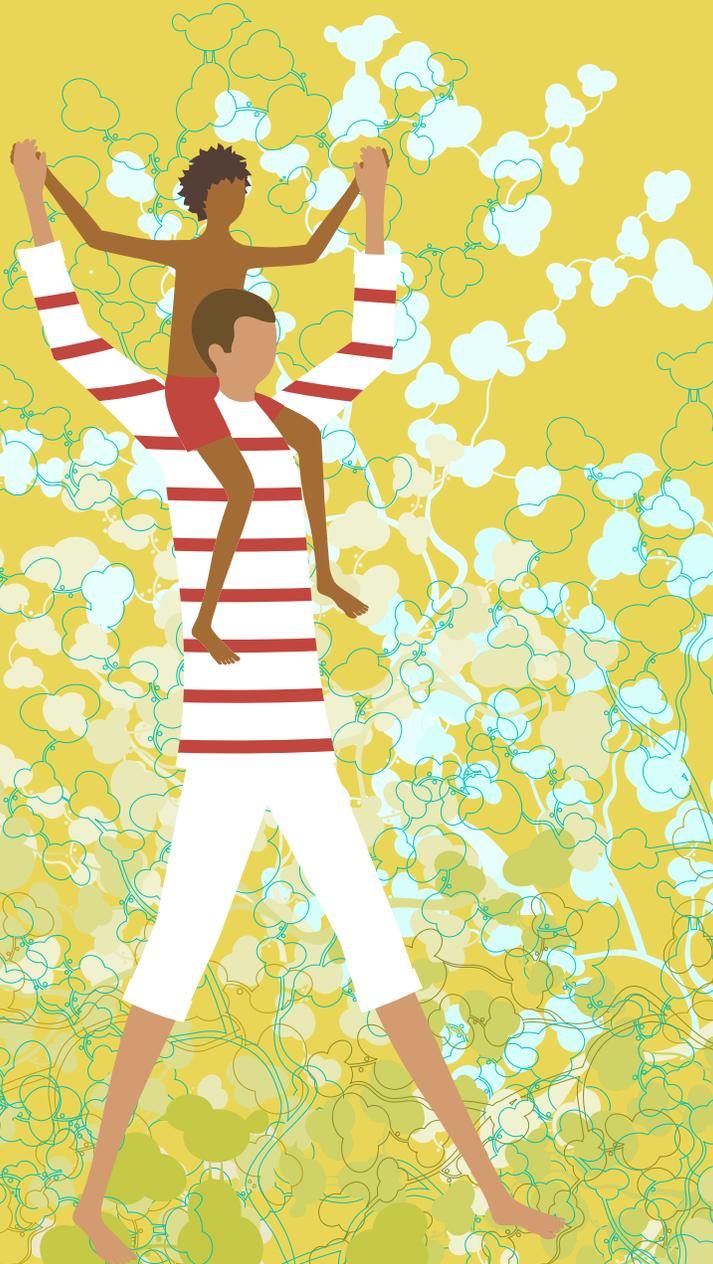


2012 Annual Report

Capital Youth
Empowerment
Program, Inc.



Strong Families, Bright Futures

To Our Stakeholders

When CYEP began the journey four years ago to help families break the cycle of dysfunction by strengthening the relationship that a father has with his children, we never in our wildest dreams could have imagined the IMPACT that we would end up having in our community. An image that still sticks in our mind occurred at our most recent Fathers in Touch (FIT) graduation. A mother stood up and gave a testimonial about how FIT had impacted her as a wife and the positive changes she had begun to see in her husband as a result of him being in our class. Not only could she see improvement in how her husband treated their children but also in how he treated her. She went on to say that she was truly thankful for the work we did — FIT saved their family.

The issue of the fatherless home is reaching drastic proportions. According to the 2009 U.S. Census Bureau, 24 million children in America — about one out of three — live in biological father-absent homes. Consequently, there is a “father factor” in nearly all of the social issues facing America’s youth today. A father’s absence is estimated to cost tax payers around \$100 billion dollars annually. As we prepare to begin our 5th year of working with fathers, I want to express the extreme need for programs like ours and encourage you to continue to support our worthy cause — to break the cycle of our children being raised without a father in their lives.

I want to update our supporters on the marvelous year we have had and share with you our vision for the next several years. We will begin our strategic plan implementation to expand services throughout the metropolitan area in the hopes to impact even more families. FIT and Project Success continue to be a consistent resource for local fathers and teen males who are looking to have a positive impact in their families. Due to the lack of male-focused programs, CYEP continues to fill a gap in services that local government agencies do not provide. The FIT Program focuses on enhancing a father’s emotional and financial involvement with their children in an effort to make them more invested and engaged in their lives. FIT also encourages responsible fatherhood, supports the role of the father to ensure the well-being of their children, and increase the overall family functionality. In FY 2012, FIT had 55 men who graduated from the program. The ages ranged from 17 to 55. A majority of the fathers serviced through our program lived in Alexandria, and Fairfax County, Virginia, but we also serviced fathers who lived in Washington, DC and Prince George’s County, Maryland.

Project Success is our teen pregnancy prevention program. This program engages middle school boys and addresses teen pregnancy prevention and promotes positive youth development. The unique aspect of Project Success is that the program is designed to address the male aspect of teen pregnancy that is often overlooked by educating boys on their role of prevention and responsibility. The program addresses a variety of topics and subject matter which includes: self-responsibility, sexual responsibility, family communication, and developing positive decision-making skills. This program takes place after school at both City of Alexandria middle schools: Francis C. Hammond and George Washington Middle Schools. Project Success had over 30 boys participate in the program during FY 2012. The ages of the students ranged between 11-14. During this past year, CYEP created a sub-committee to develop an improved version of Project Success and also looked to expand our services to T.C. Williams High School so that we can have an even wider impact on decreasing the teen pregnancy rate in the City of Alexandria. CYEP looks to finalize these plans and begin the implementation process during FY 2013, so be sure to look for additional information in the next few months.

In closing, I would like to thank the CYEP Board of Directors, staff, volunteers, and our generous donors who continue to support the work we do everyday to make the community a better place to live. I am often reminded of a quote by the late Dr. Martin Luther King, Jr. who says “Life’s most persistent and urgent question is, ‘What are you doing for others?’” Here at CYEP we strive to answer that question daily through our commitment and dedication to serve our area’s families — mothers, fathers, and children alike.

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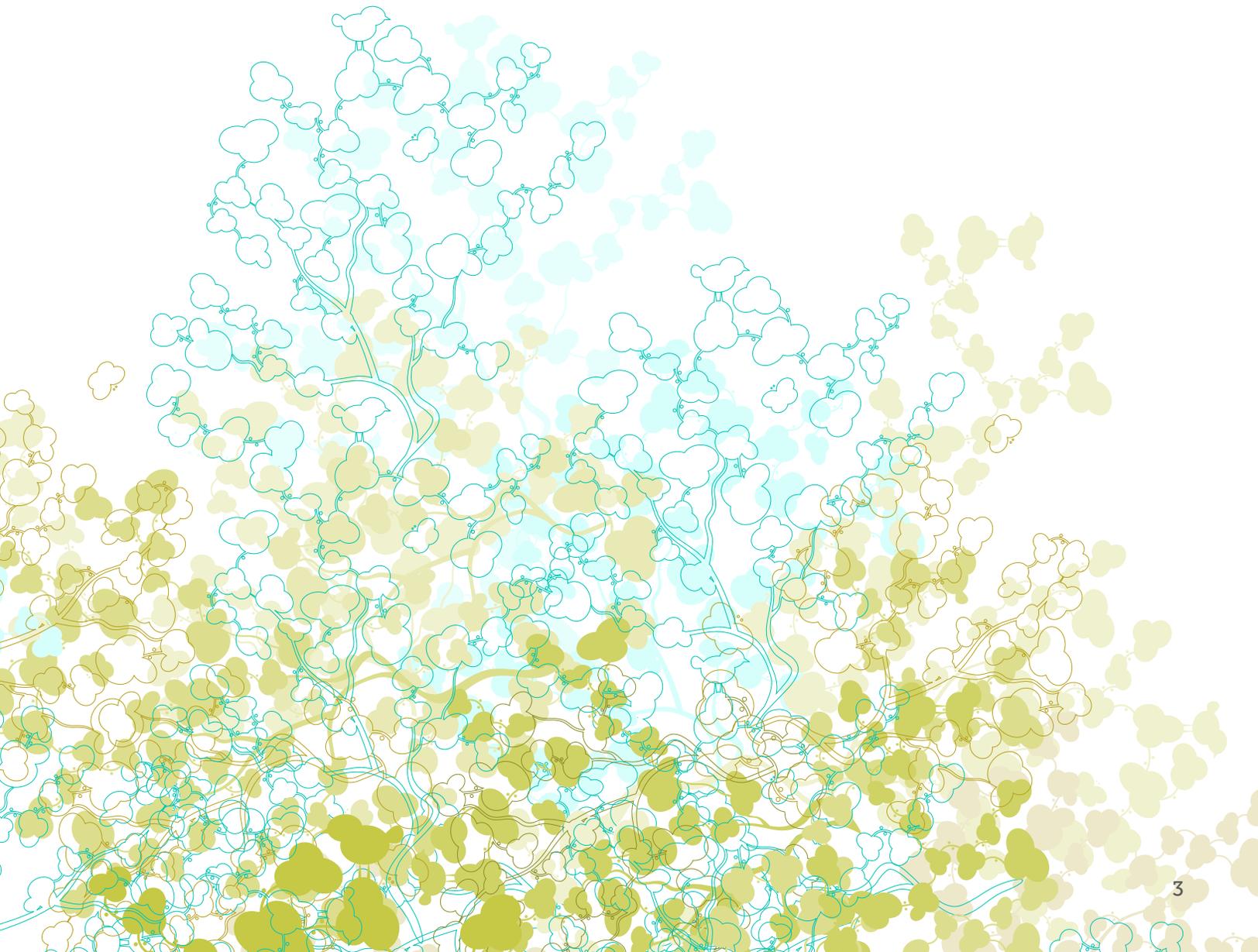
Apprio built and currently supports, the federal government’s Disaster Medical Information Suite (DMIS), an electronic health record and situational awareness solution used to manage medical care during every major federally declared disaster since Hurricane Katrina.

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Mission

The Capital Youth Empowerment Program, Inc. (CYEP) is a non-profit, nonpartisan, multi-ethnic, social service organization. Our mission is to provide innovative, high quality, and cost effective programs that address the fatherless home, teen pregnancy, and family dysfunction.

Established in 2008, CYEP strengthens the Northern Virginia community by addressing family dysfunction through education and family reunification. Our service delivery area includes the City of Alexandria along with the Counties of Arlington and Fairfax. CYEP is one of the only community based organizations

in Northern Virginia that focuses on strengthening the family unit by empowering men to take a more active and positive role in their families.

CYEP has a vision to develop a strong foundation for our community by nurturing our most valuable resources — families and education. CYEP combines the resources of local governments, corporations, and community organizations to unite families and empower fathers and their children to reach their full potential.

Programs



Fathers in Touch (FIT)

Fathers in Touch focuses on enhancing a father's emotional and financial involvement in the lives of their children. The curriculum focuses on the five characteristics that a father needs to be a "24/7" dad. These characteristics are as follows: 1) Awareness of himself and the impact he has on his family, 2) Takes care of himself by eating the proper foods and getting annual physicals, 3) Awareness of the significant role he plays in his family, 4) is a Nurturing parent and understands the importance of being in the life of his children and 5) works to build and maintain a healthy relationship with his children. Additionally, FIT encourages responsible fatherhood, supports the role of the fathers to ensure the well-being of their children, and increase family functioning. FIT is a 12 week program that includes supervised monthly activities and coaching/mentoring for the fathers. The program is free for all participants. In addition, men are both court ordered and voluntarily registered to be a part of the program.



Project Success

The teen pregnancy prevention program, Project Success, is tailored for middle school-aged boys and addresses teen pregnancy prevention and promoting positive youth development. The unique aspect of Project Success is that the program is designed to address the male aspect of teen pregnancy that is often overlooked — educating them on their roles of prevention and responsibility. Project Success uses the award winning "Wise-Guys" curriculum which has three major objectives: 1) Improve family communication skills between parents and children, 2) Educate boys on the negative impact of sexually transmitted diseases and teen pregnancy, and 3) Teaching boys the importance of self-responsibility.

2012 Accomplishments

Cofounder Recognized by the White House as a Champion of Change

On December 13, 2011, the White House recognized Isaac King as being a Champion of Change in the area of Fatherhood and Mentoring for the work he is doing with CYEP. Isaac King is a cofounder and the Chief Financial Officer (CFO) of CYEP. The award was presented by Joshua DuBois, Special Assistant to the President and Executive Director of the White House Office of Faith-based and Neighborhood Partnerships and Michael Strautmanis, Deputy Assistant to the President and Counselor for Strategic Engagement. During the award ceremony, a panel discussion was held with the ten honorees which focused on the important role that fathers and mentors play in our communities.

The Champions of Change program was created as a part of President Obama's "Winning the Future" initiative. Each week, a different issue is highlighted and groups of Champions, ranging from educators to entrepreneurs to community leaders, are recognized for the work they are doing to better their communities. President Obama has said that being a father to Malia and Sasha is the most important job he has. At the same time, growing up without a dad himself, the President understands firsthand the holes that fathers leave in their families when they are absent. Over the past two years, President Obama joined with fathers around the country through the

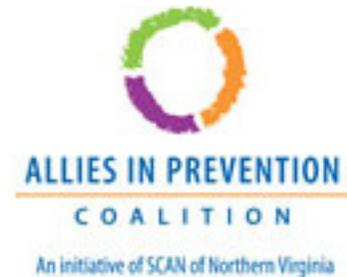
President's Fatherhood and Mentoring Initiative to send a strong message about personal responsibility while supporting dads who want to be there for their kids. This Initiative included support for local fatherhood programs, town halls around the nation, partnerships with outside organizations and a new www.fatherhood.gov website.

Erick T. King Named Alexandria's 2012 Ally in Prevention

On March 28, 2012, CYEP's President and CEO, Erick King, was recognized as the 2012 Ally in Prevention by the Stop Child Abuse Now (SCAN) organization. SCAN held the event to kick off its 2012 Northern Virginia Child Abuse Prevention Campaign, The Little Picture, and to recognize the heroes who are committed to protecting children and strengthening families across the region. The award was presented during the 10th Annual Allies in Prevention Awards Luncheon, where four other individuals were also recognized from Arlington, Fairfax, Loudoun and Prince William.

"These are the people making the news we want to report," said ABC7's Leon Harris, who served as an emcee for the event along with fellow news anchor Alison Starling.

SCAN of Northern Virginia has been working for more than 20 years to build hope for children and families. A non-profit organization, SCAN's mission is to



promote the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting; providing direct parent education; and advocating for children in the community, the legislature and the courts.

"Show families that they are valuable to our community by investing in their lives," said Erick. "CYEP educates parents and teens about their value to their own families as well as the greater community. They learn that they must invest in themselves if they want to live up to their maximum potential."

CYEP completes its FY 2013-2015 Strategic Plan

In February 2012, CYEP laid the foundation for its future with a strategic planning process that developed the organization's focus and priorities for the next three years. With support from the Stafford Foundation, CYEP worked closely with consultant Diane Berry-Love and graduate students from the McDonough School of Business at Georgetown University.

The day-long retreat, which included CYEP staff and board members, involved exercises designed to identify priorities of the organization including developing a robust marketing plan, improving program design, strengthening organizational infrastructure, and expanding services. The ultimate goal is to ensure CYEP develops to its full potential and is able to continually deliver the most effective fatherhood programs in the industry.



The resulting strategic plan is a road map that assigns responsibilities and resources for each objective required in order to achieve CYEP's goals. Implementation of this plan will begin in fiscal year 2013. While putting the strategic plan into action will require dedication, it is an exciting and critical part of cementing CYEP's organizational trajectory towards becoming an industry leader and setting the standards of excellence in fatherhood services.



challenges are portrayed through a lens of what Gordon calls "honesty, compassion and a sense of hope." The anticipated completion date of the film is Spring 2013 and Gordon is seeking to distribute to as wide an audience as possible. He plans to submit the film to festivals and has his eye on broadcast. Up until now, the film has been self-funded and final completion will ultimately depend on getting outside funding for high end sound mixing, color correction, and a musical score.

CYEP's Fatherhood Documentary

In February 2012, CYEP collaborated with Matthew Gordon, a filmmaker at American University (AU) and Angie Das, graduate film professor at AU, to chronicle the progress of the fathers in the program and the organization for an upcoming documentary. "Working with CYEP and the Fathers in Touch team has been amazing," Gordon said. Gordon credits his inspiration for the film to his own life experiences. Gordon is quick to

point out that although his father was present in his life, the trauma of divorce during his childhood made him aware of the important role fathers play in a child's life. Gordon explains, "If we, as a society, are only telling negative stories of fatherhood, what is that doing to men, to children and to families? That's what made me want to make this film."

The goal of the documentary is to record the challenges the fathers in the class must overcome to move past the clichéd ending of the "dead-beat dad." These

Gordon also wants to create a community engagement campaign around the film which might include screening kits with discussion guides, curriculum material, educational video modules, and resource lists. This can help change the current discussion surrounding fatherhood and highlight how effective programs such as FIT can change lives.

Gordon confidently states that "It's a long process, but it's one we're passionate about, so we just have to take it one step at a time." ■



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Shaheed Paterson
FIT Facilitator & Project Success Facilitator

Brandon Edwards
Project Success Facilitator

Sherwood Jones
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Oaklandbaptistchurch.org

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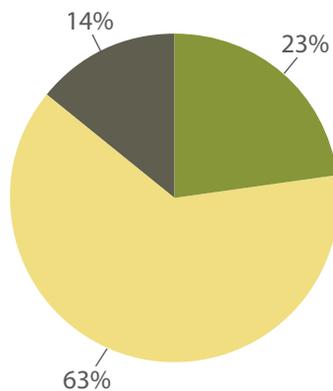
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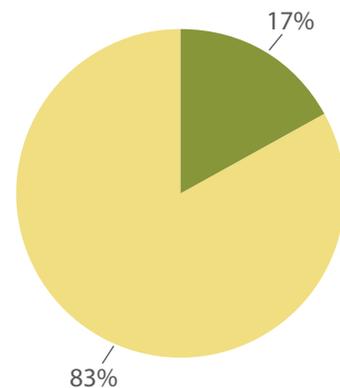
Judge William Newman Jr.

Lavern Chatman-Brown

Financial Position



Cash Contribution	\$37,716
Public grants	\$103,200
In-Kind	\$23,700
Total Revenue	\$164,616



General/Administrative	\$25,000
Programmatic	\$119,616
Total Expenses	\$144,616



Capital Youth Empowerment Program, Inc.

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