

The Hidden Teachings of Jesus: Awakening the Pineal Gland for Spiritual Enlightenment

The pineal gland, often referred to as the "third eye" in spiritual traditions, has long been associated with higher consciousness, enlightenment, and divine connection. Many spiritual seekers believe that Jesus' teachings contain hidden references to activating this gland to achieve spiritual awakening. In this article, we will explore the connection between Jesus' teachings and the activation of the pineal gland, drawing from biblical symbolism, ancient wisdom, and modern spiritual insights.

Understanding the Pineal Gland: The Seat of the Soul

The pineal gland is a small, pea-shaped gland located in the center of the brain. It regulates circadian rhythms by producing melatonin and has been linked to mystical experiences, altered states of consciousness, and spiritual awakening. Some traditions suggest that activating the pineal gland enhances intuition, deepens meditation, and connects individuals to divine wisdom.

The philosopher René Descartes famously called the pineal gland the "seat of the soul," suggesting that it plays a central role in human consciousness. Ancient cultures, including the Egyptians and Hindus, also recognized its significance, often depicting it symbolically in their art and scriptures.

Biblical Symbolism and the Pineal Gland

While the Bible does not explicitly mention the pineal gland, many believe that Jesus' teachings allude to its activation through metaphor and deeper spiritual meaning.

1. "The Eye is the Lamp of the Body" (Matthew 6:22-23)

One of the most commonly cited verses in relation to the pineal gland is Matthew 6:22-23:

"The eye is the lamp of the body. If your eye is healthy, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness."

Many spiritual interpreters suggest that "the eye" refers to the third eye, or pineal gland. A "healthy" or "single" eye may symbolize an awakened pineal gland, leading to enlightenment and divine connection.

2. "Be Transformed by the Renewing of Your Mind" (Romans 12:2)

Jesus and his disciples frequently emphasized the importance of renewing the mind. This concept aligns with spiritual practices that focus on clearing mental distractions and awakening higher states of consciousness, often associated with pineal gland activation.

3. Jacob's Encounter with God at Peniel (Genesis 32:30)

In Genesis 32:30, Jacob says:

"So Jacob called the place Peniel, saying, 'It is because I saw God face to face, and yet my life was spared.'"

The name "Peniel" (sometimes spelled "Penuel") bears a striking resemblance to "pineal." Some believe this passage metaphorically describes an experience of spiritual awakening or enlightenment through the activation of the pineal gland.

Jesus' Spiritual Practices and Pineal Activation

Many of Jesus' practices and teachings align with methods believed to stimulate the pineal gland. Here are some key practices:

1. Meditation and Prayer

Jesus often retreated into solitude for prayer and contemplation. Regular meditation and deep prayer are known to enhance spiritual perception and activate the pineal gland by quieting the mind and fostering inner awareness.

2. Fasting and Detoxification

Fasting was a common practice in Jesus' spiritual discipline. Many believe that fasting helps decalcify the pineal gland, which can become inhibited by toxins like fluoride. A cleaner body and mind enhance spiritual receptivity.

3. Light and Sound Frequency Awareness

Jesus frequently spoke of light and sound in a spiritual sense. Exposure to natural sunlight, certain sound frequencies, and chanting sacred words (such as "OM" or biblical mantras) are believed to stimulate the pineal gland and expand consciousness.

4. Living in Love and Higher Consciousness

Jesus' core message centered on love, compassion, and forgiveness. Living in higher vibrational emotions aligns with spiritual awakening and may contribute to the activation of the pineal gland by raising overall consciousness.

Modern Scientific Insights on Pineal Activation

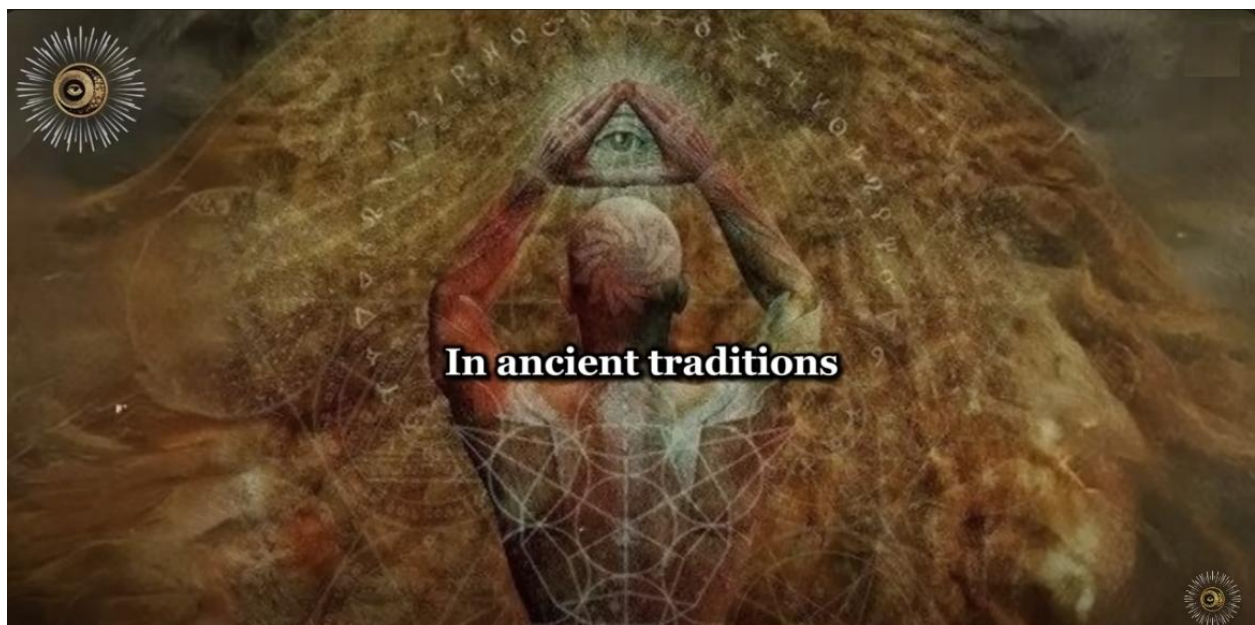
Recent research supports the idea that the pineal gland plays a role in spiritual experiences. Scientists have discovered that the gland contains photoreceptor cells similar to those in the eyes, reinforcing its connection to light perception. Additionally, some theories suggest that the pineal gland produces dimethyltryptamine (DMT), a compound linked to mystical experiences.

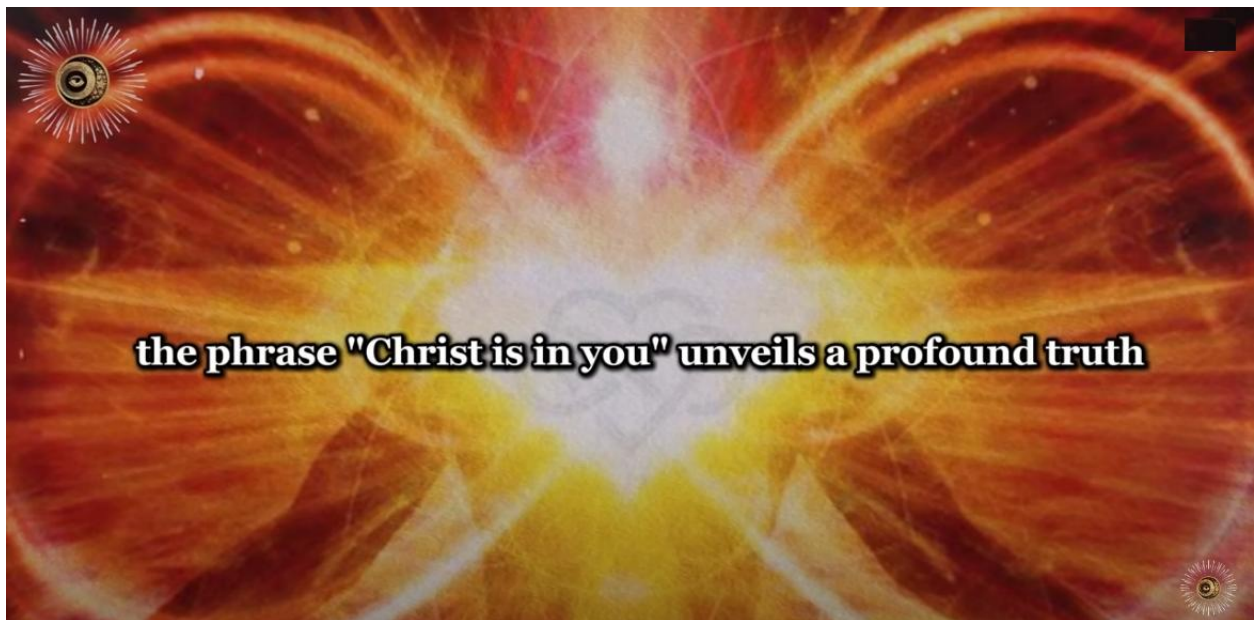
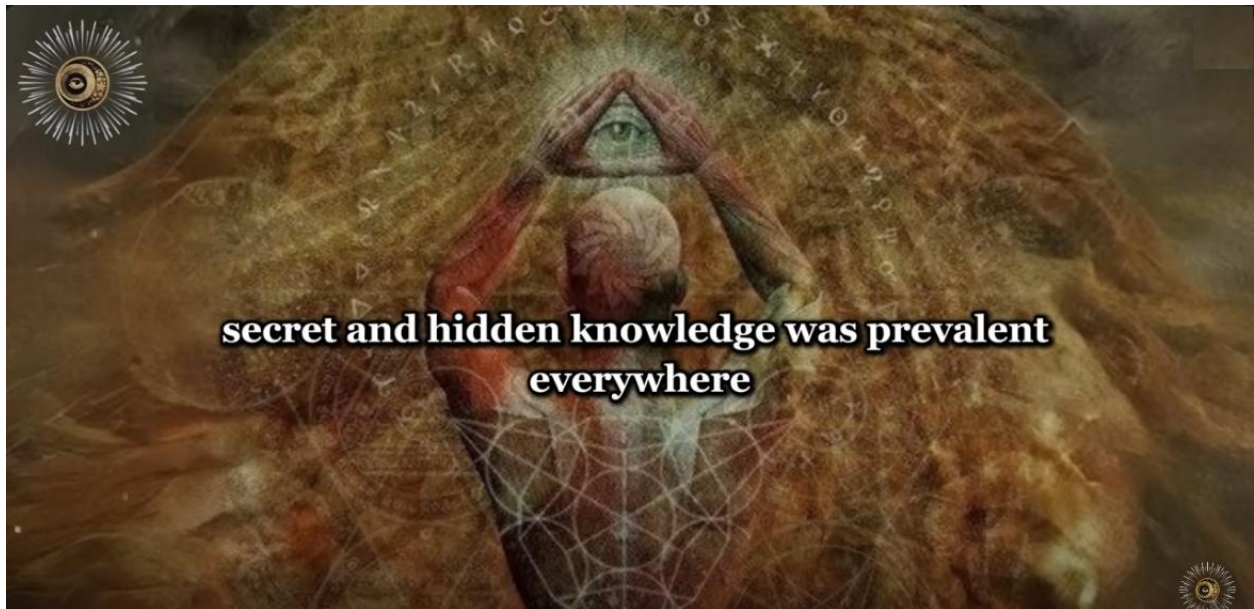
Spiritual practices like deep meditation, exposure to natural sunlight, and detoxifying the body can enhance pineal gland function, promoting a greater sense of divine connection.

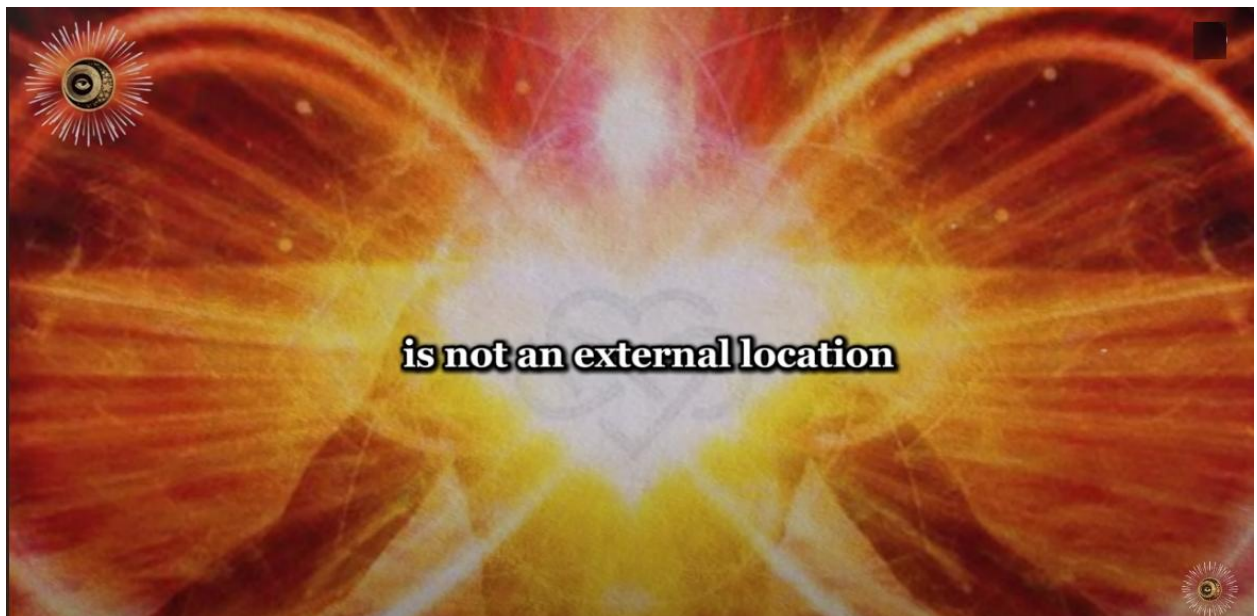
Conclusion: Awakening to Divine Truth

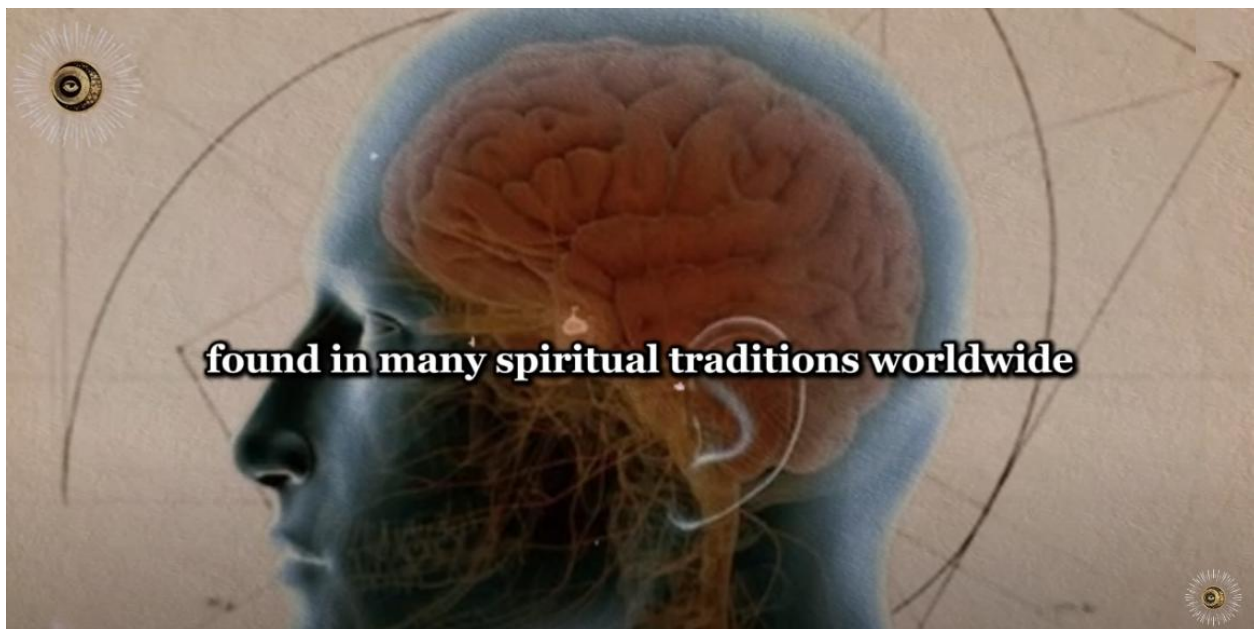
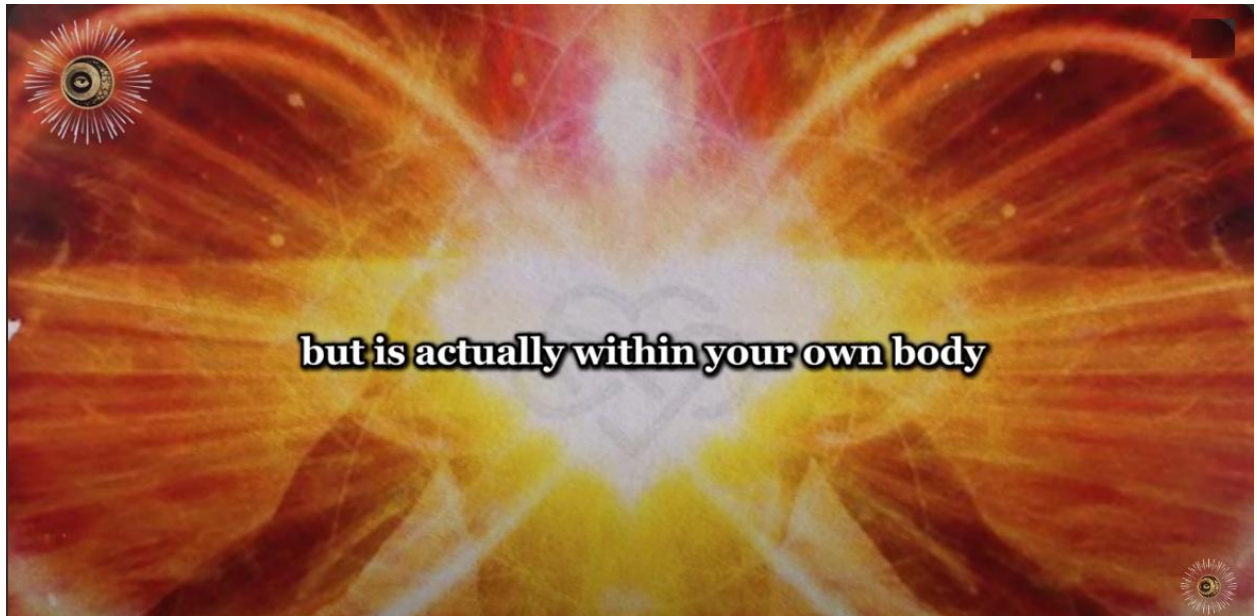
The teachings of Jesus contain profound wisdom that may guide spiritual seekers toward awakening the pineal gland. Through prayer, meditation, fasting, and living in alignment with higher consciousness, individuals can cultivate a deeper connection with the divine. Whether

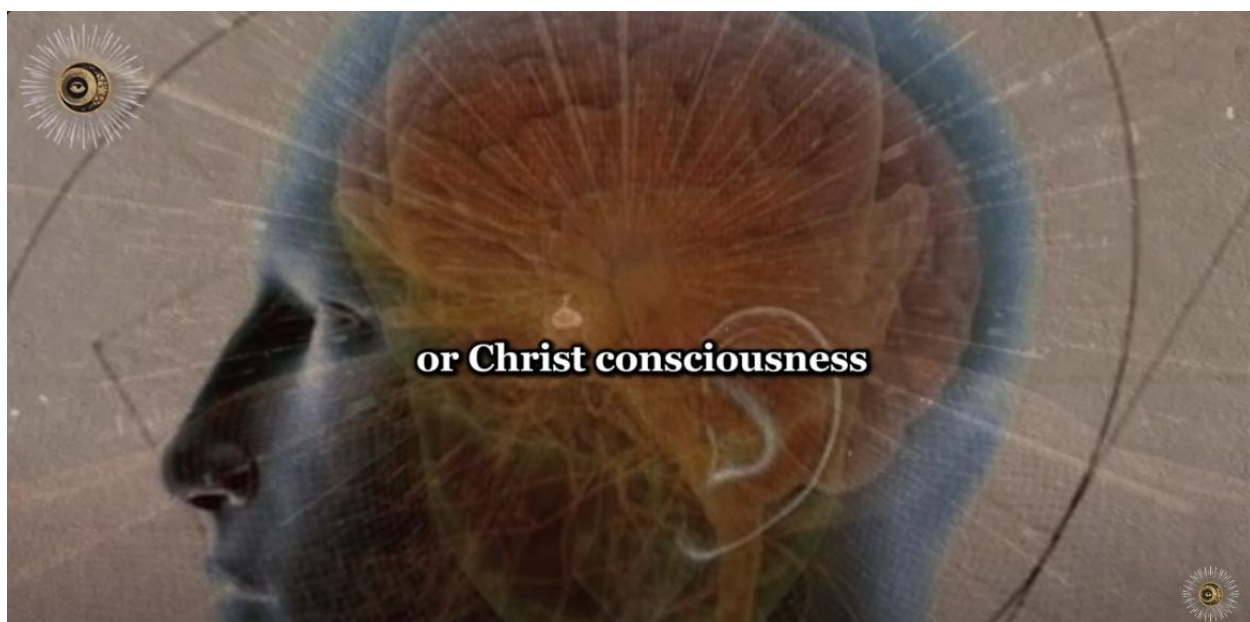
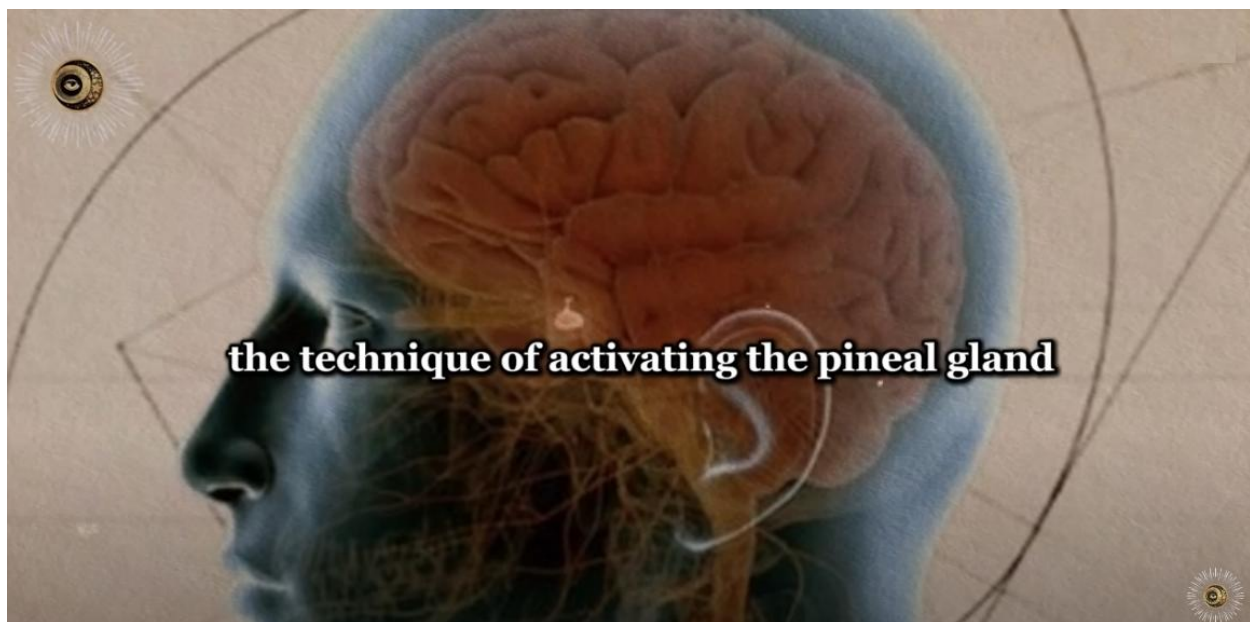
viewed through a religious or metaphysical lens, the pineal gland remains a key to unlocking spiritual awareness, just as Jesus' words encourage us to seek enlightenment, truth, and divine presence within.

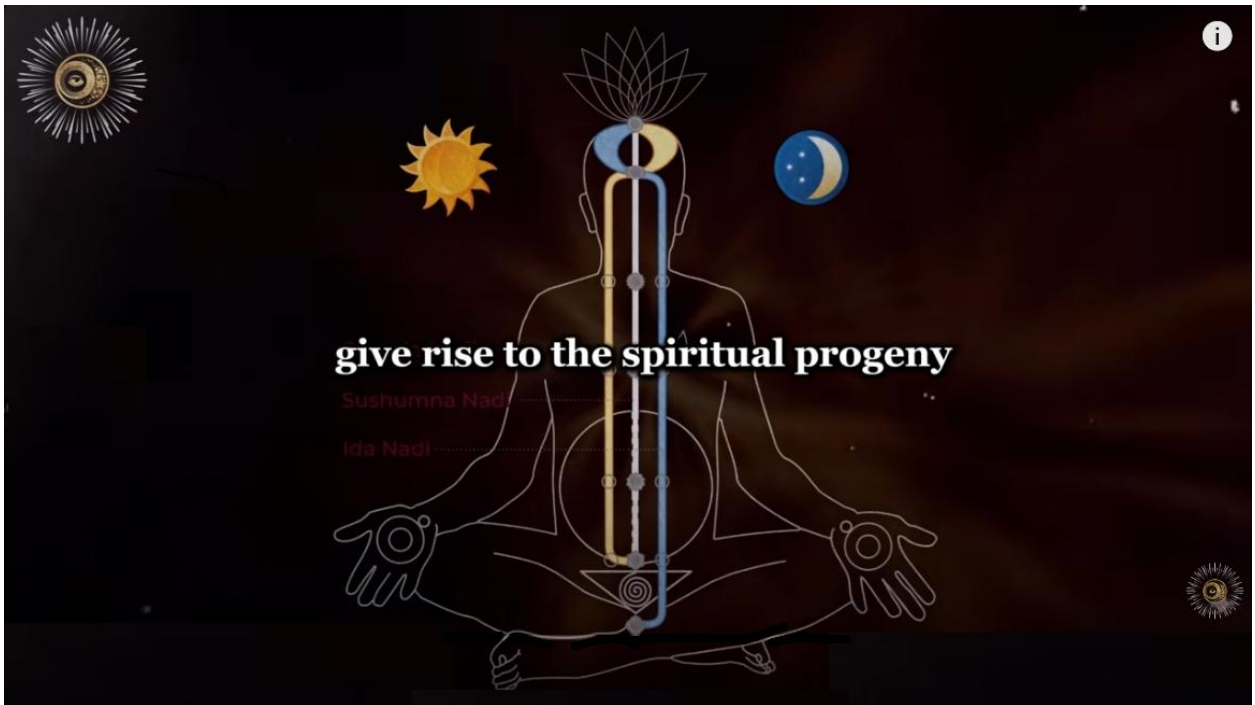


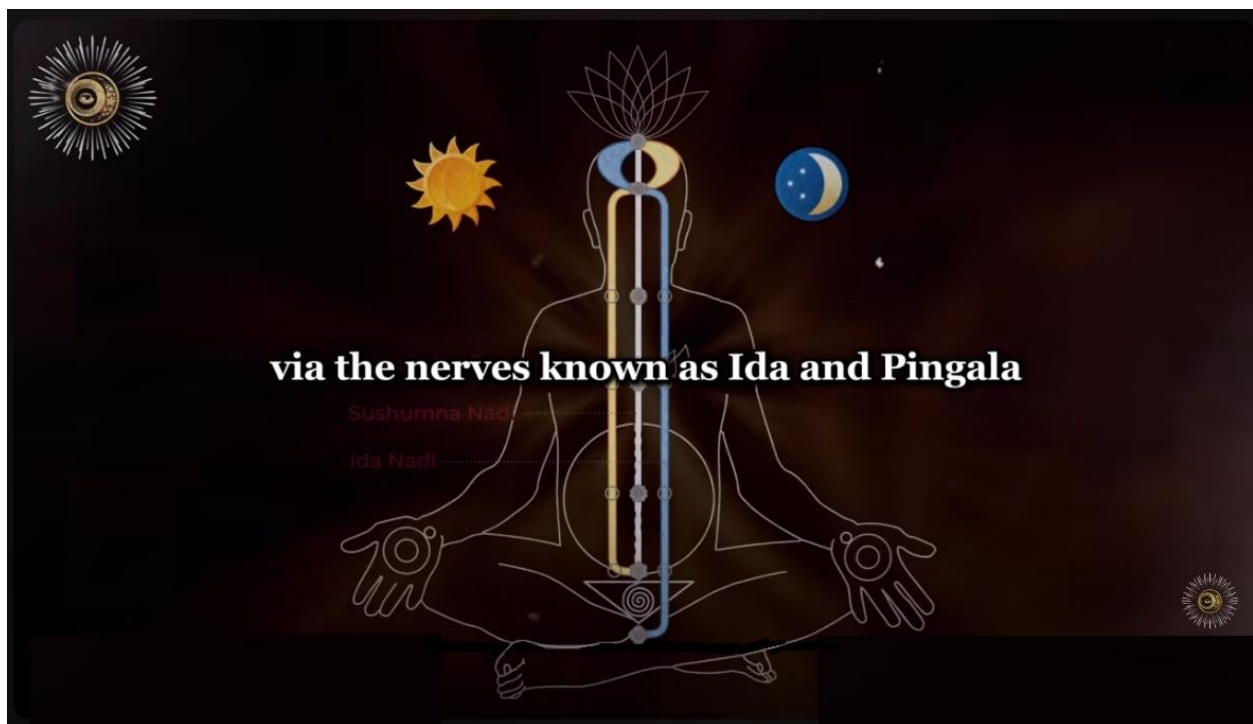


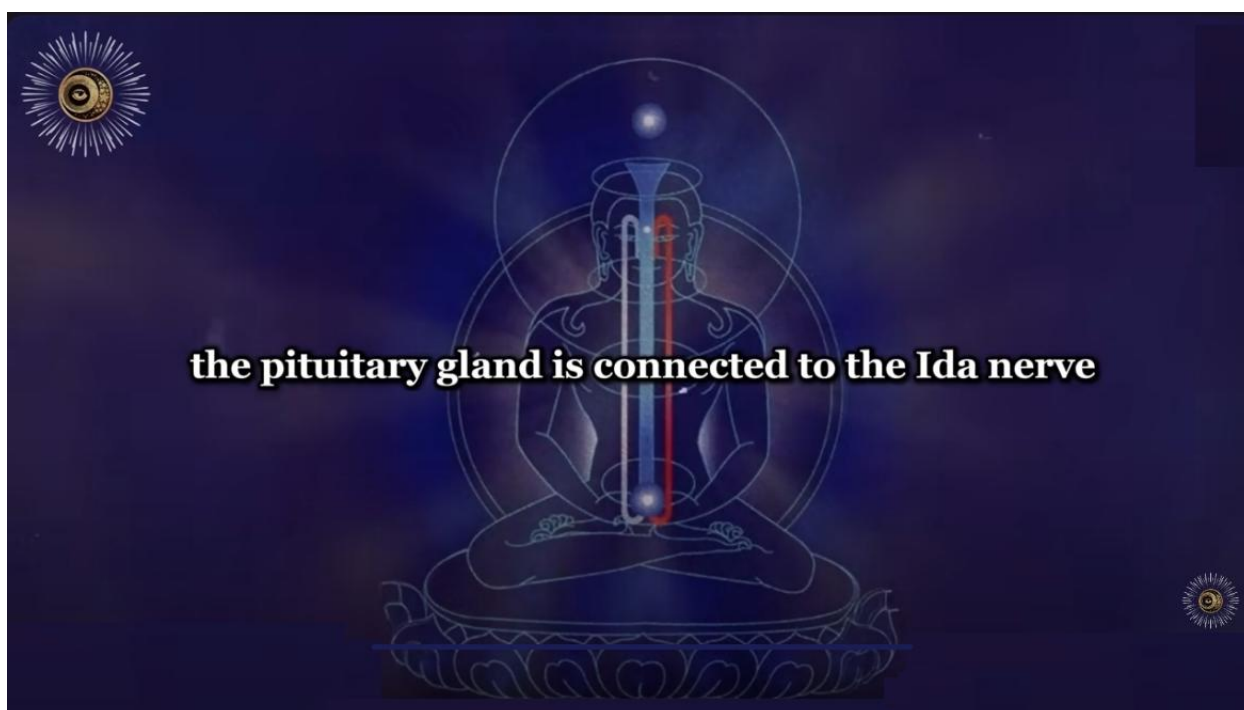


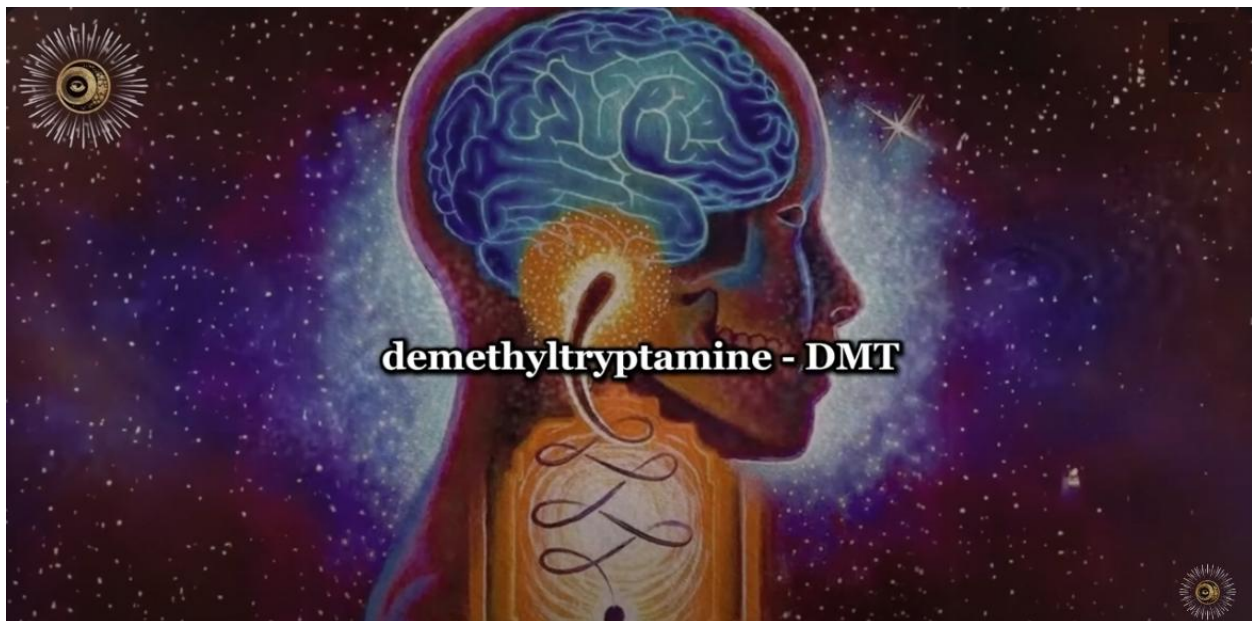
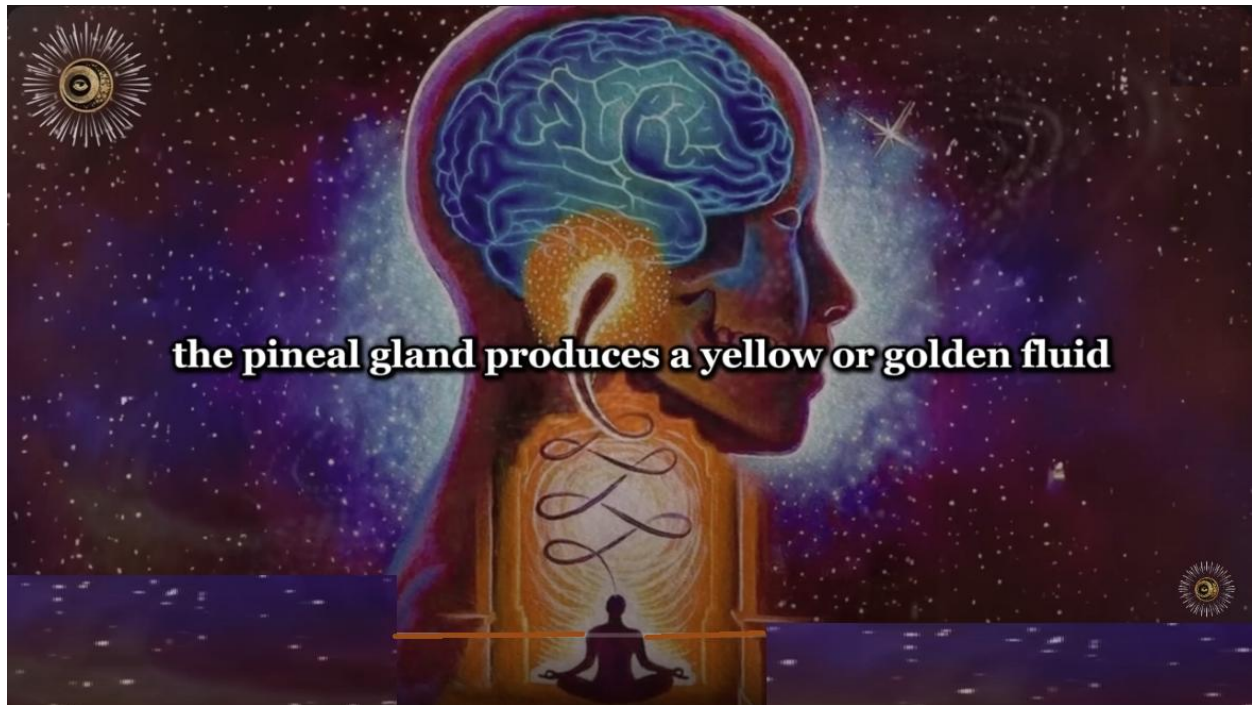


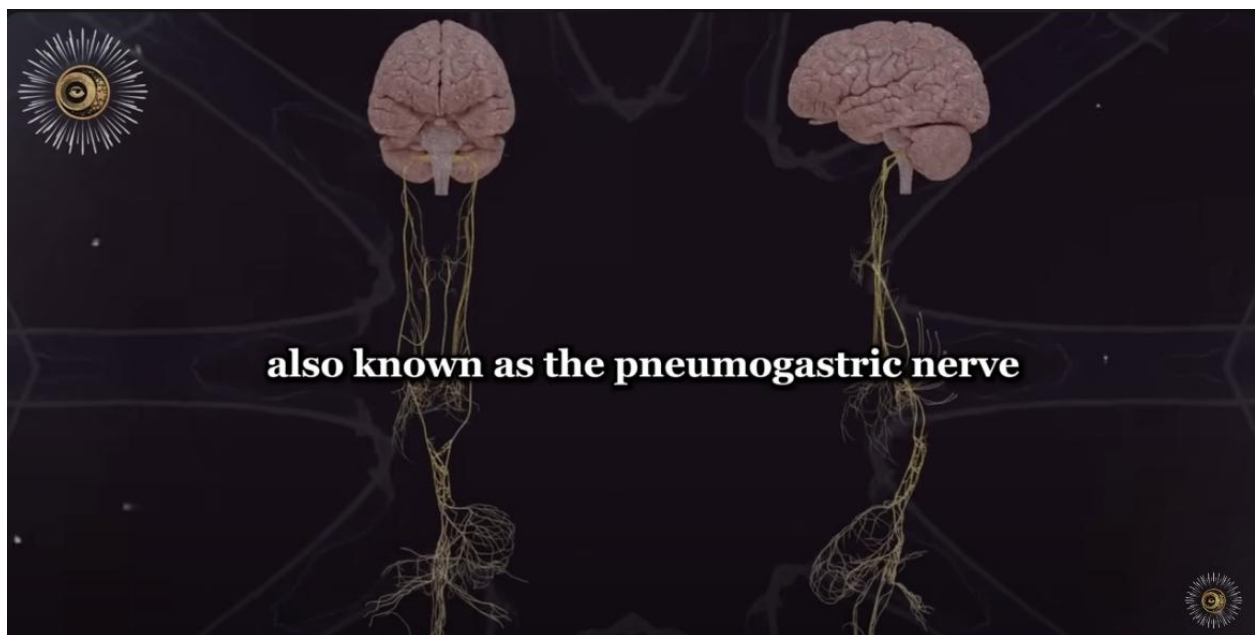
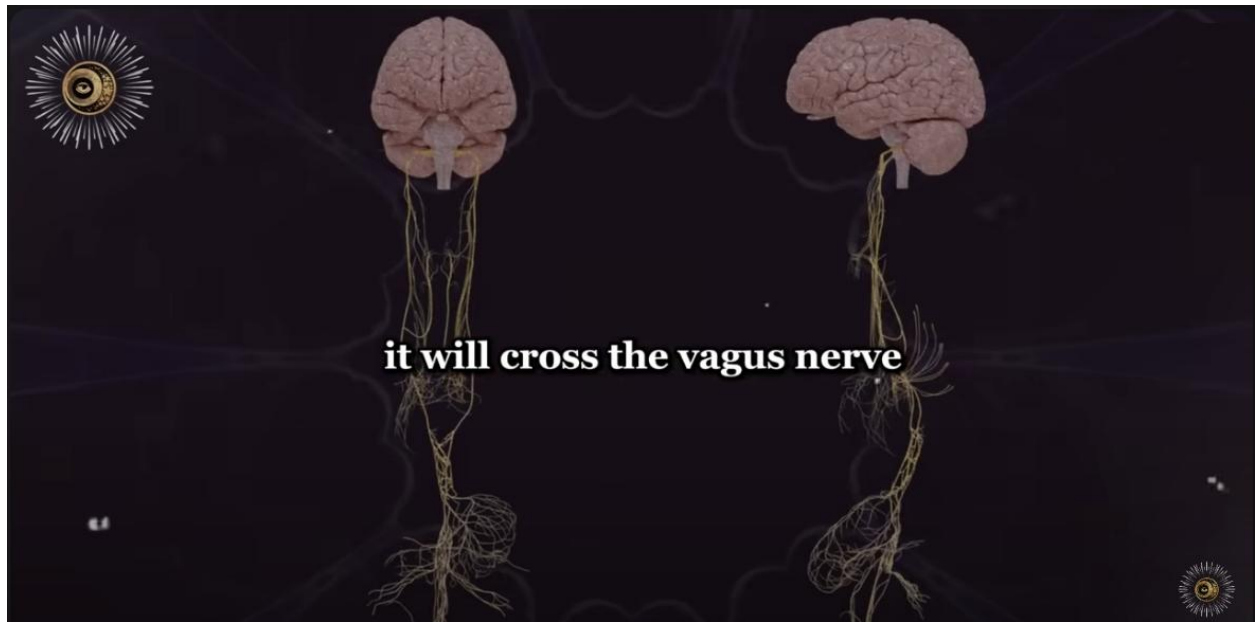


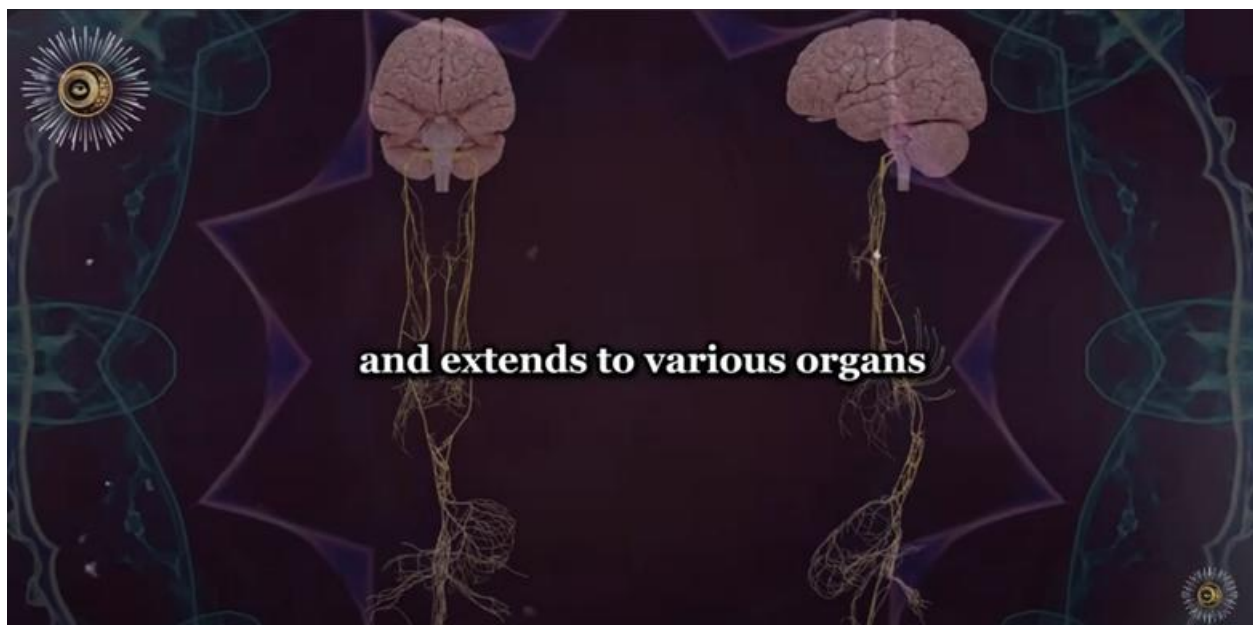
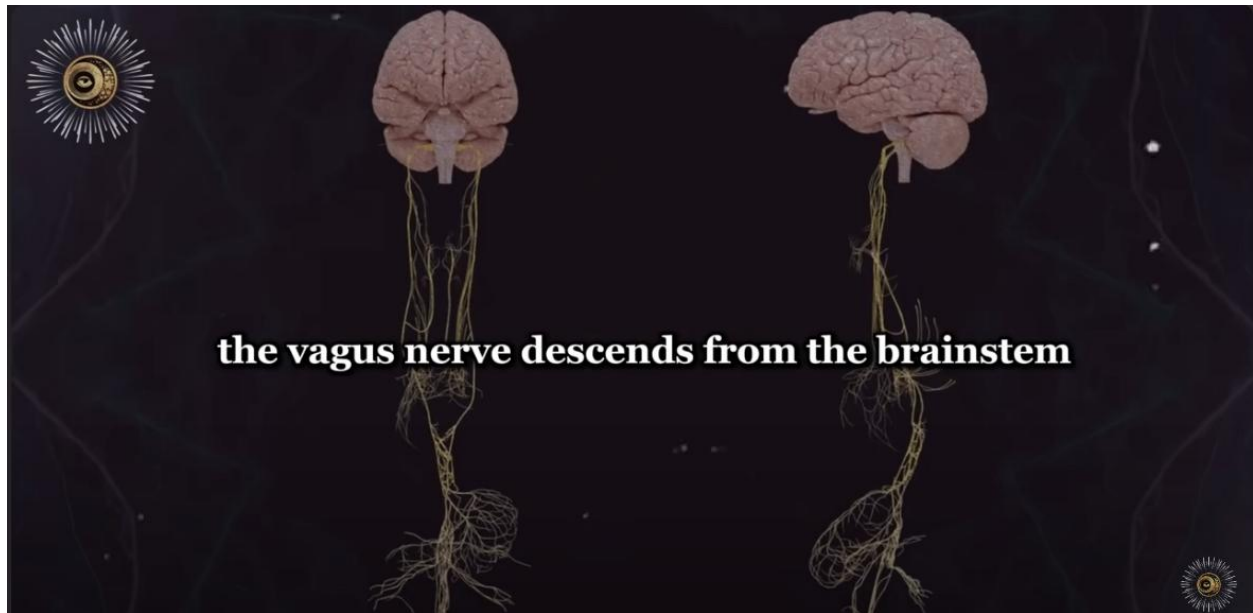


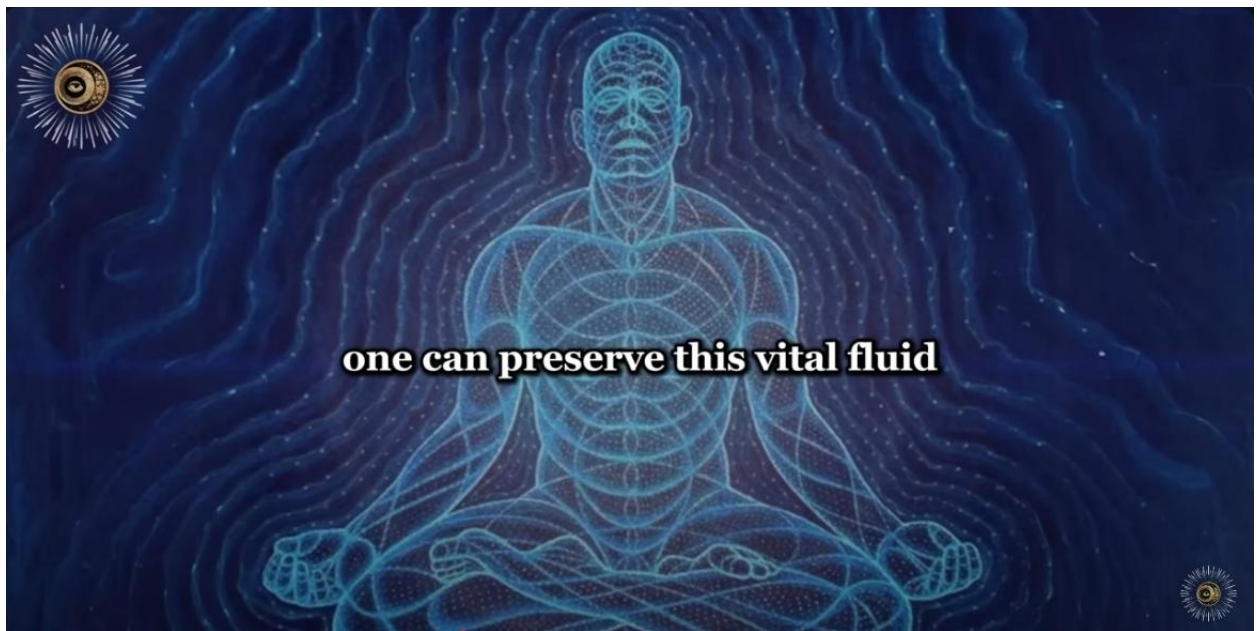
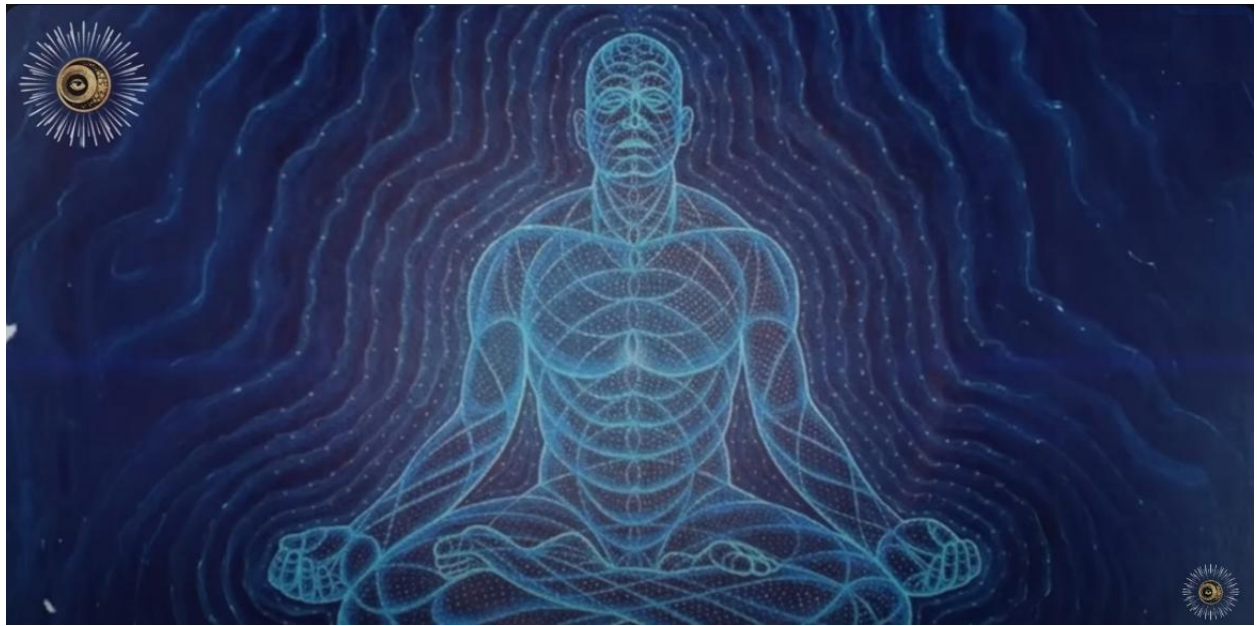


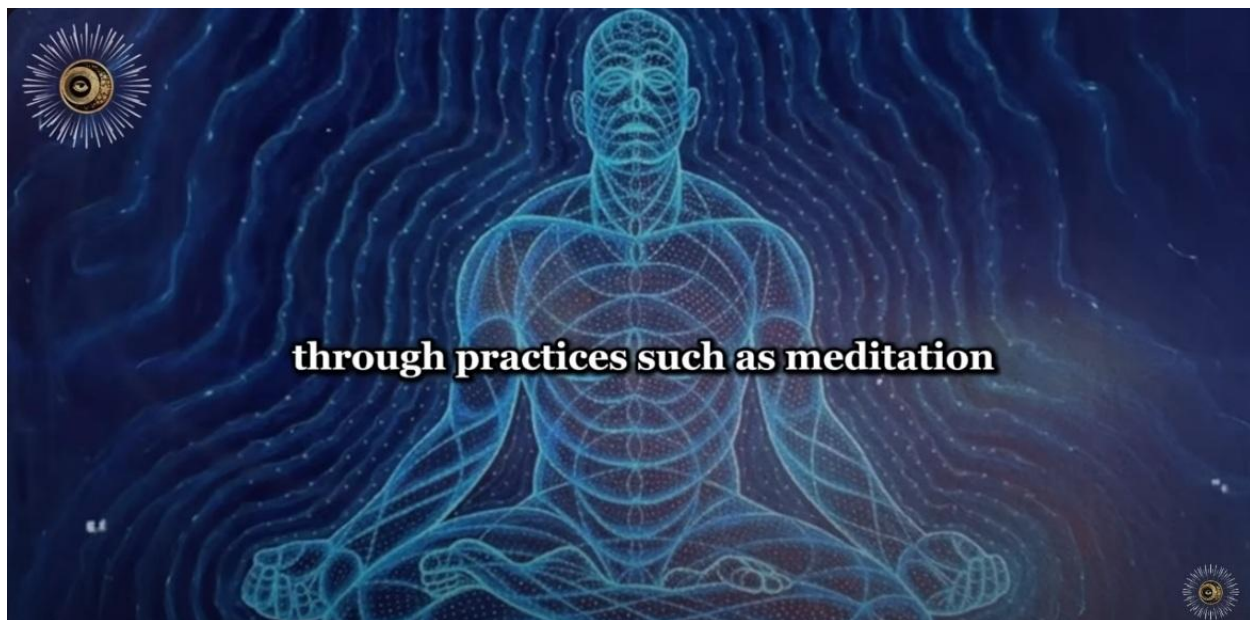




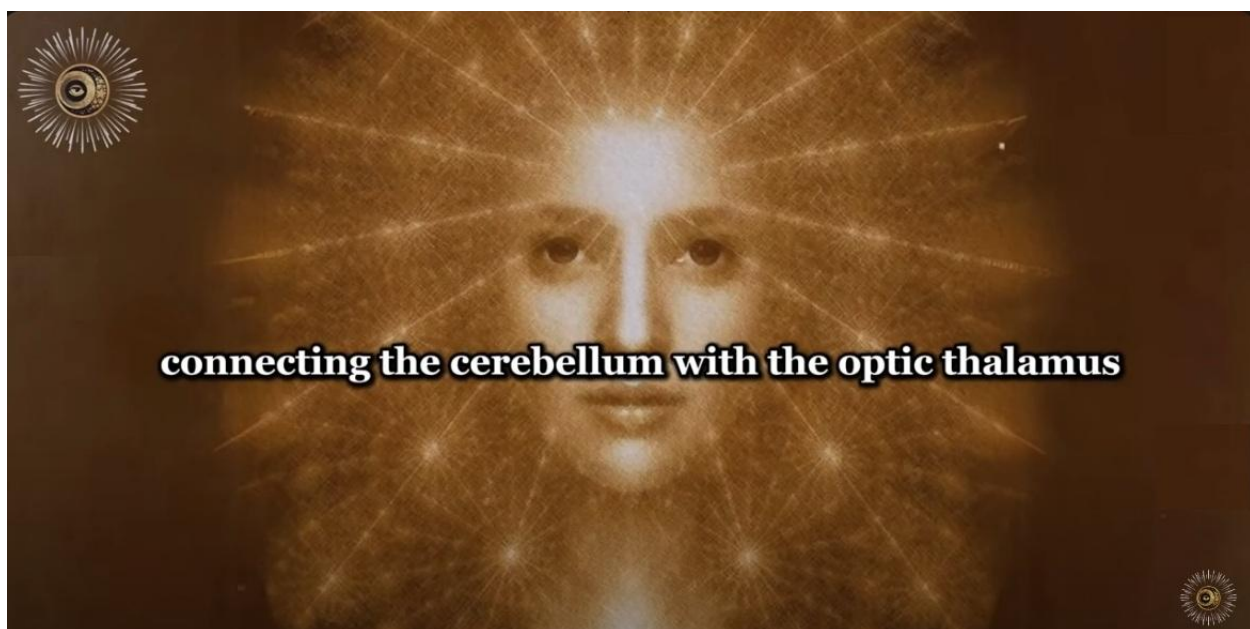




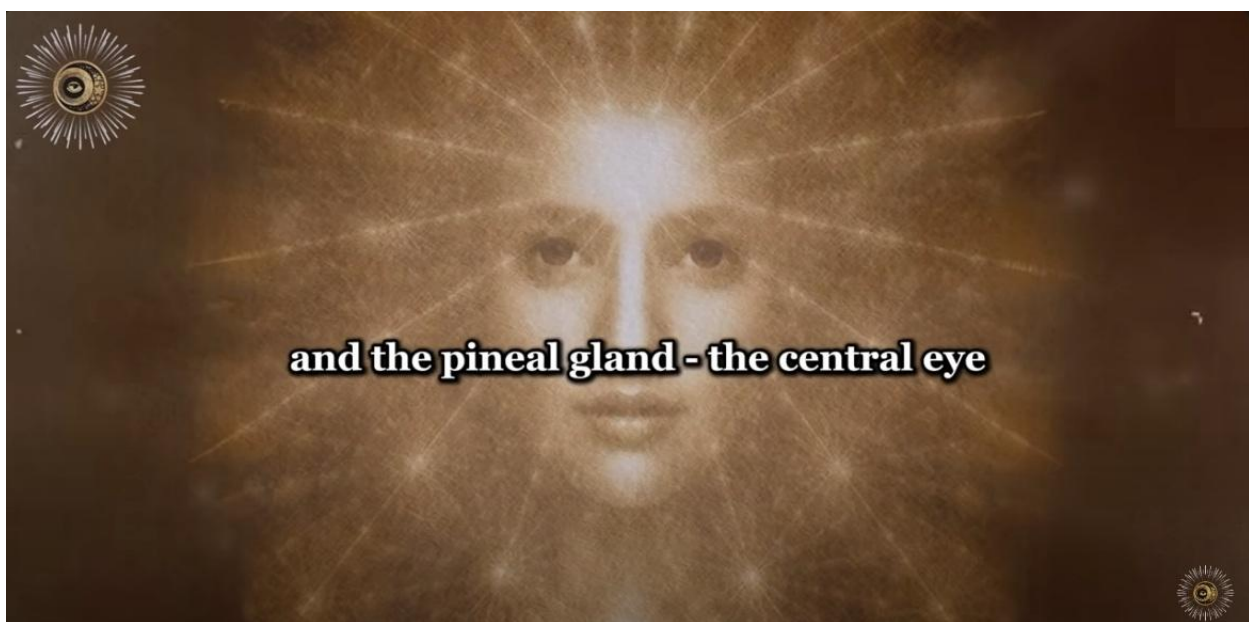
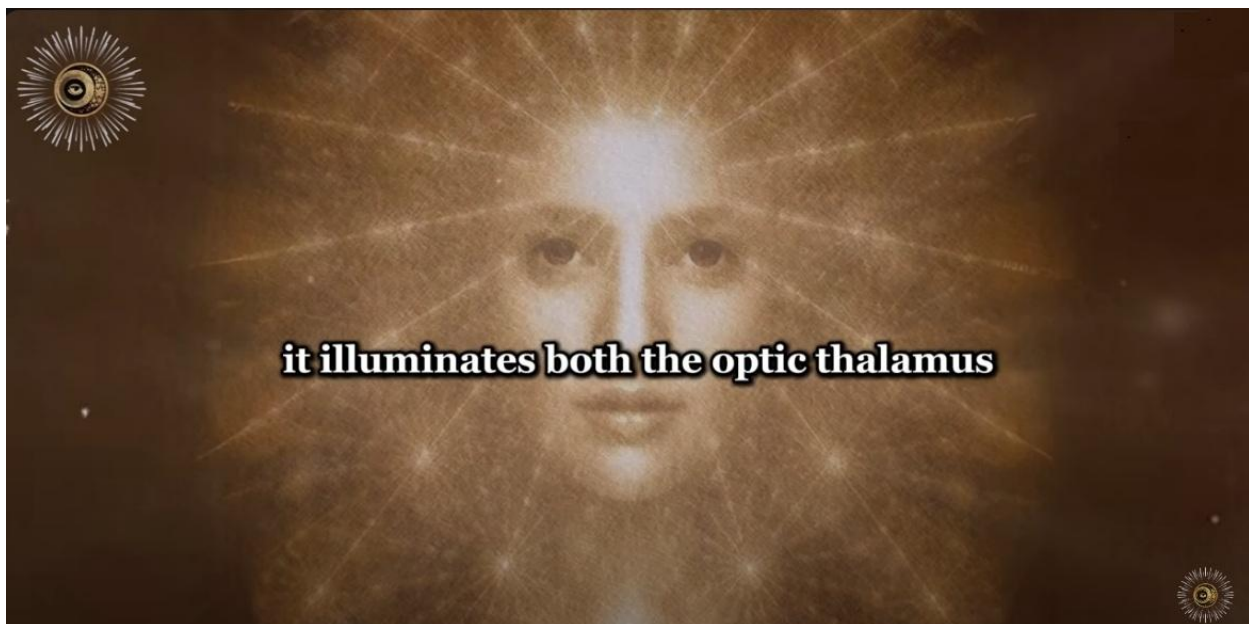


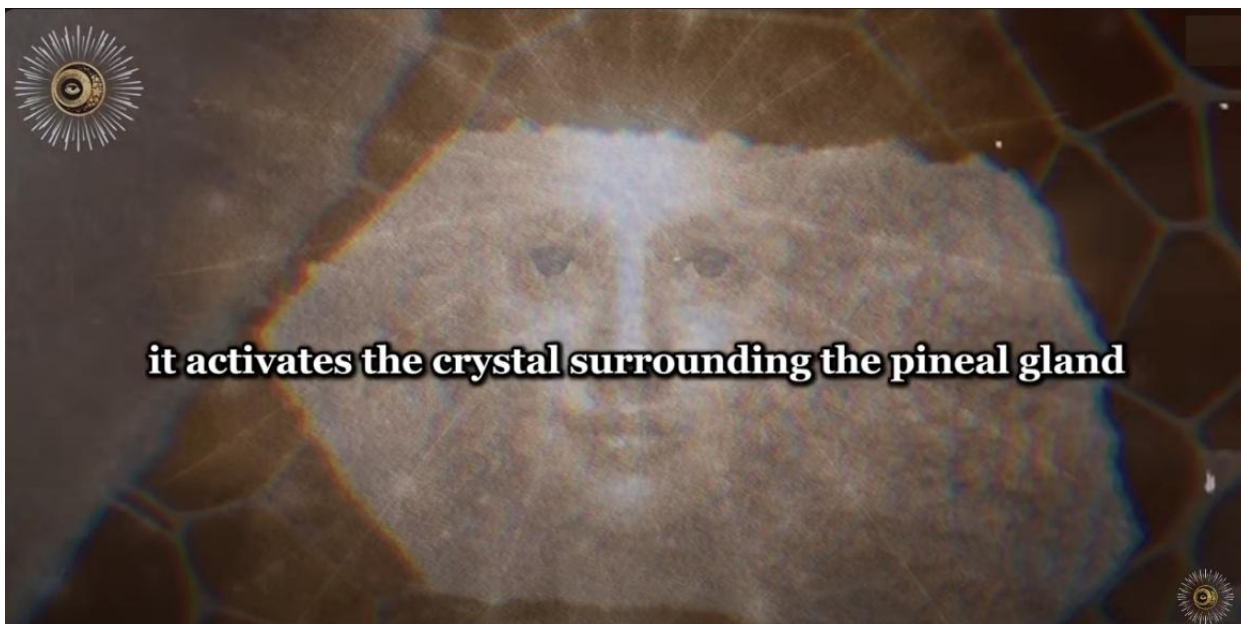


through practices such as meditation

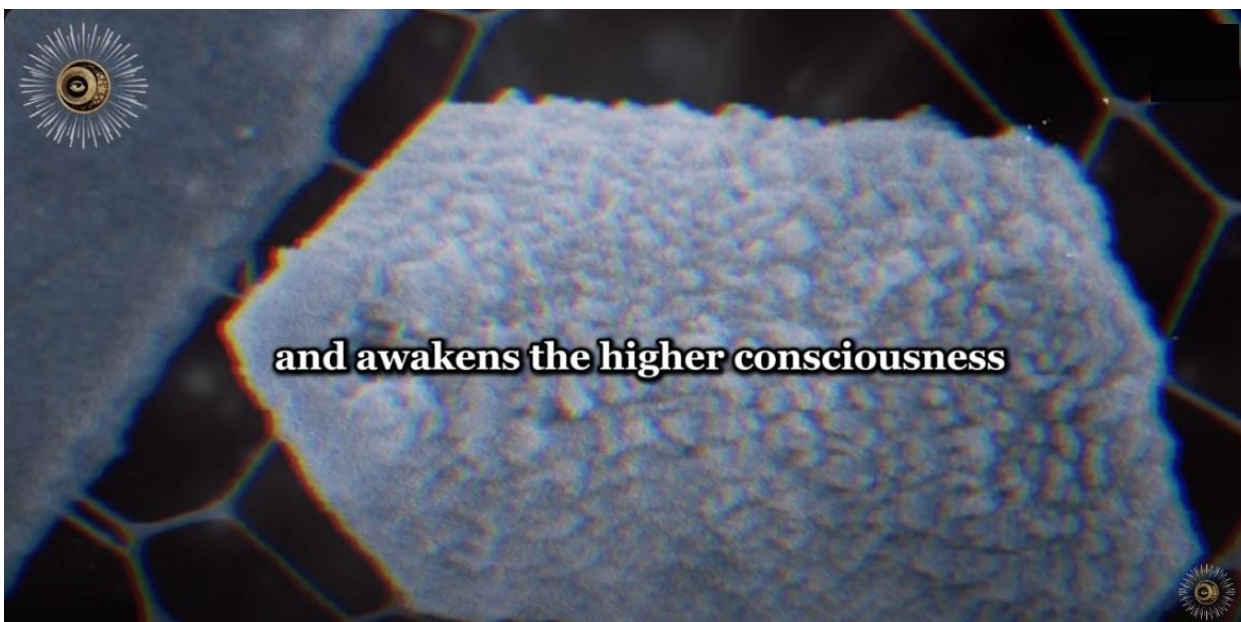


connecting the cerebellum with the optic thalamus



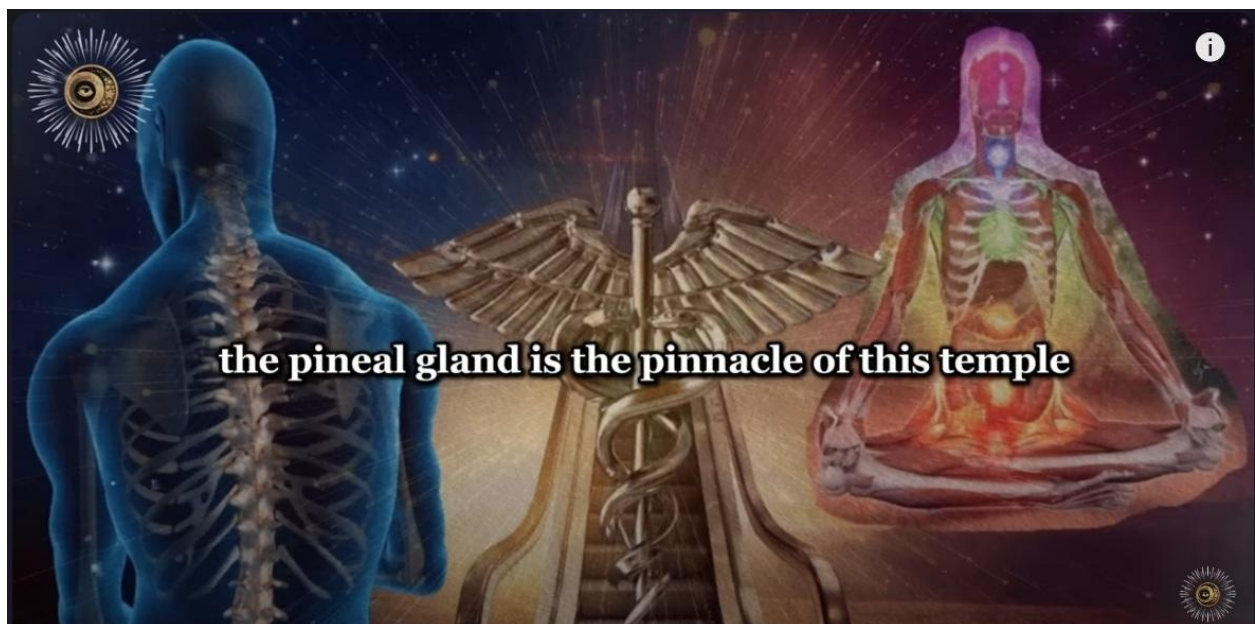


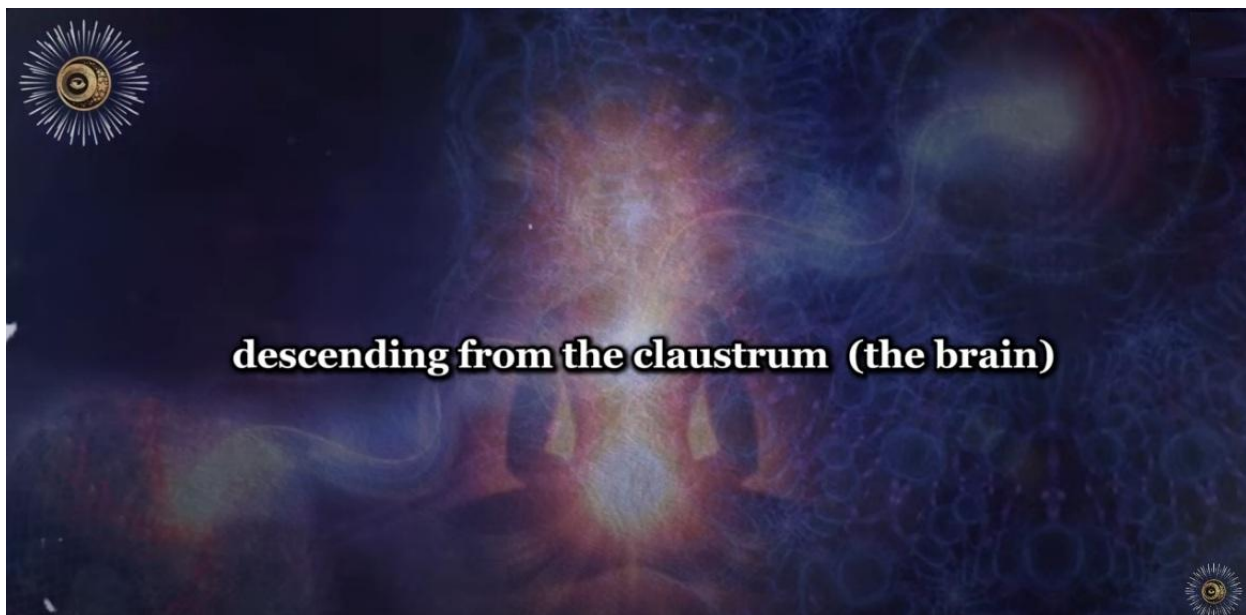
it activates the crystal surrounding the pineal gland

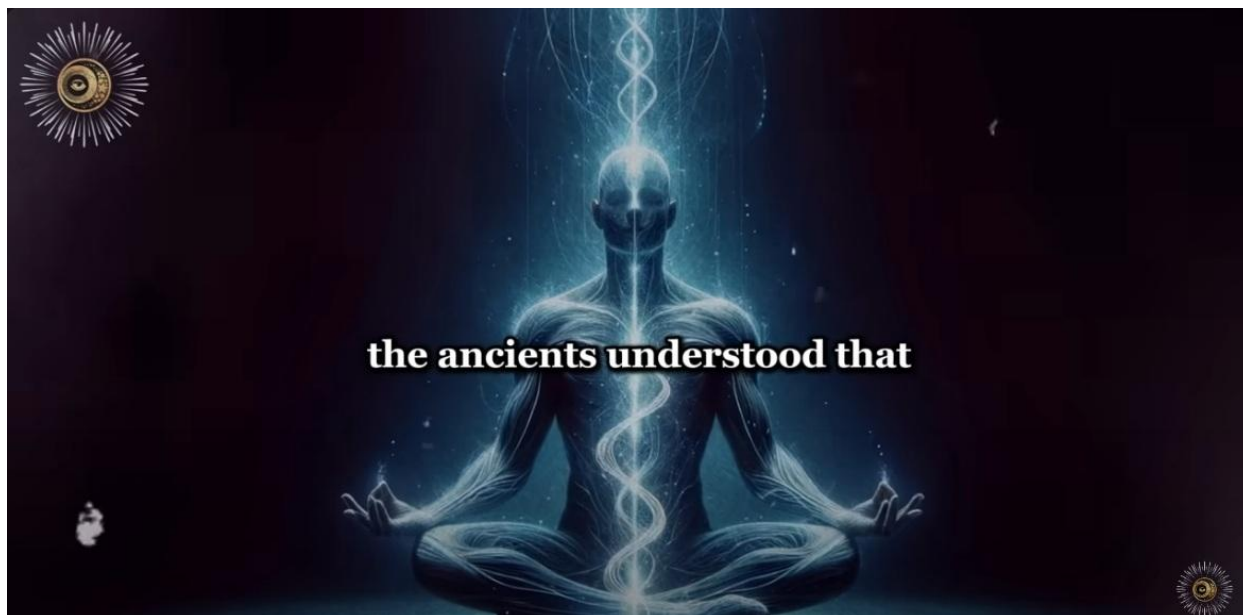


and awakens the higher consciousness

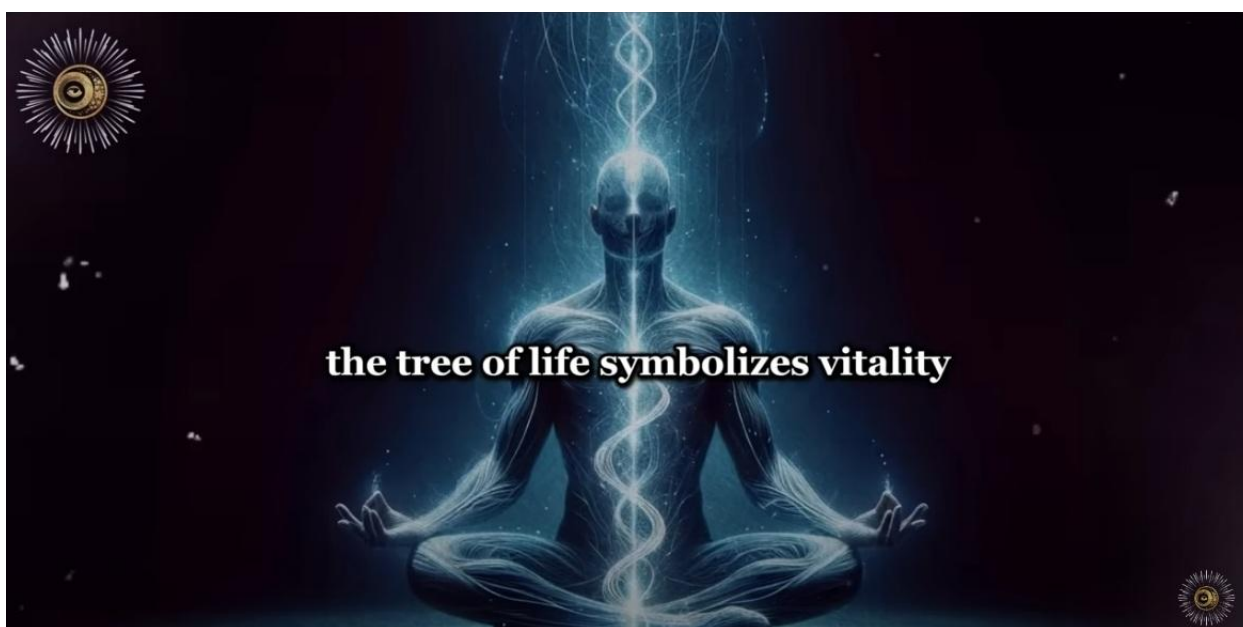




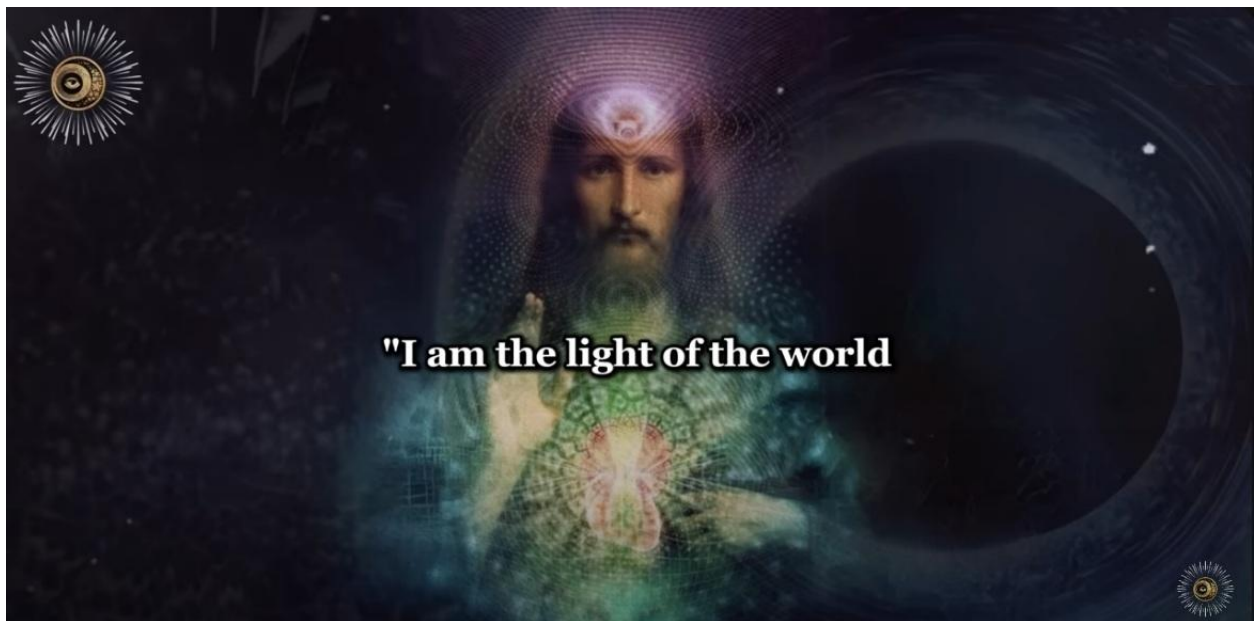
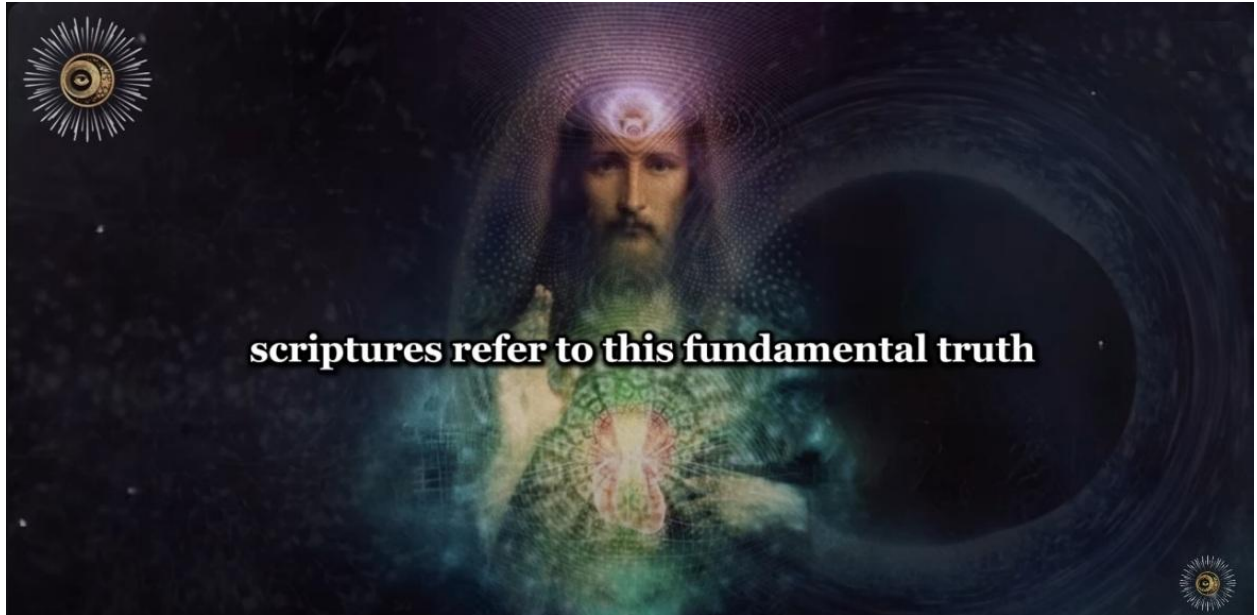




the ancients understood that



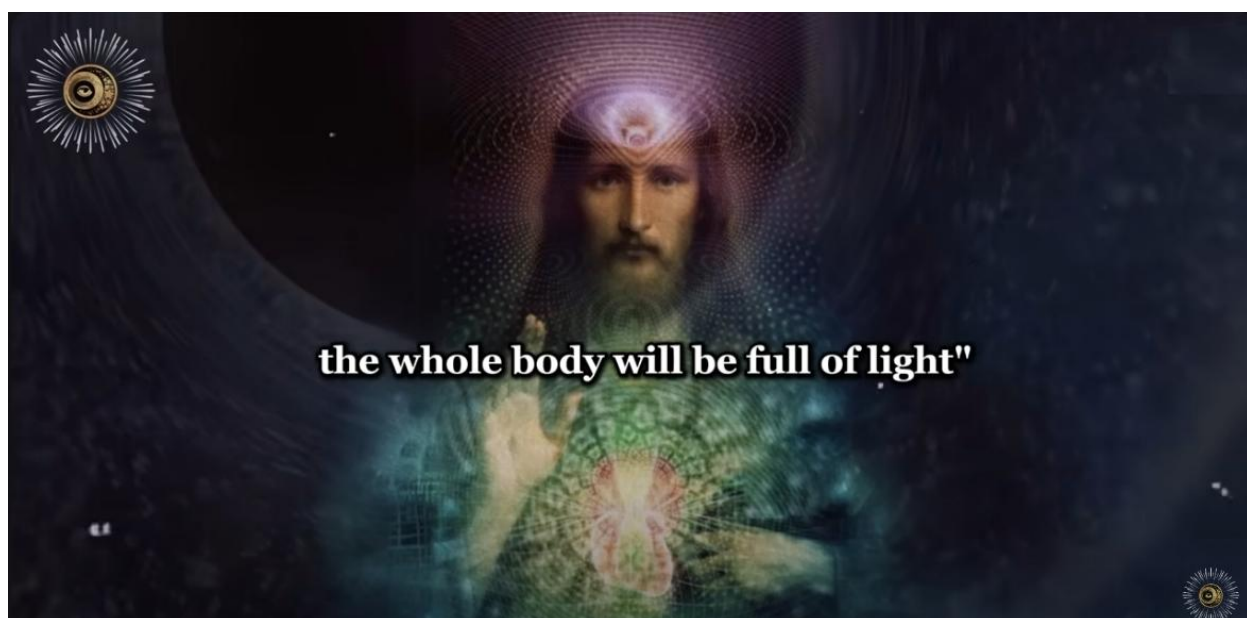
the tree of life symbolizes vitality





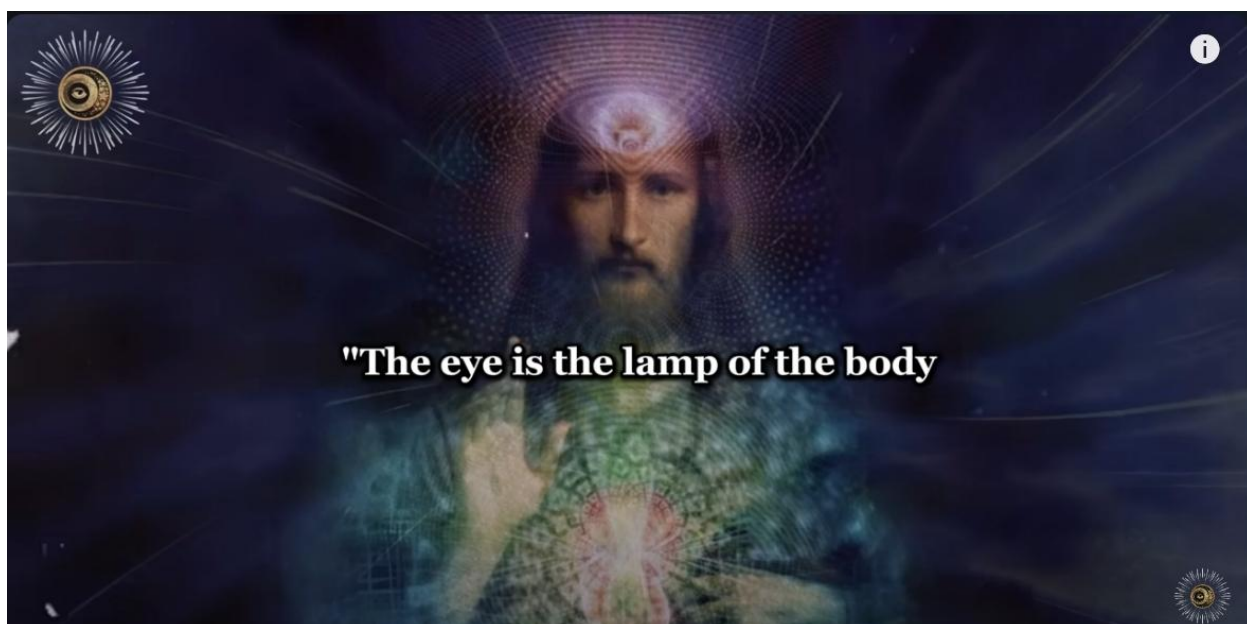


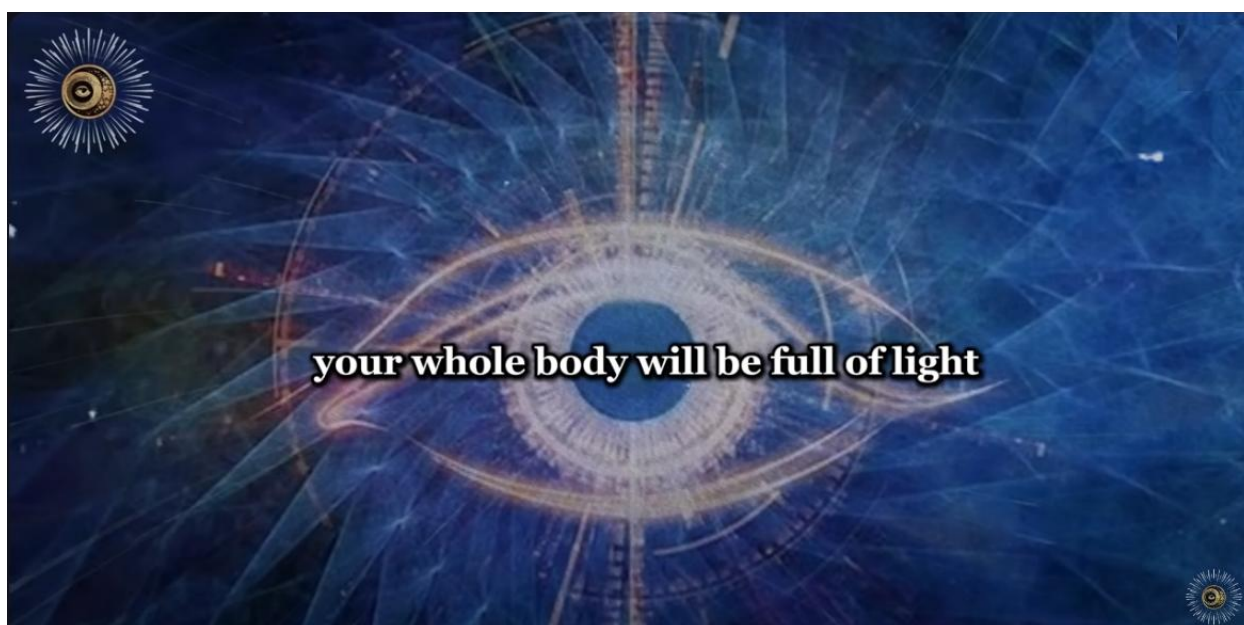
"If thine eye be single



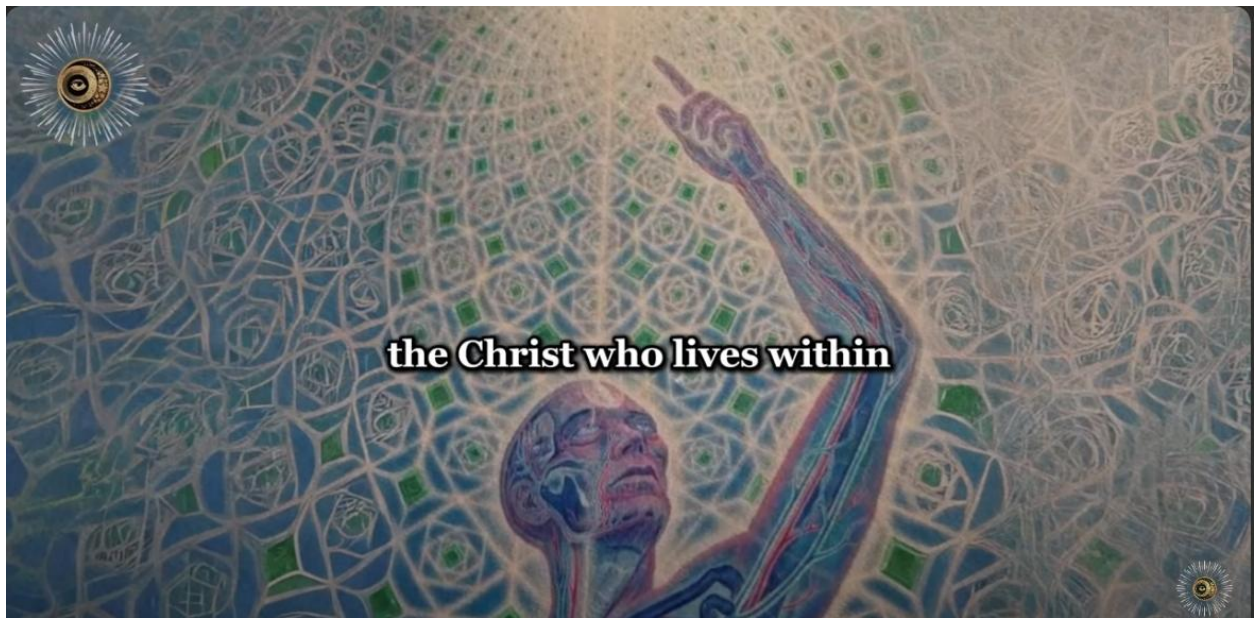
the whole body will be full of light"

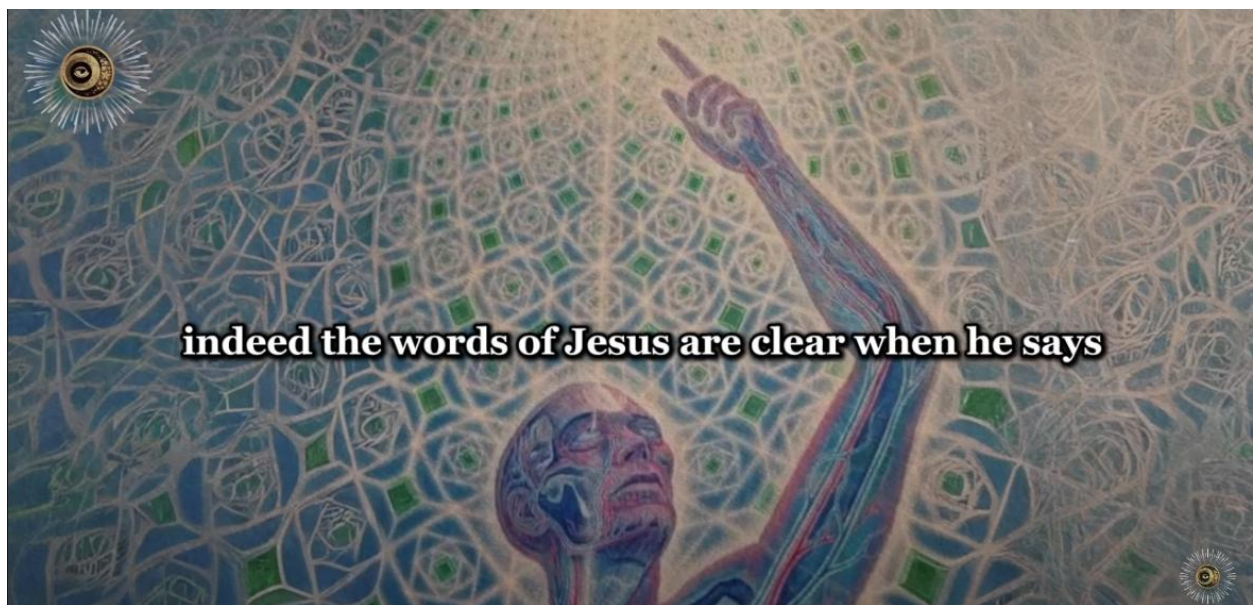
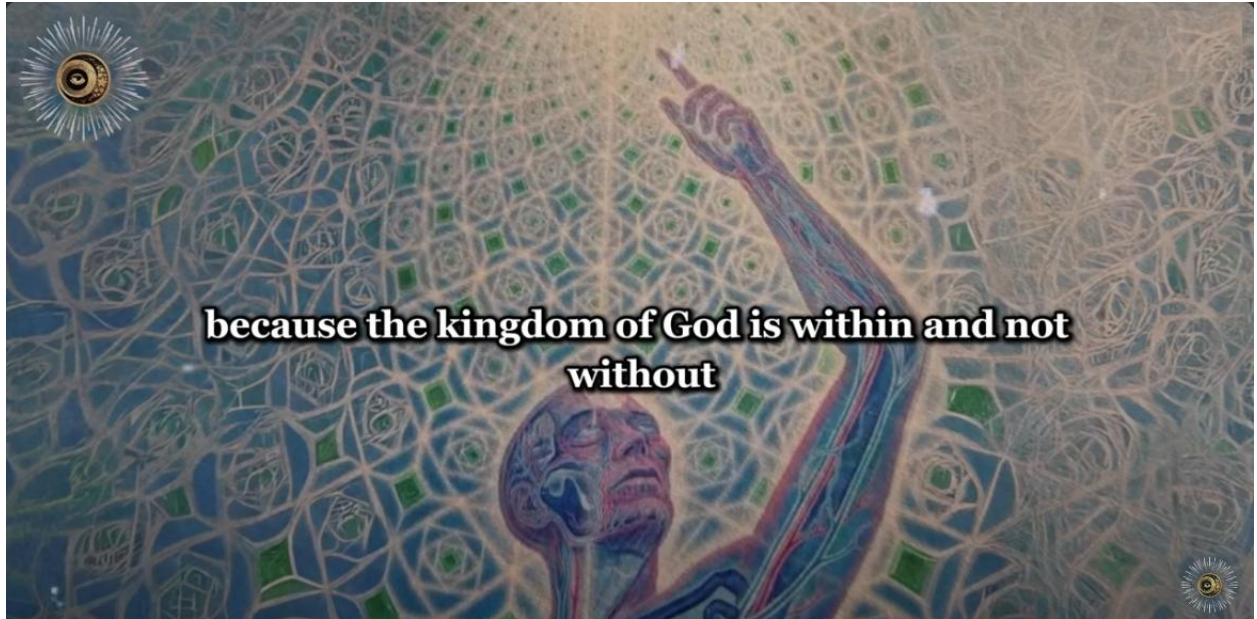


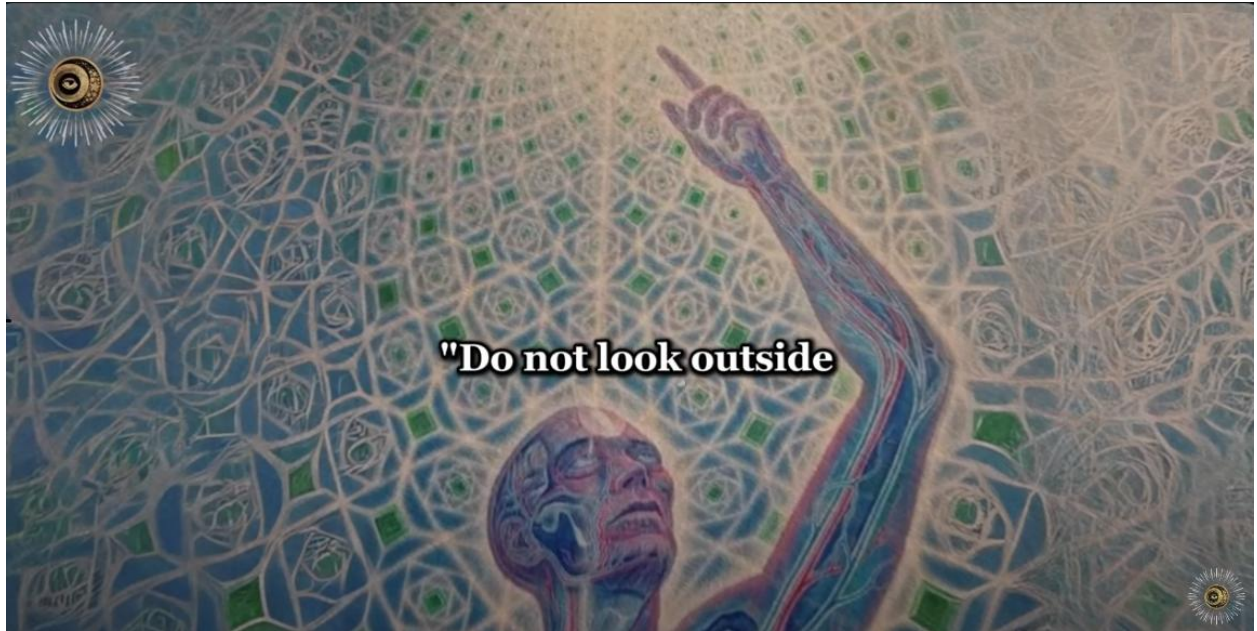








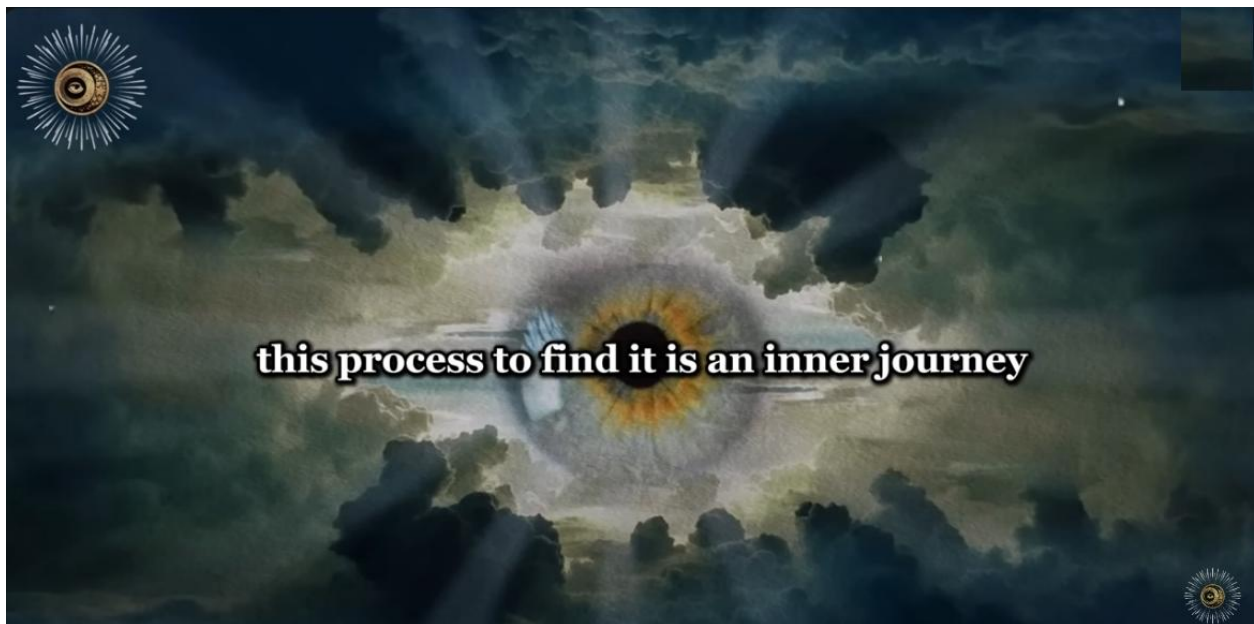
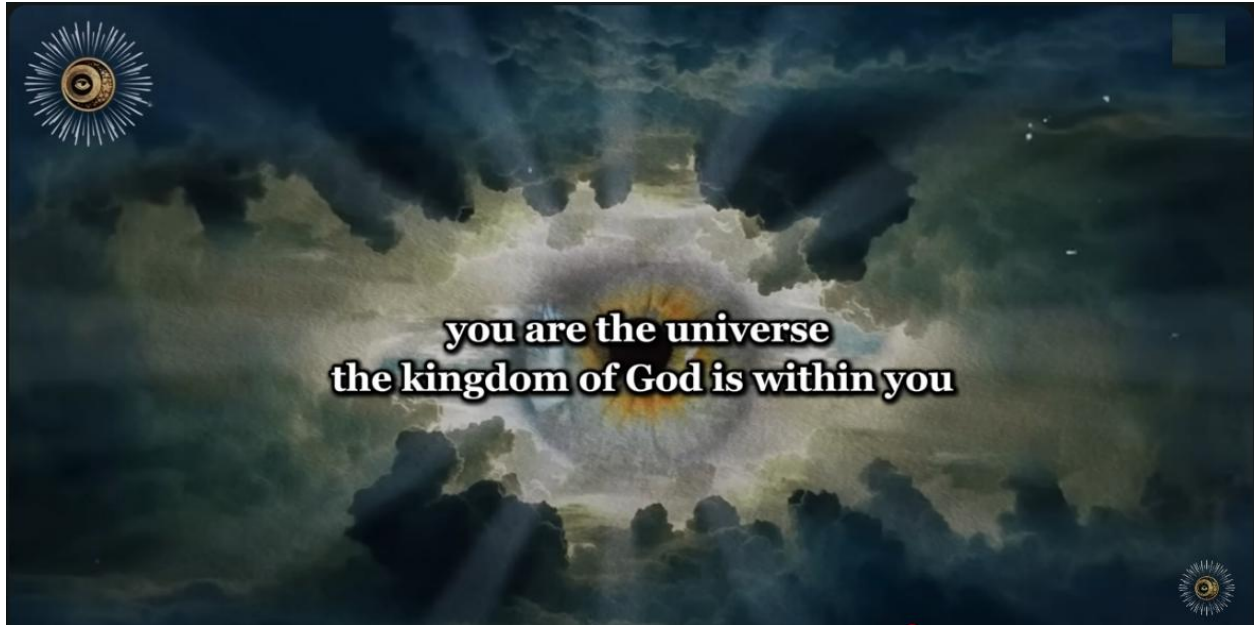


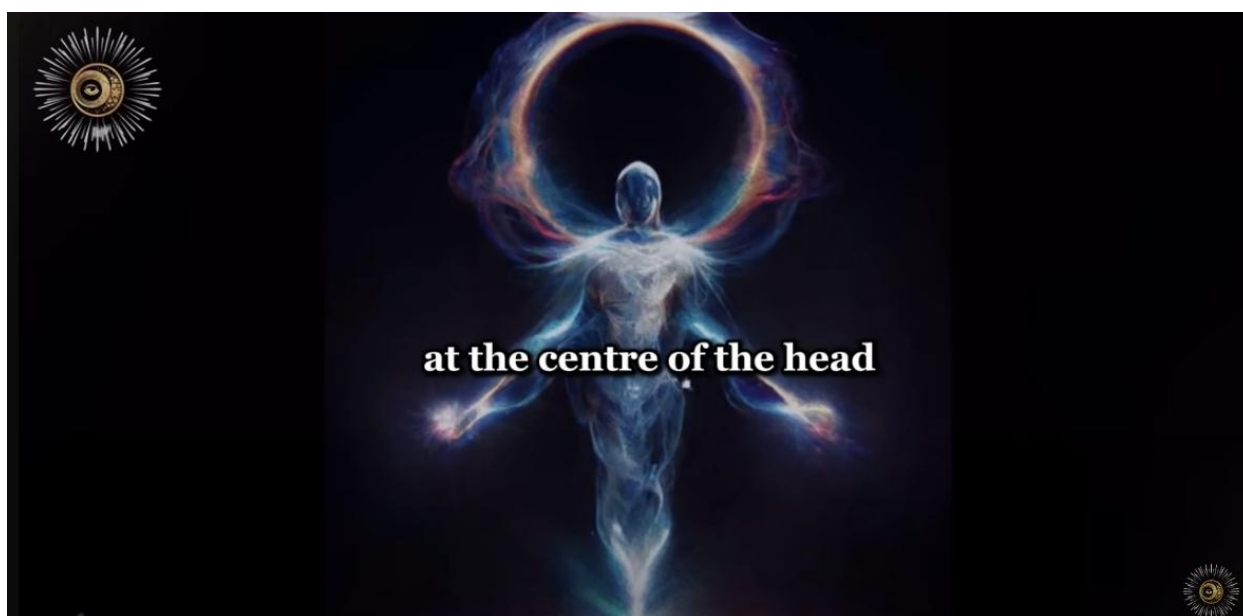




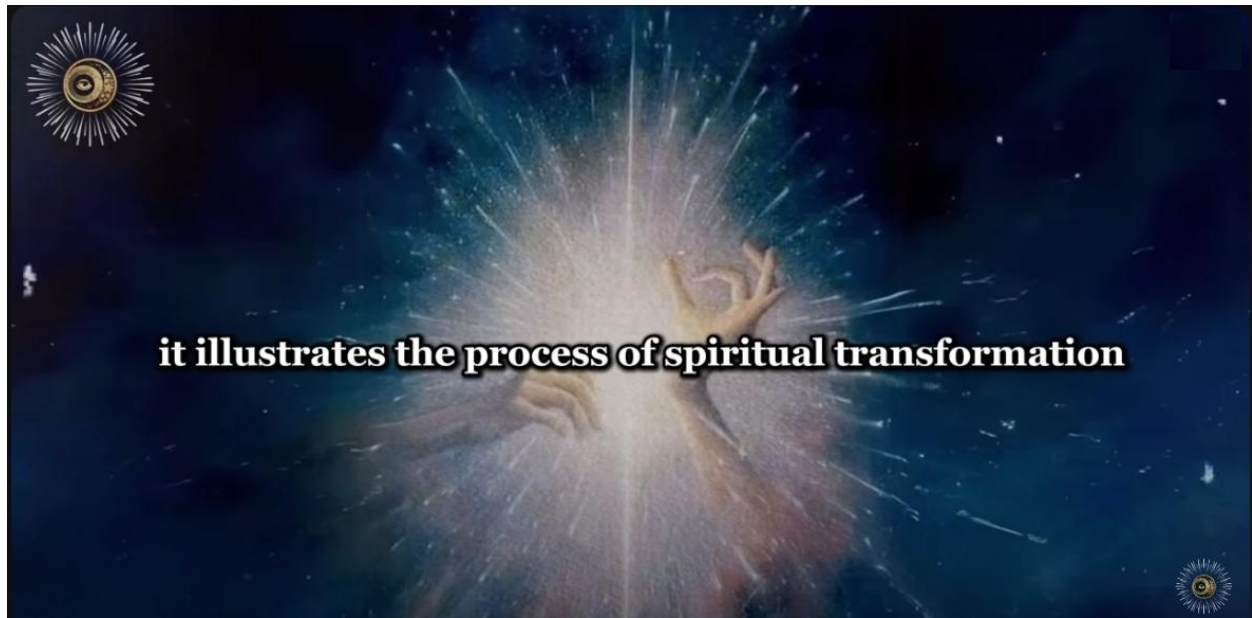




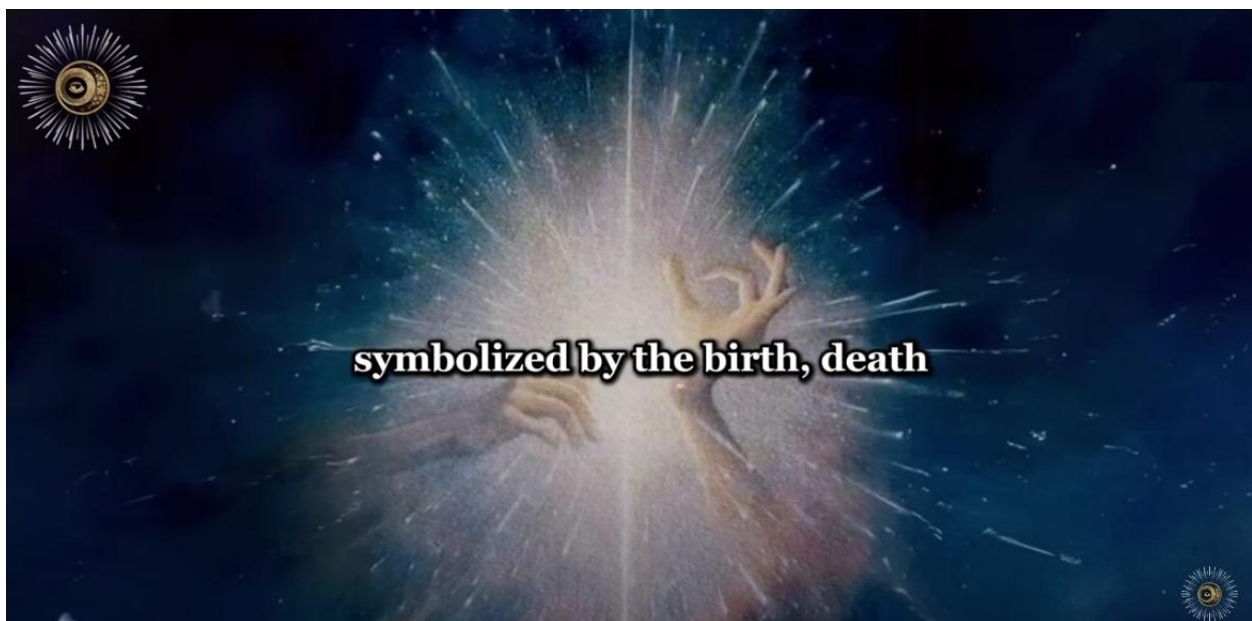




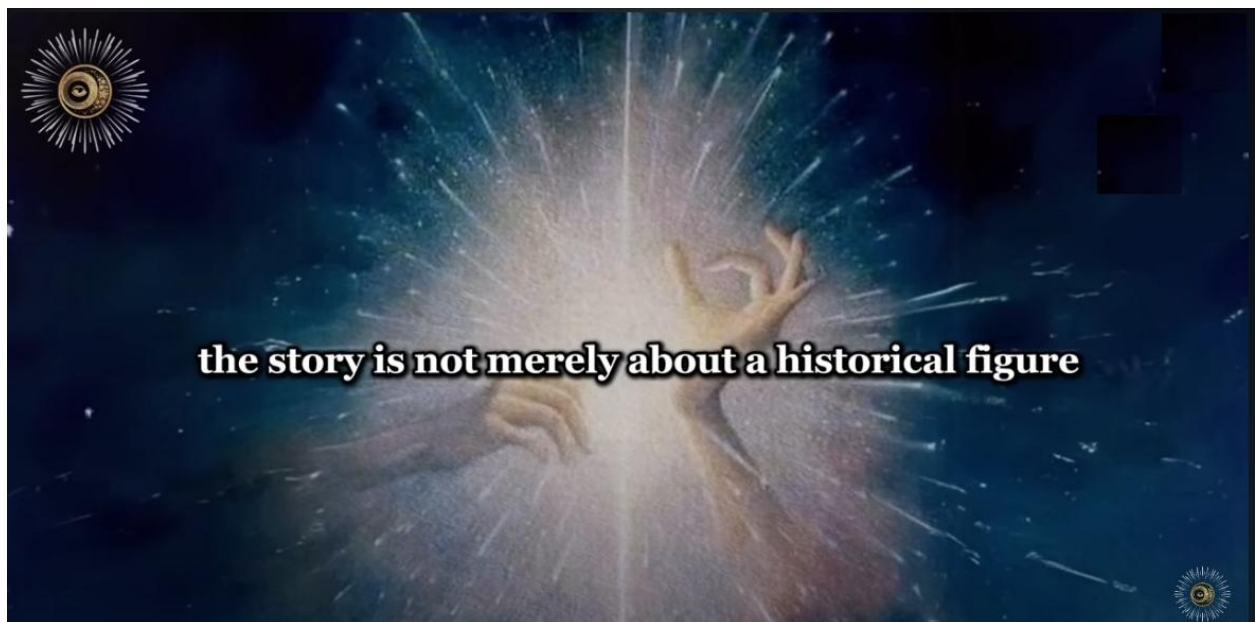
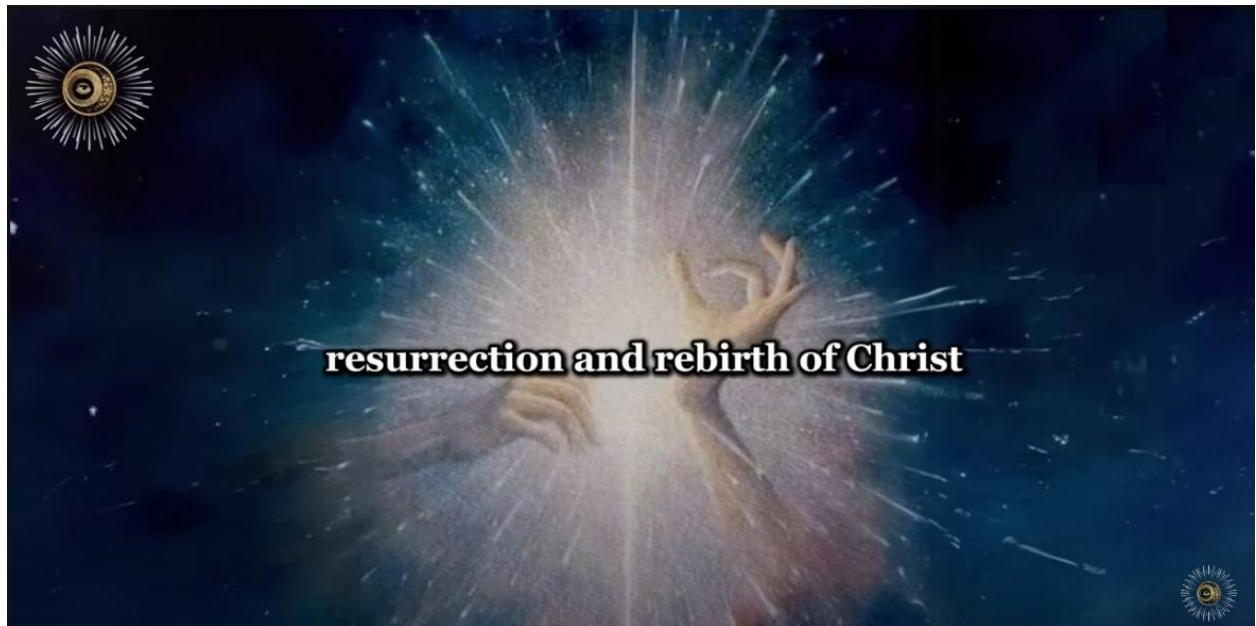


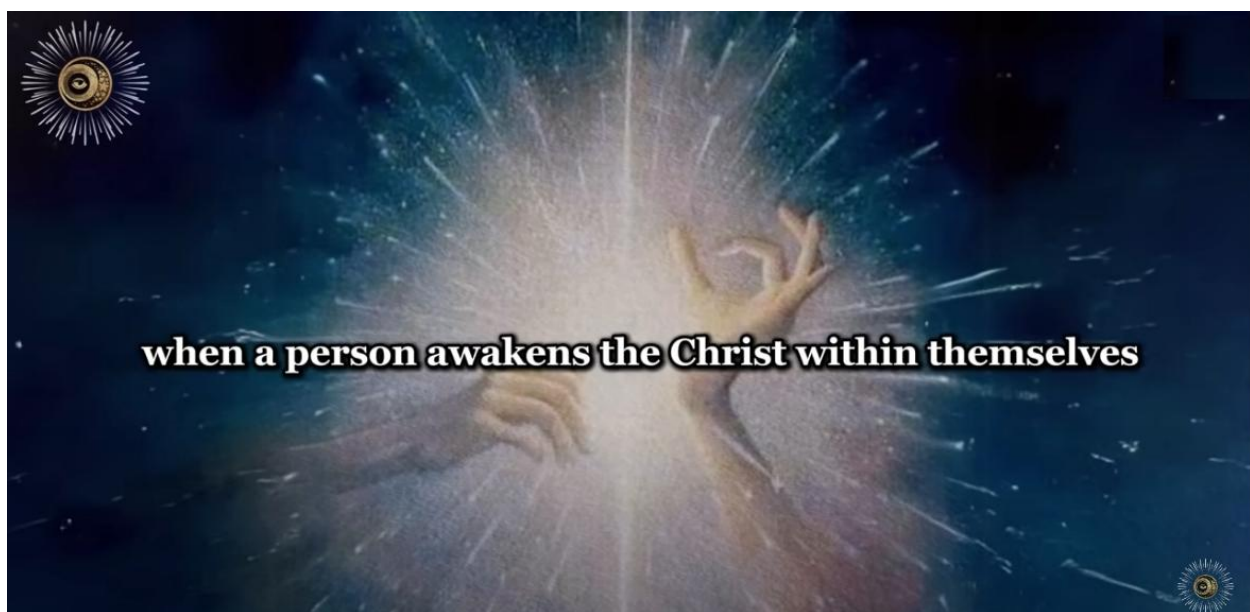
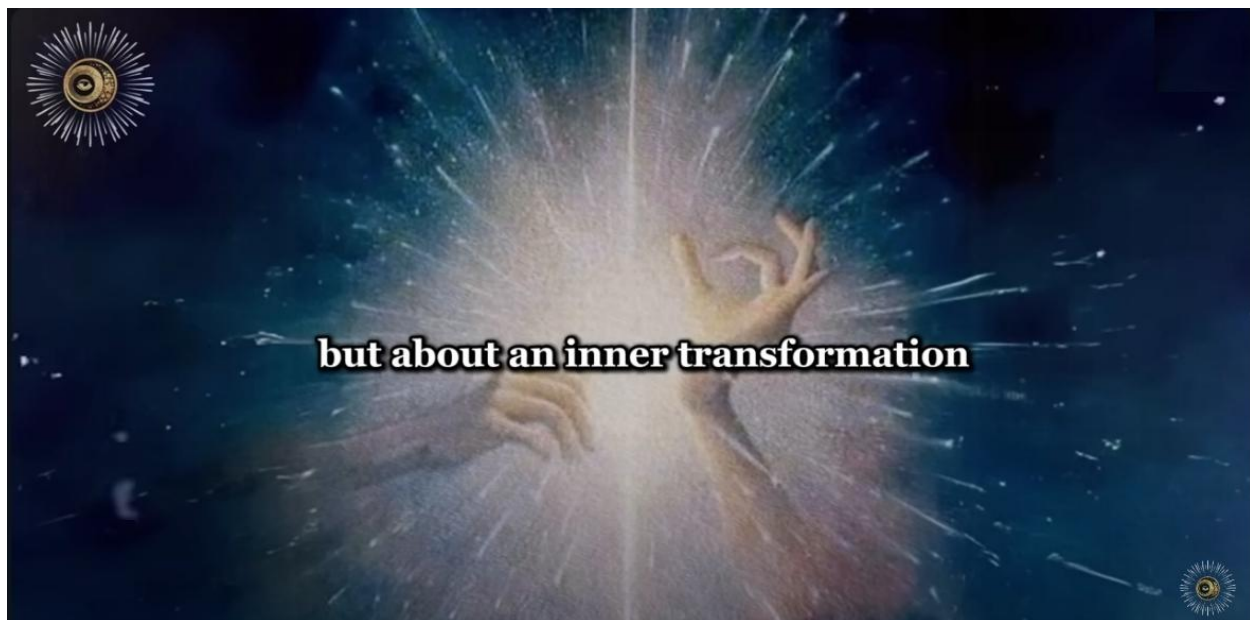


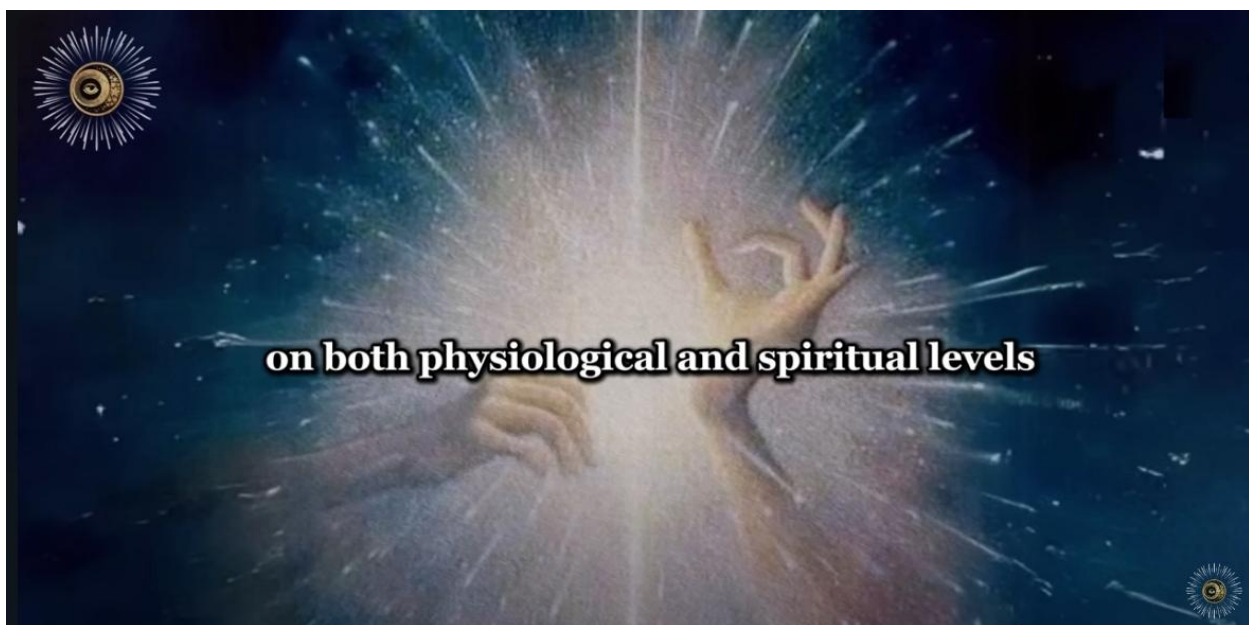
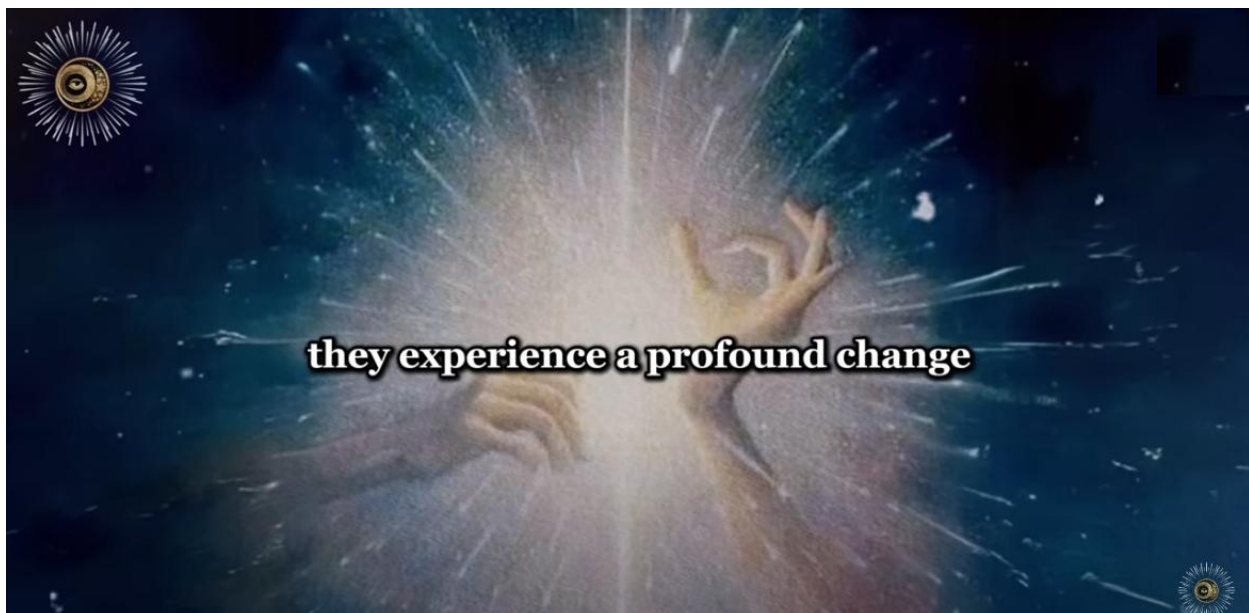
it illustrates the process of spiritual transformation

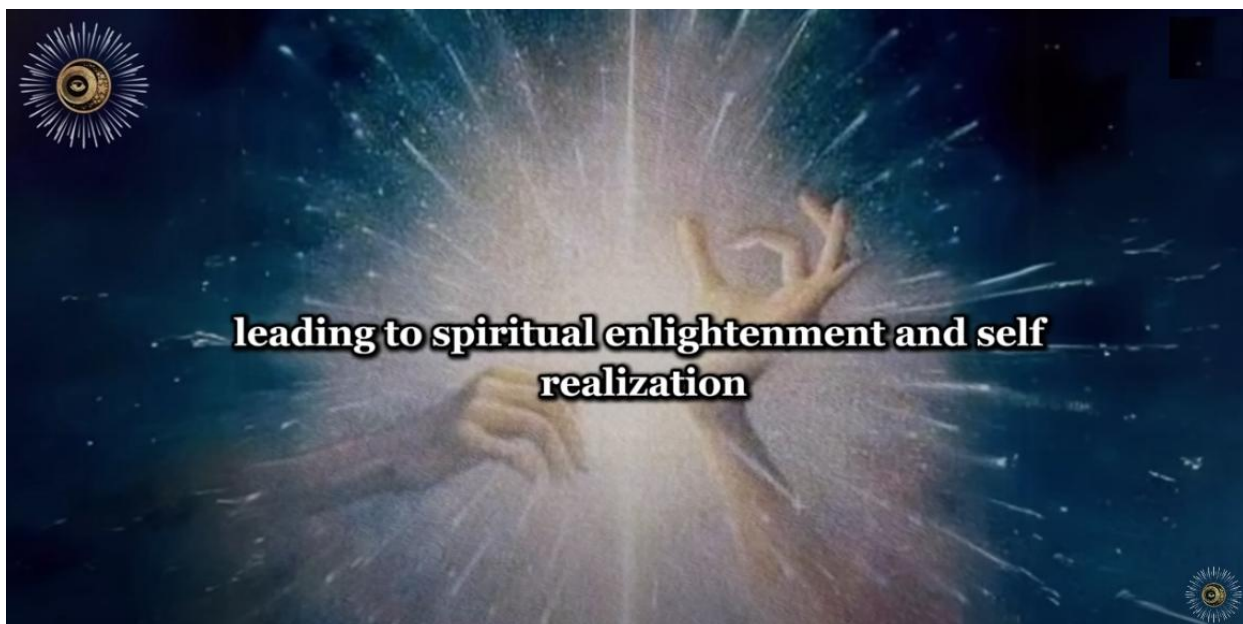


symbolized by the birth, death





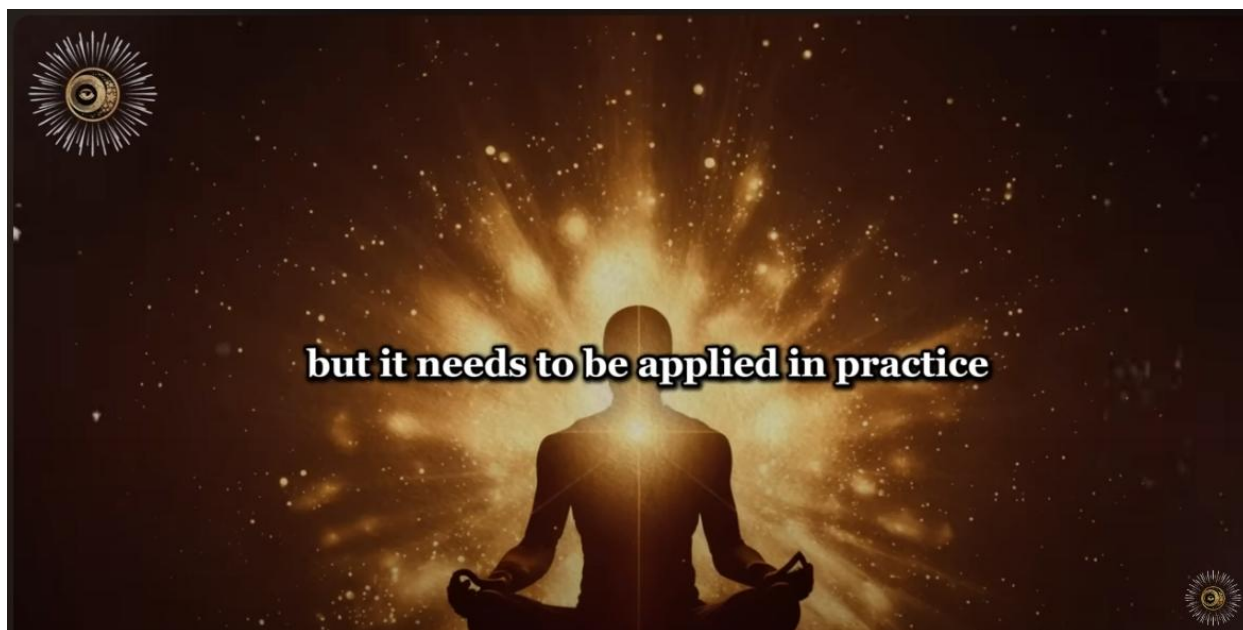


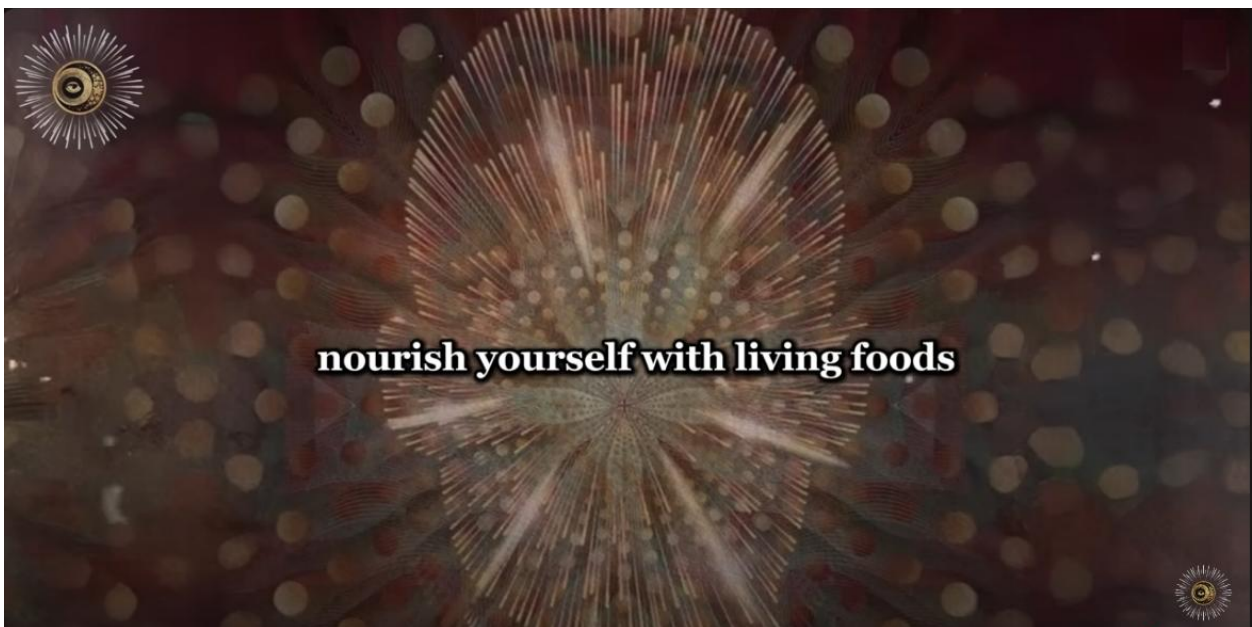


**leading to spiritual enlightenment and self
realization**

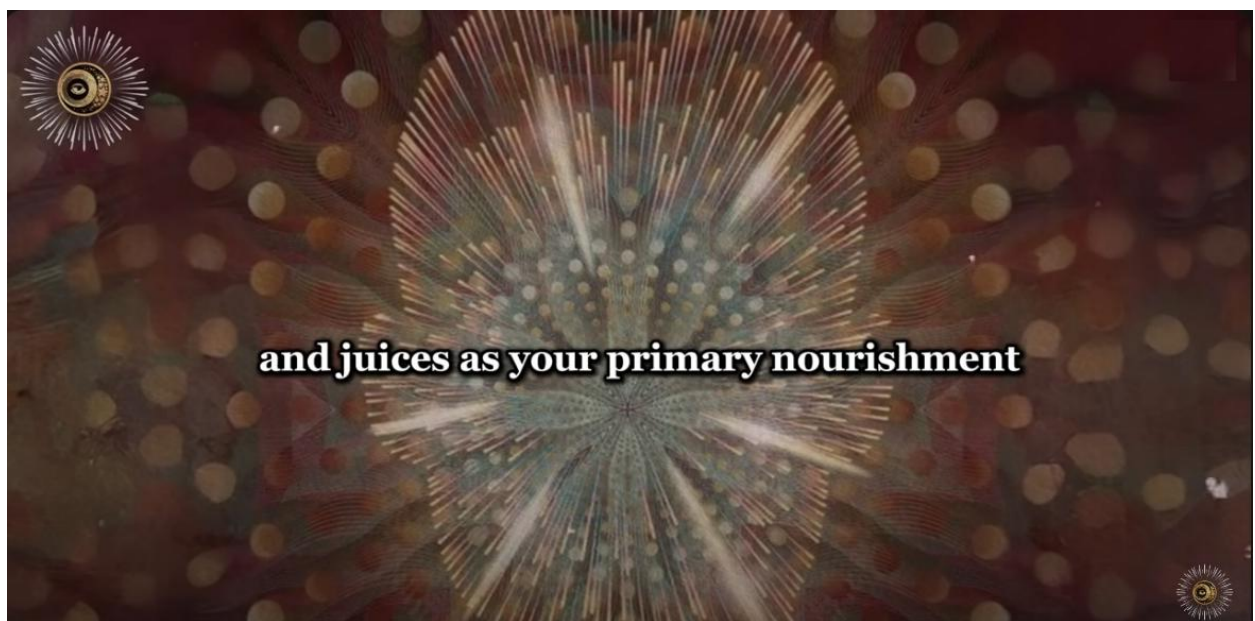


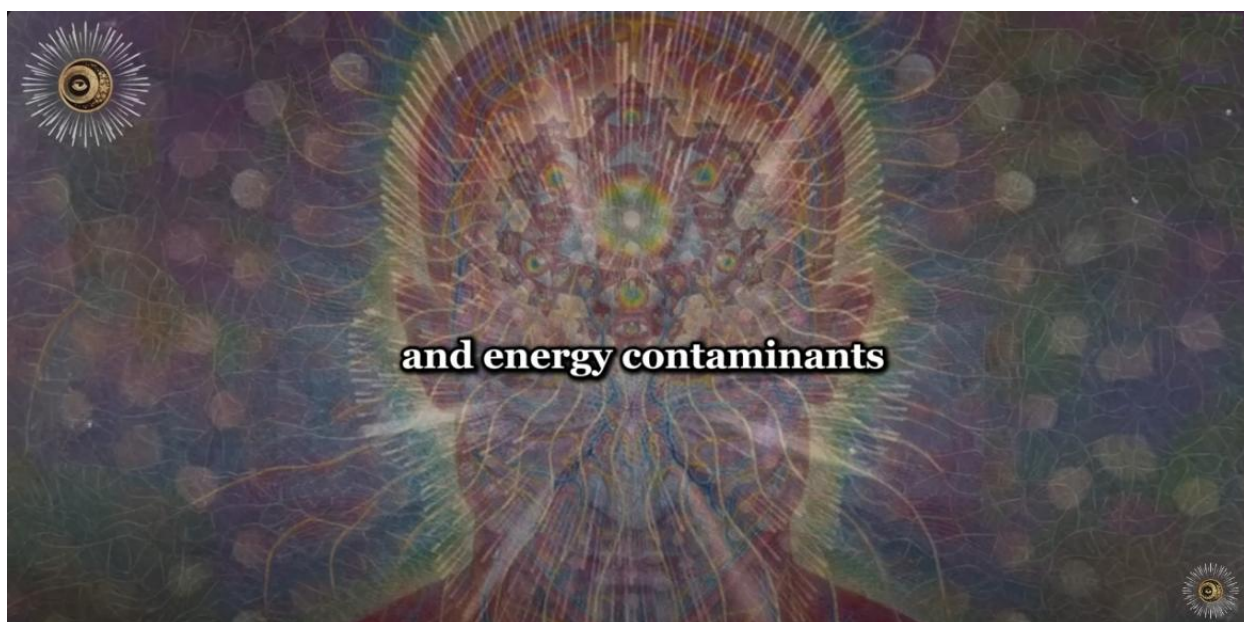
focus on practicing meditation

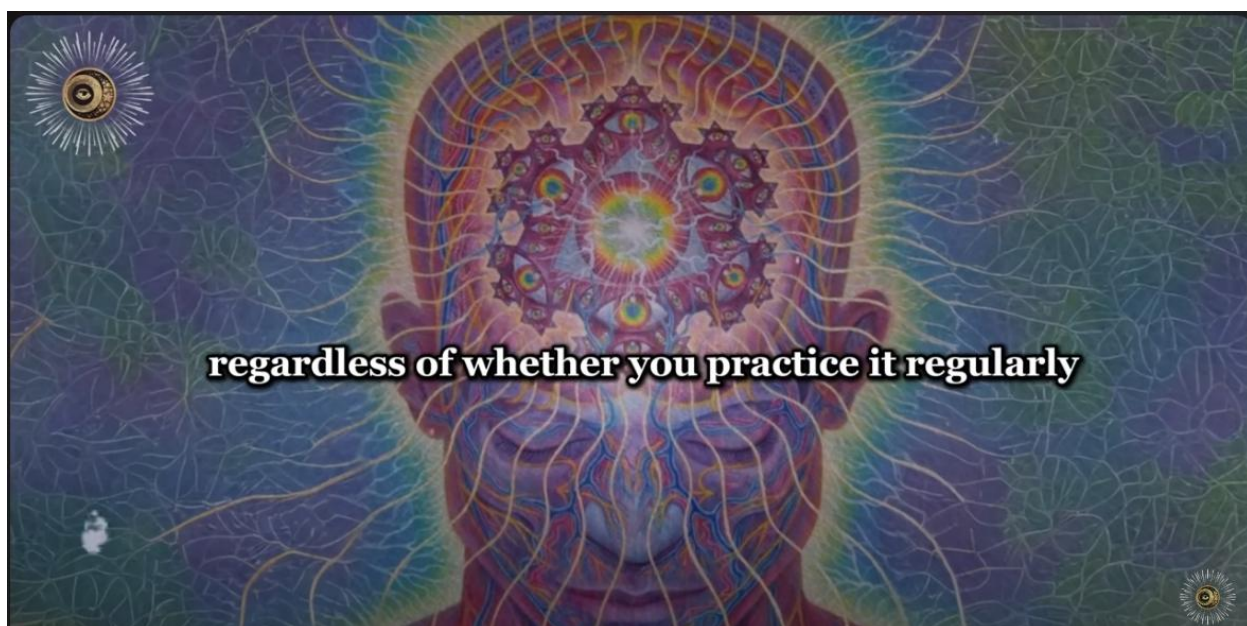


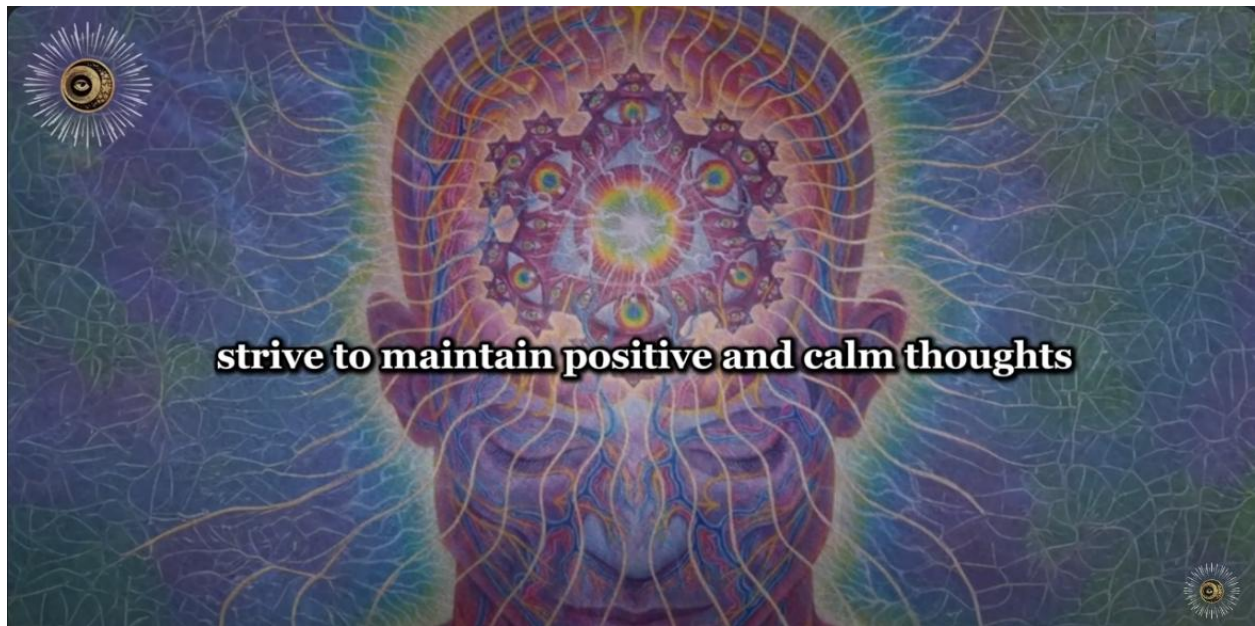


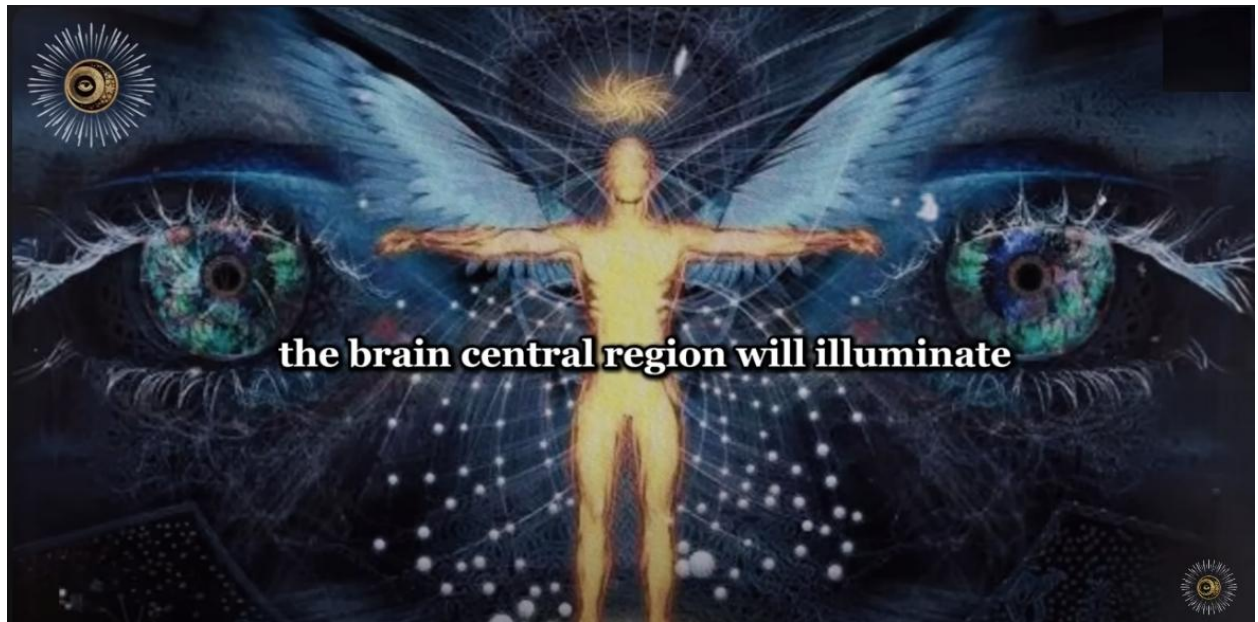


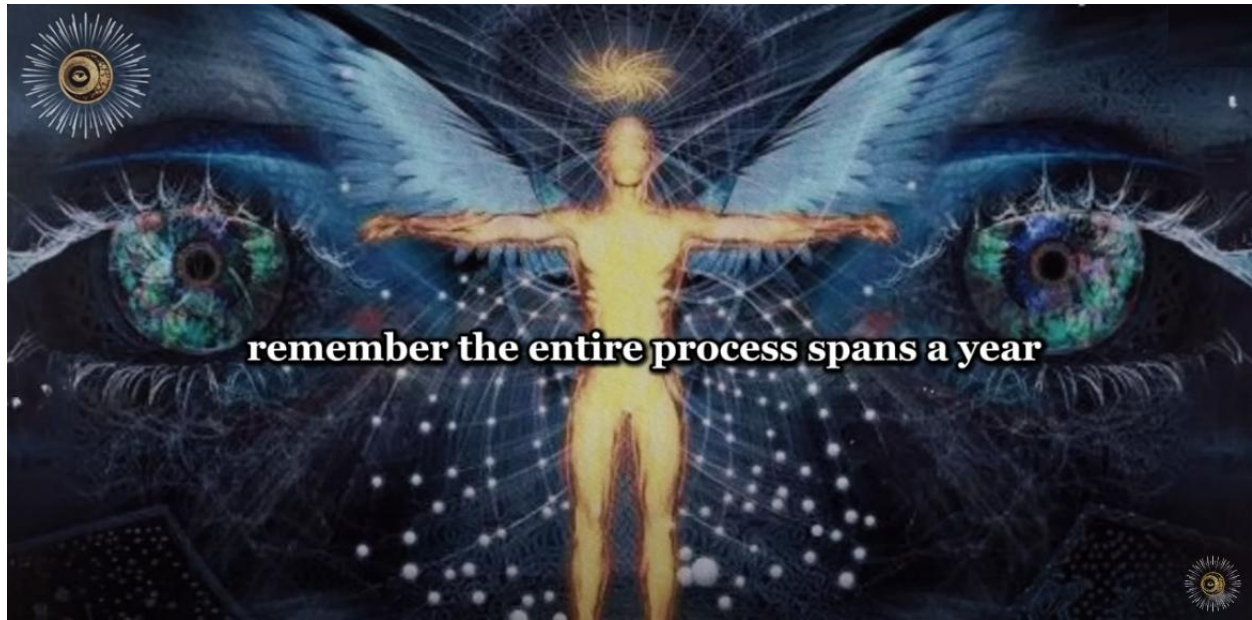






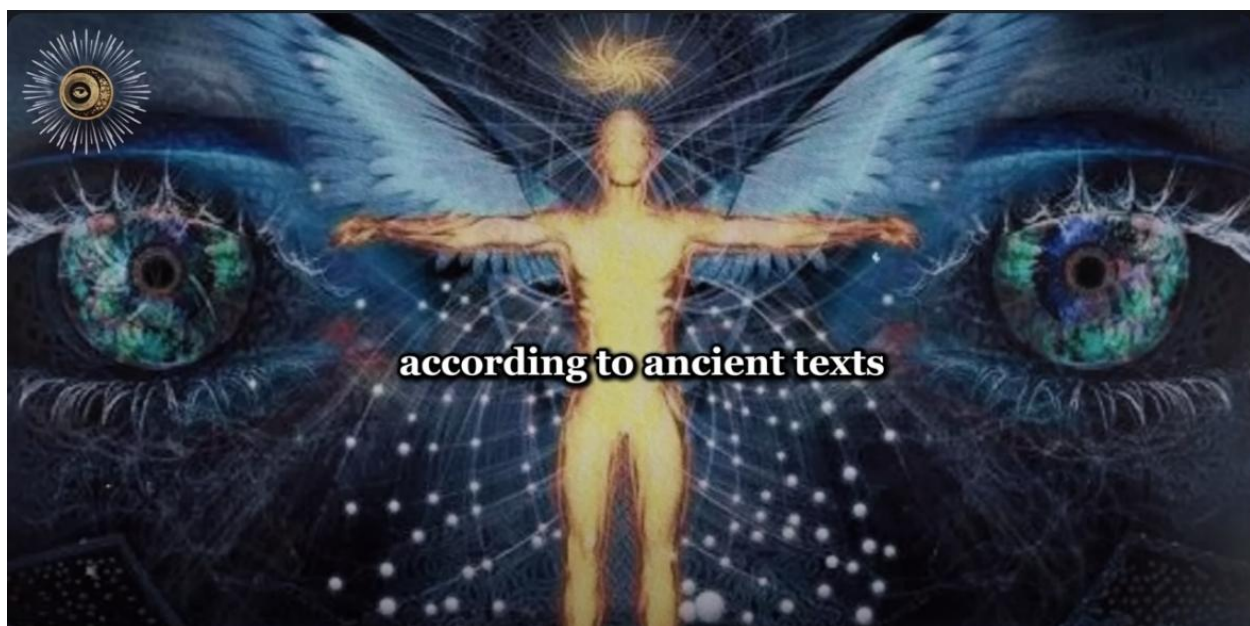




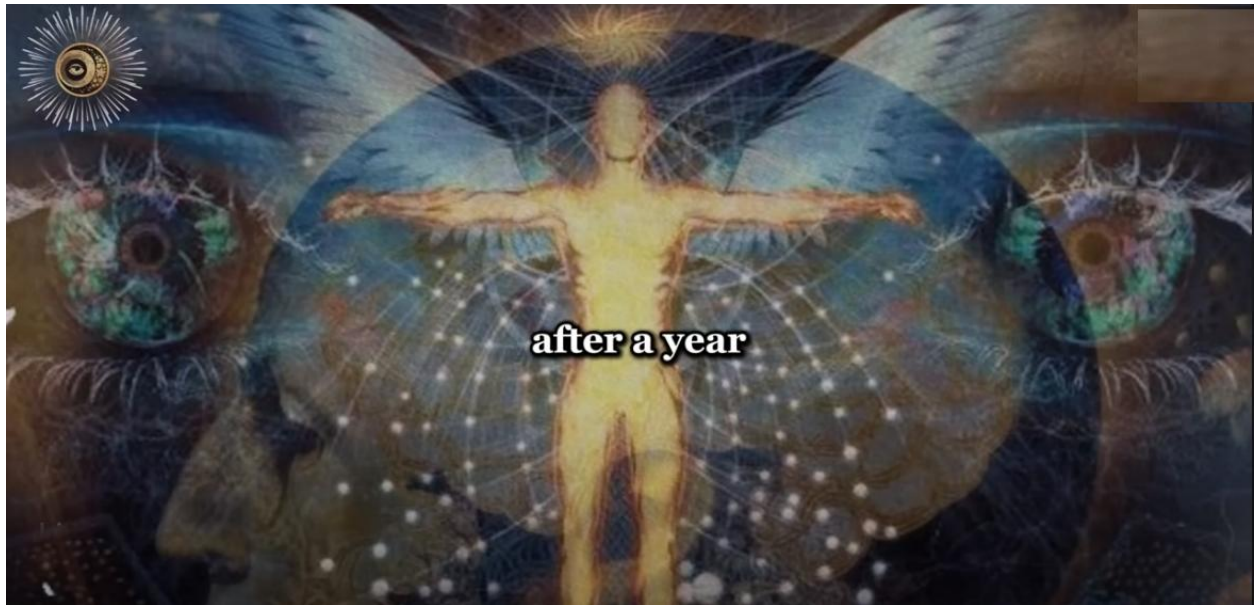




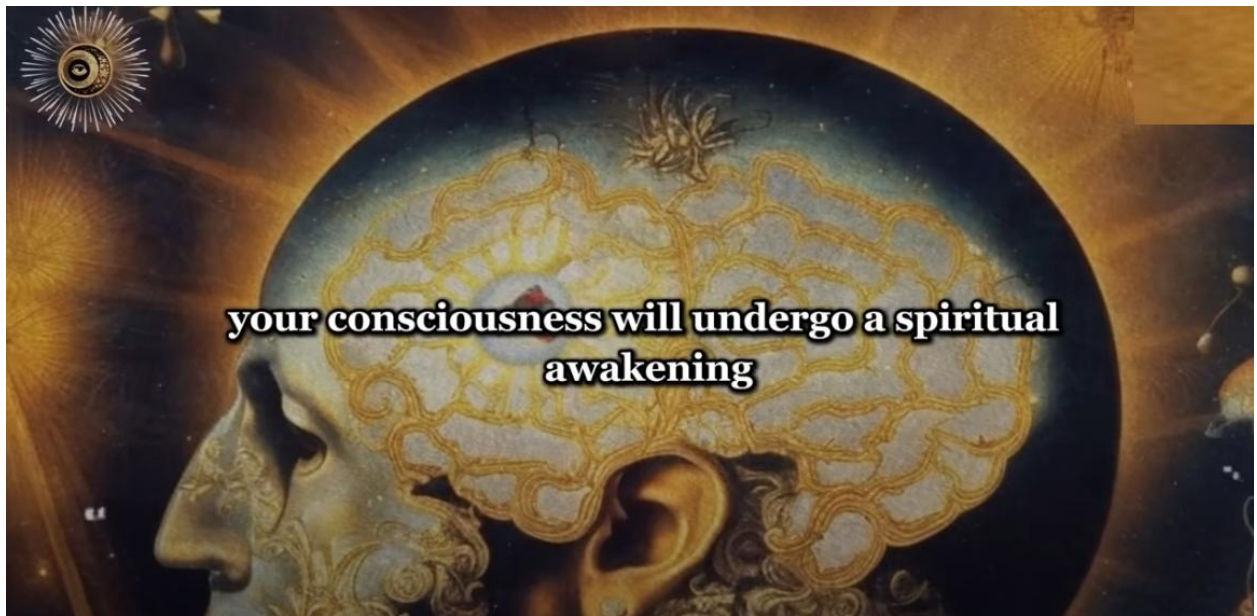
recharge and accumulate more energy



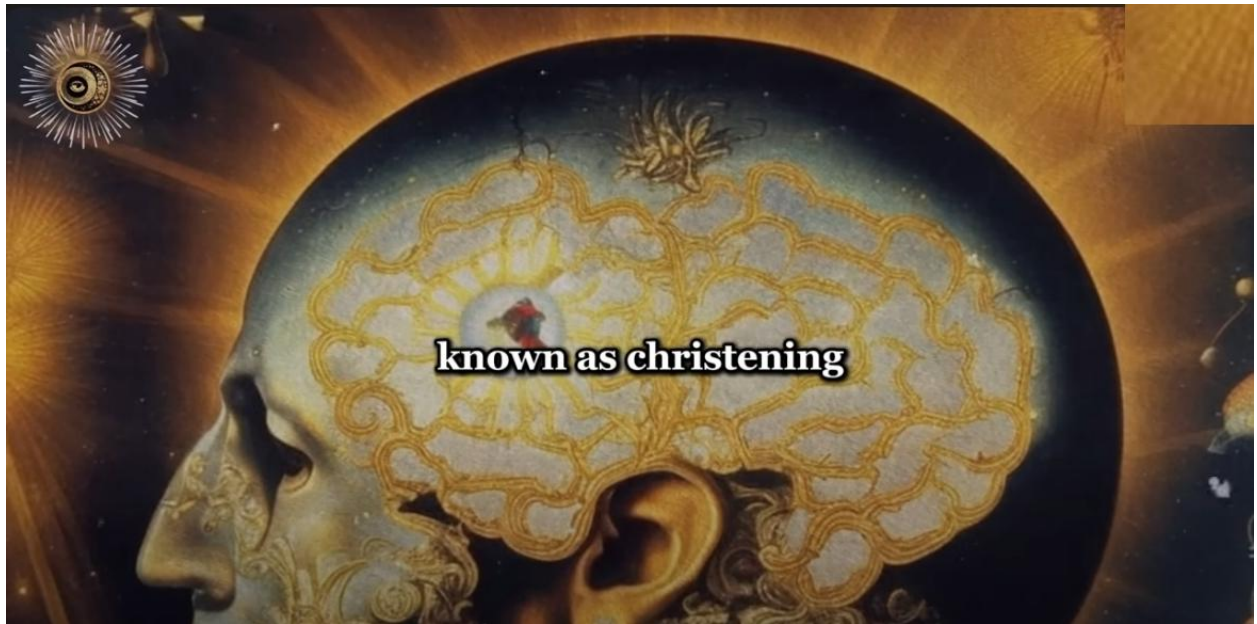
according to ancient texts



after a year



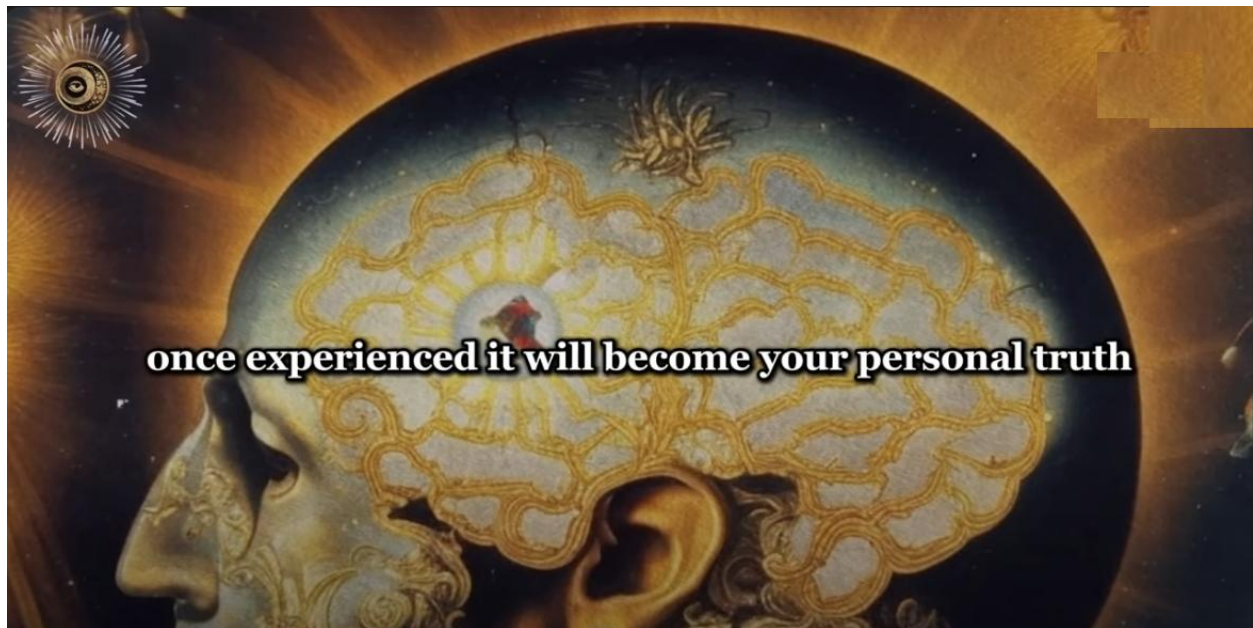
**your consciousness will undergo a spiritual
awakening**



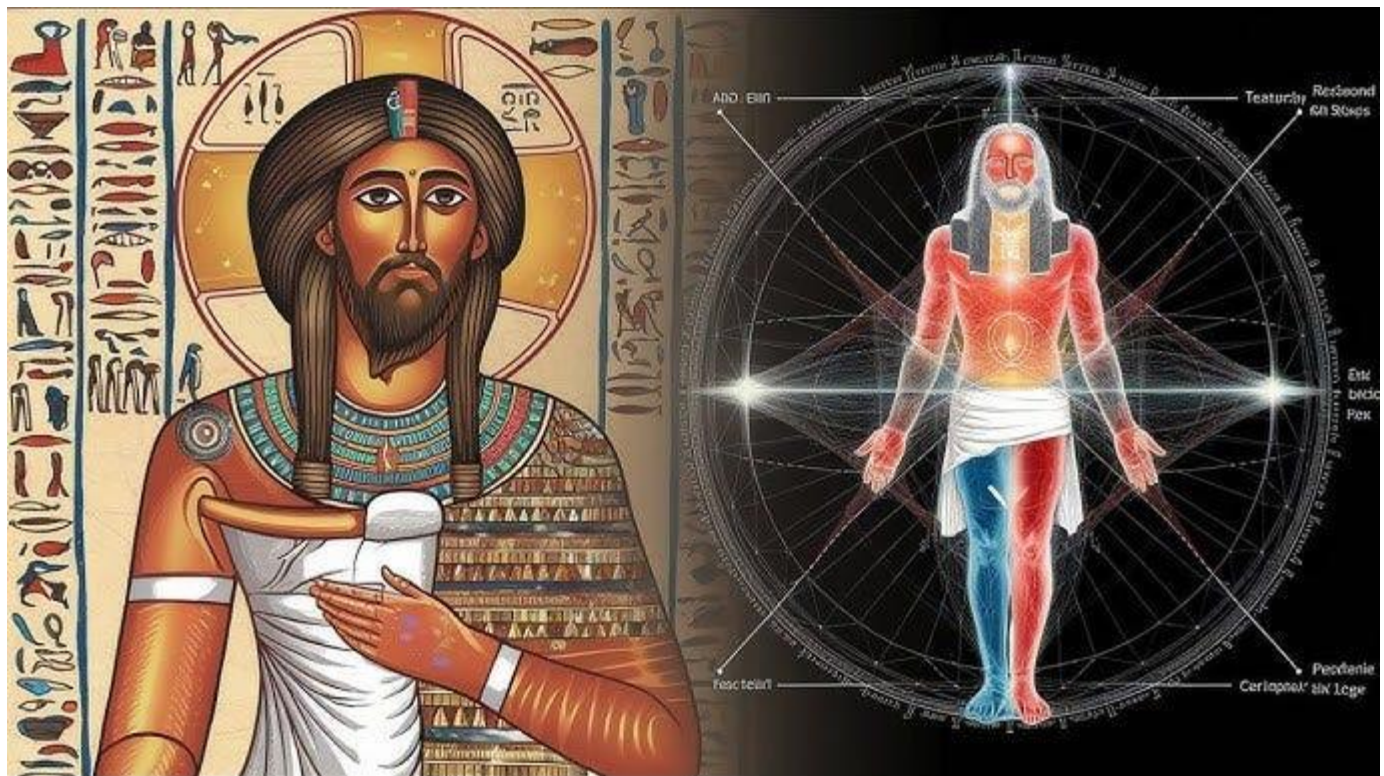
known as christening



simply try this practice



Jesus' Teachings Can Open Your Pineal Gland - Understanding Christ Consciousness



They say the kingdom of God is within us, but what if that kingdom is more literal than we thought? Most take those words metaphorically — just poetic language meant to inspire good morals. But the deeper you dig into the teachings of Jesus, the more you realize he might have been pointing us toward something much more profound: the awakening of our inner divine connection, what many now call the *Christ Consciousness*. And intriguingly, this awareness may have a lot to do with a tiny, mysterious part of our brain — the pineal gland.

Like many people on a spiritual journey, we stumble into meditation, sacred geometry, and ancient wisdom, looking for meaning beyond the everyday grind. That's when we discover that Jesus wasn't just a teacher, but a guide to activating higher states of consciousness. His words echo the purpose of awakening the *third eye*, the energetic center often linked to the pineal gland. The pineal gland — tucked deep between the hemispheres of the brain — has long been associated with spiritual insight. Ancient cultures revered it as the “seat of the soul.” And when you look at Jesus' life through this lens, it feels like everything he did was meant to help us unseal this internal eye and see the world differently.

Take his message about stillness. “Be still and know that I am God.” That's not just a call to quiet time — it's the essence of meditation, the very practice that stimulates the pineal gland and brings clarity from within. Or when he said, “The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.” It reads like a direct reference to the third eye — our pineal center — bringing enlightenment.

And when Jesus talked about rebirth, not just in the afterlife, but in spirit here and now, realize that he was pointing toward transformation. A kind of spiritual activation, not through

doctrines or fear, but through presence, inner knowing, and deep, unconditional love. Christ Consciousness isn't about worshipping a historical figure — it's about embodying the essence of divine awareness that Jesus represented. Compassion, humility, and unity. The moment you stop looking outside yourself for salvation and turn inward, something shifts. It feels like finally tuning in to the same frequency Jesus had been broadcasting all along.

So, how do we *activate* this? With three simple, life-changing practices:

Meditative Prayer — Not the “ask and plead” kind of prayer, but the silent, receptive kind. Just being still and listening. This, over time, reawakens calmness.

Detoxing Mind and Body — Cut back on fluoride and processed food, both known to calcify the pineal gland. As your body clears, so will your mind. You may start dreaming vividly again. Your intuition will sharpen.

Living the Teachings — Forgiveness. Service. Radical honesty. Jesus didn't just preach these ideas — he embodied them. Walk that path and feel something unlocked inside. A deeper peace. A knowing that you are connected to something vast and eternal.

Opening the pineal gland isn't about crystals or esoteric rituals (though those can support the process). It's about shifting how we *see*. Jesus was always pointing people inward, away from the temple walls and toward the heart. His real miracle reminded us that divinity isn't up in the clouds — it's here, in us. The pineal gland may be a doorway, but Christ Consciousness is what you find when you walk through it. And maybe that's the true Second Coming — not a person in the sky, but the awakening of divine awareness within each of us, here and now.