

MINOR CUTS & WOUNDS



#FIRSTAID 

Most minor wounds can be treated in the home without further medical attention. However, further medical advice should be sought if: there is a foreign body embedded in the wound; the wound shows sign of infection; and the wound has the potential for tetanus.



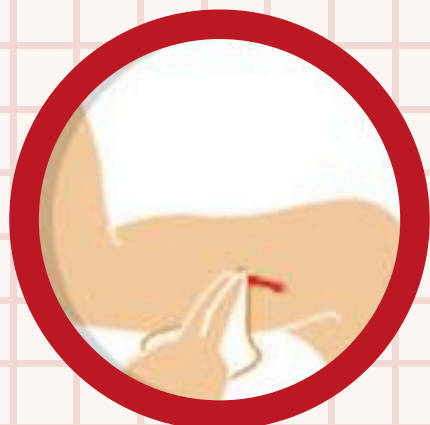
WASH YOUR HANDS

You should wash your hands before treating the wounds.



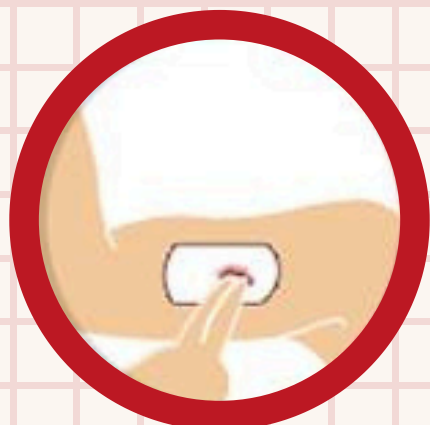
CHECK THE WOUND

Check that there is nothing in the wound. If the wound is dirty, clean it under running water.



PAT AND DRY

Pat dry with clean, non-fluffy material or cloth.



CLEAN THE WOUND

Clean the wound from the center out with gauze swabs or antiseptic wipes, using a fresh piece for each wipe.



COVER THE WOUND

Cover the wound with an adhesive dressing to apply pressure and protect it from infection.



ELEVATE THE WOUND

Elevate the wound, if necessary, to help control bleeding

SCAN ME

