’m surrounded by warm, loving people who always support me.”

“It is because of leaders like Seo Ji Seon that 4Life Korea continues to gain strength and momentum. She truly epitomizes the spirit of the motto, ‘Korea Fighting!’”

—Jeff Kalinin

Senior Vice President, International

Tan Khai Shin

GOLD INTERNATIONAL DIAMOND | MALAYSIA



“4Life offers the kind of business opportunity that will excite everyone. I believe in 4Life products and I share them with others whenever possible. My 4Life business has given me an avenue for financial security; however, my greatest joy comes from helping others fulfill their dreams.”

“Tan Khai Sin is a young, energetic leader who travels extensively whenever necessary to assist his downline. He has shown great leadership in guiding his group toward achieving their vision and goals.”

—Tan Cher Lyn

Malaysia General Manager

New Gold International Diamonds

SEPTEMBER • OCTOBER • NOVEMBER 2015

Yeo Soo Jeong & Choi Yong Seok

GOLD INTERNATIONAL DIAMONDS | SOUTH KOREA



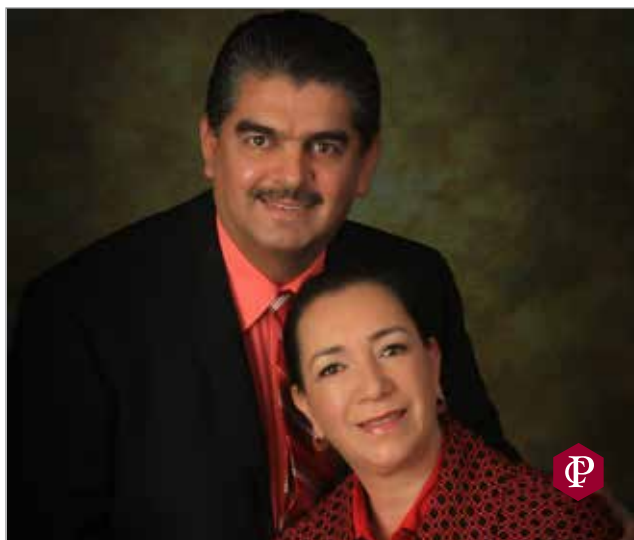
“After learning about 4Life Transfer Factor[®], our entire family began taking the products. We recommended the products to others, and they were also pleased. Anyone can enjoy success with 4Life[®] by building solid relationships, sharing the products, and staying focused on goals. We now enjoy financial security, more free time, and a fulfilling career that allows us to help others.”

“Ms. Yeo and Mr. Choi are warm-hearted, compassionate leaders who focus their energy on helping others succeed.”

—Tony Lee
South Korea General Manager

Luis Mario & Guadalupe Nevárez

GOLD INTERNATIONAL DIAMONDS | MEXICO



“Through sharing 4Life products and the business opportunity, we can serve others and help them improve their lives. We know this is true because of our own wonderful experience. Thanks to this company, our family enjoys taking 4Life products, the opportunity to travel, and the ability to pursue our life-long dreams.”

“Luis Mario and Guadalupe have inspired many people in their organization. They have truly put forth the extra effort to help others achieve their dreams. I appreciate their great leadership, and I look forward to witnessing their continued success!”

—Daniel Taylor
Senior Director, International

New International Diamonds

INTERNATIONAL DIAMOND ADVANCEMENTS ARE FOR THE VOLUME MONTHS OF SEPTEMBER–NOVEMBER 2015.



Adeline Tan
Siew Choo
Malaysia



Ahnshin Jung
South Korea



**Ak Hj Md Shahrin Bin
Pg Hj Shamsudin**
Emerging Market



Byeon Bo Hyeon
South Korea



Byunha Kyung
South Korea



Chen, Ya Hong
Hong Kong



Cho Yun Jeong
South Korea



Chua Sui Foo
Malaysia



Dr. Cheah Kah Yang
Malaysia



**Elva Santa Cruz
De Lara**
Bolivia



**Elvira & Eduardo
Farinha**
Portugal



Evon Ho Mei Ling
Malaysia



Ivy Chia Sze Sze
Malaysia



**José & Mercedes
Reales**
Texas, USA



Juliarty Suwandyanto
Indonesia



**Julio César
Murguía Rojas**
Mexico



Jun Won Ho
South Korea



Kang Junghye
South Korea



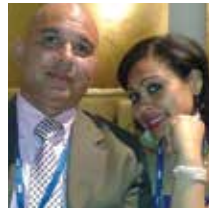
Kenny Khoo
Malaysia



Kim Jeong Eun
South Korea



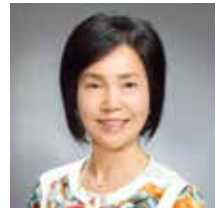
Khoo Hwa Siew
Malaysia



**Leonardo Danilo
Núñez Disent**
Italy



Ng Lai Yee
Malaysia



Oh Young Ran
South Korea



Rasa Karpaviciene
Lithuania



**Robert &
Jannette Perea**
North Carolina, USA



Rosita Chua
Philippines



Salvador Vibal, Jr.
Philippines



**Setyo Mulyono &
Sulistyawati Tjandra**
Indonesia



Tan Khai Wei
Malaysia

NEW INTERNATIONAL DIAMONDS (CONT.)



Tan Yi Wen
Malaysia



Tatyana Kharchenko
Russia



Tham Oi Lin
Malaysia



Tham Yew Hong
Malaysia



Tuvshinjargal
Tur-Amgalan
Mongolia



Yang, Yu Qing
Hong Kong

Backhae Moon
South Korea

Hwang Yeong Ok
South Korea

Lee Ju Hyeon
South Korea

Park Gun
South Korea

César Paul Ramos
González
Mexico

Kim Do Yoo
South Korea

Luis Daniel Serret
González
Mexico

Park Mi Gyeong
South Korea

Cho Yu Na
South Korea

Kim Jong Bum
South Korea

Mairy Rivas
Emerging Market

Park Yong Sook
South Korea

Choi Ikjeong
South Korea

Kim Mi Uk
South Korea

Mun Yong Rye
South Korea

Rolando
Nevárez Ortiz
Mexico

Choi Suk I.
South Korea

Kim Young Suk
South Korea

Oh Hyeon Cheol
South Korea

Son Young Hee
South Korea

Diamond
Foundation
Netherlands

Kim Youngjin
South Korea

Oh Yu Rin
South Korea

Son Yu Seon
South Korea

Kriswanny
Indonesia



International Diamonds

ONGOING INTERNATIONAL DIAMONDS HAVE QUALIFIED DURING JUNE–NOVEMBER 2015.

AUSTRALIA

Bob Fedorowytsh

BOLIVIA

Cecilia Magdaly Chilo
Justiniano
Elva Santa Cruz De Lara
Joel Lara Medrano
Wilma Mora Canizares

BRAZIL

Malaquias Borges De
Souza

COLOMBIA

Abigail López & Daniel
Pinzón
Alfredo Besosa
Joel Hernández & Yajaira
Toro
Mauricio Vivas & Gloria
Gómez De Vivas
Nansly Murcia & Milton
Mariño
Santana Sanjur Batista &
Patricia Bernal Gil
Yesid Franco Leal &
Blanca Cecilia Murcia

DOMINICAN REPUBLIC

Janeris A. Tavárez P. &
Eddy Polanco
Joel Almonte & Denisse
Moreta
Nicanor Jáquez

ECUADOR

Alejandro Reinoso &
Guelky Álvarez
Carlos Lenin Roa &
Marjury Chasi
Carlos Meza & Anita
Cueva
Freddy Burgos Culchad
Freddy Fernando López
Muñoz
Iris Sánchez & Jaime
Lanas
Iván Córdova
Johanna Natalí Toala &
José Chica
Jonathan & Betty
Zambrano
José Sigifredo Muñoz
Quiroz
Pedro Pablo Martínez
Muñoz

Rafael Martínez &
Constanza Monar
Tamara Coronel & César
Alarcón

EMERGING MARKET

Aiskel Karina Paz
González
Ak Hj Md Shahrin Bin Pg
Hj Shamsudin
Ángel Amantia & Rina
Díaz
Cristhian Alexander
Cortez Urdinola
Fabio Varona & María
Isabel Barona
Lennys Beatriz Paz
Linda Emmerson
Mairy Rivas
Manuel Francisco Daza &
María C. Da Silva Daza
Ricardo Chambueta

GERMANY

Eve Skelton
Gabriele Cordes & Martin
Grassinger

HONG KONG

Jin Ling Wang
Li Fen Wang
Li Ming Cai
Li Qing Hong
Li Qing Zhang
Liang, Ying Yi
Mei Kiu Chan
Pei Ling Zhang
Shao Mei Jiang
Shao Ting Zhou
Ting Ting Xu
Wang, A Xian
Wang, Rui Juan
Xia Fang Zhang
Ya Hong Chen
You Lan Chen
Yu Qing Yang

INDIA

Aakrisht Gupta
Eleuterio Marcos Lobo
Jemima Arenla
K. K. Jayshankhar & U.
Padmaja Menon
Rajashekhhar Vavilapally
Tsatingla
Vallapu Surendar Raju
Yetoli Swu

INDONESIA

Amata Febriyanti Tjandra
Antonius Ratu Gah &
Helen Sriulina
Antony Kiro
Budi Permana Siswoyo &
Grace Ariani Wibowo
Danny Wijaya
Dewi Kamal & Eddy
Tuindra
Dr. Cokorda Gde
Suprayogi
Dr. Rita Siswanti
Dr. Tjokorda Gde
Dharmayuda, Sp. Pd
Khom & Dra. Tjok. Istri
Agung Mulyawati, Msi
Eppy Lim
Fitri Yanti
Haugiyanto Kiro
Heny Kusumawati
Juliarty Suwandiyanto
Kriswanny
Lina Chandra
M. Arya Wijaya
Muhamad Iqbal
Muhammad Nur Ali
Purwitasari Dewi Asih
Ratih Damayani
Ronny Suhadi
Setyo Mulyono &
Sulistiyawati Tjandra
Stephanie Priskilla Zen &
Ronality T.K.
Supriyanto & Ririn Dwi
Astutik
Susianti Sugiarto
Swandi
Tantri Yuana
Tjhin Khioek Fah
Wijaya Kusuma & Mirella
Grace Sitompul
Yuela Rustan
Yurika Kurniawati

ITALY

Leonardo Danilo Nunez
Disent

JAPAN

Rick Toyosato

KAZAKHSTAN

Nadezhda Karateeva

LITHUANIA

Rasa Karpaviciene
Svetlana Kakaskiene
Vladas Jonauskas

MALAYSIA

Aziz & Azizah
Dr. Cheah Kah Yang
Chua Sui Foo
Evon Ho Mei Ling
Fajridil Adha Bin Asral
Inderan & Amutha
Ivy Chia Sze Sze
Kenny Khoo
Khoo Hwa Siew
Mohd Zaaba & Dr. Siti
Aniza
Ng Lai Yee
Pn. Manja & En. Aziz
Dr. Prakash & Suverna
Rohani Abdullah & Tengku
Mohd Fauzi
Dr. Rosdi & Nur
Sukmawati
Siti Faizah B. Said
Mr. & Mrs. S.K. Koh
Mr. & Mrs. Sasitheran
Saminathan
Sukorlah Bt. Abdul Wahab
Tan Yi Wen
Tham Oi Lin
Tham Yew Hong
Tok Ming Shiun & Lau
Yean Keim

MEXICO

Alejandro Monroy
Martínez
Alejandro Barraza
Gallegos
Alejandro Ponce González
Alma Rosa & Juan Daniel
González
Antonio Garduño &
Elizabeth León
Araceli Miranda & Carlos
Garrido
César Paul Ramos
González
Eloy Ramírez
Enrique & Ma. Luisa
Astudillo
Epifanio López Rangel
Estanislao Herrera &
Araceli Cruz
Fabiola Guerrero & Néstor
Castro
Guillermina Miramontes
Guillermo & Fabiola
Rivera Nova
Héctor Armando Ramírez
García
Jennifer Iselle Balboa
García

Jesús Rivera & Lupita
Nova
Juan Enríquez & Josefina
Venzor
Julio César Murguía Rojas
Luis Daniel Serret
González
María Eugenia Navarro
María Reveles González
Maty & Gonzalo Peralta

Miguel Ángel Domínguez
Mora & Fernanda
Oseguera Navarro
Patricia Navarro
Ramón Barragán Arce
Ricardo Ríos & Yusalhet
Salinas
Rolando Nevárez Ortiz
Rosa Elena Campoy
Covarrubias
Rosa Elva Castañeda
Sabino & Abigail
Castañeda
Stephanie Alejandra
Balboa García
Victor M. Domínguez &
Reina Villalobos

MONGOLIA

Tuvshinjargal
Tur-Amgalan

NETHERLANDS

Arri Pauw & Pauline
Dooge

NEW ZEALAND

Barry & Sue Blake
Beatriz Wong

PANAMA

Celestino Torres
David Américo Lombardo
Crespo
Luz Payán & Luis Chu
Payán

PERU

Carmen Madge Chávez
Gissela Gutiérrez
Carrasco
Gladys Rueda & Miguel
Cervantes
Victor E. Vértiz & Rocío
Rojas

INTERNATIONAL DIAMONDS (CONT.)

PHILIPPINES

Cynthia & Jun Orellana
Frank L. Uy Tesy
Gari Gabrinao
Mikhail Jan Jan Koh
Nenita Dorio
Ramon Mendoza
Rolando Dorio
Rosita Chua
Salvador Vibal Jr.

PORTUGAL

Elvira & Eduardo Farinha
Rafael Vasconcelos &
Paula Vasconcelos
Ruben Antunes

RUSSIA

Svetlana Lavrinets
Tatyana Kharchenko
Tatyana Vayner & Vladimir
Vayner

SINGAPORE

Farid Jamal & Sara Sadik
Haffi Yenti Salim

SOUTH KOREA

Ahn Yu Jin
Ahnshin Jung
An In Suk
Backhae Moon
Baek Hyang Sun
Baek Yong Yeon
Bang Hyeonyong
Beayoun Lee
Byeon Bo Hyeon
Byunha Kyung
Cho Yu Na
Cho Yun Jeong
Choi Dan Aa
Choi Hyo Ju
Choi Ikjeong
Choi Pil-Seon
Choi Suk I.
Choi Yang A
Choiseung Im
Gu Kyung Hoe & Choi
Hee Jin
Hongsoo Jeong
Hwang Yeong Ok
Im Hyun Gu
Jeon Bok Im
Jeong Seo Hui
Jinhye-Ok
Jo Chan Sook
Jo Ki Yong
Jo So Young

Jomiyeong
Jun Won Ho
Jungkwang Rye
Jungkyung Jin
Kang Yeong Mi
Kanghee Young
Kanghwa Jung
Kangjunghye
Kim Do Yoo
Kim Eun Yeong
Kim Hye Ran
Kim Jeong Eun
Kim Jong Bum
Kim Jong-Ick
Kim Mi Uk
Kim Seon Mi
Kim Sin Sun
Kim Soon Hee
Kim Yong Sik
Kim Youngin
Kim Young Suk
Kimchol
Kimhye Won
Kiminsun
Kimjung Un
Kimjungheui
Kimkap Kung
Kimkook Hyeon
Kimye Jin
Kimyoung Ran
Kimyoungchul
Kwak Jeong Yeon
Kwon Eun Taek
Kwon Young Jin
Kyung & Tina Kang
Lee Deok Hui
Lee Gi Sung
Lee Gyeong Seon
Lee Hyeonsuk
Lee Im Soon
Lee Jeong Hui
Lee Jeong Min
Lee Ju Hyeon
Lee Kun Ae
Lee Sam Seon
Lee Seung Je
Lee Seung Pyo
Leeel Ri
Maeng Chae Hyeon
Moon Sam Ja
Moonchunja
Mun Yong Rye
Nam Hyun Soon
Oh Gye Sun
Oh Hyeon Cheol
Oh Young Ran
Oh Yu Rin
Park Gun

Park In Ja
Park Mi Gyeong
Park Se Jeong
Parkyeongran
Parkyong Sook
Rho Jong Soon
Rimmissun
Ryu Jae Chul
Son Jeong Gyu
Son Yu Seon
Song Ki Won
Songchun Young
Songji Woo
Sonyoung Hee
Won Guy Ok
Yangjeong Hoon
Yangyoung Ok
Yoochan Yung
Yujae Gwon

SPAIN

Claudia Martínez & José
Megía

TAIWAN

Lo, Mei Mei

THAILAND

Mr. Auttapun
Jonggirattikarn
Miss Nongnoot Buwan
Mr. Puwanate Buwan

UNITED KINGDOM

Marty Turner

USA

Alicja Warzecha
Ana & Alexander Salinas
Ana & Ángel Torres
Ana E. Medina
& Artemio Loiz
Angélica Loera
Anthony Rodríguez &
Brenda Feliciano
Arlene Meléndez Con-
treras
Belinda Pérez
Blanca Solis
Blanche Feng
Boguslaw Tomalski
Carlos Santiago
Carmen Cárdenas
Catalina Ríos
Christa Charter
Clementina Nena Berón
Dan Daughtrey
Dan Phillips

Daniel Murillo
Darcey Sánchez
Dave Gehrig
Derek Brewington
Doh Yeon Kim & Ok Kim
Doris Miao
Dr. Duane & Joan
Townsend
Dr. Pedro Torres
Edison & Claudia
Echeverry
Eric & Keila García
Erika J. Collantes
& Mauricio Ardila
Fabián Yunda
Felipe Rivera González
Félix Díaz
Gema Hernández
Gerald Coy
Islían Velíz
Jean Paul Congote &
Angélica Guerrero
Jessica Azimi
Jonathan Lo Russo
José & Mercedes Reales
José Roberto Valenzo
Atrizco
Joselito Bruno
Juan & Ana Cruz
Juanita Godínez
Kay Lund
Kim Okchin
Lidia Tulisak
Lilliam Rosado
& Luis Santos
Linda Shin
Lucia Velásquez
Luis Méndez Rodríguez
Luisa López-Sánchez
Lupita De La Mora
Mab Marketing
Manuel Hernández
Manuel Ruiz
Marcos R. Rivera Tellado
Maria Banach Dunkowski
María Elena Díaz
María & Efrén Campos
Maricruz Mora
Mark Mccarty
Martha Isabel Acero
Martín & Dalia
Magallanes
Mia Kim
Miguel Ochoa
Narciso Iván Villanueva
Ok Kim
Ok Park Gil
Reyna Pasillas

Rigoberto & Sonia Carrión
Robert & Jannette Perea
Roberto Padilla
& Merling Rojas
Rogelio Riojas
Rosy Cruz
Shirley Lipschutz
Sue Hymas
Susan Irizarry
Teresa Tomalska
Timothy Chu
Tom Paredes
Victor & Darquis Sena
Yelen Briceño
& Manuel Pelayo

New Presidential Diamonds

PRESIDENTIAL DIAMOND ADVANCEMENTS ARE FOR THE VOLUME MONTHS OF SEPTEMBER–NOVEMBER 2015.



Amada Moony Vargas
Texas, USA



Ana María Rodríguez
Texas, USA



Anzony De La Cuadra
Connecticut, USA



Carmen E. Ortiz De Testa
Panama



Desiree García
New Jersey, USA



Elias Salazar García
Florida, USA



Elizabeth & Luis González
Texas, USA



Guiomar Dorneles & Fernando Bosio
Brazil



Hj Md Zuhlilmi
Emerging Market



Jose Candido
Brazil



Lilia Lin
Panama



María Delia Ortiz
California, USA



Nelson Romero
New York, USA



Nolberto Marban Nava
North Carolina, USA



Oscar Enrique Morán
Texas, USA



Raquel Razo
Arizona, USA



Richard Oduor Onyango
Emerging Market



Yanile Álvarez Ortiz
Bolivia

Alejandra Muñoz Bencomo
New Mexico, USA

Celia González
Illinois, USA

Enid Degro
Florida, USA

José Alfredo Santos
North Carolina, USA

María Fátima Cano Villasanti
Emerging Market

Samantha Agüero De La Cruz
Florida, USA

Annie Urbina
Emerging Market

Celsa Brito
Illinois, USA

Fabio Ramonez
Emerging Market

José Gregorio Paz
Emerging Market

María Ortiz De Nungaray
California, USA

Syed Ridzuan Bin Syed Abdul Rahim
Emerging Market

Asela Gazga
Texas, USA

Claudia Eliana Hiza Morales
Bolivia

Felipe Godínez
Illinois, USA

Kathy Bueno
New York, USA

Omar Gabriel Santiago
Puerto Rico

Tita Isabel Suárez De Clunie
Panama

Argentina Romero
Georgia, USA

David Daniel Rogelio Castillo
Bolivia

Gilma Patino
Florida, USA

Ludivina Muñoz
Georgia, USA

Rafael A. Rodríguez Pineda
Emerging Market

Yolanda Calais
Texas, USA

Carla Alexandra Oliveira
Emerging Market

David Lara Santa Cruz
Bolivia

Guadalupe Nides Martines Orosco
Bolivia

Magencio Chacón
Emerging Market

Renzo Montiel
Emerging Market

Zulay Soto
Emerging Market

Carlos A Batista González
Panama

Dora Tascón
Texas, USA

Hiddali Castillo
Texas, USA

Marcio De Oliveira
Emerging Market

Rubén Antonio Galeano Llanes
Emerging Market

Carlos Acuña
Texas, USA

Efraín Alberto Corea Rafael
California, USA

Javier A. Reyes
Georgia, USA

María Alvineda
Oregon, USA

Jennifer Zúñiga
Florida, USA

New Diamonds

DIAMOND ADVANCEMENTS ARE FOR THE VOLUME MONTHS OF SEPTEMBER–NOVEMBER 2015.

BOLIVIA

Abraham Peters Fast
Abrahan Neudorf
Adolfo Pessoa Vaca
Alejandra Dupleich Arana
Antonio Eli Romero
Montenegro
Carla Denisse Reynolds
Arteaga
Elisabeth Peters Loewen
Extelbina Toledo Rojas
Fernando Sánchez
Aguilera
Gladys Morales De Hiza
Joel Andrés Lara Santa
Cruz
Juan Jorge Saucedo
Coimbra
Leoncio Avendano
Contreras
María Elena Guevara
Montaño
María Miguelina Moreno
De Sánchez
María Viviana Aguilera
Egues
Marissa Arakaki
Shimabukuro
Miguel Ángel Rojas
Zamora
Nagisa Oshiro Taira
Noelia Marta Díaz
Runy Elvio Callau
Monasterio
Santos Paco Martínez
Sergio Coca Ayo
Sonia Elizabeth Lobo De
Badani
Virginia Limachi Carrillo
Yudy Santa Cruz Azogue

BRAZIL

Andre Ferreira Ramires
Carlos Magno Cardoso
Da Mota
Cinthia Milena Goncalves
Santander
Denivaldo Raposo
Fabiana Martins De
Sousa
Gabriela De Oliveira
Candido Marques
Gisele Daiane Dorneles
Grabovski
Hernani Oliveira Costa
Ivandete Da Silva
Ferreira
Ivanilda Oliveira Santos
Kris Pereira Garcia
Maria Fatima Evangelista
Candido
Raphael Rodrigues De
Araujo

Rosa Juceli Dorneles
Rosana Aparecida
Siqueira
Silvana Gloria
Nascimento
Weisma Raika Garcia
Lopes

CHILE

Ana María Pailemilla
Araneda

DOMINICAN REPUBLIC

Alexandra Duran De Los
Santos
Belkis Lidena Santana
Jiménez
Cristina García Román
Juan & Josefina Almonte
Luis Manuel Gracesqui
Vásquez
Williams Peña Paredes

EMERGING MARKET

Abhishek Jain
Adriana González
Airon Luiz Langner
Alexis Araujo
Alirio Ustiola
Amar Rijal Bin Haji
Damit
Ampuan Asilati
Farahiyah Binti Ampuan
Hj Mohamad
Ana B. Lombardo
Ana Cecilia Muñoz De
Majano
Arci Maria Peters
Aziana Binti Hj Ibrahim
Belter Neftali Catalan
Gabriel
Benard Wanjala Yawa
Bhagwant Preet Singh
Carlos Fernando Zúñiga
Corea
Caroline Laure Njine
Patipe
Cipriana Martínez
Ortellado
Cristina Blanco
Cynthia Elizabeth Montiel
Martínez
David Munialo Lwigado
Eduardo Romero
Eleena Binti Awang Haji
Anuar
Emilio Sandoval
Fabio Ramonez
Faeizah Hj Yakop
Florence Williams
Francisco Urribarri
Hajah Faridah Binti Haji
Sahat

Hajah Siti Aisah Binti
Yusof
Hj Mohamad Danial Bin
Ya'akub
Ifeoma Mary Ezike
Jesús Méndez
José Esteban García
Burgos
José Gregorio Paz
Joy Chioma Ezeamama
Juan Bautista Chávez
Cardozo
Juana Lourdes Castillo
Morales
Julio Herrera Ramos
Karla Johanna Mendoza
De Castro
Leane Kruger
Lidia Herrera De Zárate
Lilium Lanzas Cruz
Liliana Mendonza
Linda Noemi Kelly
Márquez
Lourdes Chacin
Magencio Chacón
Margarita Melo
María Amparo García
Mendoza
Marilim Ruiz Aragón
Martha Osorio
Martín Montero
Mercy Wangari Karungu
Muhammad Fa'iz Bin Hj
Abd Majid
Myrian Cristina Agüayo
Céspedes
Nancy Rolin
Norarina Bt Hj Awang
Chu Chu
Norma Felicita Segovia
De Vázquez
Olufunso Akintunde
Amao
Patricia Ivonne Lazo
Morán
Philip Otieno Ogada
Rosa Delia Benítez
Pineda
Rozimah Bte Hj Ibrahim
Sandra Yamileth Ortega
Pagüada
Sara Tello
Sayra Yariela Cerrato
García
Shirley Alicia Rolon
Cáceres
Suhaili Bin Husin
Susan Njeri Ngandu
Tamara Alvarado
Valdecir Alves Da Silva
Victor Kipkogei Cheboi
Yusran Shukri Bin Haji
Yakop

Ziomara Denesy García
Cerón
Zulay Horcadela
Zulay Soto
Zully Álvarez

PANAMA

Alexander D. Cruz Del
Mar
Alexander Iván Gutiérrez
González
Ana Ruth Mosquera
Almanza
Arianis Enelia Huerta
Arturo Clunie
Benita Aguilar De Gracia
De Gracia
Benjamín Montezuma De
Gracia
Betsy Clarissa Jaen
Sánchez
Carlos A. Batista
González
Carlos Alberto Santos
Carlos Ernesto Carrera
Pineda
Carmen Alicia Ponce
Hollingsworth
Catalina De Gracia
Aguilar
Claritzel Cerrud
Daniel J Gordon Suárez
Daniel José Arcia
Deciret Sulait
Bethancourt Ramos
Diglenia Guerra González
Donna Lynne Falcón De
Trujillo
Drusila Guerrero De
Campbell
Edwin Vargas Callejas
Eliezer Jorge Dueñas
Martínez
Elpidio A. Domínguez
Jiménez
Francisco J. González
Gabriel I. Tocora Rincón
Isaac Solórzano
Iván Alexis Hinestroza
Montero
Iván David Marín Morales
Jaime José Ortiz De
Gracia
Jesús Ariel Hinojosa
Ariano
Johan Alberto Ortega
Díaz
Jorge Eduardo Jiménez
Cortes
Josaphat Edmundo
Hurtado Miranda
José Andrés Degracia
Aguilar

José Orlando Flores
Castillo
Juan José Duarte Rocha
Linda Estrella Valdes
Aguilar
Lucyén De Los Ángeles
Arauz Aguilar
Ludrik Alexander West
Martínez
Luis A. De Gracia
Luis Antonio Camano
Castillo
Luis C. Quintana
Luzmila López Taylor
María Del M. Meneses
María Luisa Herrera
Chávez
María Marta Vergara
Maribel González De
Zeballos
Maribel Ramírez
Marilú Del Carmen
González Sánchez
Maritza Esther Manzzo
Pinillo De Magaña
Mauricio I. Mundins
Nemecio Gómez
Ofelia Cativo Rojas De
Meza
Reinel Ulises Núñez
Núñez
Reinier Antonio Córdoba
Arce
Sara Esther Cedeño
Sánchez De Ubarte
Silvia Núñez
Víctor Lara González
Virgilio Tejeira Rudy
Werner Eduardo
Martínez Cubias
Yolet Onelli Sánchez De
La Hoz
Zelmar Rodríguez
Crespo

PUERTO RICO

Cesar Avilés
Eduardo Molina
Eva Alejandro Cabrera
Francesca Cuevas Pérez
Gioconda I. Ramírez
Corchado
Isabel González
María Rodríguez Lorenzo
Raymond Ostolaza

ARIZONA, USA

Elba Fregoso
Griselda Rosas Aguilar
Irma Domínguez
Joel Valenzuela
José Sánchez
Magdalena Urgiles

NEW DIAMONDS (CONT.)

Martha Aldecoa De Corral
Martha Herrera
Patricia Fregoso
Patricia Saray Borboa

ARKANSAS, USA

Carmen García

CALIFORNIA, USA

Adolfo Rodríguez
Ángela Luque
Ángeles Gudiño
Cristal Nungaray
Denyse Koch
Donna Evans
Edgar Aguirre
Érica Elia Molina
Erika Triquet
Ernestina
Guadalupe Miranda
Fernando Rangel
Florencia Díaz
Gabriela Aguirre
Gloria Ayón
Guadalupe Hernández
Jazmín S Galindo
Jesús Hernández
Kay Annett Johnson
Lorena Elizabeth Ramírez Gómez
Magdalena Ramírez
Margarita Arias
María Arellano
María De Hurtado De Ortega
María Elena Brito
María Eugenia Dávalos
María R. De Niz
Michael Won
Raquel C. Martínez
Raúl Balderrama
Rosa Hernández
Roseline Bueno
Sara González
Tomás González Sánchez
Víctor Rodríguez
Yeny Caicedo

CONNECTICUT, USA

Diego Ubillus
Israel Navarro

FLORIDA, USA

Ana Rodríguez Pérez
Arminda Ventura
Christian Michell Mejía

Ede Borda
Emna Galeano
Francisco Enrique Benítez Aguirre
Germán Morales
Gilberto Vargas
Ivelice Méndez
Jaime Jiménez Rodríguez
Janirette Carrasquillo
Jeffrey Moreira
Jessica Bernal
Jorge Antúnez
Juan Camilo Rocha
Kathia M. Fernández Naranjo
Leidy Bernate
Luis Sánchez
Luis. A. Mesa
María Isabel Toulon
María José Cedeño Pozo
María Teresa Chacón
Maricela Farronay
Martín E. Campiño
Marvin Alberto Castellón
Ramón Hernández
Rebeca Garza
Dr. Salvador Armengol
Tania Martínez
William Sánchez
Yuliana Vásquez
Zaida Amaro

GEORGIA, USA

Antonia Hernández
Edilberta Zúñiga
Ena Núñez
Evelyn E. Hernández
Gerardo Romero Gómez
Héctor Arturo Melara
Laura R. Lanier
Manuela Palacios López
María Esperanza López
Maribel Gamboa
Perla Oropeza
Reyna Hernández
Santos Leónidas
Ángel Castillo

ILLINOIS, USA

Alex
Ana María García
Araceli Ruiz

Bernardo Javier Herrera
Gloria Quintanilla
Isabel Álvarez De Hernández
Krystal González
Luz Díaz
María Ángela Vázquez
María Calderón
María León
Miriam Machado
Olimpia Ortiz
Patricia Barrios
Rosa Lucero
Silvia Savage
Socorro Bucio
Verónica Madrigal

INDIANA, USA

Emilce Dalila Castillo Gadea
María De La Luz Sánchez
Nélida Andrade
Camacho

LOUISIANA, USA

Cynthia Madrigal & César Rodríguez

MASSACHUSETTS, USA

Denny Quezada
Leslie Abad
María Rodríguez

MICHIGAN, USA

Elizabeth Guerrero
Silvia Villagómez

MISSOURI, USA

Oscar Medina

NEVADA, USA

Chad Cordray
José J. Jiménez
Juana Escobar
Laura Alfaro
María Rodríguez

NEW HAMPSHIRE, USA

Ivone Edith Caguenas

NEW JERSEY, USA

Cania Caamano
Darvi Molina
José Daniel Fuentes & Silvia García
Mayra Alejandra Sánchez Guarnizo

Pedro Morales Domínguez
Plutarco Córdova
Sanisis Colon
Vicenta Garibaldi
Vicenta Solano
Vickie Holloway
Vilma Bido
Virtudes Espinal
Yoselin Flores

NEW MEXICO, USA

Denisse Muñoz
Maricela Olivas

NEW YORK, USA

Anai Cuanenemi
Betsi G. Gutiérrez
Cesar Merette
Cynthia Navarro
Diana Salas
Floralma Roblero
Rodríguez
Hilda Mercedes Baca Gutiérrez
Hugo Torrija Romero
Humberto Carrillo
Isabel Astacio
Jamie Romero
José Micky Santos
Juan Flores-Lobos
Lorenza Rodríguez
Luz Vargas
Ma. Del Rocío Bruno
María De Los Ángeles Peralta Albarrán
María V. Caraballo
Mariana Gasca
Marisol Hernández
Mery Martínez
Olga Morris
Patricia Guerrero
Samuel Alvarado
Sandra Isabel Moreno
Ubalda Juanita Martínez

NORTH CAROLINA, USA

Vicente Márquez

OHIO, USA

Jackeline Torres

OREGON, USA

Angélica Tolentino
David Hernández
Juan Carlos García
Lidia Pacheco
Margarita Gutiérrez

María Estrada
Verónica López
Herrera
Yahira Rangel

PENNSYLVANIA, USA

Justin Martínez
Liliana P. Daliesso
Milagros Torres

RHODE ISLAND, USA

David Salinas

SOUTH CAROLINA, USA

Abelina Sánchez
Gloria Quiahua
Lina Murillo
María De Jesús García
Maximino González-Valencia
Víctor Hugo Juárez-Ramírez

TEXAS, USA

Ahura Mazda Ayala
Andrés Rodríguez
Ángel Mario García
Angélica Martínez Pérez
Angélica Núñez
Armando Huerta
Berenice Ramirez
Carlos Acuña
Carlos Raúl González
Celia G. Franco
César Flores
Diana Baena
Eduard Martínez
Elizabeth Gámez Hernández
Elsi Peña
Esther Robles
Felipe Santillán
Gloria Elena Córdova
Humberto Bruschetta
Humberto Peña
Isabel Cristina Cabassa
Joacim Alejandro Casas Vásquez
Juan De Los Santos
Lilian Matos
M Guadalupe Márquez
Margarito García

María Cinema Galindo
María Luteria
Miranda Cruz
María Yasmin López
Mariana Rivera
Osvelia Núñez
Pastora Parada
Marcia Patsy Aguirre
Richard Hale Hays
Brenemen
Roberto Carrillo
Robinson Garces
Rocío Alarcón
Rosa María Flores
Rosmary Díaz De La Cruz
Ruth Ramírez
Sonia Olivas
Verónica Canelo

VIRGINIA, USA

Marlice Vonck
Marta J. Robles
Mary Alejandra Contreras Acero
Miguel López Gómez

WASHINGTON, USA

Alicia Lizeth Corona
Brenda Canudas
Carlos Corona
Lyonel Solis

WISCONSIN, USA

Rodolfo Oropeza
Olivares



CELEBRATING

New Platinum International Diamonds



GRACE CHUN & LEE SUN WOO
SOUTH KOREA

THANK YOU FOR YOUR DEDICATION,
COMMITMENT, AND LEADERSHIP!



CLUB
250

QUARTERLY WINNERS
OCTOBER-DECEMBER 2015

\$5,000 USD WINNERS

Diamond Merly Mariana Vera Cedeño, Ecuador
Diamond Mauricio Flórez Acosta, Colombia
Diamond Luo, Ji Zu, Taiwan
Diamond Patrick Ong Cheng Par, Malaysia
Diamond Lim Djoe Gek, Indonesia
Diamond Yolany Ponce, USA
Diamond María Miguelina García Rosario De Taveras, Dominican Republic
Leader Ernesto Jesús Lara Santana, Spain
Leader Crescencio Miguel García, Mexico

\$1,000 USD WINNERS

Presidential Diamond Lee Myeong Seong, South Korea
Presidential Diamond Chomansun, South Korea
Diamond Johnny Otto Alin Contreras Aguayo, Ecuador
Diamond Virginia Angélica Silva, Sweden
Diamond Diogo Miguel Lourenço Silva, Portugal
Diamond Mahatma Uriel Castillo España, Colombia
Diamond Berta Alicia Ramos Ortega, Panama
Diamond Kyoko Kumagai, Japan
Diamond Hajah Hajjah Binti Haji Hamid, Brunei Darussalam
Diamond Nor Susilawati Binti Ahmad, Malaysia
Diamond Luo, Ji Zu, Taiwan
Diamond Mohamed Sickandar Sultan A/L K. Mohamed Ariff, Malaysia
Diamond Silvia Lizeth Cárdenas Millán, Mexico
Diamond María Dolores Olmos González, Mexico
Diamond Diana Sánchez, USA
Diamond Lucio Machado, USA
Diamond José Heber Aceves Villa, Mexico
Diamond Laura E. Cruz, USA
Leader Matías Ramírez R & Ana María Pure Revodero, Peru
Leader Deylin A. Contreras Escobar, Guatemala
Leader Yine Doris Sosa Meza, USA

**Sell, share, and consume your favorite products anytime,
anywhere with Club 250 packs.**

**For complete details on the Club 250 program and to view
monthly winners, visit www.4life.com/club250.**

4LIFE[®] LOYALTY PROGRAM

START EARNING FREE PRODUCTS TODAY!

What will you do with your free products?

- Resell for a profit
- Enjoy them for yourself
- Share with a friend

▶ ENROLL

in the 4Life[®] Loyalty Program by ordering your favorite products on automatic shipment.



▶ EARN

up to 30% back in Product Credits.



▶ REDEEM

Product Credits for the free products of your choice.



▶ BONUS

Receive the bonus product of the month when you maintain a monthly 125 LP Loyalty Program order!*



Earn up to 1,200 LP in Product Credits every year when you maximize your Loyalty Program benefits.

HOW THE PROGRAM WORKS:



**MONTHS 1
THROUGH 3
10%**

Example: 100 LP Loyalty Program
order=10 LP in Product Credits



**MONTHS 4
THROUGH 9
20%**

Example: 100 LP Loyalty Program
order=20 LP in Product Credits



**MONTHS
10+
30%**

Example: 100 LP Loyalty Program
order=30 LP in Product Credits

FAST START ADVANTAGE FOR NEW DISTRIBUTORS

**New distributors with
a first product order
of 250 LP or more
can earn Product
Credits faster!***

250–399 LP order

- 1. Receive 50 LP in Product Credits on your first order.**
- 2. Earn 20% back in Product Credits on subsequent Loyalty Program orders.**

400 LP order

- 1. Receive 100 LP in Product Credits on your first order.**
- 2. Earn 30% back in Product Credits on subsequent Loyalty Program orders.**

*To advance (or maintain) your levels and keep your earned Product Credits, you must remain an active participant in the 4Life Loyalty Program by meeting the minimum requirements outlined in the Terms and Conditions.†

**BONUS
PRODUCT
OF THE
MONTH!****

**We'll send you a bonus
product when you maintain
a monthly 125 LP Loyalty
Program order.**



**The bonus product of the month is selected by 4Life and will only ship with your next month's Loyalty Program order while you remain an active participant in the program. The bonus product of the month has no LP and cannot be returned or exchanged for a different product.

DON'T MISS OUT ON EARNING FREE PRODUCTS!

†TERMS AND CONDITIONS

- A Loyalty Program order is an order placed on automatic shipment that meets the terms and conditions outlined below.
- Maintain a minimum monthly Loyalty Program order of 50 LP to earn Product Credits and advance percentage levels.
- Change your Loyalty Program order up to the day before your monthly ship date.
- Choose your shipping day from the 1st through the 20th day of the month.
- Loyalty Program orders must ship to earn Product Credits and advance percentage levels.
- If your Loyalty Program order does not ship or is returned for two consecutive months, you lose existing Product Credits. Additionally, you will need to re-enroll in the 4Life® Loyalty Program.
- A limit of 100 LP in Product Credits can be earned each month.
- New distributors and customers who enroll in the Loyalty Program may begin to redeem Product Credits 60 days after their first 4Life product order ships.
- Existing distributors and customers may begin to redeem Product Credits 60 days after their first Loyalty Program order ships.
- Product Credits are earned only on Loyalty Program orders and on first orders by new distributors and customers of 250 LP or more.
- Product Credits have no cash redemption value and are non-transferable.
- Product Credits can only be redeemed for single-unit LP products.
- Product Credits can be redeemed by calling 1-877-903-6187 or by logging into your 4life.com Account.
- Product Credits must be redeemed within 12 months of being earned.
- Reward product redemptions are only shipped with your next Loyalty Program order.
- Reward product redemptions cannot be returned or exchanged.
- A \$4 redemption fee (plus applicable taxes) applies to each product redemption order.
- A \$10 surcharge (plus applicable taxes) applies to each product redemption of PRO-TF®, 4Life Transfer Factor®, RioVida®, Tri-Factor® Formula, RiteStart® Men, RiteStart® Women, and NutraStart®.
- Animal Health by 4Life® products are excluded from product redemption.
- Products redeemed have no LP.
- Cancellation of your Loyalty Program order can be made by calling 1-877-903-6187.

Enroll today! Call 1-877-903-6187

or log in to your 4life.com Account.

Visit www.4life.com/loyalty for program information.

LOYALTY PROGRAM INCENTIVES

EXCLUSIVE
MARCH
SIGN-UP
OFFER



ENROLL BY
MARCH 31, 2016
TO AUTOMATICALLY
ACCELERATE TO THE
30%
LEVEL!

EXCLUSIVE
APRIL
OFFER
BONUS
PRODUCT
OF THE
MONTH

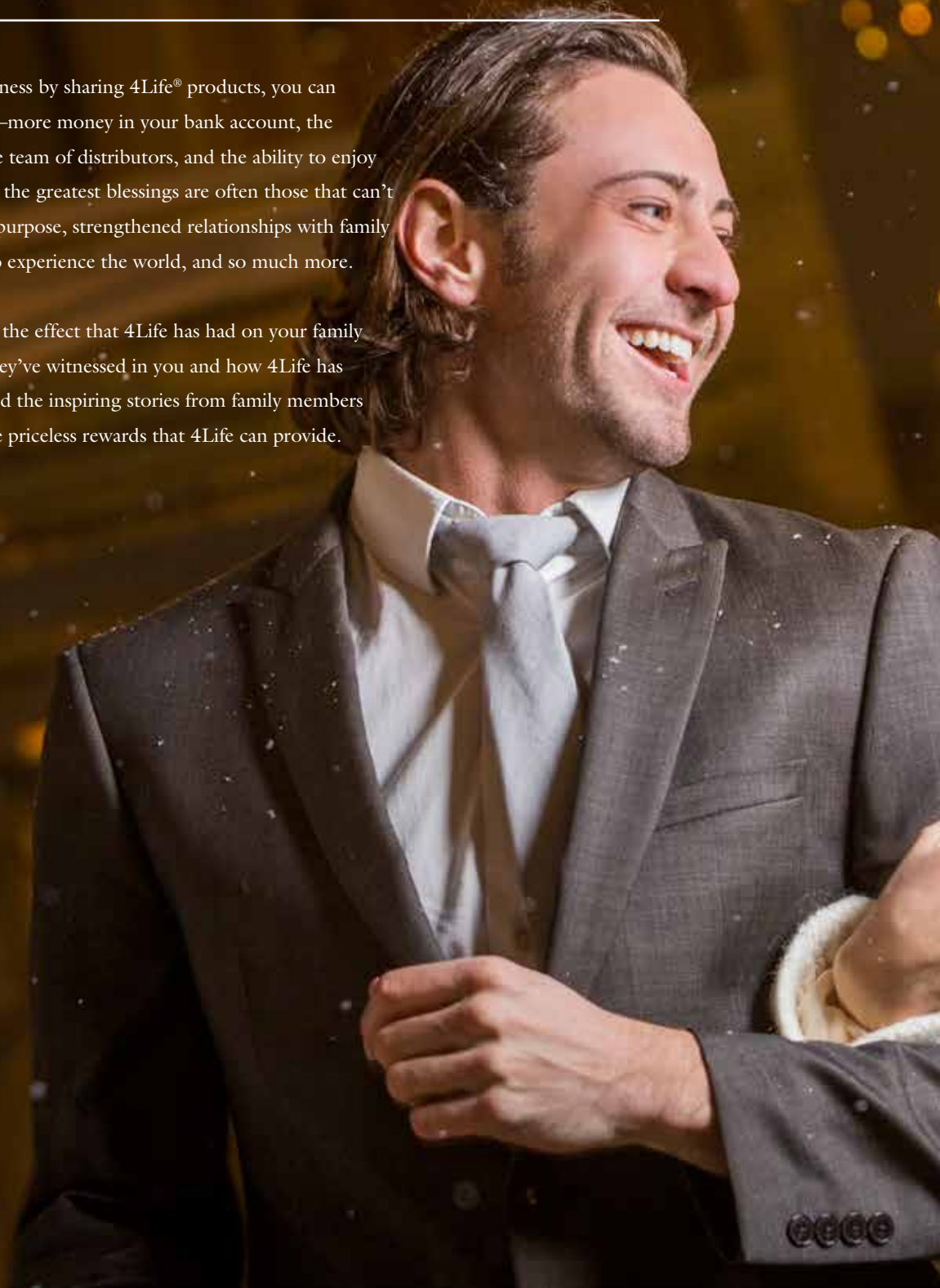


Qualify in
April 2016
with a 125 LP
or higher
Loyalty Program
order to receive
this bonus product
of the month in May.

PRICELESS REWARDS

When you build a successful business by sharing 4Life® products, you can enjoy a host of exciting benefits—more money in your bank account, the opportunity to grow a worldwide team of distributors, and the ability to enjoy phenomenal products. However, the greatest blessings are often those that can't be measured—a deeper sense of purpose, strengthened relationships with family members and friends, freedom to experience the world, and so much more.

In fact, you may not even realize the effect that 4Life has had on your family members—the transformation they've witnessed in you and how 4Life has changed their lives for good. Read the inspiring stories from family members of distributors who recognize the priceless rewards that 4Life can provide.









STRONGER FAMILY BONDS

“Since starting their 4Life® journey years ago, I have witnessed positive changes in my parents, Gold International Diamonds Juan and Elsa Tamayo—the way they walk and talk, their ‘can-do’ attitude, and their level of health support. **Building an international business with my parents is amazing. It has brought us closer than ever before and made us stronger.** People tell us that they can’t wait until their kids want to build a 4Life business with them. We’re not just building a business. We’re building a legacy for generations to follow.”

Giovanni Lo Russo

Presidential Diamond
Oregon, USA

“Joining 4Life was the best thing that ever happened to my family. Before 4Life, my parents were always working. They never had any time to spend with the family. Now, **our family has gone on trips and vacations that never would have been possible without 4Life.** We’ve bonded as a family, and we know each other so much better than we did before. Thanks to 4Life, our lives have changed in many positive ways. I’m so thankful that 4Life came into our lives.”

Jonathan Lo Russo

International Diamond
Oregon, USA





INCREASED CONFIDENCE

“When we began our 4Life® journey, my wife Damaris was very shy. She avoided starting conversations with people. On one occasion, Damaris went out with a distributor who was even more shy than she was. Three hours went by, and neither of them spoke!

“I began asking Damaris to come with me to training meetings. Sometimes, I surprised her by asking her to speak at the end of my presentation. At first Damaris got upset with me, but because she had promised to help me, she did it. It wasn’t easy, but over time, we became successful together.

“Today, Damaris has developed into a greater leader than I ever dreamed she could be. She is an excellent communicator. She accompanies me to many business meetings. I know that I can count on her excellent speaking abilities when she shares 4Life products and the business opportunity. Because she conquered her shyness, Damaris has experienced tremendous growth as an entrepreneur. **She is a source of inspiration for me and many other people.”**

Juan Rosado
Platinum International Diamond
Florida, USA

EDUCATIONAL OPPORTUNITIES

“When my mother, Gold International Diamond Lilly Sánchez, began building her 4Life® business, I started noticing changes in her behavior, attitude, and overall persona. She traveled the world, visited with family members whenever she chose, and enjoyed a healthy state of mind and body because of 4Life products.* She had always been an influential voice within our family, but with 4Life, she became an even greater cornerstone of support.

“These changes were really cemented when she had the financial means to provide a better future for me. I was pursuing a bachelor’s degree, but my full-time job wasn’t enough to cover my tuition and I had been denied government financial aid. I don’t usually ask for financial support from my parents, but I was out of options. I called my mother and told her that I needed several thousand dollars, or I would be dropped from my classes. I expected an apologetic denial, but nothing could have prepared me for her response: ‘Okay, baby, the full amount will be in your bank account by tomorrow morning.’

“I felt a tremendous weight lift off my shoulders, and I knew that everything would be okay. My mother is my safety net and my role model. I graduated from college five years ago debt-free. To this day, my friends and former classmates still complain every month about their student loan payments. I can’t help but smile when I hear them, and I remember how fortunate I am to have a mother whose decision to join 4Life truly changed my life!”

Narciso Ivan Villanueva

International Diamond

Texas, USA

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



FABULOUS FAMILY REUNIONS

“My mom, International Diamond Nydia Stella Díaz, qualified for the Great Escape trip to Punta Cana, Dominican Republic in 2014. Because I live abroad right now, it was an unexpected treasure to join her and my brother on the trip. We spent time together as a family and enjoyed delicious food and fun activities.

“After the first trip, we realized that the Great Escape was a great way for us to enjoy family reunions, so we decided to work hard to qualify again. When I qualified for the Great Escape trip aboard the Disney® cruise, we were so thankful. Castaway Cay was paradise!

“I feel very blessed to have these opportunities with my family members. These treasured memories motivate me to continue working hard to share 4Life products and the business opportunity to earn another trip together. **Living far away from my family is not easy, but thanks to 4Life, we can see each other more often.**”

Ana Maria Fuentes Díaz

Presidential Diamond
Colombia





HEALTH AND EMOTIONAL WELL-BEING

When Diamond Giselly Grajales won the 4LifeTransform® Challenge, she wasn't the only one who experienced lasting benefits. Her daughter, Valerie, was profoundly affected by the physical and lifestyle transformation Giselly achieved with the help of PRO-TF®.*

“My mom has worked so hard, and it’s very inspirational to me. She was a size 9 before, and now she’s a size 4. I know my mom started to doubt herself along the way, but she stayed focused and I’m thankful that she kept working hard. I’m really proud of her.”**

Valerie Castiblanco (9 years old)
Daughter of Diamond Giselly Grajales
Texas, USA

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

**These results are not typical and were achieved through the 4Life independent distributor's commitment to exercising consistently and consuming a healthy diet. Consult with your physician before you begin any lifestyle program that includes a change in diet and/or exercise.

OUR INVESTMENT IN YOUR SUCCESS!

Built to support the production of millions of 4Life® products each year, the 4Life Manufacturing Facility highlights our long-term commitment to you!





Blending machines sift and blend between 15,000 and 40,000 kilograms of ingredients each month.



Between 60 to 100 bottles are filled with product every minute. That's up to half a million bottles each month.

Encapsulation machines produce between 50,000 and 100,000 capsules per hour. That's up to 50 million capsules each month!



Every month, thousands of pounds of raw ingredients are delivered to the receiving department from vendors around the world.

Visit www.youtube.com/4life to watch a video highlighting this new facility.

7,500 DISTRIBUTORS
75 COUNTRIES
1 DEFINING EVENT

WE ARE...





4LIFE **UNITED**

ATL16

INTERNATIONAL CONVENTION | OCTOBER 12-15 2016

Georgia World
Congress Center
Atlanta, Georgia, USA
October 12-15, 2016

TOGETHER, we can embrace dreams and build
a legacy for generations to come.

TOGETHER, we can take 4Life® products
to countries around the world.

TOGETHER, we can engage in service that
brings about meaningful change.

**We are one.
We are UNITED.**

Registration opens April 20, 2016!



5

**DAILY
STRATEGIES
TO FEEL GREAT
AND ACCOMPLISH MORE**

Whether you're a full-time or part-time 4Life® business builder, it's important to take care of yourself by managing stress, staying healthy, and determining a daily schedule.

Emotional well-being and physical health are critically linked. In fact, research suggests that psychological well-being may even help reduce the risk of chronic physical illness and promote longevity of life.¹ Studies also show that stress impacts how well you feel and even your immune system response. Stress can also increase the risk of illness and disease.²

Here are five daily habits to promote emotional well-being, reduce stress, and keep you moving toward success in your 4Life business. Try them out today!

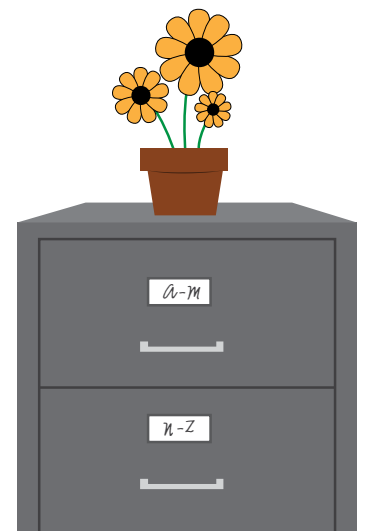
1. EXERCISE AND GET ENOUGH SLEEP

Exercise for a minimum of ten minutes every day to enjoy benefits such as increased energy, better immune system function, and mental health benefits like decreased depression, stress, and anxiety.³ Also, make sure you're getting enough sleep each night. The benefits of sleep can include improved immune system function, metabolism, memory, learning, and other vital functions.⁴



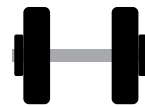
2. GET ORGANIZED

When you're organized, you feel less stressed and more in control. Start with your work environment. De-clutter your desk and throw out or recycle anything you don't need. Create a filing system for important documents so you can easily find them. Another tip: use a calendar to help you determine what you need to accomplish each day.

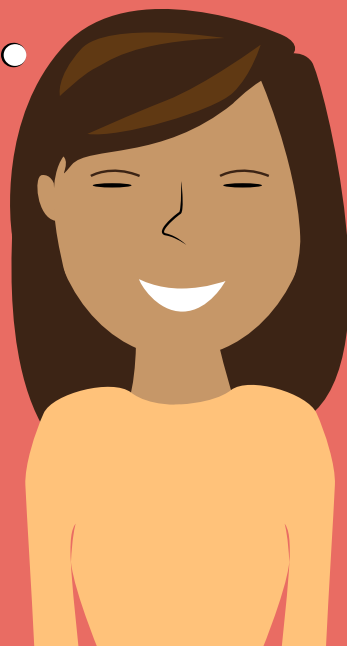
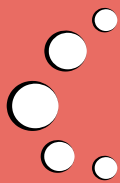
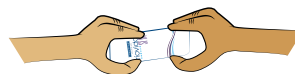


3. SET REALISTIC GOALS

Keep the big picture in mind when you make your business goals. What do you want to achieve in the next week, month, or year? Break your goals down into small, daily steps. Trying to accomplish too much too soon can cause stress and may lead to a sense of failure. Be patient and forgive yourself if you don't meet a daily goal, or if you need to set more achievable goals. If you don't accomplish something today, you can tackle it tomorrow!



x 5



4. THINK POSITIVELY

If you believe you can succeed, you likely will. There's a reason people talk about "the power of positive thinking." Start or end each day by writing down five things for which you're grateful. Create a dream board to help you envision accomplishing your goals. In addition, surround yourself with positive people. Concentrate on helping others succeed, and enjoy how good it feels when you focus on other people. Take a break from working hard to watch a funny movie, read an uplifting book, or do something you love.

5. EAT HEALTHY AND TAKE SUPPLEMENTS

When you eat highly-processed junk food, you can feel fatigued, anxious, and even depressed. Choose healthy foods to reduce stress, increase energy, and promote relaxation. Look for supplements with valuable nutrients that might be missing from your diet. Remember to stay hydrated to reduce fatigue.



PROMOTE EMOTIONAL WELL-BEING WITH 4LIFE® PRODUCTS*

RENUVO®

Includes adaptogenic herbs to support stress management and counteract the physiological effects of harmful environmental stressors*

4LIFE TRANSFER FACTOR® RECALL®

Provides targeted brain support for optimal mental functioning, which can reduce stress and promote emotional wellness*

STRESS FORMULA™

Helps you manage stress derived from anxiety and tension*



SLEEPRITE AMJ™

Promotes a positive mood and helps you combat stress that results from a lack of sleep*

INNER SUN®

Supports healthy energy levels and a positive mood to help you manage stress*

REFERENCES

1. Steptoe, Andrew; Deaton, Angus; and Stone, Arthur A. *Lancet*. "Psychological wellbeing, health and aging." 2015 February 14; 385(9968): 640–648. doi: 10.1016/S0140-6736(13)61489-0.
2. Segerstrom, Suzanne C. and Miller, Gregory E. "Psychological Stress and the Human Immune System: A Meta-Analytic Study of 30 Years of Inquiry." *Psychol Bull.* 2004 July; 130(4): 601–630.
3. Ross A., Friedmann E., Bevens M., and Thomas S. "National Survey of Yoga Practitioners: Mental and Physical Health Benefits." *Complementary Therapies in Medicine.* 2013 Aug; 21 (4): 313 & 323.
4. A resource from the Division of Sleep Medicine at Harvard Medical School, produced in partnership with WGBH Education Foundation. <http://healthysleep.med.harvard.edu/healthy/matters/benefits-of-sleep>.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



PROACTIVE HEALTHY AGING

How PRO-TF® can help

David Vollmer, PhD
Chief Scientific Officer

With continued advances and knowledge about healthy living, life expectancy continues to increase. In fact, experts predict that by 2050, over 20% of the world's population will be above the age of 60, more than double what it is today.¹

Because of these trends, healthy aging is a hot topic in scientific research. One area of focus is muscle protection. Loss of muscle mass, strength, and function are a natural part of the aging process. Studies have shown that after age 40, some individuals may experience up to an 8% loss in lean muscle mass every ten years!²

Muscle-related health issues occur at different rates for different people. These issues are generally caused by a combination of factors, such as:

- Genetics
- Decreased physical activity
- Nutritional deficiencies

Poor muscle health in aging populations can lead to unpleasant outcomes, including:

- Reduced independence
- Increased healthcare costs
- Progressive disabilities
- Higher risk of physical injury

Current research on muscle protection for the aging population has shifted from a reactionary response to a proactive prevention model. Studies have shown that eating a higher protein diet may help preserve muscle mass as you age. The research also suggests that consuming high-quality protein throughout the day (e.g. with each meal) can support the presence of healthy muscle growth.³

Incorporating exercise or maintaining an active lifestyle can also help you protect vital muscle function.⁴ Experts suggest consuming 20–30 grams of high-quality protein with each meal and 40 grams of high-quality protein post workout.



“LEADING STUDIES
HAVE SHOWN THAT
EATING A HIGHER
PROTEIN DIET MAY HELP
PRESERVE MUSCLE
MASS AS YOU AGE.”



PRO-TF® FOR HEALTHY AGING

PRO-TF can help navigate healthy aging. In pre-clinical university tests, Low-Molecular Weight PRO-TF Protein Blend has been shown to increase muscle development by up to 74%.^{*5} With PRO-TF, you can take proactive and preventive measures to help build a greater reservoir of vital muscle mass now to minimize the negative impacts of aging.* Supplement your daily meals with PRO-TF, and add resistance training to your exercise regime to further improve muscle maintenance.

Make a plan now for healthy aging, so that your senior years can be some of the best years of your life. Keep living life to the fullest and do all of the things you love most. Keep exploring, dancing, and soaring!

Learn more about PRO-TF and 4LifeTransform® products at www.4lifetransform.com and download the 4LifeTransform™ App from the App Store or Google Play.

“PRO-TF HAS BEEN SHOWN IN PRE-CLINICAL UNIVERSITY TESTS TO INCREASE MUSCLE DEVELOPMENT BY UP TO 74%.^{*1}”

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

REFERENCES

1. World Population Ageing 2013, United Nations.
2. Paddon-Jones D and Rasmussen BB. Dietary protein recommendations and the prevention of sarcopenia: Protein, amino acid metabolism and therapy. *Curr Opin Clin Nutr Metab Care* 2009; 12(1): 86-90.
3. Houston DK, Nicklas BJ, Ding J, et al. Dietary protein intake is associated with lean mass change in older, community-dwelling adults: the health, aging, and body composition (Health ABC) study. *Am J Clin Nutr*. 2008; 87: 150-155.
4. Breen L and Phillips SM. Skeletal muscle protein metabolism in the elderly: interventions to counteract the ‘anabolic resistance’ of ageing. *Nutr Metab (Lond)*. 2011; 8: 68.
5. Mobley et al. Effects of protein type and composition on postprandial markers of skeletal muscle anabolism, adipose tissue lipolysis, and hypothalamic gene expression. *Journal of the International Society of Sports Nutrition* (2015) 12:14.

Keep *Dancing*



Enjoy PRO-TF® as a lifelong strategy to help protect healthy muscle in people of all ages.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



The Art of Listening

How often have you gone out to dinner with family members or friends and been distracted by a text message, a social media post, or even a funny online video? Was there a moment when everyone stopped talking with each other and started looking at their phones instead? Today's technology helps us connect to each other, but it also makes it easy for us to get distracted and stop listening.

Listening is a valuable skill that helps you build relationships and your business. A good listener makes people feel respected, and he gains their respect in return. When you really listen to your customers, you can better determine what they need and how to help them. Here are ten ways to improve your listening skills and stay connected to the people around you.

Ten ways to improve your listening skills

Pick one of the following tips and practice it in a conversation today. The more you practice being a good listener, the easier it becomes!

1. Avoid distractions. Listening is hard when potential distractions are pulling your attention away. When you're meeting with a new customer, choose a quiet location, put your cell phone away, and turn off the television. Set the tone at a home meeting by asking everyone to put their phones in a basket until the meeting is over.

2. Put technology away after you're done using it. Have a video that you want to share with a prospect? That's great! Show the video and talk about it together. Then close your laptop so you won't be tempted by incoming emails or social media updates during the middle of a conversation.

3. Be genuinely interested. Challenge yourself to learn something new about the people you meet. Set the expectation that you'll find value in what everyone has to say. If you have a hard time talking to someone new, pretend that he is an old friend and that you are excited to learn more about his life.

4. Follow the 75/25 rule. Practice allowing the other person to talk for over half of the conversation.

5. Stay focused. Pretend like you are going to be quizzed on what the other person says when she stops talking. This will help you focus on what she is saying instead of thinking about what you are going to say next.



Evaluate your listening skills



How are your listening skills? Think back to your most recent conversation and evaluate how well you listened by answering the questions below. Then challenge yourself to improve in one area at a time.

1. Describe the environment.
2. How many times did you look at your cell phone or computer?



6. Don't interrupt. Let the speaker finish his thoughts before you jump into the conversation. If you have a thought to share, jot it down instead of interrupting the other person. In a group meeting, practice not talking over the other members of your group.

7. Be respectful. Having a serious conversation? Save jokes, silly comments, and that funny online video for another time.

8. Show that you're listening. When someone is talking, make eye contact. Nod your head or provide a verbal cue like "I see," or "Tell me more." Turn your body toward the speaker and try not to fidget with your pen or jewelry. Your quality feedback will encourage the speaker to continue sharing.

9. Repeat what the speaker said. When the speaker pauses, summarize what you've heard her say and ask for clarification if necessary. Ask open-ended questions that show you've been paying attention.

10. Practice listening with your team members. Listening is a great skill that can be mastered with practice. At your next team meeting or event, do a listening exercise. Have someone speak for five minutes while everyone else listens. At the end of the speaker's time, ask everyone to write down what they heard the speaker say. Compare notes and work together as a group to improve listening skills.

3. What percentage of the time did you talk versus listen?
4. What cues did you use to help the speaker understand you were listening?
5. What questions did you ask to clarify or keep the conversation moving?
6. Can you recall important details that the speaker shared?
7. Did you learn something new about the speaker?
8. Did you help keep the conversation on topic?

As you become a great listener, you can learn more about other people, make new friends, better understand what customers need, and ultimately provide more helpful advice as a 4Life® business builder.

4Life

TOGETHER, BUILDING PEOPLE®

9850 South 300 West
Sandy, UT 84070-3262
1-888-454-3374
4life.com

PRST STD
U.S. POSTAGE
PAID
SALT LAKE CITY
PERMIT NO. 6614



4LIFETRANSFORM®