



MAESTRO DEFENCE SYSTEM

(MDS) was created by Fred Mastro, an international expert in self-defense and a specialist in knife fighting or any improvised weapon, over 20 years.

Fred Mastro is a trainer in:

1. Civil Self Defense
2. PRIVATE SELF-DEFENSE, SECURITY, POLICE, AND MILITARY
3. CLOSE - PROTECTION SERVICES
4. FIGHT CHOREOGRAPHER CINEMA & REGULATOR PHYSICAL CASCADES

The MDS is a system adapted to defend yourself effectively during a street assault. This system, which is experiencing a meteoric rise, is present in Europe, Canada, the USA, and South Korea (Seoul). MDS also offers instructor training or corporate seminars.

Who is Frédéric Mastro?

Frédéric Mastro is an expert in personal defense. With his experience of midnight portering and close protection for more than 20 years, he has created a simple, effective, and realistic system to deal with the various assaults of the current urban violence. Evolving in the world of security, it has to adapt certain techniques in order to answer the needs and legislation rigorously. There is, therefore, personal self-defense and professional self-defense. What he brought to MDS TACTICAL.



The selection:

Fred Mastro wants to be selective in the choice of his students and the techniques taught. The MDS therefore encompasses a whole series of techniques, tactics, and behaviors that are specific to the various security and close protection professions, as well as to civilians (the latter must have all the conditions of good honorability). They have proved their efficiency many times in real conditions!

Based on the reality of the street!

The MDS offers a professional system of personal defense and control of individuals based on the experience of many agents of the world of night, private and public security, and APR.

The private or the professional will adopt an appropriate purpose according to the type of aggression and the level of risk; the response must be proportional to the attack. This makes the MDS an ideal work tool for anyone working in the field of private or public security.

Experience:

Courses and personal defense courses are offered to help professionals work more safely and to preserve their physical integrity, that of their colleagues, as well as that of the assailant or the aggressor.