



the facts about

# hunger

45% have had to choose between food and paying their utilities.

36% have had to choose between food and paying their rent or mortgage payments.

30% have had to choose between food and medical care.

29% of households have at least one member in poor health.

Food Banks are by far the most important source of food for most agencies, providing 59% of food used by pantries, 43% used by kitchens and 36% used by shelters.

More than 90% of both pantries and kitchens use volunteer staff – only 33% of pantries and 55% of kitchens have any paid staff at all.

Federal government commodity programs account for about 6% of food for pantries, 5% for kitchens and 1% for shelters.

Roughly 60% of agencies surveyed report an increase since 1998 in the number of clients who come to their emergency food program sites.