

# WHAT DREAMS MAY COME

Did you know that Edgar Casey, America's most documented psychic, revealed in his authenticated readings that your Soul literally leaves your body every single night while you sleep, and what it sees and experiences could completely transform your understanding of life, death, and your Soul's true purpose.

The most profound secrets Casey discovered about your Soul's nightly journey are based exclusively on his 14,000-plus documented readings archived at the Association for Research and Enlightenment in Virginia Beach.

You'll discover the three spiritual dimensions your Soul visits, the beings it encounters, and why certain dreams feel more real than waking life itself.

But first, let me ask you this. Have you ever awakened, feeling like you've been somewhere else entirely, like you've lived another life in your dreams?

Casey's readings reveal that you actually have.

Let's review three documented cases from Casey's files that will shock you.

The businessman who learned his life's purpose from a deceased relative in the spirit realm.

The mother who received healing instructions for her dying child through astral travel.

And the prophecy Casey received during sleep that predicted World War II with terrifying accuracy.

But the following will completely change how you view your dreams forever.

Edgar Casey's journey into the mysteries of sleep consciousness began in 1901 in Hopkinsville, Kentucky, when this simple photographer discovered he could enter a subconscious trans-state and access what he called the universal consciousness.

But it wasn't until reading 57541 in 1931 that Casey revealed the most startling truth about human sleep.

Your Soul doesn't rest during sleep, only your brain and body. Your higher consciousness, i.e., your Soul, is non-local and can travel beyond the body, in the dreamstate.

According to Casey's documented readings, when you fall asleep, your Soul literally separates from your physical body through what he symbolically called the silver cord, a spiritual lifeline that keeps you connected to your earthly form.

This isn't science fiction or fantasy. This comes directly from thousands of documented sessions where Casey, in his

subconscious trans-state, observed and reported on the Soul's nightly adventures.

But wait, there's something even more incredible. In reading 57542, Casey explained that your Soul visits three distinct spiritual dimensions during sleep, and each one serves a specific purpose for your spiritual evolution.

1.) The first dimension that your Soul enters is what Casey called the borderland. A realm where earthbound spirits and recently deceased Souls reside. Here's where it gets fascinating. Many of Casey's clients reported vivid dreams of conversations with deceased relatives. And when Casey investigated these experiences in his readings, he confirmed they were actual spiritual encounters, not mere dreams.

Take the case documented in Reading 206. A businessman from Virginia came to Casey, desperate for direction after losing his family fortune. During a particularly vivid dream, he encountered his deceased father, who gave him specific business advice. When the man followed this guidance, he not only recovered his losses but built an empire. Casey's reading confirmed this wasn't imagination, but an actual Soul-to-Soul communication in the Borderland dimension. This changes everything about how we understand death and

the afterlife. Your loved ones aren't gone. They're accessible to your Soul every single night.

But here's what Casey revealed that shocked even his own stenographer, Glattis Davis, who recorded thousands of his sessions. In reading 57543, he explained that gifted Souls can actually travel to the second dimension during sleep.

2.) The Akashic records themselves. The Akashic records, according to Casey, are the cosmic library where every Soul's experiences, thoughts, and actions throughout all lifetimes are permanently stored. When your Soul reaches this dimension during deep sleep, it can access information about your past lives, your Soul's purpose, and even glimpses of potential futures.

A documented example that will blow your mind. In 1944, a woman came to Casey seeking help for her son, who was suffering from an incurable blood disorder. That night, she experienced what she thought was just a vivid dream, where she found herself in a vast library, guided by a being of light to a specific book that contained a detailed herbal remedy. When she woke up, she could remember every ingredient and preparation method with perfect clarity. Following these instructions exactly, her son made a complete recovery within weeks. Casey's reading 31241 confirmed that her Soul

had actually accessed the Akashic records during sleep to retrieve this healing knowledge.

3.) There is a third dimension that only the most spiritually advanced Souls can reach during sleep. And what Casey discovered there will transform your understanding of human potential forever. The third dimension Casey described is the realm of pure spirit, where Souls commune directly with what he called the creative forces or what many would recognize as God consciousness, or Creator consciousness itself. In this dimension, Souls receive direct revelation, prophecies, and spiritual missions for their earthly incarnations.

Here is a case that demonstrates this incredible phenomenon. In reading 294131, Casey documented his own experience of receiving prophetic visions during sleep. On the night of October 19th, 1935, Casey's Soul traveled to this highest dimension, where he witnessed future events with startling clarity. He saw a massive global conflict involving nations that weren't even enemies at the time. He witnessed destruction in Europe, the rise of a dictator with a distinctive mustache, and America being drawn into a war that would reshape the world. This was 4 years before World War II began. Yet, every detail Casey received during his Soul's journey proved accurate.

But here's what's truly remarkable about this spiritual dimension. It's not reserved for psychics like Casey. According to his readings, every human Soul has the potential to reach this level of consciousness during sleep. The key is spiritual preparation and what Casey called Soul attunement.

This raises an incredible question. What if your most vivid dreams aren't dreams at all, but actual spiritual experiences your Soul is having in these higher dimensions?

Casey provided specific guidance in reading 5754 about how to prepare your consciousness for these Soul journeys. He emphasized that your thoughts and intentions before sleep directly influence which spiritual dimension your Soul can access. Souls burdened with fear, anger, or materialistic concerns remain trapped in the lower astral plains. While Souls focused on service, compassion, and spiritual growth can ascend to the highest realms.

Let me share another documented case that illustrates this principle perfectly. A nurse from Virginia Beach came to Casey in 1943, exhausted from caring for wounded soldiers returning from the war. She felt spiritually depleted and questioned whether her work had any real meaning. That same week, after following Casey's pre-spiritual preparation techniques, she experienced what she described as the most real experience of her life. Her Soul found itself in a

magnificent healing temple where beings of light were tending to Souls damaged by war. She realized that her earthly nursing work was a reflection of this higher spiritual service. When she returned to work, she possessed an inexplicable ability to comfort even the most traumatized patients. Several soldiers later testified that her presence alone had healed not just their bodies, but their spirits.

Reading 33951 confirmed that her Soul had indeed visited one of the spiritual healing temples that exist in higher dimensions. But here's what Casey revealed that will change how you approach sleep tonight. Your Soul's nightly journeys aren't random. They are carefully orchestrated by your higher self to provide exactly the spiritual experiences, healing, and guidance you need for your Soul's evolution.

In reading 13618, Casey explained that before incarnating into physical form, each Soul creates what he called a “spiritual blueprint” for its earthly mission. During sleep, your Soul regularly returns to review this blueprint, receive guidance from spiritual teachers, and gather the strength needed to fulfill your divine purpose. This means every night offers you the opportunity for profound spiritual growth, healing, and revelation. But most people miss these opportunities because they approach sleep unconsciously,

allowing their minds to be cluttered with worldly concerns instead of preparing for spiritual communion.

Think about this. How might your life change if you began preparing consciously for your Soul's nightly journey? What if you could learn to remember and apply the spiritual guidance you receive during sleep? Casey provided practical techniques that are documented in his readings and still practiced today at the Edgar Casey Foundation in Virginia Beach.

Before sleep, he recommended a period of meditation focusing on a spiritual ideal, followed by a prayer requesting guidance for your Soul's highest good.

He also emphasized the importance of what he called dream incubation, where you pose specific questions to your higher self before sleep and request that your Soul seek answers in the spiritual dimensions.

Many of his clients reported receiving profound insights, healing directions, and life guidance through this practice. But here is a warning Casey included in reading 294136 that is absolutely crucial. Not all beings encountered during Soul travel have your best interests at heart. Just as there are helpful and harmful people in physical life, the spiritual dimensions contain both benevolent guides and malevolent entities that feed on fear and confusion. This is why Casey

stressed the importance of spiritual protection before sleep. He taught a specific technique of surrounding yourself with what he called the white light of Christ consciousness, and requesting protection from your spiritual guides and guardian angels.

A documented case from 1938 illustrates why this protection is essential. A young man practicing astral projection without proper spiritual preparation found himself trapped in what Casey identified as a lower astral dimension populated by earthbound spirits. For weeks, he experienced terrifying nightmares and felt increasingly drained of life force. When he consulted Casey, reading 207210 revealed that his Soul had become entangled with parasitic entities that were feeding on his spiritual energy. Casey provided specific prayers and visualization techniques that successfully freed the man's Soul and restored his spiritual health.

This case demonstrates that while Soul travel during sleep offers incredible opportunities for growth and healing, it must be approached with proper spiritual preparation and protection.

Now, let's reveal something that Casey discovered about the connection between your Soul's nightly journeys and your physical health that will astound you. In reading 2941, he explained that many physical ailments actually originate from

spiritual disturbances encountered during Soul travel. When your Soul encounters negative entities or traumatic scenes in the astral dimensions, it can return to the physical body carrying energetic imprints that manifest as illness, chronic pain, or emotional disturbances.

This is why Casey often prescribed spiritual cleansing and protection practices alongside his famous physical remedies. Conversely, he documented cases where Souls that successfully reached the higher spiritual dimensions during sleep returned with actual healing energy that could cure physical ailments. The case of Martha Robertson, documented in reading 31242, perfectly illustrates this phenomenon.

Martha suffered from a degenerative spinal condition that left her bedridden and in constant pain. After learning Casey's sleep preparation techniques, she began experiencing dreams where she found herself in a luminous healing temple surrounded by beings who worked on her spine with pure light energy. After 3 weeks of these nocturnal healing sessions, Martha's physical condition began improving dramatically. X-rays showed her spine regenerating in ways that baffled her doctors. Within 6 months, she was completely healed and remained healthy for the rest of her long life. This case, like hundreds of others in Casey's files, proves that your Soul's

experiences during sleep can directly impact your physical reality in miraculous ways.

But perhaps the most profound revelation in Casey's sleep teachings concerns what he discovered about the relationship between your nightly Soul journeys and your spiritual evolution across multiple lifetimes. In reading 5754, he revealed that advanced Souls use sleep not just for healing and guidance but for what he called karmic adjustment.

During deep sleep, your Soul can actually travel to scenes from past lifetimes to heal unresolved traumas, forgive old enemies, and complete unfinished spiritual lessons. This process accelerates your Soul's evolution and can resolve karmic patterns that have been affecting you for centuries.

Here is one final documented case that demonstrates this incredible phenomenon. A woman came to Casey in 1940, suffering from an inexplicable phobia of water that had plagued her since childhood. Despite never having a traumatic water experience in her current life, she couldn't even take a bath without experiencing panic attacks. In reading 2391, Casey revealed that her Soul bore the trauma of drowning in a past life as a young mother trying to save her children during a flood. During sleep, following Casey's guidance, her Soul was able to return to that past life scene and experience a healing resolution where she successfully

saved her children in the spiritual dimension. The healing was immediate and permanent. Her water phobia disappeared completely, and she even learned to swim. something she had thought impossible. This case demonstrates that your Soul's nightly journeys can heal wounds that span multiple lifetimes.

As we reach the end of our exploration into Edgar Casey's revelations about what your Soul sees during sleep, consider this profound truth. Every night offers you the opportunity to access infinite wisdom, receive divine healing, commune with loved ones who have passed on, and accelerate your spiritual evolution in ways that would take decades to achieve through ordinary consciousness alone.

The question isn't whether your Soul travels during sleep. Casey's documented readings prove that it does. The question is whether you'll begin preparing consciously for these sacred journeys and learning to remember and apply the spiritual treasures your Soul brings back each morning.

Tonight, before you sleep, take a moment to set a spiritual intention for your Soul's journey. Ask for healing, guidance, or communion with your higher self. Surround yourself with protective white light and request that your Soul be guided to the highest spiritual dimensions accessible to your current

level of development. Your Soul's nightly adventures await, and the wisdom of Edgar Casey has given you the map to navigate these sacred realms safely and purposefully.

The only question remaining is, are you ready to discover what your soul actually sees while you sleep? Remember, as Casey often said in his readings, “dreams are today's answers to tomorrow's questions.” Your Soul already knows the answers you seek. It's simply waiting for you to create the proper conditions to receive them through the miracle of conscious sleep and spiritual dreaming.

Sweet dreams, and may your Soul's journey tonight bring you exactly the healing, wisdom, and divine guidance you need for your highest good...

## **What Your Soul Actually Sees While You Sleep – Edgar Cayce's Forbidden Vision**

Did you know that Edgar Casey, America's most documented psychic, revealed in his authenticated readings that your Soul literally leaves your body every single night while you sleep, and what it sees and experiences could completely transform your understanding of life, death, and your Soul's true purpose. The most secrets Casey discovered about your Soul's nightly journey, based exclusively on his 14,000-plus

documented readings archived at the Association for Research and Enlightenment, in Virginia Beach. Discover the three spiritual dimensions your Soul visits, the beings it encounters, and why certain dreams feel more real than waking life itself.

Have you ever woken up feeling like you've been somewhere else entirely, like you've lived another life in your dreams?

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Edgar Casey's journey into the mysteries of sleep consciousness began in 1901 in Hopkinsville, Kentucky, when this simple photographer discovered he could enter a trans-state and access what he called the "Universal Consciousness."

But it wasn't until reading 57541 in 1931 that Casey revealed the most startling truth about human sleep. Our Souls don't just rest during sleep; they travel. According to Casey's documented readings, when you fall asleep, your Soul literally separates from your physical body through what he

called the silver cord, a spiritual lifeline that keeps you connected to your earthly form. This isn't science fiction or fantasy. This comes directly from thousands of documented sessions where Casey, in his trans-state, observed and reported on the Soul's nightly adventures. But wait, there's something even more incredible.

In reading 57542, Casey explained that your Soul visits three distinct spiritual dimensions during sleep, and each one serves a specific purpose for your spiritual evolution. The first dimension your Soul enters is what Casey called the Borderland. A realm where earthbound spirits and recently deceased Souls reside. Here's where it gets fascinating. Many of Casey's clients reported vivid dreams of conversations with deceased relatives. And when Casey investigated these experiences in his readings, he confirmed they were actual spiritual encounters, not mere dreams.

Take the case documented in Reading 20671. A businessman from Virginia came to Casey, desperate for direction after losing his family fortune. During a particularly vivid dream, he encountered his deceased father, who gave him specific business advice. When the man followed this guidance, he not only recovered his losses but built an empire.

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In reading 57543, he explained that gifted Souls can actually travel to the second dimension during sleep. The Akashic records themselves. The Akashic records, according to Casey, are the cosmic library where every Soul's experiences, thoughts, and actions throughout all lifetimes are permanently stored. When your Soul reaches this dimension during deep sleep, it can access information about your past lives, your Soul's purpose, and even glimpses of potential futures. Here is a documented example that will blow your mind. In 1944, a woman came to Casey seeking help for her son, who was suffering from an incurable blood disorder.

That night, she experienced what she thought was just a vivid dream, where she found herself in a vast library, guided by a being of light to a specific book that contained a detailed herbal remedy. When she woke up, she could remember every ingredient and preparation method with perfect clarity. Following these instructions exactly, her son made a complete recovery within weeks.

Casey's reading 31241 confirmed that her Soul had actually accessed the Akashic records during sleep to retrieve this healing knowledge. But wait, there's a third dimension that only the most spiritually advanced Souls can reach during sleep. And what Casey discovered there will transform your understanding of human potential forever. The third dimension

Casey described the realm of pure spirit, where Souls commune directly with what he called the Creative Forces or what many would recognize as God or the Creator Consciousness itself. In this dimension, Souls receive direct revelation, prophecies, and spiritual missions for their earthly incarnations. Here's a case that demonstrates this incredible phenomenon. In reading 294131, Casey documented his own experience of receiving prophetic visions during sleep. On the night of October 19th, 1935, Casey's Soul traveled to this highest dimension, where he witnessed future events with startling clarity. He saw a massive global conflict involving nations that weren't even enemies at the time. He witnessed destruction in Europe, the rise of a dictator with a distinctive mustache, and America being drawn into a war that would reshape the world. This was 4 years before World War II began. Yet, every detail Casey received during his Soul's journey proved accurate. But here's what's truly remarkable

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That's absolutely crucial. Not all beings encountered during Soul travel have your best interests at heart. Just as there are helpful and harmful people in physical life, the spiritual dimensions contain both benevolent guides and entities that feed on fear and confusion. This is why Casey stressed the

importance of spiritual protection before sleep. He taught a specific technique of surrounding yourself with what he called the white light of Christ Consciousness and requesting protection from your spiritual guides and guardian angels.

A documented case from 1938 illustrates why this protection is essential. A young man practicing astral projection without proper spiritual preparation found himself trapped in what Casey identified as a lower astral dimension populated by earthbound spirits. For weeks, he experienced terrifying nightmares and felt increasingly drained of life force. When he consulted Casey, reading 207210 revealed that his Soul had become entangled with parasitic entities that were feeding on his spiritual energy. Casey provided specific prayers and visualization techniques that successfully freed the man's Soul and restored his spiritual health. This case demonstrates that while Soul travel during sleep offers incredible opportunities for growth and healing, it must be approached with proper spiritual preparation and protection.

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After 3 weeks of these nocturnal healing sessions, Martha's physical condition began improving dramatically. X-rays showed her spine regenerating in ways that baffled her doctors. Within 6 months, she was completely healed and remained healthy for the rest of her long life. This case, like hundreds of others in Casey's files, proves that your Soul's experiences during sleep, can directly impact your physical

reality in miraculous ways. But perhaps the most profound revelation in Casey's sleep teachings concerns what he discovered about the relationship between your nightly Soul journeys and your spiritual evolution across multiple lifetimes.

In reading 575425, he revealed that advanced Souls use sleep not just for healing and guidance but for what he called karmic adjustment. During deep sleep, your Soul can actually travel to scenes from past lifetimes to heal unresolved traumas, forgive old enemies, and complete unfinished spiritual lessons. This process accelerates your Soul's evolution and can resolve karmic patterns that have been affecting you for centuries.

One final documented case demonstrates this incredible phenomenon. A woman came to Casey in 1940, suffering from an inexplicable phobia of water that had plagued her since childhood. Despite never having a traumatic water experience in her current life, she couldn't even take a bath without experiencing panic attacks. In reading 2391, Casey revealed that her Soul bore the trauma of drowning in a past life as a young mother trying to save her children during a flood. During sleep, following Casey's guidance, her Soul was able to return to that past life scene and experience a healing

resolution where she successfully saved her children in the spiritual dimension.

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Every night offers you the opportunity to access infinite wisdom, receive divine healing, commune with loved ones who have passed on, and accelerate your spiritual evolution in ways that would take decades to achieve through ordinary consciousness alone. The question isn't whether your Soul travels during sleep. Casey's documented readings prove that it does. The question is whether you'll begin preparing consciously for these sacred journeys and learning to remember and apply the spiritual treasures your Soul brings back each morning.

Tonight, before you sleep, take a moment to set a spiritual intention for your Soul's journey. Ask for healing, guidance, or communion with your higher self.

Surround yourself with protective white light and request that your Soul be guided to the highest spiritual dimensions accessible to your current level of development.

Your Soul's nightly adventures await, and the wisdom of Edgar Casey has given you the map to navigate these sacred realms safely and purposefully. The only question remaining is, are you ready to discover what your Soul actually sees while you sleep? Remember, as Casey often said in his readings, dreams are today's answers to tomorrow's questions. Your Soul already knows the answers you seek. It's simply waiting for you to create the proper conditions to receive them through the miracle of conscious sleep and spiritual dreaming. Sweet dreams, and may your Soul's journey tonight bring you exactly the healing, wisdom, and divine guidance you need for your highest good.

## **Your Soul Is Not Your Spirit: Edgar Cayce's Shocking Explanation**

In this powerful message, we explore one of Edgar Cayce's most profound revelations: the true difference between the Soul and the Spirit. Cayce explained that the spirit is the divine spark of God within us, pure and eternal, while the Soul is the traveler—the record of every thought, emotion, and

choice across lifetimes. Understanding this truth changes how we see life, death, and our connection with God. This video uncovers how to align your Soul with your Spirit, awaken the Christ Consciousness within, and live in harmony with divine purpose. Discover the hidden key to spiritual peace that religion never taught. Watch until the end to awaken what's been sleeping inside you. Edgar Cayce, Soul vs Spirit, Christ Consciousness, spiritual awakening, reincarnation, divine truth, afterlife, spirituality, God within, Soul healing, meditation, higher self, Christian mysticism, spiritual growth, inner peace.

What if everything you've been taught about your Soul is only half the truth?

Edgar Casey, known as the Sleeping Prophet, revealed something that completely redefines how we understand who we are. He said, "Your Soul and your Spirit are not the same, and that your Spirit carries the eternal spark of the Creator Consciousness, while the Soul holds the story of every life you've ever lived." This distinction changes everything. How we see death, reincarnation, heaven, and even your purpose on Earth. Casey explained that the Spirit is the divine essence that can never be corrupted. But the Soul is the traveler. It learns, fails, grows, and carries the record of your choices across lifetimes. Most people live their entire

lives without ever realizing this difference. And that ignorance, he said, keeps the Soul trapped in confusion and pain. What would change in your life if you finally understood who you really are?

Let's uncover what Edgar Casey discovered about the shocking difference between your Soul and your Spirit. For Edgar Casey, the difference between the Soul and the Spirit wasn't a theory. It was a divine revelation that came through hundreds of his documented readings.

When he entered a deep trance, Casey could access what he called the Akashic records, a spiritual archive where every thought, action, and emotion of every Soul was preserved. From that sacred dimension, he saw that the human being is not one thing but three: Body, Soul, and Spirit. The body is the temporary garment, the vessel through which the Soul experiences material life. The Spirit is the spark of God, pure, perfect, unchangeable. And between them, the Soul acts as the bridge, the link that connects divine Consciousness to human experience. Casey said, "The Soul carries both the memory of God and the scars of time. It is the part of you that learns, falls, shows compassion, suffers, and grows through countless incarnations, always seeking to become one again with its Spiritual Source. The Spirit in Casey's words never sins, never fears, and never dies. It is the image of the Creator

within you. But the Soul is shaped by free will and can either reflect that light or hide from it.

Every thought, every emotion, every action is a stroke on the canvas of your Soul. That's why Casey insisted that salvation isn't about escaping the world, but transforming it from within through choices that align the Soul with the Spirit's purity. He warned that when the Soul forgets its Divine Origin, it becomes restless, anxious, and lost in material illusions. But when it remembers that the Spirit of God lives within, everything changes. Life becomes a classroom instead of a battlefield, and suffering becomes a lesson instead of punishment. Casey explained that this misunderstanding, the confusion between Soul and Spirit, is what keeps Humanity spiritually asleep. We worship the outer, but we forget the inner. We pray for signs while the eternal Spirit inside us whispers constantly, waiting for us to listen.

He often said that Jesus Christ was the perfect example of what it means to live as a Soul fully surrendered to the Spirit. Christ's life showed that the divine and the human can coexist in harmony when compassion governs the will. To Casey, the Christ Spirit wasn't limited to one man. It was the potential hidden in every human Soul; the possibility of awakening the Divine Essence within.

That's why he urged people to stop seeking God only in churches, books, or rituals and start seeking him within the silence of their own hearts. The kingdom of God is within you, he repeated, echoing the same words that Christ spoke. But finding it requires discipline, humility, and daily communion with that inner voice.

Meditation, prayer, forgiveness, and acts of compassion were not just moral advice for Casey. They were ways of remembering the Soul's true identity.

Every time you choose GOOD over EVIL, you lift your Soul closer to the vibration of your Spirit. Every time you serve selflessly, you allow the Spirit of God, the Creator Consciousness, to act through you.

When people asked Casey if the Soul and Spirit were the same, he would say, "The Spirit is life. The Soul is the record of that life." That simple phrase carried profound meaning. Your Spirit is what gives you existence. The Divine Breath that animates your being. Your Soul is the story that breath has written through the Ages of Experience. Understanding this case, he said, changes the way you see yourself and others. You stop judging people for their flaws because you begin to see them as Souls in different stages of remembering who they are. You realize that even those lost in darkness carry the same Spirit that lives in you, the same spark of the Creator.

Casey explained that the Soul is like a traveler crossing vast landscapes of experience, lifetime after lifetime, always carrying fragments of light and shadow within. Every act of kindness expands the Soul's light, and every act of selfishness darkens it, but neither can ever extinguish the Spirit inside. The Spirit remains untouched. eternal, radiant, and one with God. The Soul's purpose, according to Casey, is to gradually become aware of that inner perfection and reflect it more purely with each incarnation.

He said that this journey is not a punishment, but a divine opportunity. Each lifetime is a classroom, each challenge a teacher, each relationship a mirror showing where compassion still needs to grow. When you begin to see life this way, you stop asking why this is happening to me, and start asking, what is this trying to teach my Soul? That shift in perception is what Casey called the Awakening.

He also warned that many Souls often lose themselves in material ambition, believing that happiness is found in wealth, fame, or power. But these, he said, are only shadows that fade. True fulfillment is Spiritual Alignment. That state where the Soul no longer resists the will of the Spirit.

He compared it to finely tuning an instrument.

When your thoughts, emotions, and actions vibrate in harmony with your Divine Essence, peace flows naturally.

That's when you feel the presence of God, not as an idea, but as a living force guiding every breath.

Casey believed this harmony was what Christ lived perfectly. Jesus didn't come to show superiority, but to show what it looks like when the human will IS ONE with divine purpose. When people asked Casey how to strengthen their connection to the Spirit, his answer was always simple but profound. Live with compassion. Compassion, he said, is the language of God, the vibration of the Spirit itself.

Every act of compassion aligns the Soul with its infinite Source. Forgive those who hurt you, because forgiveness dissolves the barriers that block that divine current. Pray not to change God's mind but to open your heart to his. Meditate not to escape reality, but to listen to the still small voice within that always knows the truth.

He explained that God never stops speaking, but most of us live surrounded by so much noise that we forget how to hear him. The Soul rediscovers peace the moment it listens again. That is why Casey said that spiritual growth is not about acquiring more knowledge. It's about remembering what you already are. Beneath your fears, your desires, your doubts, there is a quiet awareness untouched by time or pain. That is your Spirit.

When you act from that awareness, even in small ways, offering comfort to a stranger, showing patience instead of anger, you are living as a Soul guided by the Spirit. Every time you choose compassion, you move one step closer to God's light. If this message speaks to your heart, take a moment to like this video and subscribe, because together we are building a community of Souls learning to live through Spirit.

Casey also spoke about the moments after death, when the Soul leaves the body and becomes fully aware of its own record.

The Spirit, still pure, watches as the Soul reviews the story it has written.

There is no external judgment, only the deep recognition of truth, the realization of how your choices aligned or resisted the divine will. The Soul feels the elation of every act of compassion, and the weight of every missed opportunity to express it. But even then, God does not condemn. He calls the Soul to continue its journey toward light, towards benevolence.

That's why Casey emphasized mercy and grace as the essence of divine justice. The Spirit never punishes. The Spirit only invites. Casey often reminded his followers that spiritual awakening is not a sudden miracle, but a daily discipline. He said that even small, consistent acts of compassion and

prayer can awaken the Soul more deeply than years of religious study without humility. He explained that faith without action is incomplete because the Soul must express what it knows.

The Spirit gives life, he said. But the Soul must choose how to use it. That means every thought, every emotion, every decision carries spiritual consequence. When you think with anger, you cloud your Soul's light. When you think with compassion, you let God shine through you. Casey believed that our world reflects the collective condition of Humanity's collective Soul, which is why healing yourself contributes to healing the planet. He urged everyone to begin within, to forgive, to pray, to be still, to have compassion, and to remember that the Spirit is not outside reaching in, but within reaching out. He taught that the body, too, responds to the alignment between Soul and Spirit.

Many of his readings connected illness to spiritual imbalance, showing that resentment, guilt, and fear can manifest as physical suffering. But the cure, he said, is not only medical, it is spiritual. When the Soul finds peace, the body follows. He described healing as a natural consequence of harmony between the divine and the human. This is why he encouraged prayer, not just for health but for understanding.

To Casey, every illness was a message, a gentle reminder to realign the Soul with its infinite Source. And every healing was evidence of God's Spirit still moving through creation.

When people asked if the Spirit could ever be lost, Casey was clear. The Spirit cannot be destroyed, but the Soul can forget it. Forgetfulness is what he called spiritual sleep. The Soul wanders through one's varied life experiences, building identities and desires, mistaking temporary pleasures for eternal ones. But at some point, every Soul begins to hunger for something higher. That hunger is the call of the Spirit awakening within. It might appear as a moment of pain, loss, or crisis, but beneath it is grace guiding the Soul back to remembrance.

Casey said that suffering is not divine punishment. It is divine permission. The universe allows the Soul to rediscover what truly matters. He also said that Jesus was not a distant figure to be worshiped, but a living example to be followed. To Casey, Christ's Spirit is the pattern that every Soul can awaken to. Let the mind of Christ be in you, he would quote. The Christ Consciousness, he explained, is not an exclusive gift. It is the natural state of the Spirit when it fully expresses through the Soul.

When you forgive your enemies, when you show compassion without expecting return, when you serve with joy, you are

already living in Christ Consciousness. The spirit in you and the spirit of God become one vibration. That unity is the goal of existence. to let God live through you so fully that fear disappears and compassion becomes your nature.

Casey said that this is salvation not through belief alone, but through transformation.

Casey explained that the greatest tragedy of Humanity is forgetting its divine origin. He saw that most people pray to a distant God while carrying that same God within.

You are a spiritual being having a human experience. He proclaimed that long before those words became popular.

This isn't poetry. It is a literal truth.

The spirit within you is a fragment of the Creator. And when the Soul lives in harmony with that truth, life gains full purpose, direction, and peace.

Casey believed that sin is simply separation. The moment the Soul acts without awareness of its spirit. Every selfish choice, every lie, every cruelty is a symptom of that forgetfulness.

But the moment you remember that God lives through you, you stop fearing death. You stop comparing yourself to others. And you begin to live with quiet certainty that you are loved by the Creator Consciousness beyond measure. The spirit doesn't condemn the Soul for wandering. It patiently

waits for the Soul to awaken and return home. He often said that we do not earn heaven. It's already within us. The task is not to climb toward God, but to uncover what blocks our awareness of that spiritual connection.

Pride, anger, and guilt are the clouds that hide the light of that connection, but prayer and service clear the sky.

Casey taught that the most powerful prayer is not asking for miracles, but saying, "Use me, Lord."

When the Soul prays this way, the spirit flows freely, healing wounds, winning hearts, and restoring purpose. He saw this alignment as the true meaning of redemption, not escaping sin, but transforming it into spiritual wisdom. Even the darkest experiences become sacred when the Soul learns from them. Casey said that God wastes nothing, not even pain, because every tear can become light if the Soul chooses to understand.

He also taught that the earth itself is a school for the Soul. Every challenge, every heartbreak has meaning in the divine plan. The people who test you are all instruments of growth. Some Souls come into your life to teach you compassion. Others come to mirror your own weaknesses so you can heal them. Once you see this, judgment fades. You realize that everyone is doing the best they can from their level of awareness. This doesn't mean excusing wrongdoing, but

understanding that the remedy is always compassion. Casey said that compassion is the one force that survives death, and that the connections built in compassion continue in the next world. The Soul that learns to show merciful compassion has already touched heaven.

He reminded his followers that Christ never promised an easy path. The cross, he said, symbolizes the meeting point between human will and divine will. To follow Christ is to surrender to the spirit within and allow it to guide even when the way is uncertain. The more the Soul yields, the more the spirit shines.

That surrender is not weakness; it is power. The world teaches control, but God teaches us to trust in the Creator Consciousness. And when you trust, the burden lifts. You begin to live, as Casey described, not as a body struggling to find the spirit, but as a spirit using a body to express divine compassion. That realization alone can transform the way you see life, death, and eternity.

Casey's message was never meant to create followers. It was meant to awaken the Children of God who had forgotten their origin. He said that if every person truly understood the difference between the Soul and the spirit, war, hate, and division would end. Because once you recognize that

everyone carries the same divine essence, judgment becomes impossible.

The spirit in you is the same in your neighbor, in your enemy, in the stranger you overlook. We are many Souls, but one spirit.

The illusion of separation is what causes all suffering, and the remembrance of unity is what brings salvation. That's why Casey insisted that compassion is not an emotion. It's a spiritual law. The more you live in harmony with that law, the freer your Soul becomes.

You stop reacting with anger or fear and start responding with understanding. You realize that every conflict is just the Soul's struggle to remember the peace it already possesses. In his final years, Casey said the future of Humanity depended on whether Souls would awaken to their divine nature or remain asleep in material darkness.

He saw that the coming age would test our collective faith. Technology would grow, but only a few would keep this spiritual wisdom to use it for compassion. He warned that the world's salvation would not come from politics or power, but from individuals who live as examples of spirit-led lives. Each person who forgives, who prays, who displays compassion without reason, becomes a part of the light, pushing back the world's shadow.

He called this the return of the Christ Consciousness. Not one man descending from the sky, but millions of Souls simply remembering their divine spirit within.

To Casey, the Soul and spirit are not two separate forces fighting inside us. They are a metaphorical dance. The spirit provides the music. The Soul learns the steps. Every mistake, misstep, and every success, or every moment of forgiveness, refines that dance until it becomes graceful again.

The day you stop identifying with your pain and start identifying with your spiritual purpose, you begin to live as spirit in form. The voice of God, once distant, becomes intimate. You feel guided, not because you are special, but because you are finally listening. That is the transformation Casey lived and wanted others to experience. A faith so real that it turns knowledge into compassion and compassion into service.

Always remember what Casey taught. The spirit is the life, the mind is the builder, and the physical is the result. Your life right now is a reflection of your Soul's construction. If you want to see change, build differently. Think with kindness, act with faith, and speak with compassion. The Soul transforms through practice, not theory. And when it finally mirrors the purity of benevolent spirit intention, peace flows effortlessly.

This is what Jesus meant when he said, "I and the Father are one."

You were meant to reveal the true nature of the greater universe through every thought and every action. Your reassuring, benevolent voice, intentions, and actions are always meant to awaken someone else's spirit.