

Women's Heart Center

Vanderbilt Heart and Vascular Institute

Vanderbilt Women's Heart Center

719 Thompson Lane, Suite 22100
Nashville, TN 37204

To schedule an appointment, visit
VanderbiltHealth.com/WomensHeart
or call 615-322-2318.



A woman's heart is unique, and so are its challenges. Though heart disease is the leading cause of death in women, it often goes underdiagnosed and undertreated. That's why Vanderbilt Health offers a specialized program tailored to women's heart health needs throughout their lives, from adolescence and childbirth through menopause. Our team of experts works together to treat heart disease with the special needs of women in mind.

Did you know...

- Women who have experienced pre-term labor or had high blood pressure (pre-eclampsia) or diabetes (gestational) during pregnancy may be at higher risk for future heart disease.
- Heart disease is often underdiagnosed and undertreated in women. Women are often less likely to be counseled on their heart disease risk or referred for needed testing/treatment.

Pregnancy Care

Pregnancy can place extra strain on the heart, requiring specialized care for women with hypertension, congenital heart disease, cardiomyopathy or other cardiovascular conditions. Our nationally recognized cardio-obstetrics experts work closely with your obstetrician and maternal fetal medicine specialists to identify and treat these conditions before, during and after pregnancy.

Specialized Care

Our team has the expertise to treat cardiac conditions that are more common in women, such as spontaneous coronary artery dissection (SCAD), myocardial infarction with non-obstructive coronary arteries (MINOCA), stress cardiomyopathy and coronary vasospasm.



Heart Care and Menopause

The changes to a woman's body during menopause can accelerate their cardiovascular risk factors, highlighting the importance of heart health during this stage of life. Our team of experts includes physicians specially trained in cardiac care for post-menopausal women.

Team Approach

The Vanderbilt Women's Heart Center brings together a multidisciplinary team of experts in one convenient location, including cardiologists specializing in women's health, obstetricians, maternal-fetal medicine specialists, mental health specialists and dietitians.

To learn more about whether specialized heart care might be right for you, talk to your physician or visit [VanderbiltHealth.com/WomensHeart](https://www.vanderbilthealth.com/WomensHeart).