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National Life
Montpelier,



Have You Resolved to Lose Weight in the New Year?

National Life Group's Biggest Loser Contest

Cost: Each team = \$15 (\$5 per employee)

Length of Contest: January 16th – April 10th

Prizes: (for all team members of placing teams)

1st Place: Total Home Gym

2nd Place: Digital Fitness Heart Rate Watch

3rd Place: Biggest Loser Cookbook



Join the

National Life Group®



Rules and Regulations:

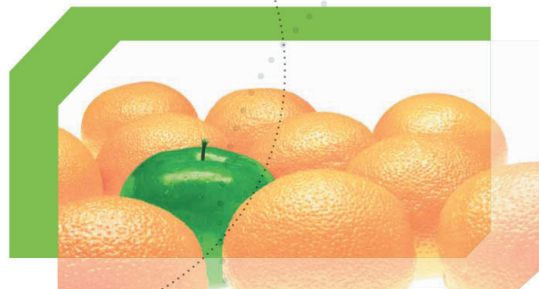
- Teams must consist of three people and must stay in the contest for 12 weeks.
- If a member stops weight-loss progress, a member can still be in the contest.
- All team members are to be weighed in at the end, even if they did not lose weight.
- Once team members are chosen and contest begins, teams cannot replace team members.
- The team's starting weight will be used with the final weight loss at week 12 to determine highest percentage of weight loss and the winning team.

For more complete rules and details, please go to www.nationallife.com or contact Darcy Roberts at 229-7074



National Life Insurance Company
Life Insurance Company of the Southwest

Life Product
Quick Reference Chart



National Life Home Office: Dallas, TX. Administrative Office: One National Life Drive, Montpelier, Vermont 05604. (802) 906-3300. www.NationalLife.com. National Life Group® is a trade name of Life Insurance Company of the Southwest, National Life Insurance Company, and their affiliates. Each company of National Life Group is solely responsible for its own financial condition and contractual obligations. LSW does not do an insurance business in New York. National Life Insurance Company is authorized to sell insurance in all 50 states.



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