

Praying Mantis Aliens: The Mysterious Insectoid Extraterrestrial Race



Mantis aliens, also known as Praying Mantis aliens, are perhaps the most mysterious extraterrestrial creatures. These beings appear within many alien contact scenarios, with contactees reporting the presence of these entities looming over their beds as they wake in the dead of night. While the Mantis is not as widely reported as the Grey or Nordic alien, it still holds an important role within many extraterrestrial contact scenarios.

Some researchers have considered Mantids as a possible example of an early form of intelligent life from planet Earth itself, but this is only one theory of the origin of these creatures.

Mythology

Insect beings appear within mythologies throughout the world, including Native American and African folklore. The Khoisan tribe of Africa specifically regards the mantis as the first living creature on the Earth, who granted life to animals and humans, inventing language, and bringing fire to the people. It is even said that the mantis created the moon as a guide for hunters by throwing a gallbladder into the sky.

Insects embody a quality of “otherness” in their demeanor and appearance, and this lack of mammalian attributes tends to alienate and upset human beings, leading to the death of many insects. While the mantis is easily the most human-like arthropod, there exists a deeply rooted fear of otherness that is generated when a person encounters such a creature.

Could this human reaction explain the common experience of paralysis that Mantis beings induce when contacting Earthlings? The possibility of paralysis as a precautionary measure against the overwhelming human urge to destroy the “other” cannot be discounted.

Origin

The origins of Mantis aliens are shrouded in mystery, with some theories suggesting they hail from the Draco system. According to these beliefs, Mantis aliens work in close conjunction with the Reptilians, another well-known alien species. This collaboration is thought to be part of a broader cosmic agenda involving advanced technology and interstellar influence. While concrete evidence remains elusive, these ideas contribute to the intriguing and complex narrative surrounding Mantis aliens and their place in the broader extraterrestrial landscape.

Characteristics

Mantis aliens are distinguished by their unique physical and behavioral characteristics, setting them apart from other ancient aliens. Their insectoid features and advanced cognitive abilities offer a fascinating glimpse into the diversity of life forms that may exist beyond Earth.

Physical Appearance

By far the most striking aspect of the Mantis alien is its physical kinship with the praying mantis, the carnivorous and bipedal insect of its namesake. Many report these beings as 6-7 feet tall, with long, thin torsos. Their necks, arms, and hands have additional joints. Their heads are insect-like and triangular, with large, slanted eyes of deep brown to black.

Most Mantids are described as dark brown, but other colors such as green and black have also been encountered. Their bodies are composed of a segmented exoskeleton, and some contactees have reported that the Mantis seem to be coated in an oily substance. Mantis are often encountered wearing long robes in a variety of colors, perhaps signifying rank, while some are unclothed.

Communication Methods

Although the Mantis tend to communicate with human contactees using telepathic messages, they have been witnessed engaging one another using auditory language. Several contactees have described the Mantis language as a series of clicking sounds exchanged between the creatures.

Abilities

Some experiencers state that the Mantids are also shapeshifters and use advanced technologies to create a field around their bodies to make them appear human.

Intentions on Earth

The perceived motivation of the Mantis's interest in humans is just as mysterious. Some contactees describe these creatures as positive, uplifting beings who seek to protect humanity and the Earth. One common thread found among many abduction scenarios is centered around the use of holographic projections as a means of education.

Contactees often report Mantis beings showing them holographic images of the destruction of planet Earth to illustrate the possible negative impact that our species could have upon the planet.

Others have reported an increase in psychic abilities post-contact. Many experiencers claim that the Mantis beings appear to possess the uncanny ability to put contactees at ease, offering telepathic words of comfort that eliminate the fear of an encounter.

Encounters and UFO Sightings

Mantis alien encounters and UFO sightings have been reported in various locations around the world, shedding light on the roles these enigmatic beings might play. Notably, in the United States, there have been several claims of encounters in Phoenix, Arizona, where residents reported seeing UFOs accompanied by descriptions of insect-like creatures. Similarly, in rural areas of the UK, witnesses have described interactions with mantis-like beings during unusual aerial phenomena.

During these abductions, Mantis aliens are often described as overseers or leaders, appearing to hold positions of power. They are typically accompanied by smaller Grey aliens, who seem to perform tasks under the Mantis's direction. These smaller Greys are assumed to function as drones, controlled by a hive mind and utilized by various alien races.

The nature of these alien encounters frequently involves both medical procedures and instances of interrogation, with the Mantis playing a central role in these complex interactions. Reports of such experiences extend to other regions as well, including the Amazon in Brazil and provinces like Alberta and British Columbia in Canada, where witnesses have similarly described mysterious UFO sightings and encounters with beings of insectoid appearance.

Human DNA Harvesting

However, some return from their experiences with the Mantis with a darker perspective, suggesting that the Mantis may wish to conquer and control Earth rather than aid in human ascension. There are beliefs that a Mantis hybridization program is currently underway, using human DNA to create a new species.

Some report encounters with Tall Blacks, creatures thought to be the result of such hybridization. Experiencers describe these beings as incredibly tall and more humanoid than insectoid, with black skin, extremely long limbs, and extra joints on their appendages. These scenarios are very similar to those involving Mantis aliens and often revolve around medical experiments. One of the most chilling features of the Tall Blacks reported by many abductees is their glowing red eyes.

Regardless of the true motivations behind the Mantis species, their fascination with human DNA and behavior is evident from abductee accounts. Has anyone ever encountered a Mantis or insect-like alien? Are they benevolent overseers or intimidating figures conducting unsettling experiments? Keep an open mind. Only time will truly tell.

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Mantis Beings: The Cosmic Architects



By [Howard Callahan](#), Ufologist

You've heard plenty about the Greys—those small, spindly aliens with oversized heads and almond eyes that dominate popular culture. Maybe you're familiar with the Nordic aliens too, those human-looking space brothers bringing messages of cosmic harmony. But there's another reported extraterrestrial presence that flies under the radar despite being arguably the most striking of all: the Mantis Beings.

Standing up to nine feet tall with insectoid features and triangular heads, these entities appear consistently in witness accounts worldwide, often described as the supervisors orchestrating alien operations from behind the scenes. Their appearance is so outlandish that you might wonder why anyone would invent such creatures—yet numerous unrelated experiencers report eerily similar encounters with these towering, [praying mantis-like figures](#).

The question isn't just what they look like, but what they want. Are they benevolent guides helping humanity ascend to higher consciousness? Cold, clinical researchers studying our species like specimens in a cosmic laboratory? Or something else entirely—something beyond our current capacity to understand?

The Form of Cosmic Architects

If you encountered a Mantis Being, you'd never mistake it for anything else. Witnesses consistently describe entities standing 7-9 feet tall with extraordinarily thin, elongated bodies featuring a segmented exoskeleton that sometimes appears to have an oily or reflective sheen.

"These Beings have long, narrow faces, with long, narrow, large eyes, sharply slanted upward and outward in an almost narrow-V position, giving an almost insect-like appearance," explained one experiencer in a report documented by Hybrids Rising research team.

Their heads are distinctly triangular, topped with those massive, slanted eyes that range from deep brown to nearly black. Unlike human limbs, their arms and legs contain additional joints, providing extraordinary dexterity and range of motion. Their hands typically feature three fingers or "prongs," and they can rotate their heads nearly 180 degrees—allowing them to observe their surroundings while keeping their bodies perfectly still.

While many appear in shades of green similar to Earth's praying mantis insects, witnesses also report Mantis Beings in dark brown, black, white, and even golden hues. Simon Parkes, a former British town councillor who claims extensive contact with these entities, suggests their coloration may indicate specific roles or ranks within their society.

"They have strong female figures who dominated their cultures," notes one source at Souls Alight, describing their historical social structure as matriarchal. "Higher dimensional beings have created a more balanced arrangement with these energies. However, the feminine force is still regarded highly."

Many witnesses report seeing these beings clothed in flowing robes of various colors, with purple apparently signifying the highest status. As

Parkes stated, those wearing purple robes are "the most senior" and occupy top positions in the extraterrestrial hierarchy.

Beyond the Stars: Origins and Home

Where do Mantis Beings come from? The answer depends on who you ask, suggesting either multiple groups from different star systems or limitations in human understanding.

Many sources, including the website Souls Alight, claim they originate from the Sombrero Galaxy (M104), located approximately 28 million light years from Earth. Others connect them to our local stellar neighborhood, particularly the [Antares star system](#). Some experiencers describe them as existing in a "void reality" or alternate dimension that doesn't perfectly align with our universe.

What most sources agree on is their incredible age as a species. They reportedly evolved hundreds of millions of years ago on a planet dominated by insect life, where they became the first species to develop advanced self-awareness and tool use. This evolutionary head start would explain their highly sophisticated technology and apparent mastery of interdimensional travel.

The Mantis Beings are described as existing across multiple dimensions simultaneously, from 3D physical forms to 9D energy beings. As one source notes: "Mantis-Insectoid Entities occupy a quasi-physical space which includes the astral realm and are very connected to our imagination as it represents creation."

For interstellar travel, they reportedly create spherical energy fields or "bubbles" that can traverse both physical space and dimensional boundaries. Higher-dimensional Mantis Beings may simply project their consciousness across vast distances rather than traveling physically.

The Overseers: Position in the Cosmic Hierarchy

Perhaps the most consistent aspect of Mantis Being reports is their apparent position of authority during extraterrestrial contact events. Repeatedly, witnesses describe these entities as leaders or supervisors overseeing operations carried out by other alien types, particularly the small Grey aliens.

As abduction researcher John Carpenter observed: "Why would anyone imagine a large bug directing an abduction experience? Is this something we would hope for or desire to see? Subjects sense a higher level of wisdom and functioning in this type of entity."

This supervisory role appears across various types of encounters, from medical examinations to human-alien hybrid interactions. The Hybrids Rising research team notes: "They appear to be at the higher, if not the highest end of the ET hierarchy since they are most always described as overseeing or having a supervisory role in the abduction procedure process."

Simon Parkes characterizes them as "very proud beings who are capable of exerting a strong commanding presence" and "very technical and think like a chess computer." This intelligence and authoritative demeanor seem to place them in decision-making positions within extraterrestrial operations.

Interestingly, Bashar, a purported extraterrestrial consciousness channeled by Darryl Anka, suggests the relationship between Mantis Beings and Greys isn't hierarchical in the human sense. When asked if Mantis entities lead the Greys, Bashar responded:

"If there is difficulty in this it is probably because you are approaching it as an individuated consciousness and do not understand the hive mentality. It is a single entity, one single entity... Different components may have different abilities to organize the information within the one, and the Mantis, as you say, is a higher order organizational aspect."

This organizational role reportedly extends to what many researchers call the "hybridization program" – alleged genetic experiments combining human and alien DNA. According to multiple sources, Mantis Beings serve as architects and overseers of this program, ensuring "universal principles are adhered to" while providing expertise in "frequency alignment."

Masters of Sound, Light, and Frequency

The abilities attributed to Mantis Beings extend far beyond physical capabilities. Multiple accounts describe them as masters of vibration, using sound, light, and frequency to heal, create, and manipulate reality itself.

According to the website ET Healing: "The Mantis beings are masters with vibrations of sound and color. They use this mastery to heal and create. They are artists of universal light. They dance through frequencies and alter their surroundings as they do so."

Their reported communication methods are equally fascinating. While they can apparently communicate telepathically with humans, their communication among themselves involves clicking sounds and high-frequency tones. As one abductee reported: "The praying mantis turned its head towards the hooded one and made a series of high-pitched clicking sounds. I sensed this was the one in command."

Some experiencers report distinctive sounds associated with Mantis emotions. One young boy who claimed Mantis beings were "his family" demonstrated a trilling/chirping sound that he said the beings make when happy. Contactee Simon Parkes independently confirmed this detail, stating they make "a kind of trilling when happy with you" and adding that "it was usually when they held him above their heads as a sign of affection."

Unlike humans, these beings reportedly don't consume physical food but absorb energy from light and sound. Some witnesses claim Mantis Beings possess "third eye lasers" – directed beams of energy used for healing, levitating objects, and shifting energies across dimensions.

Their technological capabilities appear similarly advanced, including instantaneous healing techniques, bloodless surgical procedures, and suspension tubes for biological preservation. Many abductees report being shown holographic projections of Earth's potential futures, particularly scenarios involving environmental destruction.

Perhaps most extraordinary is their reported ability to access multiple realities simultaneously and manipulate consciousness itself. Some accounts suggest they can imprint or overshadow human consciousness during contact experiences, temporarily inducing specific emotional states or blocking traumatic memories.

From Terror to Transformation: Human Encounters

The nature of Mantis Being interactions with humans ranges from frightening abductions to seemingly benevolent teaching experiences. This diversity has led to sharply contrasting perspectives on their intentions.

Linda Porter reported being taken aboard a craft in 1963 where she encountered "a praying mantis about eight feet tall in a room that was very odd." Under hypnosis, she described being shown experiments involving human bodies in cylinders and concepts involving the human soul.

Philip Kinsella claimed to be abducted by "reptilian" aliens in 1989, with a Mantis being overseeing the process. He described a frightening experience where a needle-like instrument was used on his eye: "A green light shot directly from the needle and into my right eye... I could see all the veins from my eye... I then felt something stick into my skull!"

Other encounters paint a more positive picture. One experiencer described their Mantis guide as "very kind" and said, "He urged me to stay calm and telepathically reassured me everything would be alright." This being reportedly told the experiencer they were "a special person who would really make a difference here on earth."

Many abductees report being shown holographic projections during their encounters, often depicting Earth's environmental destruction. These displays appear educational in nature, with the Mantis Beings asking, "Now do you understand?" after each scenario, suggesting a possible conservationist motivation – warning humans about our impact on the planet.

Interestingly, many contactees report developing new psychic abilities following their Mantis encounters. In a study by Kathleen Marden and Denise Stoner, 79% of abductee-experiencers reported developing "new psychic abilities after a contact experience."

What Do They Want? Possible Agendas and Motivations

What drives these mysterious beings to interact with humans? While witness accounts vary, several consistent themes emerge regarding their possible missions.

Many sources suggest they're primarily concerned with overseeing genetic experiments combining human and alien DNA to create new species. According to one source: "The Mantis are assisting, and in many ways overseeing, the Zeta Reticulan hybrid program, and human spiritual advancement project. Like the Zetas, they were asked by Galactic Councils to participate."

Linda Moulton Howe's research suggests they may be studying the human soul itself: "The non-humans were studying the recycling of the souls in and out of containers." This interest in human consciousness appears in multiple accounts and may represent a central focus of their research.

Environmental concerns also feature prominently in Mantis communications. Many contactees report being shown holographic images of Earth's destruction due to human activity, suggesting these beings may have a conservationist agenda. As one abductee stated, the Mantis being they encountered "knew the Earth from ancient times and was working desperately to try and remedy the current environmental conditions that threaten the future of the human race."

Some sources suggest a more spiritual mission, claiming [Mantis Beings are involved in guiding human spiritual advancement](#). They are described as "assisting in aligning frequencies with higher energies" and helping humans remember their "true beingness."

More controversially, some accounts suggest they may be manipulating human DNA as part of a longer-term agenda. While the exact nature of this genetic interest remains unclear, it appears to be focused on understanding or perhaps even influencing human evolution.

Ancient Connections: Cultural Fingerprints

While modern accounts of Mantis Beings primarily come from alien abduction narratives, there are intriguing connections to ancient human cultures that suggest possible historical awareness of these entities.

One of the most striking archaeological findings is a mantis-man petroglyph discovered in Iran. Researchers described it as a "squatting mantis man" with features that suggest it represents a praying mantis-like entity. This ancient carving hints at possible early human encounters with entities resembling modern descriptions of Mantis Beings.

Ancient Egyptian texts also contain potential references. The Egyptian Book of the Dead mentions mantis-like beings serving as guides for souls in the underworld. As one source notes: "In the Egyptian Book of the Dead, a mantis appears as a guide through the underworld."

Various African tribes, particularly the Bushmen of southern Africa, have creation myths featuring a mantis being. According to these traditions, their people were born from a mantis entity. Similarly, the Asmat of New Guinea used mantis symbolism in connection with headhunting rituals.

The very word "mantis" comes from the Greek word "mantikos," meaning prophet or seer, reflecting ancient reverence for these insects. Throughout history, cultures worldwide have associated mantis insects with divine qualities, prediction, and otherworldly wisdom.

Some researchers suggest that the praying mantis insects found on Earth may themselves be connected to the Mantis Being race. As one source claims: "Prior to this recent involvement, Mantis have had little to do with Earth, other than gifting the planet with the Praying Mantis insect that has since evolved into many glorious colors."

Different Types: The Many Faces of Mantis Beings

The research materials describe several different types or variations of Mantis Beings, suggesting a diverse species with various subspecies or specializations.

White Mantis females are described as particularly significant, with "large, shimmering silver eyes" who "guide councils" and appear to hold leadership positions. This aligns with the historical matriarchal nature of Mantis society mentioned in several sources.

The Aethien Mantis are described as "tall, white, and compassionate," contrasting with brown-green skinned Mantis beings who are portrayed as potentially more controlling or intimidating. As one research team observed: "The Mantises can telepathically absorb emotions and physical sensations experienced by Abductee-Experiencers."

Black Mantis beings represent another variation, described as having "black skin, with a chest like armour (an exoskeleton)" and sometimes wearing capes with distinctive symbols. Some accounts mention a golden snake emblem associated with these darker-colored entities.

The Ataien, a Mantis species mentioned by channel Dorothy Roeder, are described as highly advanced beings "far in advance of Earthly civilization on both spiritual and material levels." According to this account, they once physically intervened to protect Earth from an alien invasion "in the very distant past, before humanity was physically incarnated."

Higher dimensional Mantis Beings reportedly appear more as beings of light while maintaining their characteristic mantis form, while lower dimensional variants appear more physically solid. Their coloration may also change with age, with some sources claiming they become more golden as they grow older.

The Mantis Starseed Hypothesis

One of the more extraordinary claims in the research material concerns what are called "Mantis Starseeds" – human beings whose souls allegedly originated from the Mantis species. According to these sources, approximately 800,000 Mantis souls have incarnated on Earth, primarily as part of the recent hybrid program.

These individuals reportedly carry distinctive traits that set them apart from the general population: "Many of these starseeds feel completely out of place on Earth and in a human body, unless they are of the younger generation who also have Zeta DNA."

Those born before the 1990s supposedly had a more difficult adjustment period, often feeling deeply alienated: "They have felt that if anyone really knew what they are like, they would run, so they hide their inner truth in some way."

When Mantis Starseeds embrace their alleged cosmic heritage, they apparently display remarkable creative abilities: "They are usually artistic in some way. They are writers, musicians, poets, designers of space and events. They have a knack for bringing pieces of a puzzle together and making it sing."

Their reported gifts include "bringing energy, aesthetic appeal, and vitality to whatever they do" and the ability to "infuse higher frequencies into hearts and environments through form, sound and color." Even those in non-creative professions supposedly bring "extra flare" to their work.

The Science and Skepticism

From a scientific perspective, there is no physical evidence confirming the existence of Mantis Beings. The accounts come exclusively from subjective human experiences – primarily hypnotic regression sessions, claimed conscious memories, and channeled information. None of these sources meet scientific standards for verification.

Many psychologists and sleep researchers suggest that alien abduction experiences, including Mantis Being encounters, may actually represent episodes of sleep paralysis, hypnagogic hallucinations, or false memories created during hypnotic suggestion. The paralysis often reported during these encounters closely resembles the natural paralysis that occurs during REM sleep.

Neurological research points to how certain temporal lobe activity can create the sensation of a presence and even structured hallucinations. Cultural factors may then shape these experiences into recognizable forms like aliens.

The insect-like appearance of Mantis Beings may reflect deep evolutionary fears. Insects represent a fundamental "otherness" to mammals, and the predatory nature of mantises (which are known for cannibalistic behavior) could tap into primal human anxieties.

Nevertheless, the consistency of Mantis Being descriptions across unrelated witnesses remains intriguing. While physical evidence is lacking, the psychological and sociological aspects of these reports merit serious study regardless of their ultimate origin.

Beyond Human Understanding

Perhaps the most fascinating aspect of Mantis Being accounts is how they challenge our anthropocentric view of intelligence. If we imagine advanced extraterrestrial life, we often default to humanoid forms. Yet Mantis Being reports suggest consciousness and technology far beyond our own in a form utterly alien to mammalian evolution – more insect than ape.

The reported multidimensional nature of these beings also challenges our linear, materialist understanding of reality. If such entities exist, they suggest reality may be more like overlapping frequency bands than the single dimension we perceive.

Regardless of whether you interpret these accounts as literal truth, psychological phenomena, or something in between, they expand our concepts of what intelligence and consciousness might look like beyond Earth. They remind us that if we do someday encounter non-human intelligence, it may be far stranger than anything we've imagined in our science fiction.

The mystery of the Mantis Beings invites us to remain open to possibilities beyond our current understanding, while maintaining the critical thinking and evidence-based approach that advanced human knowledge has reached this far. Perhaps there's wisdom in holding these seeming contradictions simultaneously – maintaining wonder at the possibility while demanding rigor in our investigations.

After all, as Arthur C. Clarke famously observed, "Any sufficiently advanced technology is indistinguishable from magic." If Mantis Beings exist as described, they would certainly qualify as advanced beyond our comprehension. And if they don't, the human capacity to create such consistent, detailed accounts of non-human intelligence remains a fascinating mystery in itself.