



We are biblically-based encouragement resources that inspirationally entertain and empower men on their growth journeys.





Un🔒locking You



Biblically-Based Encouragement Resources

Hebrews 10:24

Our journey began with the hospitality of two African American men, Carl Richardson and Rich Robertson, having dinner twice a month in Middletown, Connecticut. During these dinners, Carl and Rich found themselves encouraging one another, sharing their minds, their concerns, their aspirations and spiritual matters.

Rich suggested to extend the invitation to a number of men, with hopes of allowing their enriching times to be shared with a larger group. Ten men responded to the invitation. The laughter increased, the exchanging of ideas continued and topics expanded. A bond began to form that was centered around joy and encouragement.

This brand of encouragement spurred a much needed renewal. The men began to see beyond their limitations and found value in who they were.

Carl and Rich began to notice that the theme of each meeting revolved around two questions:

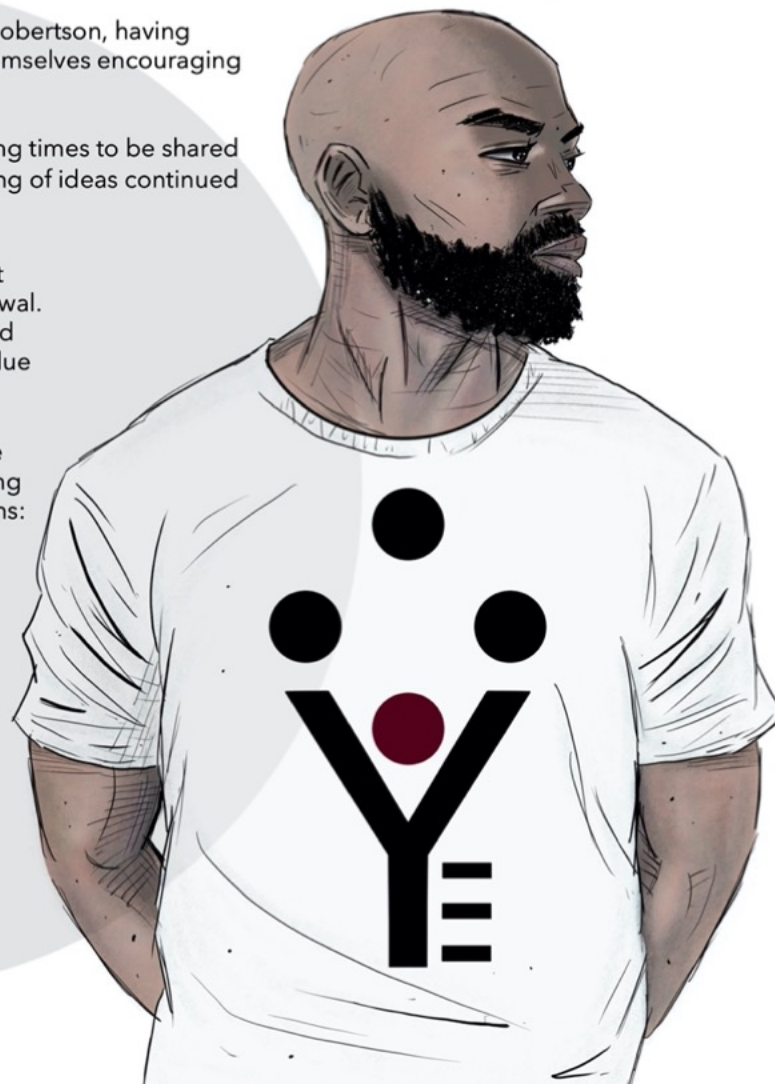
(1.) What is your Joy, and (2.) Where will you go next?

Our Story

Several men identified patterns and commonalities of alarming note. Men seemed to be doing growth alone, and seldom had deeply connected relationships. There was a gross sense of meaninglessness, and a lack of direction.

Carl and Rich noticed that men knew of God, but had not yet experienced a relationship with Him that allowed them to be sons that were fully fathered. Many men have yet to be intimately impassioned by His care and guidance.

Our story began with bonding and finding meaningful connections. Now our journey is to help tell the greatest story that we believe men need to experience. And that is a story of a loving Father's joy, encouraging His sons to unlock their true identity, and know how valuable they've always been.





Resources

Inspirational Media

Empowerment Tools

Community Outreach

Inspirational Media

ArrKhan™

The Journal

Life Convos

Empowerment Tools

Enrichment Circles™

SIP Tool™

Courses | Tutorials

Community Outreach

CCRF

SHINE!™

Partnerships



Inspirational Media



ArrKhanTM

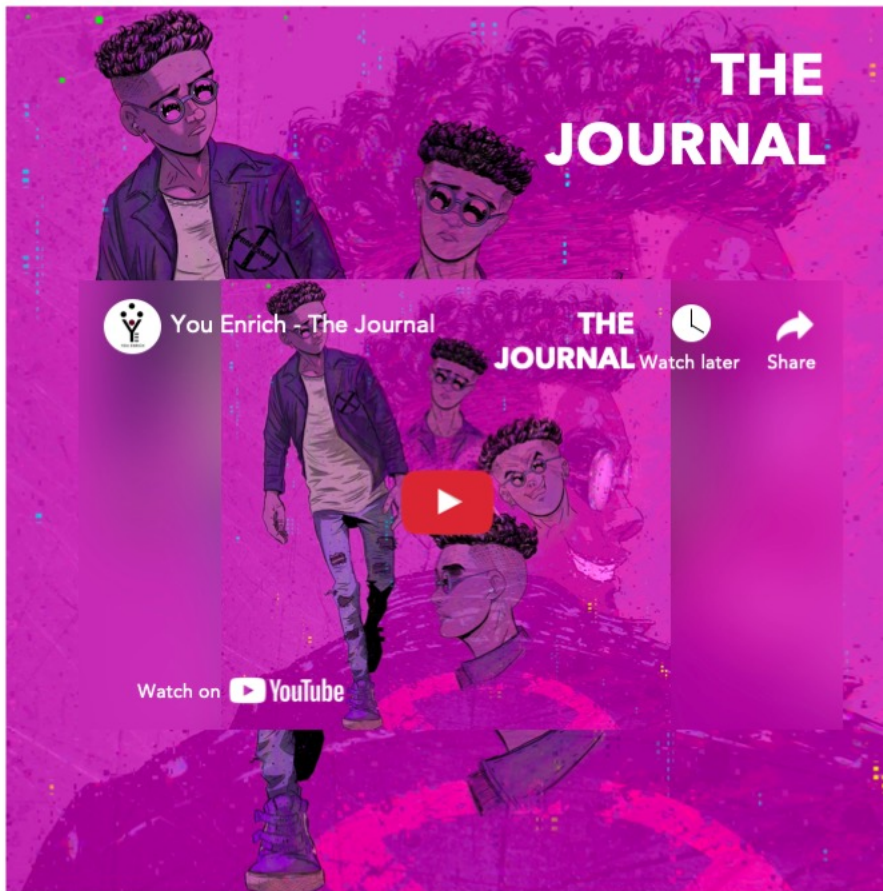


The podcast where no topic is off limits.

Inspirational Media

THE JOURNAL is an audio journey that follows a young man dealing with rejection, breakups and his dreams being delayed. How does he find rest in a life full of heartache?

Inspired by Matthew 11:28, this is an audio story told through narrated journal entries and original production by ProfessorX.



THE JOURNAL can be found on You Enrich's THE JOURNAL playlist.

This playlist will be full of inspiring instrumentals and music that can serve as the soundtrack to your day as you pursue your purpose!

THE JOURNAL playlist can be found on Youtube, Spotify, Apple Music and SoundCloud.



Inspirational Media



A place where conversations can go from heated to vulnerable, and no topic is off limits.



The podcast where men discuss God, family, business, struggles and more.

LIFE CONVOS





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Empowering you with the tools you need to assist you on your growth journey.





Empowerment Tools



SIP ToolTM

What is the SIP Tool? SIP is You Enrich's acronym for "Strategic Improvement Plan". An intricate tool to aid your Enrichment Circle.

The SIP Tool is designed to assist men in identifying their purpose and developing a strategic plan to aid in reaching their goals.



Use The
SIP ToolTM

[Need Help Using The SIP Tool?](#)

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Co-Building
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Community Outreach



Douglas Kerr
CCRF Founder



Our Executive Director, Douglas Kerr, is well qualified for his position. He received his Bachelors degree in Business Administration and Theology, and a Masters Degree in Human Resources Management. He founded the Community Chest Request Foundation at a time of great personal challenges. His son was diagnosed with SPMI (Severe Persistent Mental Illness), and tried to commit suicide twice. Unfortunately, on December 11, 2017, his son passed away as a result of his illness. To bring greater community awareness of the challenges faced by families dealing with SPMI Illness, he purchased a t-shirt and wrote "What is SPMI? Ask Me". The back of the T-shirt listed the letters of the acronym and included the full words:

S: Severe
P: Persistent
M: Mental
I: Illness

He wore the shirt everywhere he went for several weeks; grocery shopping, the car wash, bowling alley, church, Six Flags of New England, and even to a Women's Health Expo in Connecticut. He was heartened by the number of people that took him up on the offer to ask "What is SPMI?" But he was more delighted by those who said, "I know what that is," "My grandmother has that," "My nephew has that." There was even a gentleman in the grocery store who said "My daughter has SPMI and I have to fly her several states away to get her treatment." In addition to this, Douglas Kerr testified before the Appropriations Committee of the Connecticut Legislative Office to keep funding available to families and organizations that provide services to the mentally ill.

During this time Douglas Kerr also became unemployed. However, he was using a portion of the unemployment check to fund our activities at the Community Chest Request Foundation. When asked by one of the individuals he assisted, "If you are unemployed, why are you using the money you obviously need to help us?" His response was that he had found a cause that he was passionate about; that was greater than his own needs. Shortly thereafter, he received a fulltime position working for a human services company. He continued to fund the Community Chest Request Foundation with his own funding. Since then he has also continued to raise awareness for SPMI and basic human needs by walking 18.2 miles from Bloomfield Connecticut to Six Flags New England in Agawam, Massachusetts.



Community Outreach

